

2 December 2015**Agenda Item: 10****REPORT OF THE CHAIR OF THE HEALTH AND WELLBEING BOARD****CHAIR'S REPORT****Purpose of the Report**

1. To provide members with information on issues relevant to the Health and Wellbeing Board and to request agreement for a revised illustration of governance arrangements.

Information and Advice**2. Director of Public Health Annual Report**

The [Annual Report for 2014/15](#) from the Director of Public Health has been released. It assesses the health and wellbeing needs of the population of Nottinghamshire and Nottingham City with a focus on physical activity, Hepatitis C and older people and includes recommendations for action.

See also coverage in the [Nottingham Evening Post](#).

For more information contact Joanna Cooper, Public Health Manager
Joanna.cooper@nottscg.gov.uk

3. Music in care workshop

A workshop for carers was held in Rushcliffe on 20 October 2015 based on the My Music Oasis toolkit. The workshop was commissioned by Rushcliffe Clinical Commissioning Group and the County Council to offer carers a ground breaking approach to supporting their resilience using personalised music. Following its success we are hoping that the Better Care Fund will be supporting roll out of the workshops across the County.

For more information contact Helen Limb, Patient and Public Involvement Manager NHS Rushcliffe Clinical Commissioning Group Helen.limb@rushcliffeccg.nhs.uk

Progress from previous meetings**4. Health and Wellbeing Board Governance**

Further to the discussion about [governance structures](#) at the September Board meeting an updated illustration of the governance arrangements has been developed and is attached [Appendix 1](#), showing how the Health and Wellbeing Board fits in with local planning units and Health and Wellbeing Board Partners.

Members are asked to agree this illustration of the governance arrangements which has been developed as a result of the findings of the peer challenge.

5. Excess Winter Deaths – funding award

Following the paper and presentation made to the Board at the October meeting the Local Authority Energy Partnership (LAEP) in Nottinghamshire has been awarded £325k of capital funding from National Energy Action's Warm and Healthy Homes Fund.

The funding will be used to support the LAEP's affordable warmth schemes – Derbyshire Healthy Home and Nottinghamshire Warm Homes on Prescription to install domestic energy efficiency improvements.

Ian Chapman has been appointed to the new post of Nottinghamshire Warm Homes on Prescription Manager and will be hosted by Newark and Sherwood District Council.

For more information contact: Leanne Monger, Business Manager - Housing Options, Energy and Home Support at Newark and Sherwood District Council leanne.monger@nsdc.info or Dr Rina Jones Partnership Manager at Nottinghamshire and Derbyshire Local Authorities' Energy Partnership (LAEP) T:01629 536130.

6. Transforming Care – fast track site update

In June 2015 NHS England, the Local Government Association and Association of Directors of Adult Social Services announced that there would be five fast track sites which would be the forerunners of transformation of services for people with a learning disability and/or autism and challenging behaviours, or a mental health condition. Nottinghamshire was one of these sites.

Each site was asked to submit a transformation plan before funding allocations were confirmed. The plan for Nottinghamshire has now been approved and £1.21 million allocated.

[The Nottinghamshire plan](#) (see meeting documents) aims to transform care and support for individuals with a learning disability and/or autism who also have, or are at risk of developing, a mental health condition or behaviours described as challenging so that their care is focused on keeping them healthy, well and supported in the community. Implementation is being coordinated by a Transforming Care Board and working group and the plan also includes ensuring the support of those people affected by the service – users and carers, as well as service providers in health and social care. Papers to each partner Board and supporting committees are currently being prepared.

Implementation has now started and will include a formal consultation which will be launched shortly.

For further information please contact Cath Cameron-Jones cath.cameron-jones@nottscc.gov.uk or 0115 9773135.

7. HWB Workshop – workforce

A joint workshop with the Nottingham City Health and Wellbeing Board took place on 4 November to consider workforce issues for health and social care. A wide range of

partners attended from health and social care and wider partners including the voluntary sector and Nottinghamshire Fire and Rescue.

The afternoon was well attended and there were some very lively debates which will be written up into a paper to be delivered to the Board early in 2016.

Thanks to the Board members who attended the event and to colleagues from Nottingham City.

8. Disabled Facilities Grants

At the Board meeting in June members questioned whether Disabled Facilities Grants (DFG) could be utilised to reduce delays in discharging patients from hospitals because of adaptations required at their home.

The DFG Consistency Group coordinates the Grants and has been working with hospital staff to identify delays. The Group has agreed to review individual cases highlighted by hospital staff to process adaptations and ensure discharges are managed as efficiently as possible.

For more information contact Sarah North, Chair of the DFG Consistency Group sarah.north@broxtowe.gov.uk

9. Housing and health

Following the [agreement of the Board at the September 2016 meeting](#) to extend integrated working to include housing, a workshop is being arranged to look at the current partnerships with housing, health and social care and to consider how these partnerships could be developed. Public Health England have agreed to facilitate the workshop.

The provisional date for the workshop is 19 January 2016 at County Hall between 9am and 1pm. Please make a note of the date pending a formal invitation.

10. Stakeholder network event

The latest Stakeholder Network event took place on 24 November 2015 and focussed on dementia and in particular developing a countywide framework for action for the Health and Wellbeing Board and its partners.

A full report, including recommendations from the event will be presented to the Board at the meeting in March 2016.

11. Hoarding awareness training

To support the launch of the Hoarding Framework Nottinghamshire Fire & Rescue Service have agreed to facilitate some Hoarding Framework Awareness Training. It is intended that the training should be for managers who can then take the Framework to pass on to colleagues.

Training is available at Fire and Rescue premises on these dates:

- [3rd December- Highfields Fire Station Conference Room 2. 09:30-12:30hrs](#)
- [9th of December- Headquarters, Rowan Room. 14:00-17:00hrs](#)
- [17th of December- Headquarters, Oak Room 09:30hrs until 12:30hrs](#)

12. Venue of meetings

In response to requests from Board members and other partners I have secured alternative venues for a couple of meetings in 2016. The meeting on 3 February 2016 will be held at Broxtowe Borough Council and the meeting on 1 June 2016 will be held at Mansfield District Council.

If this is successful I will look to hold meetings around the County on a regular basis.

Papers to other local committees

13. [Update on Police and Crime Plan Strategic Priority Theme 4 - Reduce the Impact of Drugs and Alcohol on levels of Crime and Anti-social Behaviour](#)
Police & Crime Panel
7 September 2015
14. [Commissioning of Specialist Domestic Violence and Abuse Services within Refuge](#)
Public Health Committee
10 September 2015
15. [Re-commissioning Tobacco Control Services Update](#)
Public Health Committee
10 September 2015
16. [Establishment of Posts for ASSIST Smoking Prevention Programme](#)
Report to Children and Young People's Committee
21 September 2015
17. [Commissioning of Domestic Violence and Abuse Services](#)
Report to the Community Safety Committee
29 September 2015
18. [Comprehensive Sexual Health Services - Commissioning Update and Recommendations](#)
[Re-Commissioning NHS Health Checks IT and Outreach Services Update](#)
Public Health Committee
30 September 2015
19. [Performance Update for Adult Social Care and Health](#)
Report to Adult Social Care and Health Committee
5 October 2015
20. [Nottinghamshire's review of arrangements for special educational needs and disability \(SEND\)](#)
Report to Children and Young People's Committee
19 October 2015
21. [Developing The Mid-Nottinghamshire Better Together Programme - Commissioner Provider Alliance Agreement](#)
Report to the Adult Social Care and Health Committee

Update on policy and guidance

There have been a number of policies and guidance documents issued which are aimed at health and wellbeing boards. The following is a summary of those which may be of interest to Board members:

STARTING WELL

22. **Breastfeeding in public**

Public Health England has released data from a Star4Life poll which shows that more than a third of [breastfeeding mothers](#) shy away from doing so in public with 21% feeling people do not want them to breastfeed in public. The findings aim to raise awareness of the issue, alongside the launch of new animated short films supporting the campaign for breastfeeding in public. The short films share real life experiences of mothers breastfeeding in public, to help break down the barriers and stigma that prevent many mothers doing so themselves.

23. [Poor Beginnings: health inequalities among young children across England.](#)

The National Children's Bureau

This report is based on information on data published by Public Health England and examines four key measures of young children's health and well-being: obesity, tooth decay, accidental injury and 'school readiness'. The report provides a picture of the health of children under five years old living in England and shows how growing up in different areas of the country has a dramatic effect on their lives. Additional link: [BBC News report](#)

24. [Measuring mental wellbeing in children and young people](#)

Public Health England's Mental Health Intelligence Network

This report shows that raising levels of mental wellbeing influences a child's ability to learn, their resilience to risky behaviours and their physical and mental health in adulthood. Half of all mental health problems emerge before the age of 14 and 1 in 10 children will have a clinically diagnosed mental health problem during their childhood.

25. [Children and young person's mental health service information passport](#)

NHS England has launched a 'passport' style brief of key facts that children and young people using mental health services can use to help them avoid repeating their history and preferences. The aim of the passport is to help the service user to own and communicate their story when moving between different services. A video showing how to use the passport is also available.

Additional link: [Passport templates](#)

26. [Improving mental health outcomes for young people: event highlights](#)

The Kings Fund

With keynote speeches from ministers Alistair Burt and Sam Gyimah, our conference with YoungMinds explored the progress that has been made in transforming mental health services for children and young people. Download presentations and watch highlights from this conference.

27. [Mental health and young people: a GP trainee's perspective](#)

Following the Kings Fund event Preeti Das, a GP trainee at the Fund, shares her thoughts on mental health and young people. She echoes the experts by experience who spoke at the event by calling for providers and commissioners to work together to meet the needs of young people and their families.

28. [Supporting children, young people and families and communities to be safer, healthier and to reduce youth crime](#)

The Departments of Health, Public Health England and the Youth Justice Board
This pathway provides guidance to school nurses and youth justice professionals working with young people who are in the youth justice system or at risk of being involved. It sets out the rationale for effective partnership working and pulls together the core principles to help local areas develop their own local frameworks to support effective working.

29. [Must knows: children's public health transfer](#)

Local Government Association

This briefing outlines key information for local government ahead of the transfer of children's public health duties from the NHS to local councils on 1 October 2015.

LIVING WELL

30. [Smoking and quitting in England](#)

Public Health England

This document provides information on the prevalence of smoking and evidence for what is known to work in promoting cessation at local and national level. It includes information on who smokes the most effective interventions to quit smoking and advice for those responsible for reducing tobacco use. This is the first of a planned series of resources.

Additional link: [PHE press release](#)

31. [Joint statement on E-cigarettes](#)

Public Health England & other UK public health organisations

All organisations agree that e-cigarettes are significantly less harmful than smoking, and that the evidence suggests that the health risks posed by e-cigarettes are relatively small by comparison but studies must continue into the long term effects. The organisations acknowledge that e-cigarettes are the most popular way in which smokers try to quit smoking, rather than using stop smoking services, but that these services remain the most effective way for smokers to quit the habit and remain stopped.

Additional link: [Royal Society for public health press release](#)

32. [Healthy New Towns programme](#)

NHS England

This programme has been described as a 'mouth-watering opportunity for public health' by the President of the British Medical Association. Professor Sir Al Aynsley-Green, the former Children's Commissioner, was speaking at the Health and Care Innovation Expo in Manchester and highlighted the potential the scheme has to help young people. The Healthy New Towns programme aims to put health at the heart of new neighbourhoods and towns across the country.

33. **Physical activity strategy for the WHO European Region 2016–2025**

WHO estimates indicate that, in Europe, more than one third of adults and two thirds of adolescents are insufficiently active. Worldwide, physical inactivity causes 6–10% of cases of coronary heart disease, diabetes and breast and colon cancer and 9% of premature mortality. The aim of this strategy is to inspire governments and stakeholders to work towards increasing levels of physical activity.

34. **£10 million of capital funding for drug and alcohol recovery services**

Public Health England has announced the availability of local authorities and service providers are invited to jointly apply for capital funding to support recovery-focused projects. Applications are open from 8 October until 4 December 2015.

COPING WELL

35. **Dementia-friendly initiatives**

The Joseph Rowntree Foundation has published the following documents relating to dementia:

[How can we make our cities dementia friendly? Sharing the learning from Bradford and York](#) - draws out the key messages from independent evaluations of the Dementia Friendly Communities programmes in York and Bradford.

[Evaluation of the Bradford Dementia Friendly Community Programme](#) - identifies the distinctive features of the Bradford Dementia Friendly Communities programme, and examines how people with dementia can influence what a Dementia Friendly Bradford should be like.

[Evaluation of the York Dementia Friendly Community Programme](#) - identifies the distinctive features of the York Dementia Friendly Communities programme, which promotes a range of innovative projects. It looks at how people with dementia have been involved in shaping the programme.

[Developing a national user movement of people with dementia](#) – learning from the Dementia Engagement and Empowerment Project (DEEP) – describes the growth of DEEP over a three-year period (2012–2015).

[On the journey to becoming a dementia friendly organisation – sharing the learning for employers and organisations](#) – shares the learning from Joseph Rowntree Foundation's Dementia without Walls programme

36. **Dementia, rights, and the social model of disability**

The Mental Health Foundation

This paper describes the social model of disability in relation to dementia, as well as national and international law that is informed by it or that it connects with. It goes on to describe tools that can be used to apply the model through policy, practice, service and community development. A [summary document](#) of the model has also been published by the Foundation.

37. **Peer support for people with dementia: a social return on investment study**

Health Innovation Network South London

The report indicates that the social value of peer support groups for people with dementia is greater than the investment: for every pound (£) of investment the social value created by the three groups evaluated ranged from £1.17 to £5.18. The study found the benefits of attending peer support groups are: reduced isolation and

loneliness through meeting others in a similar situation; increased stimulation; increased wellbeing; and for carers, a reduction in stress and carer burden.

38. [Dementia, disability and frailty in later life – mid-life approaches to delay or prevent onset](#) (NG16)

NICE guidance

This guideline covers mid-life approaches to delay or prevent the onset of dementia, disability and frailty in later life. The guideline aims to increase the amount of time that people can be independent, healthy and active in later life. The guideline includes recommendations on promoting a healthy lifestyle to reduce the risk of or delay the onset of disability, dementia and frailty by helping people to: stop smoking; be more active; reduce their alcohol consumption, improve their diet and, lose weight and maintain a healthy weight if necessary.

39. [Cold Weather Plan for England](#): Protecting health and reducing harm from cold weather
Public Health England

Launched to help prevent the major avoidable effects on health during periods of cold weather in England. The plan includes an evidence summary on planning to protect health in cold weather. It is valid from October 2015 until further notice.

[Stay Well This Winter campaign](#)

Further to the recent publication of the cold weather plan, Public Health England and NHS England have launched the Stay Well This Winter campaign to help people stay well over the winter months. The campaign includes the national flu vaccination programmes for children and adults, as well as advice on how to avoid common illness to people over 65 or those with long-term health conditions, such as diabetes, stroke, heart disease or respiratory illness.

Additional link: [DH press release](#)

40. **Self-Care Week**

NHS staff, patients and carers are being urged to [support and help raise awareness of Self-Care Week](#) next month. The theme for the week, running from 16 to 22 November 2015, is 'Self-Care for Life' and aims to help people understand what they can do to better look after their own health and that of their family, as well as living as healthily as possible. For more information visit the [Self-Care Forum website](#) or email libby.whittaker@selfcareforum.org.

41. **New thinking on mental health**

The Mental Health Foundation has published [A New Way Forward](#). This strategy sets out our case for a fresh emphasis on prevention, including understanding the causation and development of mental health problems, the pattern of risks and prevalence across different individuals and groups.

42. [An alternative guide to mental health care in England](#)

Kings Fund

Launched ahead of World Mental Health Day this is the third in a series of alternative guide animations explores mental health services and how they work alongside other health and public services.

WORKING TOGETHER

43. [How should we think about value in health and care?](#)

The Health Foundation

This paper sets out the case for people taking an active role in their health and care. It identifies evidence-based approaches that engage people and communities, and how tools can be developed to support implementation across the NHS and local communities. The paper also explores the broader behavioural, cultural and systemic changes needed and makes recommendations for how the health and care system can become more person- and community-centred.

44. [Shared principles for redesigning the local health and care landscape](#)

The Local Government Association

This document provides local system leaders, local authorities, health and wellbeing boards, clinical commissioning groups, NHS and care providers and patients and the public with shared principles to ensure that proposals service redesign meet a number of fundamental requirements to ensure they are focused on improving services and improving health and wellbeing outcomes.

45. [Transforming healthcare in England's Core Cities.](#)

NHS Clinical Commissioners

This publication sets out to show how the CCGs in England's Core Cities are taking up the challenge set out in the Five Year Forward View and transforming the way in which healthcare is delivered to the benefit of their local population. Developing new partnerships, ensuring equity of care across diverse populations, improving wellbeing, and finding better ways to provide healthcare services are the key themes of the report.

46. [Measuring the performance of local health systems: a review for the Department of Health](#)

In June 2015, The King's Fund was commissioned by the Department of Health to review how the performance of local health systems could be assessed. Our review looks at how to measure the performance of health services within CCG areas, including how well these services work with social care and public health services.

47. [Shared principles for redesigning the local health and care landscape](#)

This document provides local system leaders - local authorities, health and wellbeing boards, clinical commissioning groups, NHS and care providers and patients and the public - with shared principles to ensure that proposals service redesign meet a number of fundamental requirements to assure themselves, their partners and their communities that proposals are focused on improving services and improving health and wellbeing outcomes.

48. [Bringing together housing and public health: event highlights](#)

The Kings Fund

Presentations and highlights from the recent conference to explore how to facilitate better joint working between health, housing and social care.

HEALTH INEQUALITIES

49. Reducing health inequalities

Public Health England has published two guides aimed at support staff working with people to reduced health inequalities:

[Promoting good quality jobs to reduce health inequalities](#) - this practice resource and summary explain how working conditions affect public health and suggests how local bodies can help create jobs.

[Reducing social isolation across the lifecourse](#) - this resource and summary explain how social isolation affects public health and outline ideas for reducing the problem.

50. [Deprivation in English constituencies, 2015](#)

This paper looks at relative levels of deprivation across constituencies in England, including which constituencies have become more deprived or less deprived relative to other areas. An online tool maps the variation in deprivation levels within individual constituencies.

GENERAL

51. New hospital vanguards announced

NHS England Chief Executive Simon Stevens has announced radical new options for the future of local hospitals across the NHS. The new models being developed by [13 new hospital Vanguards](#) represent the next stage of implementing the [NHS Five Year Forward View](#). The Vanguards involve some of the best-known and best-run hospitals in the country. They will now be extending their geographical reach, stepping up to the challenge of driving efficiency and improvement across the country. Acute Care Collaboration Vanguards are designed to spread excellence in hospital services and management across multiple geographies.

52. [House of Commons Briefing – General Practice in England](#)

This briefing paper provides general background for Members and their staff on NHS primary medical services provided by GPs in England. It gives an overview of commissioning arrangements as well as information on changes to GP contracts and funding.

CONSULTATIONS

53. [Nottinghamshire Wellbeing@Work - Workplace Award Scheme \(Lifestyle baseline survey\)](#) [Closes 31 December 2015](#)

54. [20mph speed limits outside schools](#) [Closes 31 March 2016](#)

Other options considered

55. Alternative proposals for governance were presented to the Board in September 2015.

Reason for recommendation

56. To agree governance arrangements for the Health and Wellbeing Board.

Statutory and Policy Implications

57. This report has been compiled after consideration of implications in respect of crime and disorder, finance, human resources, human rights, the NHS Constitution (Public Health only), the public sector equality duty, safeguarding of children and vulnerable adults, service users, sustainability and the environment and ways of working and where such implications are material they are described below. Appropriate consultation has been undertaken and advice sought on these issues as required.

RECOMMENDATION/S

- 1) That the Board approve the governance arrangements detailed in Appendix 1.

Councillor Joyce Bosnjak
Chairman of Health and Wellbeing Board

For any enquiries about this report please contact:

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Constitutional Comments (SLB 24/11/2015)

57. Health and Wellbeing Board is the appropriate body to consider the content of this report.

Financial Comments

58. There are no financial implications contained within the report.

Background Papers and Published Documents

Except for previously published documents, which will be available elsewhere, the documents listed here will be available for inspection in accordance with Section 100D of the Local Government Act 1972.

- None

Electoral Divisions and Members Affected

- All

**Health &
Wellbeing Board
Governance
October 2015**

