



Remember, if you have any concerns or questions about your medicines you can talk to a pharmacist or a GP

ANY QUESTIONS? CONTACT

Your local pharmacist or your GP

Your

NHS



Needs

Your

HELP!

Wasted medicines cost your local NHS over a million pounds a year









Before you order your repeat **medicines**...

Talk

...to your pharmacist about your repeat medicines

Think

...What do I need this month? Will I take it?

Reorder

...only when you are happy that you really need more

Ask

...your pharmacist about a medicines use review and the new medicines service

DON'T JUST TICK THE BOX []

Once you leave the premises, unopened medicines that are returned cannot be re-issued and have to be destroyed. Check your medicines before leaving.

Top Tips to avoid wasted medicines...

If you don't need the medicine, please don't order it. If you need the medicine in the future you can still request it.

If someone else orders or collects your prescription for you make sure they know just what you need.

You can choose to order your own prescriptions when you need them. Pharmacies don't have to order for you. Talk to your GP surgery about online ordering.





Many people think that if they do not order their medication every month it will be removed from their repeat prescriton - this is not true.

Some medications are prescribed 'as needed', therefore you may not need to order them every month.

