



National Offender
Management Service



Brochure of offender personality disorder services for men

May 2016



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Introduction

Welcome to the Brochure

- The aim of this Brochure is to provide information and guidance on the range of services which are currently being developed and delivered for offenders with PD.
- Its objectives are:
 - To increase awareness of services available for offenders with PD
 - To encourage appropriate referrals to the services and support them to operate at full capacity
 - To help offenders with PD gain access to the services they need.

How to use this Brochure

- Please use the contents table on p.2 and 3 to search for a particular service, if you already know it by name.
- The Brochure is divided into five parts:
 - (A) High Secure (Health) and High Security Prisons
 - (B) Category B Prisons – trainers and local prisons
 - (C) Medium secure (Health), adult male Category C Training prisons, and closed prisons for Young Offenders
 - (D) Low secure (health), Open Prisons and Probation Approved Premises
 - (E) All security categories.
- Please review each service, checking particularly for the catchment area for the service, the length of intervention, and the entry criteria.

Part A: High Secure (Health) and High Security Prisons



Rampton Hospital Personality Disorder Service

Address	Rampton Hospital, Retford, Nottinghamshire, DN22 0PD
Description of service	<ul style="list-style-type: none"> ▪ Provides treatment, care and rehabilitation to male patients. ▪ Whilst most treatments are undertaken in groups, the same treatments are also provided on an individual basis for those who cannot manage group-based interventions. All interventions have the ultimate aim of reducing the distress arising from PD and reducing risk to the public or to the patients themselves. ▪ Within the service, specialist treatment programmes are delivered in accordance with the Treatment Pathway Model (journey through care). The pathway ensures that patients progress from general, motivational and introductory work on the admission ward, to the more intensive specialist programmes on the treatment wards. ▪ The service provides assessment expertise and management support to other providers who care for patients with PD, especially HM Prison Service establishments and medium secure unit facilities.
Delivery partners	NHS England, Ministry of Justice, National Offender Management Service
Number of places	55 beds located in 3 inpatient wards, which includes two treatment wards and a pre-discharge ward. All PD admissions to Rampton hospital are admitted to the Peaks service (see overleaf) and then either progress on to a PD ward, are discharged directly to a Medium secure unit or are remitted back to prison.
Residential or non-residential	Residential
Approx. length of intervention	Length of intervention varies dependent upon individual needs
Catchment area	North Yorkshire, the East Midlands and East of England
Entry Criteria	Referrals must meet the criteria identified for admission to a PD service in a high secure hospital setting. Namely, the individual must be detainable under the MHA with a diagnosed PD, with appropriate treatment being available, and present a Grave and Immediate risk to others. All referrals need to be made by a Consultant psychiatrist and have Gatekeeper's approval (via an Access Assessment. Typically, admissions present with complex and comorbid features. Further details can be provided on contact.
Interventions offered	<ul style="list-style-type: none"> • Comprehensive assessment and formulation in a hospital setting. • Psychotropic medication. • Violent Offender Treatment Programmes (VOTP) • Sex Offender Treatment Programmes (SOTP) • Dialectical Behavioural Therapy (DBT) • Schema Therapy • Cognitive Analytical Therapy (CAT) • Arson Treatment • Substance Abuse
Web Links	http://www.nottinghamshirehealthcare.nhs.uk/our-services/forensic-services/
Contact	Richard.phipps@nottshc.nhs.uk

Peaks Service, Rampton Hospital

Address	Rampton Hospital, Retford, Nottinghamshire, DN22 0PD
Description of service	<p><u>Note: As of 18 July 2014, any PD referral admitted to the Peaks service will be categorised as a PD Service referral (see previous page)</u></p> <p>The Peaks PD service provides treatment for men with PD who present a grave and Immediate risk to others, and require complex specialist interventions in a hospital setting. The ward accommodation is supported by a Central Resource Building (CRB) offering space for the delivery of a range of treatment interventions as part of each patient's recovery and treatment pathway. The Peaks has a dedicated Therapies and Education Department (TED) that provides education, occupational therapy and a healthy lifestyle programme including sports and recreation.</p>
Delivery partners	NHS England, Ministry of Justice, National Offender Management Service
Number of places	60 beds located in six ten bedded wards, which includes an admission ward, a High Dependency unit, and four treatment wards.
Residential or non-residential	Residential
Approx. length of intervention	Length of intervention varies dependent upon individual needs
Catchment area	North Yorkshire, the East of England and the East Midlands
Entry Criteria	Referrals must meet the criteria identified for admission to a PD service in a high secure hospital setting. Namely, the individual must be detainable under the MHA with a diagnosed PD, with appropriate treatment being available, and present a Grave and Immediate risk to others. All referrals need to be made by a Consultant psychiatrist and have Gatekeeper's approval (via an Access Assessment). Typically, admissions present with complex and comorbid features.
Interventions offered	<ul style="list-style-type: none"> • Comprehensive assessment and formulation in a hospital setting. • Psychotropic medication. • Violent Offender Treatment Programmes (VOTP) • Sex Offender Treatment Programmes (SOTP) • Dialectical Behavioural Therapy (DBT) • Schema Therapy • Cognitive Analytical Therapy (CAT) • Arson Treatment • Substance Abuse
Web Links	http://www.nottinghamshirehealthcare.nhs.uk/our-services/forensic-services/
Contact	Dianna.brennan@nottshc.nhs.uk

The Paddock Centre Personality Disorder Service, Broadmoor Hospital

Address	Broadmoor Hospital, Crowthorne, Berkshire, RG45 7EG
Description of service	Broadmoor Hospital is one of three high secure hospitals in England. It is part of West London Mental Health NHS Trust. We offer treatment to men whose severe and complex mental health conditions have caused them to present a high risk of causing serious harm to others. Our task is to manage secure care and recovery and in so doing to ensure public and personal safety.
Delivery partners	We work closely with NHS England, the Ministry of Justice, and the National Offender Management Service.
Number of places	78 beds in our Personality Disorder Pathway. These are spread over six wards.
Residential or non-residential	Residential
Approx. length of intervention	The time to the first Care Programme Approach (CPA) assessment meeting is three months. This meeting will help to determine the individual's treatment needs and whether continued detention in Broadmoor Hospital is appropriate. The length of treatment intervention is variable and depends upon an individual's needs. The average length of stay for a Broadmoor Hospital inpatient is between five and six years. However, there is great variation between individuals and so this figure should not be considered as being typical.
Catchment area	London and the South of England
Entry Criteria	There will be a diagnosis of personality disorder, often being co-morbid with other mental disorders. The individual will present a grave and immediate risk to others at the point of admission and will be detainable under the Mental Health Act 1983. We manage a waiting list and can admit under emergency directions from the Secretary of State.
Interventions offered	We offer a comprehensive model of medical treatment following case formulation, including meeting psychological, physical, spiritual, social, occupational and educational needs for offender patients with a history of high risk to self and others in the context of personality disorder. We are happy also to consider individuals for admission where personality disorder co-exists with mental illness. Our clinical model includes medication and a staged programme of psychological intervention underpinned by an inclusive approach to recovery. This includes psycho-education, a range of therapeutic interventions, and specific risk reduction targets for a future life made safer by desistance from crime and by the promotion of physical and mental health.
Web Links	http://www.wlmht.nhs.uk/
Contact	callum.ross@nhs.net

Ashworth Hospital PD Service

Address	Ashworth Hospital, Parkbourn, Liverpool, L31 1HW
Description of service	The Service offers a structured and contained environment to individuals who experience complex difficulties with interpersonal relationships and coping, that can impact upon their risk and offending behaviours. Often individuals also experience mental health difficulties so medical and psychological interventions are available. On the personality disorder wards there is a consistent team, structured approach and access to occupational therapy and activities in order to improve quality of life and skills. Upon admission, a detailed assessment of personality, mental health, cognitive ability and risk is completed where appropriate. From this, an individual formulation and treatment pathway is collaboratively developed. Individuals can go into a range of treatments to help improve how they cope and to reduce their risk. This can be in a group setting or on an individual basis aimed at understanding their difficulties, improving how they cope and deal with problems, and ultimately to reduce their risk and promote positive life changes.
Delivery partners	Ashworth Hospital is part of Mersey Care NHS Trust and works with the Ministry of Justice, NOMS & secure placements across the catchment area.
Number of places	Approx. 75 beds are available across 6 wards. These wards differ in level of dependency, i.e. admission/high and medium.
Residential or non-residential	Residential
Approx. length of intervention	The length of intervention is dependent upon the complexity of an individual's difficulties and their willingness to engage, but this can be long term (years). For example, a psychological intervention using a Cognitive Analytic Therapy (CAT) model might last between 2 and 6 months, whereas work using a schema therapy could take between 18 and 24 months. Often patients have complex needs, which require a range of interventions focusing upon interpersonal difficulties, coping and risk.
Catchment area	North West, West Midlands, and Wales
Entry Criteria	Individuals are admitted to the hospital under the Mental Health Act for treatment due to the grave and immediate risk they present to others. Patients who have complex needs related to personality difficulties and risk can be referred specifically to the PD service.
Interventions offered	Individual and group interventions: <ul style="list-style-type: none"> ▪ Schema Therapy ▪ Dialectical Behaviour Therapy (DBT) ▪ Cognitive Analytic Therapy (CAT) ▪ Life Minus Violence (LMV-e) ▪ Preferred Lives Programme (PLP) ▪ Cognitive Behaviour Therapy (CBT) ▪ Sexual Risk Management Programme (SRMP) ▪ Trauma Focussed Work
Web Links	http://www.merseycare.nhs.uk/
Contact	Jennifer.kilcoyne@merseycare.nhs.uk

HMP Frankland Westgate Personality Disorder Treatment Service

Address	HMP Frankland, Brasside, Durham, DH1 5YD
Description of service	The Westgate Unit delivers assessment and treatment of high risk adult male offenders with complex personality. Its focus is to reduce risk of serious harm presented by this group via targeting individuals' criminogenic areas of need and mental health. Adopting a multi-disciplinary approach, the clinical framework is informed by Tony Ward's Good Life Model and the Unit is currently working towards Enabling Environment status.
Delivery partners	Ministry of Justice, the Department of Health, Her Majesty's Prison Service and the National Health Service.
Number of places	65
Residential or non-residential	Residential
Approx. length of intervention	This varies according to each individual, but on average people spend between 3 and 5 years.
Catchment area	National catchment area with a focus on Category A and B prisoners requiring high secure conditions, those located in Close Supervision Centres and Segregation Units and those who meet criteria for Managing Challenging Behaviour Strategy.
Entry Criteria	<ul style="list-style-type: none"> • Considered to have a "complex personality", as defined by the presence of personality disorder diagnoses and/or the presence of various personality traits which in combination render an individual as complex and unresponsive to and/or non-compliant with mainstream interventions and regimes (measured by IPDE and PCL-R) • Be at high risk of reoffending (measured by Risk Matrix 2000, Static 99, VRS, HCR-20 and VRS-SO) • Have an assessed functional link between his personality pathology and his offending behaviour (assessed by a combination of detailed offence analysis, clinical developmental history and case formulation) • Have a minimum of 4 years left to serve • Be aware of the referral and willing to meaningfully engage (this is demonstrated in part by a period of stable behaviour at the point of referral).
Interventions offered	<ul style="list-style-type: none"> • Chromis Pre-Treatment: <ul style="list-style-type: none"> ○ Motivation and Engagement and Psycho-Education • Chromis Components: <ul style="list-style-type: none"> ○ Creative Thinking , Problem Solving, Handling Conflict ○ Chromis Schema Therapy (CST) Phase 1, 2 and 3 • Westgate Specific Components: <ul style="list-style-type: none"> ○ Iceberg (Substance Misuse) ○ Emotion Modulation ○ Social Competence

	<ul style="list-style-type: none"> ○ Relationships and Intimacy skills ● Imminent Needs services: <ul style="list-style-type: none"> ○ Dialectical Behavioural Therapy (DBT) ○ Cognitive Behavioural Therapy (CBT) ○ Eye Movement Desensitisation and Reprogramming (EMDR) ● Substance misuse ● Mental Health support sessions. ● A range of creative sessions as part of the therapeutic regime.
Web Links	Intranet link: http://psw10595:88/establishment/100049/ww/WESTGATE%20WEBSITE/index.html
Contact	Kimberley.gibson@hmps.gsi.gov.uk ; 0191 376 5926

HMP Frankland PIPE

Address	HMP Frankland, Brasside, Durham, DH1 5YD
Description of service	The PIPE unit is designed to help individuals to interact with other residents and staff alike in a safe, friendly and productive way. In doing this residents will have the opportunity to practise and apply the skills that have been learned from previous group work. The aim of this is to help residents to prepare for their next step, whether this is to a lower category prison or release into the community.
Delivery partners	NHS England, NOMS
Number of places	21
Residential or non-residential	Residential
Approx. length of intervention	Minimum: 6 months Maximum: 2 years
Catchment area	Any Category A prisoner in High Secure Estate
Entry Criteria	Must be a Category A adult male prisoner or a Cat B prisoner with reallocation instructions
Interventions offered	<ul style="list-style-type: none"> • Structured sessions • Creative sessions • Key worker sessions
Contact	Pipes.frankland@hmps.gsi.gov.uk ; tel. 0191 376 5896

Medication to Manage Sexual Arousal – HMP Frankland

Address	HMP Frankland, Brasside, Durham, DH1 5YD
Description	A service for offenders with a sexual element to their offending, where medication is offered to assist with reducing unwanted sexual rumination, preoccupation and arousal.
Delivery Partners	Northumberland Tyne and Wear NHS Foundation Trust
Number of Places	12
Residential or non-residential	Non-residential
Approx. length of intervention	As clinically advised
Catchment area	National; NOMS may choose to move offenders into this location in order to access this service.
Entry Criteria	<p>This intervention can be offered to offenders who satisfy the conditions below whether or not they are on the OPD pathway.</p> <p>The service is for offenders with a sexual element to their offending who have psychological difficulties and distress including: Intrusive and obsessive thoughts about sex, deviant arousal or problem sexual behaviour associated with low mood or anxiety, sexual arousal or behaviour that is subjectively difficult to manage, high sex drive. Psychometrically determined sexual preoccupation.</p> <p>Degree of psychological distress is the primary consideration, but this will be compounded by risk of harmful sexual offending.</p>
Interventions offered	This intervention involves the prescription of medication, either a Selective Serotonin Reuptake inhibitor (SSRI) or an anti-androgen.
Contact details	Kathy.Burrow@hmpr.gsi.gov.uk

HMP Whitemoor Fens OPD Treatment Service

Address	HMP Whitemoor, Longhill Road, March, Cambs, PE15 0PR
Description of service	The service aims to reduce the risk of offenders who are at high risk of violent and sexual re-offending and who are diagnosed as suffering from severe PD. The programme is delivered by a multi-disciplinary team. This includes prison officers, psychologists, psychotherapists, nurses and a psychiatrist, who work closely together to carry out assessment and treatment, to those that meet criteria.
Delivery partners	NOMS and Cambridgeshire and Peterborough NHS Foundation Trust
Number of places	70 (65 assessment and 5 progression)
Residential or non-residential	Residential
Approx. length of intervention	5 years
Catchment area	Southern part of the UK, but will take nationally in exceptional circumstances
Entry Criteria	<ul style="list-style-type: none"> • Be at high risk of reoffending (measured by Risk Matrix 2000, Static 99, VRS, HCR-20 and SARN) • Have a severe PD (measured by IPDE and PCL-R) • Have a link between his personality pathology and the offences he commits (assessed by combination of detailed offence analysis and clinical developmental history)
Interventions offered	<p>Individual therapy</p> <p>Group work including:</p> <ul style="list-style-type: none"> • PD Awareness (0-3 months) • Human Relationships (4-6 months) • Cognitive Interpersonal Group Therapy (runs throughout the therapy programme) • Schema Focused Therapy Group (runs in years 2-3) • Affect Regulation Group (runs in years 2-3) • Offence Focused Therapy (runs in year 4-5) • Addictive Behaviours Group (runs in year 5) • Interpersonal Relationships Group (runs in year 5)
Contact	Warren.dennis@hmps.gsi.gov.uk

HMP Full Sutton Close Supervision Centre

Address	Close Supervision Centre (CSC), Full Sutton Prison, York, YO41 1PS
Description of service	The Close Supervision Centre (CSC) at HMP Full Sutton provides a psychologically informed structured environment in which the most dangerous, difficult and disruptive prisoners are managed through a robust care and management approach. The aim of the service is to assess, monitor and reduce risk in order that the individual can progress along the appropriate care pathway (which may include a return to mainstream prison to access to treatment or onwards referral to specialist services). The CSC at HMP Full Sutton is one of five CSC Units currently in operation, the others being at HMP Manchester, HMP Wakefield, HMP Whitemoor and HMP Woodhill.
Delivery partners	OPD / Ministry of Justice / Prison Service / NOMS
Number of places	10
Residential or non-residential	Residential
Approx. length of intervention	The length of intervention is dependent upon the complexity of an individual's difficulties and their willingness to engage.
Catchment area	National resource for HMPS
Entry Criteria	Referrals must meet the criteria identified for admission to the CSC System. In addition a willingness to engage with the multidisciplinary team and the structured regime is expected.
Interventions offered	Following the construction of a collaborative case formulation, HMP Full Sutton CSC aims to progress prisoners through the development of stabilisation, crisis management and risk reduction strategies alongside an increased readiness/ ability/ motivation for future treatment, within a comprehensive pathway planning approach. It delivers the above aims via the development and delivery of an integrated multidisciplinary psychosocial regime, which has the therapeutic relationship between staff and prisoners as its foundation. More specifically, DBT, Cognitive Therapy and Motivation and Engagement © are available in conjunction with various psycho-educational modules.
Contact Details	Ian Walton: HMP Full Sutton CSC Operational Manager, ian.walton@hmps.gsi.gov.uk Emma Powell : HMP Full Sutton CSC Clinical Lead emma.powell01@hmps.gsi.gov.uk

Part B:

Category B Prisons – trainers and local prisons



HMP Dovegate Democratic Therapeutic Community

Address	Therapeutic Prison, HMP Dovegate, Uttoxeter, Staffordshire, ST14 8XR
Description of service	There are four treatment Communities (Avalon, Endeavour, Camelot, Genesis) within an overall Therapeutic Prison. The DTC is a high intensity offending behaviour programme for men with longstanding emotional and relationship difficulties that link to their offending.
Delivery partners	Community of Communities, NOMS
Number of places	40 – Assessment beds, 140 – Core Therapy
Residential or non-residential	Residential
Approx. length of intervention	Minimum 18 months in Core Therapy
Catchment area	National
Entry Criteria	<p>Every applicant is considered on an individual basis, but, in general, must:</p> <ul style="list-style-type: none"> • Be an adult male prisoner who is Category B or below • Have at least 21 months to serve before their PED or CRD • Have a complete and up to date OASys report. • Admit to and take responsibility for their offence and be prepared to discuss offending behaviour in a group setting • Be willing to sign up to weaning off any anti-depressants within 6 months. <p>Prisoners must not:</p> <ul style="list-style-type: none"> • Be appealing against conviction • Have been on the Escape list or been a Category A prisoner in the last 6 months • Be in a parole window if an indeterminate prisoner • Have had a positive MDT/VDT (Mandatory/Voluntary drug test in the last two months • Be suspected of dealing in drugs • Have been on an open ACCT (Self Harm file) in the last two months • Be undergoing any form of detox (Any medication used for a detox must have been discontinued for a period of two months) • Be taking any form of psychotropic or opiate based medication for a period of two months prior to arrival. <p>Automatic applicant exclusions</p> <ul style="list-style-type: none"> • Anyone who is neurologically brain damaged, either through birth or an incident later in life. Anyone who has uncontrolled epilepsy, unstable diabetes or a similar medical condition
Interventions offered	Group Therapy, Core Creative Psychotherapies, Therapy, Resolve, TSP, BBR
Contact	01283 829 542

HMP Dovegate Therapeutic Community +

Address	TC+ (TC Venture) – HMP Dovegate, Moreton Lane, Uttoxeter, Staffs. ST14 8XR
Description of service	TC+ is a Therapeutic Community contextualised for men with Learning disabilities who have been unable to access conventional offending behaviour programmes due to their IQ and learning style, or have struggled to retain learning from those offending behaviour programmes.
Delivery partners	NHS and NOMS
Number of places	20
Residential or non-residential	Residential
Approx. length of intervention	Minimum 3 years
Catchment area	National (England and Wales)
Entry Criteria	<ul style="list-style-type: none"> • Medium and high risk men, usually violent offences, but not always • No drug use within at least 2 months prior to referral • No self harm within at least 2 months prior to referral • Adequate time remaining on sentence (3 years) • Admitting responsibility for their offence • Not CAT A or on Escape List • No current diagnosis of major mental illness • Use of psychotropic medication should conform with the Medication Policy • Likely to be ineligible for a general TC because of perceived learning disability
Interventions offered	<p>Treatment consists of group therapy and structured community living, where all residents on the community have shared responsibility for the day-to-day running of the community, decision making and problem solving.</p> <p>Therapy is 24/7. TC+ runs similarly to TC through the use of small groups and community meetings, where thinking and behaviour are explored, and links to offending and risk are identified.</p> <p>Small therapy groups are a combination of both small therapy groups and more structured groups with a theme. Each theme aims to address treatment need in a particular risk area.</p> <p>TC+ responds to people's learning styles, and creative techniques are utilised to aid understanding and learning. Learning is recorded verbally, and in pictorial and written form. Core creative psychotherapy groups are available to residents too.</p>
Contact	Sarah.stringfellow@serco.com

HMP Garth - The Beacon OPD Treatment Service

Address	The Beacon, HMP Garth, Moss Lane, Leyland, Lancashire, PR26 8LW
Description of service	The Beacon is based on a recovery and attachment model which aims to provide evidence-based specialist treatment for prisoners with personality difficulties. The underpinning philosophy is psychologically informed based on a bio-psychosocial model of PD. Individualised assessments and treatments are provided in group and individual formats, which enhance pro-social relationships, reduce risk and improve psychological well-being. A shared therapeutic model structures the service based on Livesley's (2012) phases of treatment. These phases of therapy facilitate gradual and progressive skill-building before entrenched patterns are addressed and aid the integration of a number of approaches in a coherent and structured way. The promotion of social inclusion, hope and empowerment for change are central tenets of the recovery based philosophy.
Delivery partners	Mersey Care NHS Trust & HMP Garth
Number of places	48
Residential or non-residential	Residential
Approx. length of intervention	This is dependent on individual need but it is not anticipated that this will be less than two years
Catchment area	North of England
Entry Criteria	<p>Cat B or C adult male prisoners:</p> <ul style="list-style-type: none"> • Aged over 21 years. Serving a sentence of imprisonment with sufficient time to engage in treatment (at least two years) - but with less than 20 years left to serve • Assessed as presenting a high likelihood of violent or sexual offence repetition and high or very high risk of harm to self or others. Likely to have a PD/significant personality difficulties. There is a clinically justifiable link between the personality difficulties and risk. • Able to manage on normal location within the prison. <p>Prisoners are generally serving a determinate term of imprisonment of at least 4 years or an indeterminate sentence of any tariff length. They can be referred at any point during their sentence but they should have at least two years left to serve so they have time to engage in treatment and some time after to monitor and consolidate skills after they have left the unit. They will have complex needs consisting of emotional and interpersonal difficulties, and display challenging behaviour of a degree that causes concern in relation to their effective management and progress.</p>
Interventions offered	Range of psychological, occupational, educational and social interventions and activities, including group and 1:1 sessions and therapy, workshops, activity groups, community meetings and opportunities to contribute to decision-making about the service.
Contact	01772 443 367

HMP Gartree Democratic Therapeutic Community

Address	HMP Gartree, Gallowfield Road, Market Harborough, LE16 7LA
Description of service	A high intensity offending behaviour programme for men predominantly serving life sentences with longstanding emotional and relationship difficulties that link to their offending. The 24-bed facility is accredited by The Community of Communities as part of the Royal College of Psychiatry. The programme is part of the National OPD Pathway and has consistently achieved high marks in its bi-annual audits. Service users stay 2-3 years to complete the programme.
Delivery partners	NOMS and NHS England
Number of places	24
Residential or non-residential	Residential
Approx. length of intervention	Service users are asked to make an open commitment to therapy lasting 18 months to 3 years, although the average length of stay of completers is 2 years and in exceptional circumstances has been extended to 3½ years.
Catchment area	National
Entry Criteria	Service Users do not need a diagnosis of PD to apply, but do need to demonstrate motivation to change problematic behaviour and commit to a therapeutic process that can last up to 3 years. They also need to be free of psychotropic medication, such as anti-psychotics, anti-depressants, mood stabilizers and tranquilizers, or be willing to come off such medication in consultation with a GP and/or psychiatrist. Other considerations include but are not limited to previous offending, mental health history, recent substance misuse and length of recovery, and aggressive and/or violent behaviour.
Interventions offered	Every part of the living-learning experience of the TC is part of the therapeutic intervention and includes but is not limited to the following: twice weekly community meetings; small therapy groups 3 times weekly; quarterly all-day business meetings between community members and staff; team-building groups; Family Days; cooking together; body therapy in the form of Somatic Experiencing for working with trauma; professional visitor days; community jobs.
Contact	Randy.ulland@hmpr.gsi.gov.uk or 01858 426 789

HMP Gartree Therapeutic Community +

Address	HMP Gartree, Gallowfield Road, Market Harborough, LE16 7LA
Description of service	Therapeutic Community Plus (TC+) operates within the same framework and model of mainstream Democratic Therapeutic Communities (DTCs) in prisons. However the approach is contextualised to support offenders with a Learning Disability (LD). The intended outcomes are the same as those for a mainstream DTC.
Delivery partners	NOMS and NHS England
Number of places	12
Residential or non-residential	Residential
Approx. length of intervention	3 years
Catchment area	National
Entry Criteria	TC+ provides a specialist intervention for prisoners with LD and lower IQ, therefore it is aimed at prisoners with a full scale IQ between 60 and 80 who are unable to access mainstream offending behaviour programmes. It is suitable for prisoners who primarily need to address violent offence-related risk, in addition to personality and psychological disorders. TC+ can be accessed by sentenced offenders with a wide range of offending needs, including violent and indeterminate prisoners whose complex needs cannot be adequately met by a single intervention.
Interventions offered	<p>Every part of the living-learning experience of the TC is part of the therapeutic intervention and includes but is not limited to the following: Treatment consists of group therapy and structured community living. Community members have shared responsibility for the day-to-day running of the community, decision making and problem solving. Key features are:</p> <ul style="list-style-type: none"> • Daily small groups and community meetings • Use of community activities to promote skill development and generalisation • Staff supporting the community in democratic decision making and providing pro-social role models • Staff and prisoners challenging and giving feedback about behaviour that is anti-social or linked to offending behaviour patterns. <p>In addition to unstructured therapy groups, TC+ members attend semi-structured therapy sessions as part of ‘themed’ modules. Each module aims to address treatment need in a particular risk area (e.g. Criminal thinking module). TC+ utilises a slower pace of learning, higher staffing levels, shorter groups with smaller numbers and creative learning methods. Learning and information is displayed in written or pictorial form around the unit. Members engage in core creative therapies, such as Art therapy and Music therapy.</p>
Contact	David.jones@hmpr.gsi.gov.uk

HMP Gartree PIPE

Address	HMP Gartree, Gallowfield Road, Market Harborough, LE16 7LA
Description of service	The Psychologically Informed Planned Environment (PIPE) at HMP Gartree was set up for life sentenced prisoners who have completed medium to high intensity programmes and are looking to consolidate progress and gain continued support.
Delivery partners	NHS England, NOMS
Number of places	60
Residential or non-residential	Residential
Approx. length of intervention	Minimum: 6 months Maximum: 2 years
Catchment area	National
Entry Criteria	<ul style="list-style-type: none"> ▪ Must be serving a life sentence (IPP or mandatory) ▪ Must have completed a medium to high intensity programme ▪ Must be self-motivated (it cannot be a mandatory requirement of their sentence plan)
Interventions offered	<ul style="list-style-type: none"> ▪ Structured sessions ▪ Creative sessions ▪ Key worker sessions ▪ Use of Good Lives Model to support progress
Contact	PIPE.Gartree@hmps.gsi.gov.uk

HMP Grendon Democratic Therapeutic Community

Address	HMP Grendon, Grendon Underwood, Aylesbury, Buckinghamshire, HP18 0TL
Description of service	HMP Grendon is a therapeutic community (TC) prison made up of six therapeutic communities. This includes one assessment/treatment-preparation unit and five residential communities, including one wing for men whose offending has been sexually motivated and one wing for men with learning disabilities (TC plus) – Information on this service can be found elsewhere in this Brochure.
Delivery partners	NOMS and NHS England
Number of places	233 (213 main TCs, 20 on TC+)
Residential or non-residential	Residential
Approx. length of intervention	Assessment period 16 – 26 weeks Main TC: 18-36 months TC Plus: Average: 36 months
Catchment area	National
Entry Criteria	<ul style="list-style-type: none"> • No drug use within at least 6 months prior to the referral. • No self harm within at least 2 months prior to the referral. • Minimum of 2 years remaining on sentence. • Must not be appealing their conviction although can be appealing their sentence. • In terms of IQ the mainstream TCs are for men with an IQ of 80 and above and the TC Plus is for men with an IQ below 80. • Must not be in active denial of their offending. • Must not be a category A prisoner or on the Escape list. • No current symptoms of major mental illness or actively psychotic. • If currently prescribed opiate based medication, you will be required to come off these prior to acceptance.
Interventions offered	<p>Once on a main TC, the therapeutic work includes the activities below but extends beyond this to include the experience of living as part of a community, sharing decision making and being open to discussing and taking responsibility for all behaviours.</p> <ul style="list-style-type: none"> • Community meetings twice weekly • Small groups on three further week days • Core creative therapies –e.g. Art Therapy, Music Therapy or Psychodrama • Education
Contact	Richard.shuker@hmps.gsi.gov.uk ; tel. 01296 445 113

HMP Grendon Therapeutic Community +

Address	HMP Grendon, Grendon Underwood, Aylesbury, Buckinghamshire, HP18 0TL
Description of service	<p>Therapeutic Community Plus (TC+) operates within the same framework and model of mainstream Democratic Therapeutic Communities (DTCs) in prisons. However the approach is contextualised to support offenders with a Learning Disability (LD). The intended outcomes are the same as those for a mainstream DTC. TC+ is a collaboration between NOMS and NHS England.</p> <ul style="list-style-type: none"> • A 20 bed wing separate from the main prison • A place to learn safely with support and respect from everyone • A place where we make decisions together • A social place where we live in a community • A place where we learn from each other • A supportive place where we can help each other
Delivery partners	NOMS & NHS England
Number of places	20
Residential or non-residential	Residential
Approx. length of intervention	12 week assessment; up to 3 years treatment
Catchment area	National (although the service will where necessary prioritise referrals from London and the South East)
Entry Criteria	<ul style="list-style-type: none"> • People unable to fully benefit from mainstream programmes and Therapeutic Communities because of score on cognitive ability assessments. (E.g. below 80 on WAIS or WASI). • Life sentenced and IPP prisoners (pre or post tariff) and determinate-sentenced prisoners with at least 3 years left to serve • Category B or C prisoners • People free from drug use • No self harm in the last 2 months
Interventions offered	<ul style="list-style-type: none"> • Daily meetings and groups • Group activities • To be part of a community that makes decisions about day to day life on the wing • To help others and let others help you
Contact	Richard.shuker@hmps.gsi.gov.uk ; tel. 01296 445 113

HMP Swaleside Pathways Service

Address	HMP Swaleside, Brabazon Road, Isle of Sheppey, Kent, ME12 4AX
Description of service	The Pathways Service offers both a treatment and PIPE service at HMP Swaleside. It is for high risk Cat B or C adult male prisoners with emotional, relationship and behavioural difficulties that prevent them from completing their sentence plans. The Pathways Service has two functions – an Engagement function and a Treatment function. The Engagement function offers men the opportunity to live in a supportive environment where there is a focus on interpersonal relationships, motivation to engage, group process and preparation for treatment readiness. The Treatment function offers more intensive therapeutic support for those prisoners who are able and motivated to address their emotional and interpersonal difficulties. This element of the service may suit prisoners who are willing to engage in Treatment, but unable to tolerate the intensity of a TC.
Delivery partners	NHS and NOMS
Number of places	30 Engagement and 30 Treatment places
Residential or non-residential	Residential
Approx. length of intervention	Engagement – 6-12 months Treatment – 12 months
Catchment area	London; south, south east, south west of England; Wales (exceptional cases will be considered)
Entry Criteria	<ul style="list-style-type: none"> • Adult male • At least 18 months to serve • High risk harm – OASys score • Category B and C prisoners • Personality difficulties, but diagnosis not necessary • Denial not a barrier • Prisoner must be willing to participate – but we expect ambivalence • Held by probation trust in London, South East/West/Central, Wales (exceptional cases will be considered) • LD considered on a case by case basis • Currently unable to accept sex offenders • Individual and exceptional cases considered
Interventions offered	Engagement function: <ul style="list-style-type: none"> • Keywork sessions • Structured sessions • Socially creative sessions Treatment function: <ul style="list-style-type: none"> • Keywork sessions • Structured sessions • Therapeutic groups • Individual psychology • Socially creative sessions
Contact	Tracy.hurkett@hmps.gsi.gov.uk

HMP Swaleside Enhanced Support Service (ESS)

Address	H.M.P Swaleside, Eastchurch, Kent, ME124AX.
Description of service	A bespoke service for the management of prisoners with violent and disruptive behaviour
Delivery partners	NOMS & Oxleas NHS.
Number of places	8-10 dependant on complexities of caseload
Residential or non-residential	Non-residential outreach service
Approx. length of intervention	Ideally 8-12 weeks
Catchment area	Prisoners within Swaleside prison.
Entry Criteria	<p>Only prisoners that reside within Swaleside (no external referrals accepted).</p> <p>A pattern of violent and disruptive behaviours including:</p> <ul style="list-style-type: none"> • Threats and/or verbally abusive behaviours towards other prisoners or members of staff • Recurring violent and aggressive behaviours towards other prisoners or members of staff • Recurring sexually inappropriate behaviour towards other prisoners or members of staff • Recurring damage to / destruction of property including cell smashing, fire starting, flooding, dirty protest • Prolific and severe threats or acts of self-harm including suicide attempts • Inability to settle in normal location. Prolonged or frequent periods in Healthcare and/or segregation unit.
Interventions offered	<ul style="list-style-type: none"> • Psycho-education – including understanding triggers for violent behaviour and the thought process that may be associated with the specific behaviours. • Motivational work • Self- esteem work • Goal setting • Problem solving • Emotional regulation • Distress tolerance • Pro-social skills • Other – as agreed locally by and available to the team
Contact Details	ESSSwaleside@hmpr.gsi.gov.uk 01795 804 231 / 232 / 204

HMP Pentonville Enhanced Support Service (ESS)

Address	HMP Pentonville, Caledonian Road, London, N7 8TT
Description of service	This service aims to reduce the negative impact of violent and disruptive behaviour in prisons through the use of a dedicated multi-disciplinary staff team that works in partnership across prison, healthcare and forensic psychology services. The ESS will target the small minority of prisoners in each establishment who demonstrate severe and persistent violent and disruptive behaviour that has not responded to existing strategies and interventions to manage this behaviour. Staff will work intensively with these prisoners in a collaborative manner to develop motivation and positive coping skills in order to reduce negative behaviours. They will develop and work towards personal and sentence planning goals. The team will work in a psychologically informed manner and be supported by formulation based on understanding of the prisoners with whom they are working. The team will work indirectly with other staff to increase understanding and appropriate management of these prisoners.
Delivery partners	<ul style="list-style-type: none"> ▪ HMP Pentonville ▪ Barnet Enfield and Haringey Mental Health Trust ▪ Greater London Psychological Services
Number of places	6-12 at any given time
Residential or non-residential	Non-residential (dispersed across the prison)
Approx. length of intervention	c/12 weeks
Catchment area	HMP Pentonville (this is not an open service)
Entry Criteria	<p>All referrals to the service will be offenders at HMP Pentonville. Suitable referrals will demonstrate one or more of the following:</p> <ul style="list-style-type: none"> ▪ Threats and/or verbally abusive behaviours; recurrent violent and aggressive behaviours; recurring sexually inappropriate behaviour; recurring damage/destruction to property (including cell smashing, fire starting, flooding etc); prolific and severe threats; inability to settle in normal location; and disruptive to the general prison operations.
Interventions offered	The staff team will seek to address the prisoner's needs through conducting the following activities: psychoeducation – including understanding triggers for violent behaviour and the thought process that may be associated with the specific behaviours; Motivational work; Self esteem work; Goal setting; Problem solving; Emotional regulation; Distress tolerance; Pro-social skills; and/or Other – as agreed locally by and available to the team. The ESS service does not offer formal interventions.
Contact	Elizabeth.B.Hill@hmps.gsi.gov.uk

HMP Wymott PIPE

Address	HMP Wymott, Progression PIPE, F Wing, Ulnes Walton Lane, Leyland, Preston, PR26 8LW
Description of service	The Psychologically Informed Planned Environment (PIPE) at HMP Wymott was set up for determinate and indeterminate sentenced prisoners who have completed medium to high intensity programmes and are looking to consolidate progress and demonstrate skills acquired from group work. It also provides the opportunity for the residents to gain continued support to progress through the next stage of their sentence.
Delivery partners	NHS England, NOMS
Number of places	60
Residential or non-residential	Residential
Approx. length of intervention	Minimum 6 months – maximum 2 years
Catchment area	North West (out of area referrals will be considered on an individual basis)
Entry Criteria	<ul style="list-style-type: none"> ▪ Must have completed and evidenced gains from medium to high intensity programme (s) ▪ Must be self-motivated (it should not be a mandatory requirement of their sentence plan) ▪ Demonstrated stability in behaviour ▪ Have at least 6 months left to serve of their sentence ▪ There is no specific requirement to have a diagnosis of PD
Interventions offered	<ul style="list-style-type: none"> ▪ Structured sessions (every fortnight) ▪ Creative sessions (including music sessions and gardening) ▪ Key worker sessions (twice a month)
Contact Details	PIPE.Wymott@hmps.gsi.gov.uk Tel. 01772 442 148 or 01772 442 135

HMP Hull PIPE

Address	HMP Hull, Hedon Road, Hull, HU9 5LS
Description of service	The PIPE unit is designed to help individuals to interact with other residents and staff alike in a safe, friendly and productive way. In doing this residents will have the opportunity to practice and apply the skills that have been learned from previous group work. The aim of this is to help residents to prepare for their next step, whether this is to a lower category prison or release into the community.
Delivery partners	NOMS and NHS England
Number of places	50
Residential or non-residential	Residential
Approx. length of intervention	Minimum: 6 months Maximum: 2 years
Catchment area	National
Entry Criteria	<ul style="list-style-type: none"> ▪ Vulnerable Prisoner (VP) Residents ▪ Must be at a stage where the majority of the treatment has been completed. ▪ There is no specific requirement to have a diagnosis of PD. ▪ Must have at least 2 years remaining before the end of the sentence.
Interventions offered	<ul style="list-style-type: none"> ▪ Key worker sessions ▪ Structured sessions in groups focusing on areas linked to risk and semi Structured/creative sessions for residents to engage and practice more interpersonal skills.
Contact	rachael.dagnall@hmps.gsi.gov.uk

Medication to Manage Sexual Arousal – HMP Hull

Address	HMP Hull, Hedon Road, Hull, Kingston-upon-Hull, HU9 5LS
Description	A service for offenders with a sexual element to their offending, where medication is offered to assist with reducing unwanted sexual rumination, preoccupation and arousal.
Delivery Partners	Humber NHS Foundation Trust
Number of Places	12
Residential or non-residential	Non-residential
Approx. length of intervention	As clinically advised
Catchment area	National; NOMS may choose to move offenders into this location in order to access this service.
Entry Criteria	<p>This intervention can be offered to offenders who satisfy the conditions below whether or not they are on the OPD pathway.</p> <p>The service is for offenders with a sexual element to their offending who have psychological difficulties and distress including: Intrusive and obsessive thoughts about sex, deviant arousal or problem sexual behaviour associated with low mood or anxiety, sexual arousal or behaviour that is subjectively difficult to manage, high sex drive. Psychometrically determined sexual preoccupation.</p> <p>Degree of psychological distress is the primary consideration, but this will be compounded by risk of harmful sexual offending.</p>
Interventions offered	This intervention involves the prescription of medication, either a Selective Serotonin Reuptake inhibitor (SSRI) or an anti-androgen.
Contact details	jolene.jones@hmps.gsi.gov.uk

Medication to Manage Sexual Arousal – HMP Isle of Wight

Address	HMP Isle of Wight, Clissold Road, Newport, PO30 5NX
Description	A service for offenders with a sexual element to their offending, where medication is offered to assist with reducing unwanted sexual rumination, preoccupation and arousal.
Delivery Partners	TBD
Number of Places	TBD
Residential or non-residential	Non-residential
Approx. length of intervention	As clinically advised
Catchment area	National; NOMS may choose to move offenders into this location in order to access this service.
Entry Criteria	<p>This intervention can be offered to offenders who satisfy the conditions below whether or not they are on the OPD pathway.</p> <p>The service is for offenders with a sexual element to their offending who have psychological difficulties and distress including: Intrusive and obsessive thoughts about sex, deviant arousal or problem sexual behaviour associated with low mood or anxiety, sexual arousal or behaviour that is subjectively difficult to manage, high sex drive. Psychometrically determined sexual preoccupation.</p> <p>Degree of psychological distress is the primary consideration, but this will be compounded by risk of harmful sexual offending.</p>
Interventions offered	This intervention involves the prescription of medication, either a Selective Serotonin Reuptake inhibitor (SSRI) or an anti-androgen.
Contact details	Jacob.seaward@hmps.gsi.gov.uk

Part C:
Medium secure
(Health), adult male
Category C prisons
and closed prisons
for Young
Offenders



Waddon Ward, Bethlem Royal Hospital

Address	River House, Bethlem Royal Hospital, Monks Orchard Road, Beckenham, Kent, BR3 3BX
Description of service	Waddon Ward forms part of a larger 90-bed medium secure unit, River House, in the Bethlem Royal Hospital. Patients have an initial three month admission for assessment, following which they are either accepted for treatment or recommendations are provided to the referrer regarding alternative treatment pathways, with the option of returning at a future date. Those who commence treatment have their treatment targets defined using the Violence Risk Scale (VRS), which is then used to monitor progress as patients complete the time-limited, three-phase Violence Reduction Programme.
Delivery partners	Penrose Options, London Pathways Partnership, SOVA, N-Gage
Number of places	15
Residential or non-residential	Residential
Approx. length of intervention	12-24 months
Catchment area	South of the Thames, within the M25. Admissions from elsewhere in the South of England region may considered in liaison with NHS England
Entry Criteria	<ul style="list-style-type: none"> • Men aged 18 – 65 years, High-risk of high harm • Diagnosis, or likely to meet criteria for a diagnosis, of PD • Functional link between personality difficulties and offending behaviour • Evidence of some motivation to address both their personality difficulties and offending behaviour (including both sexual and violent offending) • Referrals are welcome for individuals with co-morbid mental illness, so long as current symptoms would not prevent engagement in treatment programme • The service is not suitable for individuals with learning difficulties (IQ <65)
Interventions offered	The main treatment model is the Violence Reduction Programme (VRP), which aims to meet the treatment needs of high-risk violent offenders using cognitive behavioural approaches and social learning principles within a relapse prevention model. Other treatments include Dialectical Behaviour Therapy, Behavioural Treatment of Substance Abuse, schema-focused therapy and a sex offender group programme. Patients also engage in occupational therapy and education session, with a view to continuity into the community, often in collaboration with third sector organisations.
Web Links	http://www.slam.nhs.uk/our-services/service-finder-details?CODE=SU0005
Contact	Colin.campbell@slam.nhs.uk

Millfields Unit at the John Howard Centre, Homerton Hospital

Address	Millfields Unit, John Howard Centre, 12 Kenworthy Road, London, E9 5TD
Description of service	Millfields Unit is a medium secure service for adult men based in the East London NHS Foundation Trust. The service runs a modified therapeutic community model, including a mix of psychodynamic group interventions and accredited programmes (including SCP, SOTP and CALM). Individual work is also available, where needed. Developing people's strengths is also a focus of the therapy, and Millfields offers a range of jobs, activities, sports and education.
Delivery partners	NHS England
Number of places	16
Residential or non-residential	Residential
Approx. length of intervention	Minimum: 1 year Maximum: 2 years 6 months
Catchment area	All London boroughs.
Entry Criteria	<ul style="list-style-type: none"> • Male, aged 18-65 • Primary diagnosis or suspected diagnosis of PD. Any co-morbid psychotic illness should have been stabilised prior to admission. • PD is functionally linked to offending (or antisocial behaviour) • No convictions for sexual offences against children as an adult. • Must be willing to accept transfer to hospital for treatment.
Interventions offered	<ul style="list-style-type: none"> • CPA structure including bi-weekly ward rounds • Detailed individualised assessment, formulation and treatment targets for all patients. • Therapeutic Community treatment model including 3x weekly community meetings. • Orientation to Therapy (OTT): 12 session psycho-educational intervention for all new patients. • Small psychodynamically-informed groups 2x weekly. • Art Therapy 1x weekly (group and individual). • Individual psychology: offence analysis; help with specific difficulties, e.g. obsessive compulsive disorder. • Individual psychotherapy is occasionally available. • Self-Change Programme (SCP) for violence reduction for eligible offenders 1x weekly 'rolling' programme. • OT service offering lifestyle and vocational opportunities including cooking group, picture framing, painting and decorating, gym etc. • Substance misuse intervention 1x weekly. • Extensive rehabilitation opportunities, including community leave; opportunities to engage in Experts by Experience (XbX) programme.
Web Links	http://www.eastlondon.nhs.uk/Services/Forensic/John-Howard-Centre-(Medium-Secure)/East-India-Ward.aspx
Contact	Celia.taylor@eastlondon.nhs.uk

Oswin Unit at Bamburgh Clinic, St Nicholas Hospital

Address	St Nicholas Hospital, Jubilee Road, Newcastle upon Tyne, NE3 3XT
Description of service	The Oswin Unit is a medium secure service for adult aged males who require treatment in secure services due to risk. Treatment is mainly psychological and social, focussing on establishing and altering those patterns of thinking and feeling which drive problematic behaviours. Attention is given to both the major personality structures (antisocial, avoidant, paranoid or such) and offending (aggression, setting fires, physically or sexually assaulting others and such). The patient's active engagement and participation in the treatment programme is essential.
Delivery partners	NHS England
Number of places	16
Residential or non-residential	Residential
Approx. length of intervention	Minimum: 2 years Maximum: 5 years.
Catchment area	NHS England
Entry Criteria	<ul style="list-style-type: none"> • Adult aged males with a primary diagnosis of PD. • History of offending and already subject to detention in hospital or prison. • Requires and is capable of being managed in a medium secure setting • Capable of, and willing to, engage in the assessment and treatment programme • Clearly defined and agreed discharge pathway with either referring agent or appropriate local service
Interventions offered	<ul style="list-style-type: none"> • Individual and group work. • Group based PD Group Programme: <ol style="list-style-type: none"> 1. Understanding PDs (psycho-education); 2. Understanding Thinking (cognitive styles and skills); 3. Understanding Emotions (emotional regulation, resilience and self management skills); 4. Understanding Relationships (how you utilise all of the above to maintain longer term relationships based on mutuality, reciprocity &c.). • Occupational Therapy and ward based structured group activities. • CBT and Schema focussed approaches. • Offence Focussed Programmes • Medication as appropriate to the individual
Web Links	www.ntw.nhs.uk
Contact	Mark.cookson@ntw.nhs.uk

HMP Brixton London Pathways Unit (LPU)

Address	A-wing, HMP Brixton, Jebb Lane, London, SW2 5XF
Description of service	The LPU is designed for high risk, high harm offenders who have complex needs arising from pervasive psychological difficulties (which may meet the criteria for personality disorder), who have a realistic prospect of release or a progressive move within two years, and whose progression and safe release into the community is complicated by their personality difficulties. The service is located on a 36-single cell annexe on a normal residential unit at HMP Brixton. The LPU provides a range of treatment and support interventions aiming to assist prisoners by means of a psychologically-informed understanding of the particular difficulties and risk, and a relational context that enables them to develop a meaningful and realistic desistance plan.
Delivery partners	<ul style="list-style-type: none"> ▪ HMP Brixton ▪ London Pathways Partnership (a consortium of NHS mental health trusts) ▪ National Probation Service, London Division
Number of places	36
Residential or non-residential	Residential
Approx. length of intervention	9 – 24 months
Catchment area	Cases held by NPS and offender likely to be released to London
Entry Criteria	<ul style="list-style-type: none"> ▪ Assessed at some point during current sentence as presenting a high likelihood of violent or sexual offence repetition and high or very high risk of harm. ▪ Personality difficulties likely to meet criteria for a personality disorder. ▪ Risk linked to personality difficulties/disorder. ▪ Likely to be released within 9 - 24 months, or further support is required to obtain a recommendation for Cat D/a progressive move to an open prison. ▪ Category C ▪ Has the potential to benefit from the psychologically-informed nature of the LPU's culture and regime. ▪ Progression most likely to be facilitated by the LPU. ▪ Recalled for breaching licence conditions. <p>Determinate sentence prisoners in the last two years of their sentence will take priority, provided they have enough time left on their sentence to benefit from a stay on the LPU (preferably at least nine months). Indeterminate prisoners may be considered where there is a strong likelihood the parole board will recommend release within two years and it is clear how placement on the LPU can facilitate this progression.</p> <p>Sex offenders are not excluded, provided they are able to integrate and manage on ordinary location.</p>
Interventions offered	<ul style="list-style-type: none"> ▪ Work and education ▪ Induction ▪ Introductory and Psychoeducational courses: <ul style="list-style-type: none"> ○ 'Understanding Personality Problems' ○ 'Manage Your Risk'. ○ 'Coping with Paranoia' ○ 'Coping with Anger and Aggression' ▪ Skills Courses based on Dialectical Behaviour Therapy (DBT) and covering: <ul style="list-style-type: none"> ○ Interpersonal Effectiveness

	<ul style="list-style-type: none"> ○ Emotion Regulation ○ Distress Tolerance ▪ Self Awareness Courses to deepen self-understanding and strengthen the individual's ability to manage personal vulnerabilities: <ul style="list-style-type: none"> ○ Mentalization-Based Treatment (MBT) ○ Life Patterns (based on schema therapy) ▪ Moving On Courses for service users who are approaching a parole hearing or release: <ul style="list-style-type: none"> ○ Learning Together ○ Preparing for Parole ○ Managing your Licence ▪ Semi-structured/creative elements of the programme <ul style="list-style-type: none"> ○ Service user-led sessions: to be held in response to users' needs and ideas about preparing for release. ○ Recreational sessions: planned collaboratively by staff and service users, including gym and cookery ▪ Fortnightly key work meetings ▪ Offender manager sessions ▪ Community Links – individual and group meetings with staff from our third sector partners, First Step Trust and Sova
Contact Details	Chantal.scaillet@nhs.net ; shane.foreman@hmps.gsi.gov.uk

HMP and YOI Swinfen Hall PD Treatment Service and PIPE

Address	HMYOI Swinfen Hall, Lichfield, Staffordshire, WS14 9QS
Description of service	Assessment, Treatment and Consolidation Unit for offenders aged 18-25, with traits of emerging PD. This unit will be specifically for those deemed at high risk of violent and or sexual reoffending.
Delivery partners	Northamptonshire Healthcare NHS Foundation Trust HM Prison Service
Number of places	15 assessment/ admission 15 treatment 60 Consolidation
Residential or non-residential	Residential
Approx. length of intervention	3 years maximum
Catchment area	Midlands and North
Entry Criteria	<p>For treatment and assessment: Individuals with medium/high or very high risk of a violent or sexual offence and additionally offenders who:</p> <ul style="list-style-type: none"> ▪ Repeatedly move from one establishment to another or wing to another ▪ Have repeated adjudications ▪ History of Substance use ▪ Self harm ▪ Identify as being vulnerable to bullying or instigation ▪ Are on anti-depressants/anti-psychotic medication for mood stabilisation ▪ Present with challenging behaviours. <p>For the PIPE:</p> <ul style="list-style-type: none"> ▪ Have completed a period of treatment, e.g. DTC or PD treatment programmes
Interventions offered	<p>For treatment service:</p> <ul style="list-style-type: none"> ▪ DBT informed groups ▪ Cognitive Analytic Therapy <p>For PIPE:</p> <ul style="list-style-type: none"> ▪ Social Creative Sessions ▪ Structured Group Sessions ▪ Key worker sessions
Contact	Sunil.lad@nhft.nhs.uk

HMYOI Aylesbury Pathway Service

Address	HMYOI Aylesbury, Bierton Road, Aylesbury, BUCKS, HP20 1EH
Description of service	The Service has been designed for high risk young offenders with behavioural, emotional and relationship difficulties. The service will offer a range of activities to help service users progress through their sentence addressing their needs in an individual way. It is particularly aimed at those who are not able to (for various reasons) to access the normal services already available in the prison due to the way they behave.
Delivery partners	HMYOI Aylesbury London Pathways Partnership (LPP)
Number of places	15-20
Residential or non-residential	Non residential
Approx. length of intervention	No set length of intervention.
Catchment area	National
Entry Criteria	Identified history of: Hurts themselves, hurts others, gets into fights regularly, can't make progress in their sentence or in life, are always on basic or regularly return to basic, spends a lot of time located in the segregation unit, staff find challenging in the behaviour, are impulsive, which may include self-harming, struggle to manage their feelings, anti-social behaviour, confrontational, and any other relevant information
Interventions offered	The Service will offer individualised treatment packages based on clients' needs and interests. The Service will draw on individual and group based treatments.
Contact	aylesburypathwaysser@hmps.gsi.gov.uk

HMYOI Warren Hill Democratic Therapeutic Community

Address	HMP Warren Hill, Grove Road, Woodbridge, Suffolk, IP12 3BF
Description of service	Democratic Therapeutic Community. The DTC is a planned environment that promotes group living and aims to reduce reoffending in individuals who have self-management, interpersonal, affective and cognitive deficits.
Delivery partners	NOMS and NHS England
Number of places	40 Bed unit
Residential or non-residential	Residential
Approx. length of intervention	A <u>minimum</u> of 18 months left to serve on a custodial sentence is required to participate in therapy
Catchment area	England and Wales
Entry Criteria	<ul style="list-style-type: none"> • Adult male offender • Minimum of 18 months left to serve on sentence • No current sexual offence • Up to date OASys • Free from ACCTs and adjudications for at least 6 months • No active major mental illness • Sufficient level of motivation to change and acceptance of responsibility
Interventions offered	Large community meetings, small therapy groups, and individualised therapy plans. Feedback is a key element of progress as it helps members confront their problems.
Contact	TCWarrenHill@hmps.gsi.gov.uk

HMP Warren Hill PIPE

Address	HMP Warren Hill, Grove Road, Woodbridge, Suffolk, IP123BF
Description of service	The PIPE unit is designed to help individuals to interact with other residents and staff alike in a safe, friendly and productive way. In doing this residents will have the opportunity to practice and apply the skills that have been learned from previous group work. The aim of this is to help residents to prepare for their next step, whether this is to a lower category prison or release into the community.
Delivery partners	HMPS and NOMS Regional Psychological Service
Number of places	20
Residential or non-residential	Residential
Approx. length of intervention	6 - 24 months
Catchment area	National
Entry Criteria	<ul style="list-style-type: none"> • Have completed a period of high intensity treatment, e.g. DTC or PD treatment programmes • Indeterminate Sentenced Prisoners who completed all programmes identified on their sentence plan preparing to progress to Category D Status • Long term determinate sentenced prisoners post programmes for transition to the resettlement estate or to open conditions
Interventions offered	<ul style="list-style-type: none"> • Social Creative Sessions • Structured Group Sessions • Key worker sessions
Contact	sharon.durrant01@hmps.gsi.gov.uk

HMP Wayland – Wensum PD Assessment and Treatment Unit

Address	E-Wing, HMP Wayland, Griston, Norfolk IP25 6RL
Description of service	Wensum is an assessment and treatment service for offenders who have a Personality Disorder (PD) or a suspected diagnosis of PD. Wensum is based on E Wing at HMP Wayland and is designed to be fully integrated within a Cat C prison. It aims to provide a pro social environment which focuses on positive relationships and an enabling environment in which interventions can take place. The service is delivered by a multi-disciplinary team. This includes prison officers, psychologists, and therapists who work closely together to carry out assessment and treatment.
Delivery partners	Norfolk and Suffolk NHS, HMP Wayland, Eastern Regional Psychological Services
Number of places	24
Residential or non-residential	Residential
Approx. length of intervention	Assessment period: 3 months with a further period for compilation of reports Treatment: Up to 2 years dependent upon the needs of the individual
Catchment area	National Resource with priority to Eastern Region and The Midlands.
Entry Criteria	<p>Entry Criteria:</p> <ul style="list-style-type: none"> • Aged 18 or above • Has a formal diagnosis of personality disorder or is considered likely to meet the criteria for such • Currently a Cat C prisoner with at least two and a half years of sentence remaining • There is a link between personality disorder/traits and offending behaviour • Does not currently suffer from acute mental illness (however, illness controlled effectively by medication or past history of mental illness will be considered) • Have an IQ (intelligence level) in range which means ability to undertake non adapted work • Progression through the system is likely to be helped by the service <p>Exclusions:</p> <ul style="list-style-type: none"> • Foreign National Offenders • Individuals with a sexual index offence (individuals with historical sexual offending will be considered on a case by case basis) • Those requiring 24 hour healthcare/acutely unwell
Interventions offered	The Service will offer individualised, formulation driven, treatment packages based on the needs and interests of the individual. Individual work will predominantly be based around CBT, CAT, and Schema informed interventions. Group interventions will include the ASSIST programme, a reflective group, and creative sessions.
Contact	Tina.steed@hmps.gsi.gov.uk

HMP Wayland Wensum Unit PIPE

Address	Wensum PIPE (E-Wing), HMP Wayland, Griston, Norfolk IP25 6RL
Description of service	Wensum unit progression PIPE is designed to support individuals who have completed high intensity treatment to consolidate and generalise their learning and to aide them in their progression through the prison system.
Delivery partners	Norfolk and Suffolk NHS, HMP Wayland, Eastern Regional Psychological Services.
Number of places	45
Residential or non-residential	Residential
Approx. length of intervention	6 months to 2 years
Catchment area	National Resource with priority to Eastern Region and The Midlands.
Entry Criteria	<p>Entry Criteria:</p> <ul style="list-style-type: none"> • Aged 18 or above • Currently a Cat C prisoner • Does not currently suffer from acute mental illness (however, illness controlled effectively by medication or past history of mental illness will be considered) • Have an IQ (intelligence level) in range which means ability to undertake non adapted work • Progression through the system is likely to be helped by the service • Exclusions • Foreign National Offenders • Individuals with a sexual index offence (individuals with historical sexual offending will be considered on a case by case basis) • Those requiring 24 hour healthcare/acute unwell
Interventions offered	<p>Creative activities including Greener Growth, The Reader, Creative writing and more!</p> <p>Structured activities including managing emotions and mindfulness, transition, problem solving and solutions, NA and more!</p> <p>Key worker sessions to focus on residents individual needs</p>
Contact	Karine.greenacre@hmps.gsi.gov.uk

Medication to Manage Sexual Arousal – HMP Whatton

Address	HMP Whatton, New Lane, Whatton, Nottingham NG13 9FQ
Description	A service for offenders with a sexual element to their offending, where medication is offered to assist with reducing unwanted sexual rumination, preoccupation and arousal.
Delivery Partners	HMPS and Nottinghamshire Healthcare Trust
Number of Places	74
Residential or non-residential	Non-residential
Approx. length of intervention	As clinically advised
Catchment area	National; NOMS may choose to move offenders into this location in order to access this service.
Entry Criteria	<p>This intervention can be offered to offenders who satisfy the conditions below whether or not they are on the OPD pathway.</p> <p>The service is for offenders with a sexual element to their offending who have psychological difficulties and distress including: Intrusive and obsessive thoughts about sex, deviant arousal or problem sexual behaviour associated with low mood or anxiety, sexual arousal or behaviour that is subjectively difficult to manage, high sex drive. Psychometrically determined sexual preoccupation.</p> <p>Degree of psychological distress is the primary consideration, but this will be compounded by risk of harmful sexual offending.</p>
Interventions offered	This intervention involves the prescription of medication, either a Selective Serotonin Reuptake inhibitor (SSRI) or an anti-androgen.
Contact details	Cheryl.McPhilomey2@hmps.gsi.gov.uk

Medication to Manage Sexual Arousal – HMP Usk

Address	HMP Usk, 47 Maryport Street, Usk, NP15 1XP
Description	A service for offenders with a sexual element to their offending, where medication is offered to assist with reducing unwanted sexual rumination, preoccupation and arousal.
Delivery Partners	TBC
Number of Places	TBC
Residential or non-residential	Non-residential
Approx. length of intervention	As clinically advised
Catchment area	National; NOMS may choose to move offenders into this location in order to access this service.
Entry Criteria	<p>This intervention can be offered to offenders who satisfy the conditions below whether or not they are on the OPD pathway.</p> <p>The service is for offenders with a sexual element to their offending who have psychological difficulties and distress including: Intrusive and obsessive thoughts about sex, deviant arousal or problem sexual behaviour associated with low mood or anxiety, sexual arousal or behaviour that is subjectively difficult to manage, high sex drive. Psychometrically determined sexual preoccupation.</p> <p>Degree of psychological distress is the primary consideration, but this will be compounded by risk of harmful sexual offending.</p>
Interventions offered	This intervention involves the prescription of medication, either a Selective Serotonin Reuptake inhibitor (SSRI) or an anti-androgen.
Contact details	forensicpsychologyre@hmps.gsi.gov.uk

Deaf Prison In-reach Project at HMP South Yorkshire (formerly known as HMP Moorland)

Address	HM Prison South Yorkshire - Assessment Prison , Bawtry Road, Hatfield Woodhouse, Doncaster, DN7 6BW
Description of service	<p>The service provides for a Consultant Psychiatrist, Clinical Psychologist and Advanced Healthcare Practitioner to assess and provide therapy to deaf PD men, who primarily use British Sign Language (BSL) as their preferred means of communication. Sign language interpreters are involved by the team as appropriate.</p> <p>Assessments are undertaken in a culturally and linguistically appropriate way, adapted to the individual's language and learning needs. These can be done in any prison but if suitable for therapy, the prisoner will have to move to HMP South Yorkshire.</p>
Delivery partners	National High Secure Deaf Service, Rampton Hospital, NHS England, Ministry of Justice, National Offender Management Service
Number of places	10
Residential or non-residential	Residential
Approx. length of intervention	2 years
Catchment area	Midlands/Yorkshire (but assessments can be undertaken nationwide)
Entry Criteria	<p>Profoundly deaf</p> <p>Sign language user</p> <p>Unable to access conventional treatment programmes due to communication difficulties.</p>
Interventions offered	<p>Psychiatric and psychological assessment.</p> <p>Individual psychological/treatment focussed therapy e.g. Anger management including CALM & TSP, SOTP</p>
Contact	Manjit.gahir@nottshc.nhs.uk ; Jason.lowe@nottshc.nhs.uk ; craig.macdonald@nottshc.nhs.uk

Part D:
Low secure
(Health), Open
Prisons and
Community
(including
Probation Approved
Premises PIPEs)



Community OPD provision – case identification, consultation, formulation, casework and workforce development

Address	Various – nationwide
Description	Joint Probation-Health partnerships to enhance existing offender management arrangements by offering case identification early in the sentence of offenders who are likely to meet the service criteria; targeted specialist advice, case consultation and formulation to support offender management; sentence planning taking account of complex psychosocial and criminogenic needs relating to personality disorder; promotion of effective engagement, compliance and appropriate monitoring of the offender; and training to increase confidence and competence of staff in working with the target population in the local area.
Delivery Partners	Joint operations involving NPS, Health Service Providers and third sector partners
Number of Places	There are currently 20,000 offenders being supported through Community OPD provision
Residential or non-residential	Non-residential
Approx. length of intervention	Varies depending on length of sentence/licence
Catchment area	This service is available across England and Wales
Entry Criteria	<p>Men</p> <ul style="list-style-type: none"> • At any point during their sentence, assessed as presenting a high likelihood of violent or sexual offence repetition and as presenting a high or very high risk of serious harm to others; and • Likely to have a severe personality disorder; and • A clinically justifiable link between the personality disorder and the risk; and • The case is managed by NPS. <p>Women: Either the above criteria for men are met or:</p> <ul style="list-style-type: none"> • Current offence of violence against the person, criminal damage, sexual (not economically motivated) and/or against children; and • Assessed as presenting a high risk of committing an offence from the above categories OR managed by the NPS; and • Likely to have a severe form of personality disorder; and • A clinically justifiable link between the above.
Interventions offered	<ul style="list-style-type: none"> • Case identification – identifying men and women who meet the PD pathway criteria near the beginning of sentence to ensure they have an appropriate plan in place with the maximum amount of time available for it to be delivered • Case consultation – this can be responsive to a request for assistance or planned through organised individual or group meetings • Case formulation – developing a theory about the onset, motivation and maintenance factors about an offender’s behaviour and functioning

	<ul style="list-style-type: none"> • Joint casework – time-limited joint casework may be beneficial in a small number of cases, most likely community-based offenders with the most complex needs at critical points in time • Workforce development – both general training on PD awareness, as well as tailored provision to match local need.
Contact Details	<p>To find your local Community OPD service, please refer to the contact spreadsheet on Kahootz: https://opd123.kahootz.com/connect.ti/workspace/view?objectId=18235077&exp=e1. If you do not have access to Kahootz, please contact pd@noms.gsi.gov.uk.</p>

HMP Stanford Hill Pathways Enhanced Resettlement Service

Address	HMP/YOI Stanford Hill, Church Road, Eastchurch, Isle of Sheppey, Kent, ME12 4AA.
Description of service	The Pathways Enhanced Resettlement Service (PERS) has been designed to offer support to offenders who may find the transition to open conditions and onto the community difficult. It is recognised that most failures in open conditions arise from difficulties in relationships with family members, and a sense of hopelessness about the future and difficulty coping with the pressures of life in a less secure setting. PERS therefore aims at managing prisoners' expectations both before and immediately after a move to open, and in the period before release to support their transition.
Delivery partners	NHS and NOMS
Number of places	30
Residential or non-residential	Non-residential
Approx. length of intervention	Transition In: 3-4 months following arrival Transition Out: 3-4 months prior to release
Catchment area	London, South & South East
Entry Criteria	All eligible prisoners are automatically screened on arrival at Stanford Hill. A prisoner will be broadly eligible if: <ul style="list-style-type: none"> ▪ He has obtained Category D status ▪ Is managed by National Probation Service ▪ He has been assessed at any stage in his sentence as posing a high risk of reoffending and/or harm ▪ He is to be managed under Restricted ROTLs ▪ His risk is linked to personality difficulties
Interventions offered	PERS aims to provide both 'Transition In' support (3 to 4 months following arrival at HMP/YOI Stanford Hill) and 'Transition Out' support (3 to 4 months prior to release). This support includes: <ul style="list-style-type: none"> ▪ Support from a dedicated prison officer in the form of fortnightly key work sessions. ▪ Engagement in psychologically informed groups to support the offender in managing the demands of open conditions, covering topics including Coping with Change, Understanding & Managing Risk, Relationship Management, Managing Parole, Managing Licence. ▪ Access to Mentalisation Based Treatment for prisoners from the London area.
Contact Details	01795 884701

Medication to Manage Sexual Arousal – HMP North Sea Camp

Address	HMP North Sea Camp, Croppers Lane, Freiston, Boston, Lincolnshire, PE22 0QX
Description	A service for offenders with a sexual element to their offending, where medication is offered to assist with reducing unwanted sexual rumination, preoccupation and arousal.
Delivery Partners	HMPS and Nottinghamshire Healthcare Trust
Number of Places	6
Residential or non-residential	Non-residential
Approx. length of intervention	As clinically advised
Catchment area	National; NOMS may choose to move offenders into this location in order to access this service.
Entry Criteria	<p>This intervention can be offered to offenders who satisfy the conditions below whether or not they are on the OPD pathway.</p> <p>The service is for offenders with a sexual element to their offending who have psychological difficulties and distress including: Intrusive and obsessive thoughts about sex, deviant arousal or problem sexual behaviour associated with low mood or anxiety, sexual arousal or behaviour that is subjectively difficult to manage, high sex drive. Psychometrically determined sexual preoccupation.</p> <p>Degree of psychological distress is the primary consideration, but this will be compounded by risk of harmful sexual offending.</p> <p>At category D establishments, prisoners will have been prescribed this medication in closed conditions before moving to open conditions.</p>
Interventions offered	This intervention involves the prescription of medication, either a Selective Serotonin Reuptake inhibitor (SSRI) or an anti-androgen.
Contact Details	Jen.Munns@hmps.gsi.gov.uk

Medication to Manage Sexual Arousal – HMP Leyhill

Address	HMP Leyhill, Wotton-under-edge, nr Bristol, South Gloucestershire, GL12
Description	A service for offenders with a sexual element to their offending, where medication is offered to assist with reducing unwanted sexual rumination, preoccupation and arousal.
Delivery Partners	TBD
Number of Places	9
Residential or non-residential	Non-residential
Approx. length of intervention	As clinically advised
Catchment area	National; NOMS may choose to move offenders into this location in order to access this service.
Entry Criteria	<p>This intervention can be offered to offenders who satisfy the conditions below whether or not they are on the OPD pathway.</p> <p>The service is for offenders with a sexual element to their offending who have psychological difficulties and distress including: Intrusive and obsessive thoughts about sex, deviant arousal or problem sexual behaviour associated with low mood or anxiety, sexual arousal or behaviour that is subjectively difficult to manage, high sex drive. Psychometrically determined sexual preoccupation.</p> <p>Degree of psychological distress is the primary consideration, but this will be compounded by risk of harmful sexual offending.</p> <p>At category D establishments, prisoners will have been prescribed this medication in closed conditions before moving to open conditions.</p>
Interventions offered	This intervention involves the prescription of medication, either a Selective Serotonin Reuptake inhibitor (SSRI) or an anti-androgen.
Contact Details	Martine.ratcliffe@hmps.gsi.gov.uk

Mentalization Based Therapy

Address	MBT is being delivered across 14 sites in England and Wales. Groups are run in probation premises in Exeter, Gloucester, Leeds, Lincoln, Liverpool, Llanelli, Nottingham, Preston, Tamworth, Torbay and four locations in London (Baker Street, Lewisham, Stratford and London Bridge). MBT is co-ordinated through the Tavistock & Portman NHS Foundation Trust.
Description of service	Mentalization is the capacity to think about and reflect upon the workings of one's own mind and other people's minds. Researchers believe that the ability to mentalize is impaired in people with certain personality disorders, and that this can often lead to problematic, distressing and often harmful behaviour, putting both the person themselves and others around them at risk. Often assumptions are made regarding how another person may be feeling or thinking leading to impulsive responses. The ability to mentalize increases flexibility in thinking; slowing down the impulsive responses and exploring alternative explanations rather than making assumptions. MBT involves weekly group sessions and monthly individual sessions. MBT allows the opportunity to gain skills and practise mentalizing within a group setting. The aim of MBT is to reduce overall risk, decrease the severity of violent and aggressive behaviours, improve the ability to manage stress, increase the ability to problem solve within social situations and improve interpersonal relationships.
Delivery partners	NHS England, National Offender Management Service
Number of places	Up to 8 per group
Residential or non-residential	Non-residential
Approx. length of intervention	12 months
Catchment area	Please contact Nicky Howard on the details below for information on specific sites.
Entry Criteria	Male offenders who: <ul style="list-style-type: none"> • are aged 21 or over • have at least 6 months remaining of their licence, post-sentence supervision or community sentence • are under the management of the National Probation Service • have personality difficulties that result in problems with violence and aggression • have a history of violent offences
Interventions offered	Individual and group therapy programme for male offenders with antisocial personality disorder (which does not need to be diagnosed prior to referral).
Contact Details	Nicky Howard, Implementation Project Manager, nhoward@tavi-port.nhs.uk , 0208 938 2067

Resettle at Merseyside Probation (IIRMS)

Address	Resettle, 1 De Havilland Drive, Speke, Liverpool, L24 8RN
Description of service	Intensive Intervention and Risk management Service (IIRMS) for high risk men who have complex needs and personality difficulties on their release from prison. Once a referral is accepted we will start and maintain contact before release (preferably for at least 6 months) in order to explain the project, get informed consent from the individual, foster relationships and develop plan for release with them. Once released, a high level of support and risk management is available, based on the needs and risks of the individual and underpinned by a psychosocial formulation. Interventions are delivered by staff from both health and criminal justice backgrounds on an individual and group basis. Once they have consented, all men who attend the project will have this as a condition of their post custody release licence.
Delivery partners	National Probation Service, Mersey Care Mental Health Trust, Merseyside Police
Number of places	40
Residential or non-residential	Non residential
Approx. length of intervention	Up to six months prior to release, active intervention for two years, ongoing support and intervention as needed thereafter.
Catchment area	North West England
Entry Criteria	Diagnosed or suspected PD, high risk on release from prison, subject to post custody release licence
Interventions offered	Socio-therapy; psychologically informed individual and group interventions aimed at addressing risk and need, delivered within an enabling environment; social integration activities; practical support and skills development. An out of hours crisis line is available to both service users and other support providers.
Contact	Vikki.baker@probation.gsi.gov.uk

Bridging the Gap (IIRMS)

Address	The Raylor Centre, James Street, York, YO10 3DW
Description of service	<p>Bridging the Gap is a service that provides psycho-social interventions for male offenders with personality disorder who are from the OPD pathway in a community setting.</p> <p>The interventions provided aim to assist individuals with their resettlement into the community and to manage their personality disorder in a safe and supported method.</p> <p>We work with men who want to change their self-defeating behaviours offering Dialectical Behaviour Therapy, Meaningful Occupation and Life Skills interventions.</p>
Delivery partners	NHS England, National Offender Management Service (NOMS)
Number of places	18
Residential or non-residential	Non-residential
Approx. length of intervention	12- 18 months
Catchment area	North Yorkshire and Humberside
Entry Criteria	<ul style="list-style-type: none"> • On Licence or Community sentence, minimum 12 months remaining • Male • Wants to change self-defeating behaviours
Interventions offered	Dialectical behaviour Therapy, Meaningful Occupation, Life Skills
Contact Details	01904 412 551 admin@btgservices.org.uk
Web Links	http://btgservices.org.uk/

North East Community PD team at St Nicholas' Hospital (IIRMS)

Address	Forensic Community Personality Disorder Team, St Nicholas Hospital, Jubilee Road, Gosforth, Newcastle upon Tyne, NE3 3XT
Description of service	9am - 5pm Monday to Friday. FCPDT was established in 2003 to provide advice and help to men with a diagnosis of PD and who pose a risk of serious violence or sexual violence to others. Our team assesses and provides treatment, in the form of psychosocial interventions, for men who live in the area between Berwick and Middlesbrough and across to Whitehaven. We are a tertiary service so clients need to be referred and held by their local CMHT. We work with local teams across this area to support them in working with this client group and also provide training to a range of agencies and services. The service provides support on an ad-hoc basis to carers/ partners/ family of the men who work with us. If it is identified that additional support is required, the carer is then referred to specialist carer support.
Delivery partners	Northumberland, Tyne and Wear NHS FT
Number of places	10
Residential or non-residential	Non-residential
Approx. length of intervention	6 – 18 months
Catchment area	Berwick to Middlesbrough and North Cumbria down to Whitehaven
Entry Criteria	Men with a diagnosis of PD and who pose a risk of serious violence or sexual violence
Interventions offered	CBT based interventions on an individual basis, around understanding PD, emotion regulation, building and maintaining relationships and understanding yourself.
Web Links	http://www.ntw.nhs.uk/sd.php?l=2&d=9&sm=33&id=205
Contact	0191 223 2868

The Discovery Project (IIRMS)

Address	Personality Disorder Services, Unit 24 Sugar Mills, Leeds, LS11 7DF
Description of service	The Service works with personality disordered adult male offenders who pose a high risk of harm and reoffending. It is designed to develop an understanding of the service user's behaviour. It will support assessing, managing and reducing their risk of harm and reoffending, and enhancing their wellbeing, social engagement and capacity to lead independent, offence-free and fulfilling lives.
Delivery partners	Yorkshire and Humberside Personality Disorder Partnership
Number of places	The project will work with up to 30 service users at one time over the various phases of the intervention.
Residential or non-residential	The project includes an in-reach phase pre-release. The community phases may be with service users in Approved Premises and those in independent accommodation.
Approx. length of intervention	18 months
Catchment area	West Yorkshire and South Yorkshire
Entry Criteria	<p>The threshold/inclusion criteria for the Service will reflect the following:</p> <ul style="list-style-type: none"> • Mental health problems which include serious disorders of personality and functioning that relate to high levels of risk as well as ability to function in the community; • Risks and complex needs that require multi-agency, intensive support and frequent contact; • History of volatile, impulsive, challenging and chaotic behaviours which indicate that the individual case might benefit from focussed work undertaken within a therapeutic milieu with a focus on relationships; • Evidence of the presence of stress / distress and associated risks which will require to be managed in a holistic approach delivered within an intensive and supportive environment; • Previous difficulties and risks on release that would benefit from a psychologically informed approach and access to an individualised programme to support their reintegration into the community.
Interventions offered	<p>The Service will focus on the key points of the journey of an individual offender as outlined within the national IIRMS specification.</p> <p>Delivery will include five key phases:</p> <ol style="list-style-type: none"> a) In-Reach Phase in custody: for a maximum period of 6 months pre-release, or subsequent to recall; b) Induction Phase in the community; c) Interventions Phase in the community; d) Exit Preparation Phase; e) Post Exit Support.
Contact Details	<p>Jo Ramsden – 07817000137 – joanne.ramsden@nhs.net</p> <p>Tanya Cockerill – 07718601582 – tanya.cockerill@probation.gsi.gov.uk</p>

Changing Lanes (IIRMS)

Address	26 Shore Road, Hackney, London E9 7TA
Description of service	Changing Lanes is an intensive intervention and risk management service (IIRMS) for people with personality disorders who have previously committed serious offences. Our goal is to help them reduce their risk of reoffending, and increase their chances of leading a rewarding life.
Delivery partners	<ul style="list-style-type: none"> • Millfields medium secure personality disorder unit at the John Howard Centre in Hackney • London Pathways Partnership (LPP)
Number of places	50
Residential or non-residential	Non residential
Approx. length of intervention	Up to 12 months (dependent on need)
Catchment area	London Boroughs of City & Hackney, Tower Hamlets, Newham, Waltham Forest, Redbridge, Barking & Dagenham and Havering
Entry Criteria	<ul style="list-style-type: none"> • Case held by the National Probation Service (NPS) and at high risk of committing an offence and causing harm to others • Screened in to the Offender Personality Disorder Pathway • Probation LDU needs to be within the boroughs of North East London (those placed in the area are considered on a case by case basis) • Within 6 months of release, or on licence in the community • Case consultation and pathways planning have been unsuccessful
Interventions offered	<ul style="list-style-type: none"> • Psychological assessment and risk management planning, specific to life in the community • Pre-release preparation for life in the community • Treatment for emotional, interpersonal, and social difficulties and to address particular types of offending • Peer mentoring from Experts by Experience • Assistance with the core protective areas of housing, substance misuse, education, occupation and building social networks
Contact Details	<p>To make a referral please e-mail: Forensic_Referrals@elft.nhs.uk</p> <p>To make an enquiry, please contact the Changing Lanes Administrator: Tel: 020-8510 4940; Fax: 020-8510 4941</p>

FIPTS community PD team (IIRMS), including Penrose Supported Housing

Address	FIPTS Community Service, Landor House, Lambeth Hospital, 108 Landor Road, SW9 9NU	
Description of service	The Forensic Intensive Psychological Treatment Service (FIPTS) Community Team was developed in 2004 in partnership with the Ministry of Justice and Department of Health to treat and manage high risk offenders with severe PD. The FIPTS Community Team sits within a unique care pathway which includes a 15 bedded medium secure unit, a 6 bedded high support hostel, a 4 bedded low support hostel as well as community treatment and support. FIPTS uses the Positive Community Relationships Programme (PCRP), which was developed from Enabling Environment principles, Desistance Theory, and the Transtheoretical Model of Change, to improve psychosocial functioning, community integration and reduce violent reoffending among offenders with PD.	
Delivery partners	Penrose Options, London Pathways Partnership, SOVA, N-Gage	
Number of places	Supported Hostels = 10 places. Community Services = 40 places	
Residential or non-residential	Both residential and non-residential services	
Approx. length of intervention	12-24 months	
Catchment area	Southwark and Lambeth (men). Southwark, Lambeth, Richmond & Kingston, Wandsworth, Croydon (women).	
Entry Criteria	<ul style="list-style-type: none"> • Men and women over 18 who are at medium-high, high-risk of high harm, have a forensic history and likely to meet a diagnosis of personality disorder • There is a link between the individual's personality traits and offending behaviour • It is also desirable that individuals demonstrate some motivation to address both their personality difficulties and offending behaviour • Absence of active major mental illness, learning difficulties (IQ <65) or substance dependence disorders 	
Interventions offered	Intervention levels/intensity Community care coordination with residential support Community care coordination Co-working with offender managers Therapy only	PCRP Therapies Moving Forward Group Personality Disorder Awareness Group Dialectical Behaviour Therapy Mentalisation Based Therapy Violence Reduction Programme Eye Movement Desensitisation and Reprocessing Schema Therapy
Web Links	http://www.slam.nhs.uk/our-services/service-finder-details?CODE=SU0015	
Contact	Fiona.Brennan@slam.nhs.uk	

Douglass House Project Supported Housing

Address	Brockley, South East London
Description of service	Douglass House Project (DHP) offers both residential and outreach services to men with complex emotional and behavioural problems meeting criteria for PD and serious offending histories. The residential service comprises six self-contained flatlets and aims to assist residents to successfully re-integrate into the community. The outreach service offers support to those with their own accommodation in the community.
Delivery partners	DHP is a partnership project between Oxleas NHS Foundation Trust, the social care provider Turning Point , and London Probation . The Forensic Psychological Therapies Service (FPTS) at Oxleas NHS Foundation Trust provides a range of psychological assessment and treatment services for men and women living in the community who have longstanding emotional and behavioural problems.
Number of places	6 residential places; 12 outreach places
Residential or non-residential	Both residential (DHP) and non-residential services.
Approx. length of intervention	Interventions range from one-off assessments, through short individual and group treatments, to longer term (12 months+) community treatment and residential placements of up to two years.
Catchment area	Bromley, Bexley, Greenwich and Lewisham. Residents of Southwark may also be eligible for our forensic psychology outpatient services.
Entry Criteria	We provide a service to men and women with long term emotional, relationship and behaviour problems that have been associated with causing harm to others (and often to themselves).
Interventions offered	FPTS provides psychological assessment, individual therapy, workshops, group treatment programmes and access to psychosocial support.
Web Links	http://www.nhs.uk/Services/hospitals/Overview/DefaultView.aspx?id=34724
Contact	01322 297 151

SOVA Support Link – London, Sheffield and Leeds

Address	1 st Floor CRI Offices, 140-142 Kings Cross Road, London, WC1X 9DS (office)
Description of service	Sova is a charitable organisation which recruits and trains volunteers to support disadvantaged people. At Sova Support Link (SSL) we provide specialist trained volunteer mentors who work together in groups (known as 'HUBs') to support people with personality difficulties or high functioning Autistic Spectrum Disorder and a history of serious offending behaviour. We support people at periods of transition including offering a 'through the gate' service from HMP Belmarsh.
Delivery partners	National Probation Service Oxleas NHS Foundation Trust SLaM NHS Foundation Trust BEH NHS Foundation Trust East London NHS Foundation Trust Leeds and York Partnership NHS Foundation Trust HMP Belmarsh
Number of places	70
Residential or non-residential	Non-residential
Approx. length of intervention	6 months (minimum) – 2 years (maximum)
Catchment area	All London boroughs Leeds and Sheffield (for Autistic Spectrum Disorder offenders only)
Entry Criteria	<ul style="list-style-type: none"> • 18 years and over • Traits of personality disorder or high functioning autism or asperger's syndrome • High risk, high harm of reoffending • Significant history of interpersonal violence • Motivated to live an offence-free life • Motivated to engage with volunteer mentors
Interventions offered	Based on principles from the Good Lives Model and Desistance theory, Sova Support Link offers a psychosocial based volunteer mentoring intervention. Groups of 2-3 volunteers that work in HUBs, aim to build pro-social networks and encourage engagement in crime free activity. Following a jointly agreed action plan, clients, volunteers and professionals work together to help improve community integration and improve individual quality of life.
Web Links	www.sova.org.uk/project/supportlink www.twitter.org.uk/sovasupportlink
Contact	Camelia.Land@sova.org.uk

Kirk Lodge Approved Premises PIPE

Address	Kirk Lodge 322 London Rd, Leicester, LE2 2PJ
Description of service	Kirk Lodge is an approved premises (formerly known as a probation hostel), for men on license or bail or present with a high or very high risk of harm. Operates according to the PIPE model.
Delivery partners	n/a
Number of places	30
Residential or non-residential	Residential
Approx. length of intervention	Variable
Catchment area	Leicestershire & Rutland
Entry Criteria	Residents present with high or very high risk of reoffending.
Interventions offered	Structured programme of activities as per PIPE model, including structured psychologically informed sessions and creative sessions with an emphasis on positive social interactions. No formal interventions offered in terms of treatment for PD related difficulties.
Contact	0116 270 8327

Stafford House Approved Premises PIPE

Address	10 Croxteth Road, Toxteth, Liverpool
Description of service	Stafford House is an approved premises (formerly known as a probation hostel), for men on license or bail or present with a high or very high risk of harm. All individuals are subject to statutory supervision with the majority being subject to a post release prison licence. Operates according to the PIPE model.
Delivery partners	The Manchester College provide a significant amount of the daily programme activities (Monday – Fridays 9-5)
Number of places	16
Residential or non-residential	Residential
Approx. length of intervention	The length of residency varies from a few weeks to up to 1 year, with most residents staying for about three or four months.
Catchment area	Mainly a local resource for the Merseyside area although out-of-area cases are considered in emergency cases.
Entry Criteria	Residents present with high or very high risk of reoffending. Our main referral criteria relates to motivation to engage with the programme
Interventions offered	Structured programme of activities as per PIPE model, including structured psychologically informed sessions and creative sessions with an emphasis on positive social interactions. No formal interventions offered in terms of treatment for PD related difficulties.
Contact	0151 726 8286

Southview Approved Premises PIPE

Address	Southview Approved Premises, 18 Boroughbridge Road, York, YO26 5RU
Description of service	For High risk of serious harm offenders on licence, or Community orders to enable them to live in a planned, structured environment for those who have PD traits to interact productively in the Enabling Environment and to move them forward into community living'. For residents to be motivated to interact with around 22 hours of activity per week. All residents are discussed via group and 1-1 clinical supervision, through their transition before and leaving PIPE.
Delivery partners	NPS and NHS England
Number of places	
Residential or non-residential	Residential
Approx. length of intervention	6-9 months
Catchment area	NE division, National.
Entry Criteria	Screened into the OPD pathway. Completed formulation. Completed OBP in prison environment. Possibly on PIPE in prison
Interventions offered	Structured and semi-structured activities including Life Skills, Bridging the Gap, residents meetings, key work sessions focused on Enabling Environment and Good Lives Model, semi-structured sessions including The Reader group, walking and gardening groups, Art, music, relaxation, yoga
Contact	jodielft@nhs.net

Bradshaw House Approved Premises PIPE

Address	147-151 Walmersley Road, Bury BL9 5DE
Description of service	Bradshaw House is an Approved Premises (previously called Probation Hostel) that provides a service for men on licence or on community orders, who present a high or very high risk of harm. The service operates to the PIPE model (Psychologically Informed Planned Environment).
Delivery partners	NOVUS (previously Manchester College) provide a service for residents each week Monday-Friday. One Recovery provide a clinic for residents with drug and/or alcohol problems. The Rock Healthcare Practice provide GP services.
Number of places	26 beds, plus 1 emergency bed
Residential or non-residential	Residential
Approx. length of intervention	The length of stay varies significantly, with the majority remaining in the service for approximately 3-4 months
Catchment area	North-West England
Entry Criteria	People who present with a high or very high risk of reoffending/harm to the public, are motivated to engage with aspects of the PIPE model and are expected to benefit from the relational focus of the service. Referrals are made by the Offender Manager through the Central Referral Unit for the region.
Interventions offered	Structured programme of activities including psychologically informed groups, creative activities with a focus on promoting positive social interaction and regular sessions with a PIPE worker. No formal treatment is provided with regards to personality difficulties.
Contact Details	0161 761 6419

Holbeck House Approved Premises PIPE

Address	Holbeck House Approved Premises, Springwell View, Springwell Road, Leeds, LS12 1BS
Description of service	Holbeck House is an AP PIPE and has 24 single occupancy rooms for men released on licence who pose a high risk of harm to others. One room has disabled access.
Delivery partners	NOMs and NHS
Number of places	24
Residential or non-residential	Residential
Approx. length of intervention	Residents are expected to be at the PIPE for between 6-9 months
Catchment area	NE division, National.
Entry Criteria	<p>We aim to be as flexible as possible when considering referrals. We have some guidance to help us consider the suitability of the referral. <u>We do not expect referrals to meet all this criteria</u> and consider the fit between the man's needs and what the PIPE can offer. We encourage OM's to contact us to talk potential referrals through.</p> <ul style="list-style-type: none"> • Does he screen onto the PD pathway? • Will he have 6-9 months left on license on release? • Is there time before release for PIPE preparatory work, such as letter or a visit whilst in custody? • Has he evidenced any motivation to engage in the past? • Has he completed any previous programmes or psychology work? • Has he already been on a PIPE, treatment unit or TC/TC+? • Has there been a diagnosis of Psychopathy? • Is there a history of mental health difficulties? • Does he have any learning difficulties/disabilities; a developmental disorder such as Autistic Spectrum Disorder or Acquired Brain Injury? • Is the AP PIPE part of his sentence plan with a clear objective? • Is there a clear psychological understanding (formulation) of his interpersonal functioning?
Interventions offered	<p>There is an expectation that residents will participate in:</p> <ul style="list-style-type: none"> • Socially creative groups • Structured groups • Key workers session • Unstructured time with staff • Weekly community meeting
Contact Details	<p>To discuss a referral please contact:</p> <p>David Harvey, Clinical Psychologist and Clinical Lead Davidharvey1@nhs.net</p> <p>Chris Wright, Hostel Manager and Operational Lead Christine.wright@probation.gsi.gov.uk</p>

	<p>Clare Cooper, PIPE Probation Officer Claire.Cooper@probation.gsi.gov.uk</p> <p>To send a completed referral form please contact: Nicola Kinder, PIPE Business Co-Ordinator Nicola.Kinder@probation.gsi.gov.uk</p> <p>Tel: 0113 245 4220</p>
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Part E:

All security

categories



Enabling Environments (EE)

Address	<p>Various sites:</p> <ul style="list-style-type: none"> • 13 men's prisons are working towards the EE award within one to four specified areas or wings • 23 men's approved premises are working towards the EE award • 3 Male Prisons are working towards a whole prison EE
Description of service	<ul style="list-style-type: none"> • Enabling Environments are services that develop and maintain healthy relationships between staff, between offenders and between staff and offenders. • Enabling Environments recognise the value of ordinary relationships, respect and purposefulness in creating places where people can develop, grow and flourish. • The Enabling Environments Award is a developmental, standards-based, process which supports services to improve the quality of relationships and the social environment. • Ten simple standards break down the critical elements of a healthy social environment. • The Enabling Environment Award can be achieved by those who can demonstrate they are achieving all ten standards in relation to both staff and offenders.
Delivery partners	NOMS (HQ, prisons and approved premises) and NHS England, with the Royal College of Psychiatrists
Number of places	n/a
Residential or non-residential	Enabling Environments can be found in all walks of life. They are places where people live, work or come together for a specific purpose. They can be work places, schools and colleges, hospital wards, prisons, day care units, care homes, children's homes, supported accommodation or neighbourhoods etc.
Approx. length of intervention	n/a – EE is not an intervention. It takes around 18-24 months to achieve the EE award
Catchment area	n/a
Entry Criteria	n/a – EE does not affect the population management of the site or service
Interventions offered	Enabling Environments are <u>not</u> outstanding services with highly qualified individuals delivering treatments or interventions. They are ordinary places, with ordinary people doing their best to be caring and empathic in their approach to their work and with each other.
Contact Details	eeadmin@rcpsych.ac.uk
Web Links	www.enablingenvironments.com