

ONS Health Index 2015-2020

Summary of main results for
Nottinghamshire County and lower-tier authorities

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ONS Health Index

- The Health Index for England is a new measure of the health of the nation. It uses a broad definition of health, including:
 - health outcomes
 - health-related behaviours and personal circumstances
 - wider drivers of health that relate to the places where people live
- The Health Index provides a single value for health that can show how health changes over time

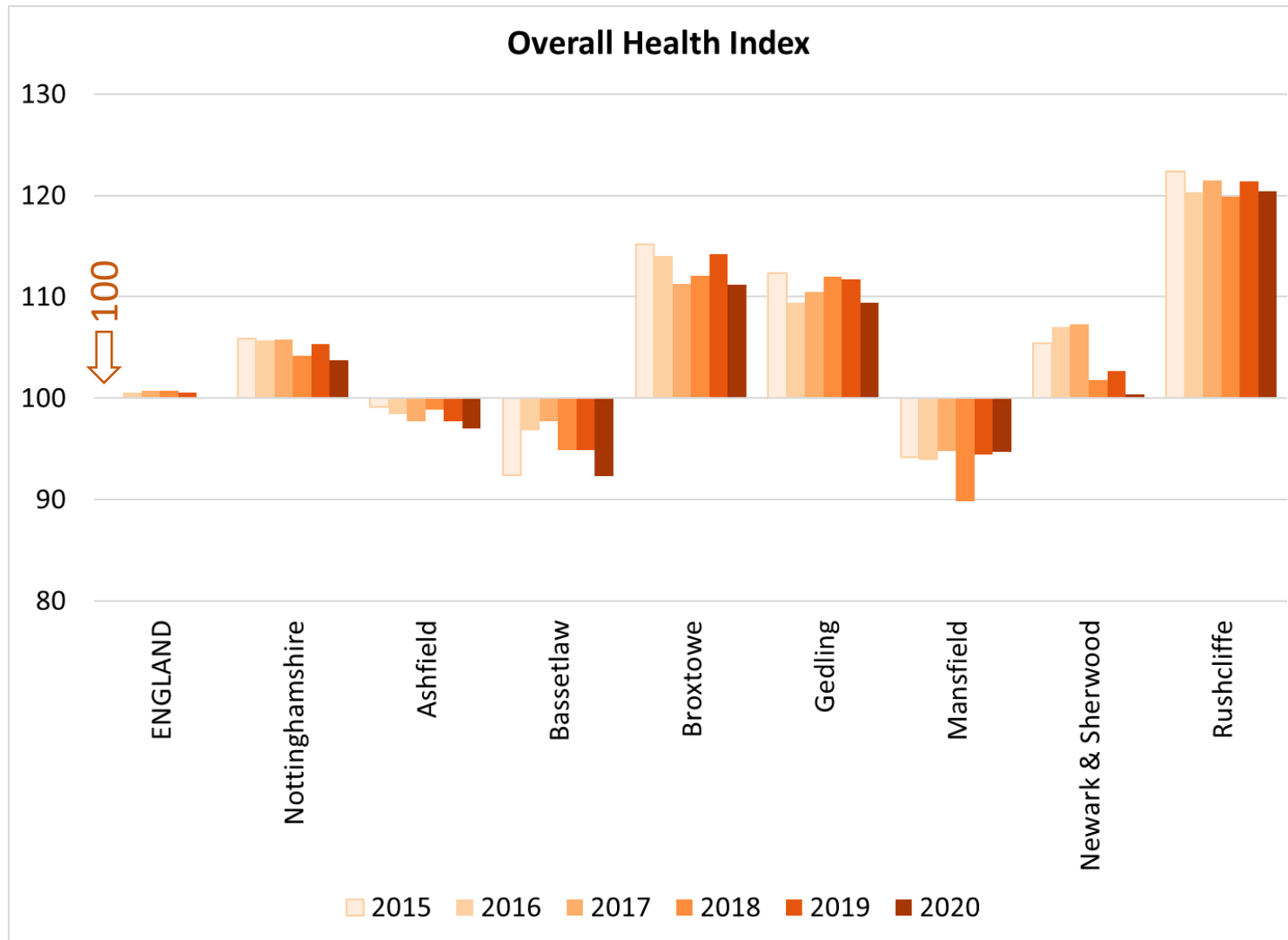
ONS Health Index Domains

- The overall Health Index score can be broken down into three areas of health, known as domains, which are:
 - Healthy People
 - Healthy Lives
 - Healthy Places
- Each of these is formed by groups of indicators, usually government that can be tracked over time.
- The latest release includes data from 2015 to 2020

ONS Health Index

- The score for the overall index and the domains are scaled so that England in 2015 = 100.
- Higher scores always mean better health and lower scores worse health
- This allows comparison over time and between England and local authorities
- Health is measured at local authority, regional and national levels

Results Overall Health Index



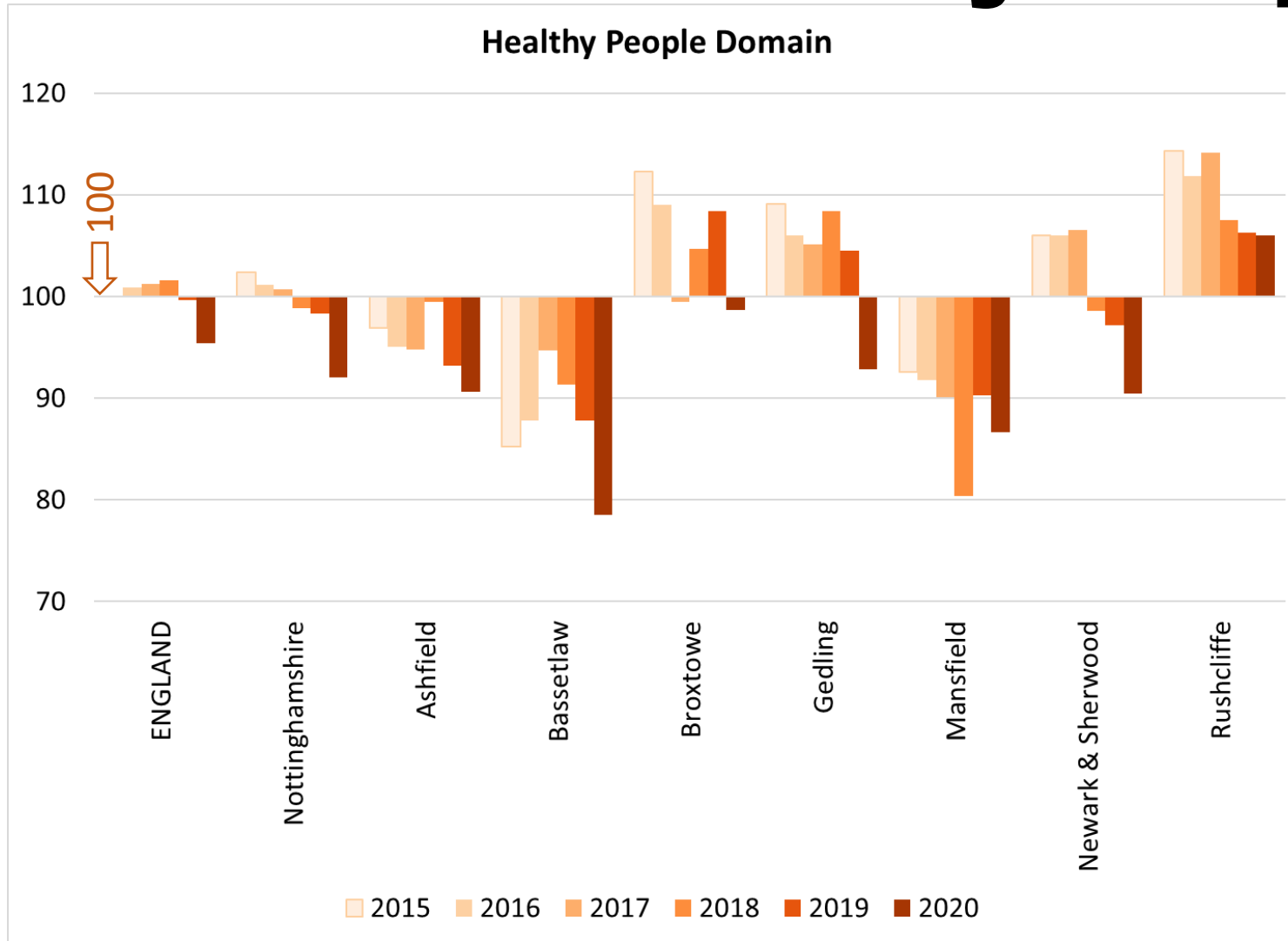
Nottinghamshire

- Nottinghamshire had better health than England for all years
- The Health Index was highest in 2015 and worst in 2020

Districts & Boroughs

- Health in Broxtowe, Gedling and Rushcliffe was better than Nottinghamshire in all years
- Health in Newark and Sherwood was better than England in all years
- Health in all local authorities declined between 2019 and 2020 apart from Mansfield, which experienced its best health index in 2020

Results Healthy People Domain



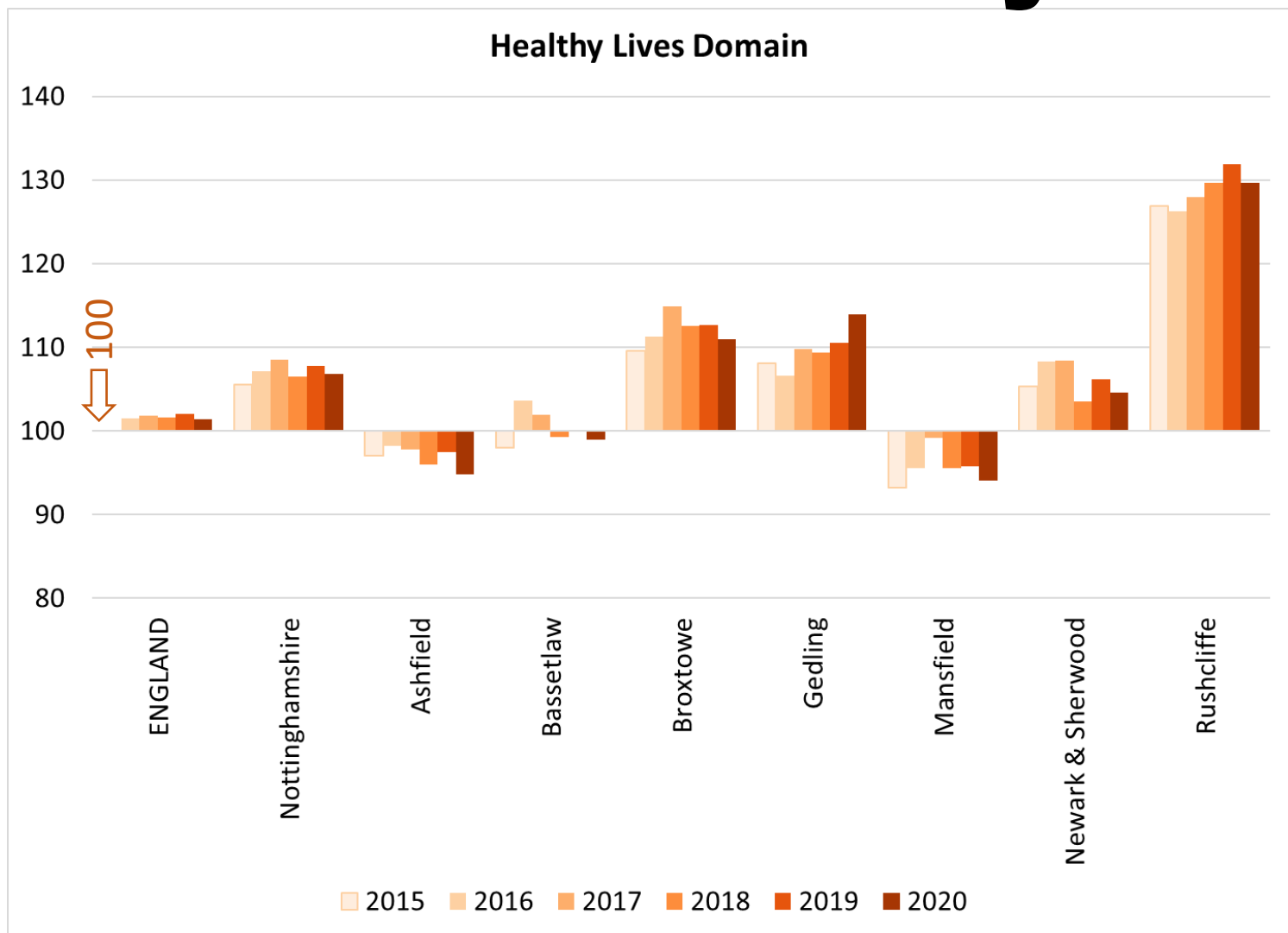
Nottinghamshire

- The Index for Healthy People declined (got worse) each year from 2015 to 2020.

Districts & Boroughs

- There are not many consistent patterns over time.
- No authorities improved their score in 2020 compared to 2019
- The Healthy People domain scores declined for one year or more before 2020 in Ashfield, Bassetlaw, Gedling, Newark & Sherwood and Rushcliffe. This might suggest that COVID exacerbated existing issues.

Results Healthy Lives Domain



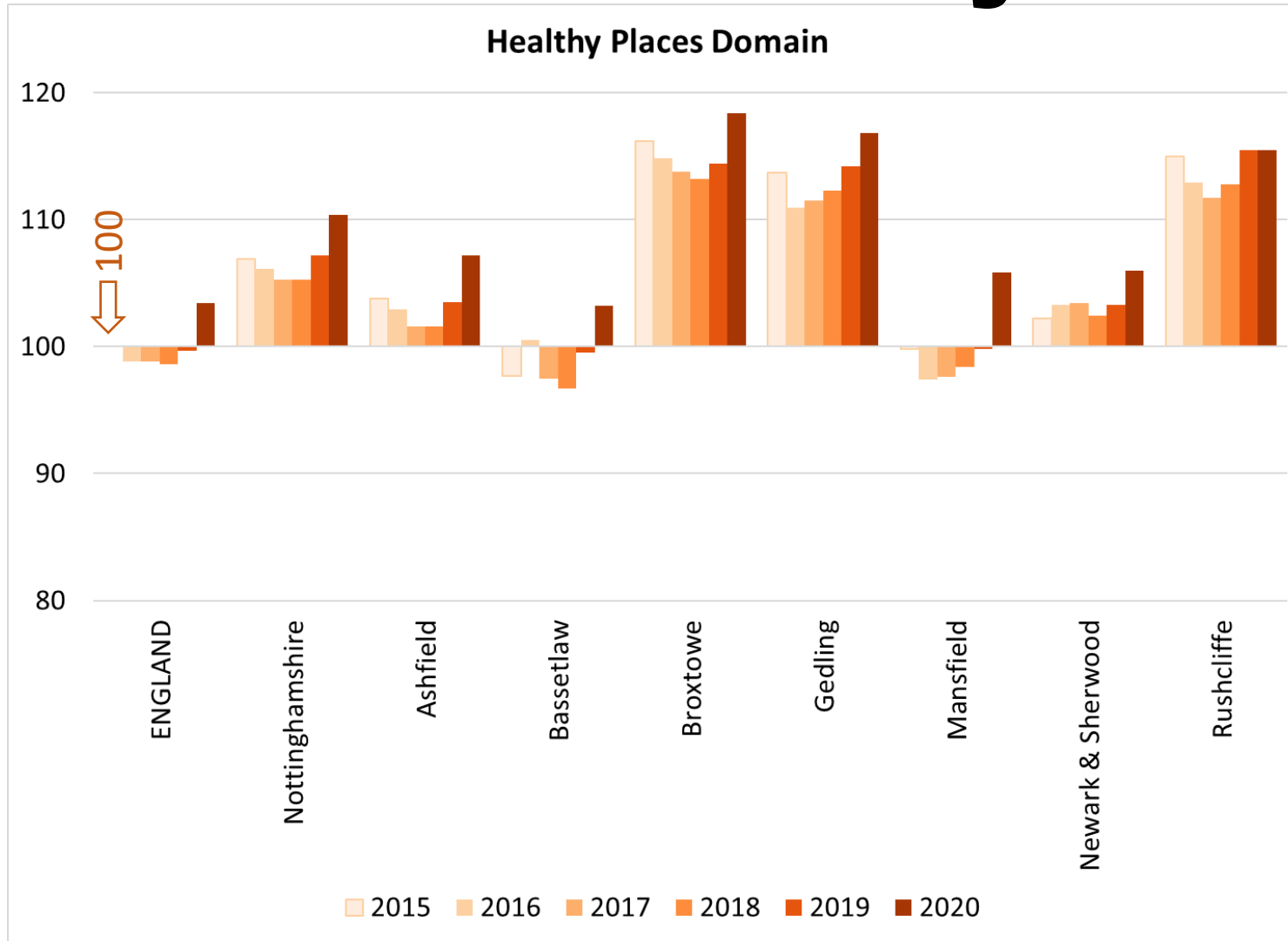
Nottinghamshire

- The index for Healthy Lives was consistently better than England with no obvious trend over time.

Districts & Boroughs

- Pre-COVID (2020) Broxtowe, Gedling and Rushcliffe appeared to have improving Healthy Lives scores
- All authorities had a worse score in 2020 compared to 2019, apart from Gedling, where the Healthy Lives index improved.

Results Healthy Places Domain



Nottinghamshire

- Nottinghamshire Healthy Places Index was consistently better than England
- The index for healthy places improved in 2019 and also 2020, which was the highest score

Districts & Boroughs

- All authorities had the highest index score in 2020 for this domain
- All authorities had a better score than England in 2020
- This is the only domain for which Rushcliffe is not an obvious high outlier

ONS Health Index Domains

Groups of indicators that form each health index domain

Healthy people

- difficulties in daily life
- mental health
- mortality
- personal well-being
- physical health conditions

Healthy Lives

- behavioural risk factors
- children and young people
- physiological risk factors
- protective measures

Healthy Living

- access to green space
- access to services
- crime
- economic and working conditions
- living conditions

Further details can be found at

[Health Index contents and definitions - Office for National Statistics](#)