

**Report to Adult Social Care and Public Health Committee**

**PROGRESS WITH PUBLIC HEALTH COMMISSIONED SERVICES:**

**OBESITY PREVENTION AND WEIGHT MANAGEMENT SERVICES**

**Appendix 1**

**Weight Management Service locations and timetable**

**Ashfield**

Session	Day	Time	Venue
Adult Weight Management (group)	Wednesday Thursday	13:00-15:00 13:00-14.30 18:00–19:30	Ashfield Health and Wellbeing Village, NG17 7AE Ashfield Play Forum, NG17 1AN Sutton Academy, NG17 1EE
New Weightwatchers New slimming world	Multiple Multiple	Multiple Multiple	<a href="https://www.weightwatchers.com/uk/find-a-meeting">https://www.weightwatchers.com/uk/find-a-meeting</a> <a href="http://www.slimmingworld.co.uk/joining-a-group/nearest-group.aspx?">http://www.slimmingworld.co.uk/joining-a-group/nearest-group.aspx?</a>
Adult Weight Management (1-1)	Tuesday	09:00-12:00	Ashfield Health and Wellbeing Village, NG17 7AE
Jump Avenue (family programme)	Monday	16:00-18:00	Hucknall Leisure centre, Linby Road, NG15 7TX
Maternity group/ 1-1 sessions	Last Friday of the month	12:00-17.00	Kirkby Children's centre, Pavilion Road, NG17 7LL

**Bassetlaw**

Session	Day	Time	Venue
Adult Weight Management (group)	Wednesday	14:30-16:00 18:00-19:30 Multiple	Kilton Forest Community Centre, S81 0DA The Crossing Church and Community Centre, S81 2AT
New Weightwatchers New slimming world	Multiple Multiple	Multiple	<a href="https://www.weightwatchers.com/uk/find-a-meeting/">https://www.weightwatchers.com/uk/find-a-meeting/</a>

			<a href="http://www.slimmingworld.co.uk/joining-a-group/nearest-group.aspx?">http://www.slimmingworld.co.uk/joining-a-group/nearest-group.aspx?</a>
Adult Weight Management (1-1)	Tuesday	14:00-17:00	Retford Leisure Centre, DN22 7EA
	Thursday	09:00-12:00 10:30-12:00	Westwood surgery, S80 2TR Kilton Forest Community Centre S81 0DA
Child Weight Management	Wednesday	17:00-18:00	The Crossing Church and Community Centre, S81 2AT
Maintenance group	Last Wednesday of the month	13:30-14:30	Kilton Forest Community Centre, S81 0DA
		17:00-18:00	The Crossing Church and Community Centre, S81 2AT
Maternity group	Monthly	14:00- 15:00	Kilton Sure Start Centre, S81 0DW

### Broxtowe

Session	Day	Time	Venue
Adult Weight Management (group)	Monday	10:00-11:30	Greasley Sport and Community Centre, NG16 3QN
	Tuesday	18.00-19.30	Middle Street Resource Centre, NG9 2AR
New Weightwatchers	Multiple	Multiple	<a href="https://www.weightwatchers.com/uk/find-a-meeting">https://www.weightwatchers.com/uk/find-a-meeting</a>
New slimming world	Multiple	Multiple	<a href="http://www.slimmingworld.co.uk/joining-a-group/nearest-group.aspx?">http://www.slimmingworld.co.uk/joining-a-group/nearest-group.aspx?</a>
Adult Weight Management (1-1)	Monday	12:00-14:30	Greasley Sport and Community Centre, NG16 3QN
	Tuesday	15:00-17:30	Middle Street Resource Centre, NG9 2AR
Jump Avenue (family programme)	varied	Morning & afternoon available	Varied across Broxtowe
Maternity group/ 1-1 sessions	Tuesday /Friday	AM/PM available	Middle street Resource Centre & Greasley Sport and Community Centre

## Gedling

Session	Day	Time	Venue
Adult Weight Management (group)	Wednesdays	19:00-20:30	Killisick Community Centre, NG5 8BY
	Thursdays	14:00-16:00	Westdale Lane Community Centre, NG3 6ES
New Weightwatchers	Multiple	Multiple	<a href="https://www.weightwatchers.com/uk/find-a-meeting">https://www.weightwatchers.com/uk/find-a-meeting</a>
New slimming world	Multiple	Multiple	<a href="http://www.slimmingworld.co.uk/joining-a-group/nearest-group.aspx?">http://www.slimmingworld.co.uk/joining-a-group/nearest-group.aspx?</a>
Adult Weight Management (1-1)	Mondays	12:00-16:00	St Georges Community Centre, NG4 2NN
Jump Avenue (family programme)	Mondays	16:00-17:00	St Georges Community Centre, NG4 2NN
Maternity group	Friday	13:00-16:00	Netherfield Children Centre, NG4 2HU
	Tuesday	10:00-12:00	Arnbrook Children Centre, NG5 8NE
Walking group	Alternate Fridays	10:00-1:00	Gedling Country Park, Spring Lane
Stronger Seniors			Coming end of 2017

## Mansfield

Session	Day	Time	Venue
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Adult Weight Management (group)	Tuesday	15:00-16:30 and 18:00-19:30	St Johns Centre, St Johns Street, Mansfield, NG18 1QH
New Weightwatchers	Wednesday	13:30-15:00	St Johns Centre, St Johns Street, Mansfield, NG18 1QH
New slimming world	Multiple	Multiple	<a href="https://www.weightwatchers.com/uk/find-a-meeting">https://www.weightwatchers.com/uk/find-a-meeting</a>
	Multiple	Multiple	<a href="http://www.slimmingworld.co.uk/joining-a-group/nearest-group.aspx?">http://www.slimmingworld.co.uk/joining-a-group/nearest-group.aspx?</a>
Adult Weight Management (1-1)	Friday	09:00-12:00	Rosemary Street Medical Practice, NG19 6AB
Child Weight Management	Wednesday	16:00-17:00	St Johns Centre, St Johns Street, Mansfield, NG18 1QH
Maternity group	Tuesday	16:30-17:30	St Johns Centre, St Johns Street, Mansfield, NG18 1QH
Walking group	Thursday	10:00-11:00	Various

### Newark & Sherwood

Session	Day	Time	Venue
Adult Weight Management (group)	Friday	10.45-12.15	Newark Sports and Fitness Centre, Bowbridge Road, Newark, NG24 4DH
New Weightwatchers	Monday	18:00-19:30	Newark Academy, Balderton, NG24 3AL
New slimming world	Multiple	Multiple	<a href="https://www.weightwatchers.com/uk/find-a-meeting">https://www.weightwatchers.com/uk/find-a-meeting</a>
	Multiple	Multiple	<a href="http://www.slimmingworld.co.uk/joining-a-group/nearest-group.aspx?">http://www.slimmingworld.co.uk/joining-a-group/nearest-group.aspx?</a>
Adult Weight Management (1-1)	Monday	13:00-16:00	Newark Hospital, Boundary Road, NG24 4DE
	Thursday	14.00-16.00	Life Spring Centre, Sherwood Drive, New Ollerton, NG22 9PP
Child Weight Management	Thursday	16:00-17.00	Life Springs Centre, Sherwood Drive, New Ollerton NG22 9PP
Jump Avenue (family programme)	Monday	16.00-17.00	Lover Lane Primary School, Warburton Street, Newark, NG24 1LT

Maternity group/ 1-1 sessions	Friday	10:30-11:30	Newark Sports and Fitness Centre, Bowbridge Road, Newark, NG24 4DH
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### Rushcliffe

Session	Day	Time	Venue
Adult Weight Management (group)	Monday Wednesday	10.15-12.00 15:00-17:00	Keyworth Village hall, NG12 5AN All Hallows Hall, West Bridgeford NG2 5BP
New Weightwatchers	Multiple	Multiple	<a href="https://www.weightwatchers.com/uk/find-a-meeting">https://www.weightwatchers.com/uk/find-a-meeting</a>
New slimming world	Multiple	Multiple	<a href="http://www.slimmingworld.co.uk/joining-a-group/nearest-group.aspx?">http://www.slimmingworld.co.uk/joining-a-group/nearest-group.aspx?</a>
Adult Weight Management (1-1)	Wednesday	15:00-18:30	All Hallows Hall, West Bridgeford NG2 5BP
Jump Avenue (family programme)	Tuesday	16:00-17:00	TBC
Maintenance group	Last Monday of the month	12:00-13:00	Keyworth Village hall, NG12 5AN
Maternity group	Monday	12:00-13:00	Keyworth Village hall, NG12 5AN