

20 June 2016**Agenda Item: 05****REPORT OF CONSULTANT IN PUBLIC HEALTH****CHILDREN AND YOUNG PEOPLE'S MENTAL HEALTH AND WELLBEING
TRANSFORMATION PLAN****Purpose of the Report**

1. The purpose of this report is to update Committee on the implementation of the Nottinghamshire Children and Young People's Mental Health and Wellbeing Transformation Plan.

Information and Advice**Progress to date**

2. In November 2015, Children and Young People's Committee received an update on the development of a five year transformation plan for children and young people's mental health. The plan was developed as required by NHS England in order to deliver the recommendations from a national taskforce report into children and young people's mental health, *Future in Mind* (March 2015, Department of Health), and to deliver the findings of the Nottinghamshire child and adolescent mental health services (CAMHS) pathway review that was undertaken in 2013/14. To support delivery of the plan, an additional £1.5m of national monies was made available to the six Nottinghamshire clinical commissioning groups in order to fund a community eating disorder service for children and young people, and to build capacity and capability in the workforce, supporting children and young people's emotional and mental health and wellbeing.
3. The plan outlines a range of priority actions to be delivered under the following themes:
 - promoting resilience, prevention and early intervention: acting early to prevent harm, investing in early years and building resilience through to adulthood
 - improving access to effective support – a system without tiers: changing the way services are delivered to be built around the needs of children, young people and families
 - care for the most vulnerable: developing a flexible, integrated system without barriers
 - accountability and transparency: developing clear commissioning arrangements across partners with identified leads
 - developing the workforce: ensuring everyone who works with children, young people and their families is excellent in their practice and delivering evidence based care.

4. A summary of the plan is attached as **Appendix 1**. Implementation of the plan is overseen locally by the multi-agency Children and Young People's Mental Health Executive, which reports through the Children's Trust Board into the Health and Wellbeing Board, as per national requirements. Quarterly monitoring reports are also provided to NHS England who are responsible for assuring delivery against the plan.
5. Key achievements in delivering the plan to date include the following:
 - access to CAMHS is now through a single point of access, thus streamlining the referral process. An options appraisal is currently being undertaken to establish whether access would be further improved by closer working with the Early Help Unit
 - a primary mental health function has been established in order to provide consultation, advice and training to universal services, including schools and GPs. This is intended to ensure that children and young people receive the right support as early as possible, and to improve the interface between CAMHS and universal services. All posts within the team have been recruited to, and the team will become operational this summer once they are all in post
 - additional funding has been released to CAMHS in order to increase capacity within the service. A recruitment plan is in place and a number of posts have already been successfully recruited to. This, along with a series of additional clinics that have been put in place, has resulted in an improvement in waiting times from referral to assessment and referral to treatment. The monitoring of waiting times will continue to be an area of focus through 2016/17 to ensure improvements continue and are sustained
 - CAMHS Tier 2 (District Emotional Health and Wellbeing Teams) and Tier 3 (Specialist Community CAMHS) have been integrated and now form the ONE Community CAMHS Service. The team operates across the same three localities as the Local Authority's social care and family services, thus facilitating easier joint working and alignment of services
 - a pilot Crisis and Intensive Home Treatment Service for young people in mental health crisis was established in January 2016. The service is now fully staffed and has been offering crisis assessments in the community and in acute hospital settings, in-reach support to acute hospital and tier 4 (inpatient mental health) settings, and intensive home treatment to those young people deteriorating into crisis. Stakeholder feedback has been extremely positive in the first quarter. This particularly relates to the weekend provision the service offers, which includes shared care for young people supported by the Community Eating Disorder Service who require input around mealtimes, and young people supported by the looked after children team whose needs escalate over the weekend period
 - a specialist therapeutic service for children and young people who have experienced sexual abuse and/or exploitation has been commissioned, with the service due to be in place from July 2016.

6. Priorities within the plan for 2016/17 include focussing on the early intervention strand of *Future in Mind*:
- commissioning an online counselling service
 - implementation of programmes to develop academic resilience in schools
 - implementation of the young people's health website and schools health hub
 - development of a multi-agency workforce development offer in relation to emotional and mental health
 - implementation of the recommendations from the health needs assessment into looked after children and care leavers, which will incorporate recommendations into mental health provision
 - implementation of the performance framework for children and young people's mental health.

Future Developments

7. It is likely that further national requirements will follow in relation to children and young people's mental health, as indicated in the national document, the *Five Year Forward View for Mental Health*. This will include the development of access and waiting time standards for CAMHS, with a particular focus on crisis provision. Going forwards, the children and young people's mental health transformation plan will become part of the sustainability and transformation plan (STP) for Nottinghamshire. This is intended to ensure that the ongoing improvement of services in support of children and young people's mental health is prioritised.

Other Options Considered

8. This report is for noting only.

Reason/s for Recommendation/s

9. This report is for noting only.

Statutory and Policy Implications

10. This report has been compiled after consideration of implications in respect of crime and disorder, finance, human resources, human rights, the NHS Constitution (public health services), the public sector equality duty, safeguarding of children and adults at risk, service users, sustainability and the environment and ways of working and where such implications are material they are described below. Appropriate consultation has been undertaken and advice sought on these issues as required.

Implications for Service Users

11. The transformation plan will improve outcomes for children and young people experiencing mental health difficulties.

RECOMMENDATION/S

- 1) That the progress in implementing the Children and Young People's Mental Health Transformation Plan be noted.

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Constitutional Comments

12. As this report is for noting only, no Constitutional Comments are required.

Financial Comments (SS 31/05/16)

13. There are no financial implications arising directly from this report.

Background Papers and Published Documents

Except for previously published documents, which will be available elsewhere, the documents listed here will be available for inspection in accordance with Section 100D of the Local Government Act 1972.

Nottinghamshire Children and Young People's Mental Health Strategy 2015-2020

Children and Young People's Mental Health and Wellbeing Transformation Plan – report to Children and Young People's Committee on 16 November 2015

Future in Mind - Department of Health, March 2015.

https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/414024/Childrens_Mental_Health.pdf

Five Year Forward View for Mental Health.

Electoral Division(s) and Member(s) Affected

All.

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