

REPORT OF DIRECTOR OF PUBLIC HEALTH

DEMENTIA CARE IN NOTTINGHAMSHIRE – UPDATE REPORT

Purpose of the Report

1. That the Board supports the development of a **Framework for Action** to improve services for people with dementia and their carers, in line with NHS England's Well Pathway and associated metrics in the Public Health Outcomes Framework Dementia Profile (Appendix 1).
2. That Board members continue to promote Dementia Friends and Dementia Friendly Communities within their organisations/local area.
3. That the plan is presented to the Board in May 2016 (noting Dementia Awareness Week 15-22 May).

Information and Advice

4. Dementia is a priority nationally and in Nottinghamshire. A new "Prime Minister's Challenge, 2020" was published in February 2015, which sets the agenda for the next 5 years. This report:
 - Summarises these new priorities for CCGs and Health and Wellbeing Boards
 - Reports on progress to address these so far
 - Sets out next steps to improve the commissioning and provision of services so that more people with dementia receive a timely diagnosis and appropriate post-diagnostic support.

Why is dementia a priority for Nottinghamshire?

5. Dementia is one of the main causes of disability in later life and the number of people with dementia is rising yearly as the population ages. Dementia can affect people of any age but is most common in older people, particularly those aged over 65 years. Overall 5% of people over 65 may have dementia. The most common type of dementia is Alzheimer's disease (62%) followed by Vascular dementia (17%). A further 10% of people have a combination of Alzheimer's and Vascular dementia and the remaining 11% have more rare forms of the disease.
6. The number of people aged over 65 living with dementia in Nottinghamshire is predicted to rise from 11,022 in 2015 to 12,781 in 2020. This represents a 15.9% increase over 5 years. Nottinghamshire CCGs have now achieved the expected national level of

diagnosis and significant progress has been made to achieve the objectives of the “National Dementia Strategy” (2009) and the “Prime Minister’s Challenge” (2012). These are summarised in Appendix 2.

Summary of Priorities

7. The “Prime Minister’s Challenge, 2020” was published in February 2015, and sets an agenda for the next 5 years. The key aspirations are summarised below.
 - Improved public awareness of the risk factors for dementia and the launch of a new Healthy Ageing campaign
 - Access to diagnosis with an initial assessment within 6 weeks
 - GPs’ role in co-ordinating care via a named GP
 - Meaningful care after diagnosis, for example, good information about local services, support for carers, respite, education and training
 - Education and training for NHS and social care staff and the new ‘Care Certificate’ for unqualified care and support workers
 - Hospitals and care homes to become ‘dementia friendly’
 - Dementia Friends and Dementia Friendly Communities campaign to continue, including the business and commercial sector
 - National and local government to encourage all organisations to become dementia friendly
 - Increase in dementia research funding.
8. NHS Planning Guidance 2016/17 – 2020/21 reinforces these goals, specifically:
 - Measurable improvement on all areas of Prime Minister’s challenge on dementia 2020, including:
 - maintain a diagnosis rate of at least two thirds;
 - Improve quality of post-diagnosis treatment and support for people with dementia and their carers.
9. In order to develop a response to the Prime Minister’s Challenge the Health and Wellbeing Board held a [Dementia Stakeholder Event](#) on 24 November, chaired by Councillor Muriel Weisz. The feedback from this event, together with information gathered from people with dementia and their carers and the findings of a survey being conducted by Healthwatch, will be used to develop a new County-wide Framework for Action for dementia.
10. As part of this plan, members of the Health and Wellbeing Board are being asked to continue to promote Dementia Friends and Dementia Friendly Communities within their organisations and local areas.

Other Options Considered

11. None

Reasons for Recommendations

12. It is particularly important to meet the challenge of dementia in a time of financial difficulty. The recommendation is therefore to develop an overarching **Framework for Action** for Nottinghamshire which:
- Identifies dementia as a particularly important priority for better integrated between health and social care services, and between statutory and voluntary sector services
 - Shares local plans, good practice, new ideas and evidence-based interventions
 - Ensures equitable access to services in different areas
 - Maintains investment in dementia services and identifies no-cost/low-cost solutions

Statutory and Policy Implications

13. This report has been compiled after consideration of implications in respect of crime and disorder, finance, human resources, human rights, the NHS Constitution (Public Health only), the public sector equality duty, safeguarding of children and vulnerable adults, service users, sustainability and the environment and ways of working and where such implications are material they are described below. Appropriate consultation has been undertaken and advice sought on these issues as required.

Financial Implications

14. It is particularly important to meet the challenge of dementia in a time of financial difficulty. The recommendation is therefore to develop an overarching **Framework for Action** for Nottinghamshire which maintains investment in dementia services and identifies no-cost/low-cost solutions.

Implications for Service Users

15. To ensure that people with dementia and their carers are supported to live well with dementia by ensuring that services work together and continue to raise awareness

RECOMMENDATIONS

1. That the Board supports the development of a **Framework for Action** to improve services for people with dementia and their carers, in line with NHS England's Well Pathway and associated metrics in the Public Health Outcomes Framework Dementia Profile (Appendix 1).
2. That Board members continue to promote Dementia Friends and Dementia Friendly Communities within their organisations/local area.
3. That the plan is presented to the Board in May 2016.

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Constitutional Comments (SMG 04/02/2016)

16. The proposals set out in this report fall within the remit of the Board.

Financial Comments (KAS 04/02/16)

17. The financial implications are contained within paragraph 14 of the report.

Background Papers and Published Documents

Except for previously published documents, which will be available elsewhere, the documents listed here will be available for inspection in accordance with Section 100D of the Local Government Act 1972.

- Dementia Health Outcomes report presented to the Board April 2011
- [Prime Minister's Challenge 2020](#)
- [Dementia Stakeholder Event](#)

Electoral Divisions and Members Affected

All

The Well Pathway for Dementia (NHS England)

NHS ENGLAND TRANSFORMATION FRAMEWORK – THE WELL PATHWAY FOR DEMENTIA				
PREVENTING WELL	DIAGNOSING WELL	LIVING WELL	SUPPORTED WELL	DYING WELL
 <p>Risk of people developing dementia is minimised</p> <p>"I was given information about reducing my personal risk of getting dementia"</p> <p>STANDARDS: Prevention⁽¹⁾ Risk Reduction⁽²⁾</p>	 <p>Timely diagnosis, integrated care plan, and review within first year</p> <p>"I was diagnosed in a timely way" "I am able to make decisions and know what to do to help myself and who else can help"</p> <p>STANDARDS: Diagnosis⁽³⁾⁽⁴⁾ Memory Assessment⁽¹⁾⁽²⁾ Concerns Discussed⁽⁵⁾ Investigation⁽⁴⁾ Provide Information⁽⁴⁾ Care Plan⁽²⁾</p>	 <p>People with dementia can live normally in safe and accepting communities</p> <p>"Those around me and looking after me are supported" "I feel included as part of society"</p> <p>STANDARDS: Integrated Services⁽¹⁾⁽³⁾⁽⁵⁾ Supporting Carers⁽²⁾⁽⁴⁾⁽⁵⁾ Carers Respite⁽⁷⁾ Co-ordinated Care⁽¹⁾⁽⁵⁾ Promote Independence⁽¹⁾⁽⁴⁾ Relationships⁽³⁾ Leisure⁽⁷⁾ Safe Communities⁽³⁾⁽⁵⁾</p>	 <p>Access to safe high quality health & social care for people with dementia and carers</p> <p>"I am treated with dignity & respect" "I get treatment and support, which are best for my dementia and my life"</p> <p>STANDARDS: Choice⁽³⁾⁽⁵⁾⁽⁶⁾ BPSD⁽¹⁾⁽²⁾ Liaison⁽²⁾ Advocates⁽⁷⁾ Housing⁽⁷⁾ Hospital Treatments⁽⁴⁾ Technology⁽⁵⁾ Health & Social Services⁽³⁾</p>	 <p>People living with dementia die with dignity in the place of their choosing</p> <p>"I am confident my end of life wishes will be respected" "I can expect a good death"</p> <p>STANDARDS: Palliative care and pain⁽¹⁾⁽³⁾ End of Life⁽⁴⁾ Preferred Place of Death⁽¹⁾</p>

References

1. NICE Guidelines (various)
2. NICE Quality Standard 2010: Dementia: support in health and social care
3. NICE Quality Standard 2013: Dementia: independence and wellbeing
4. NICE Dementia pathway
5. Organisation for Economic co-operation and Development (OECD) Dementia Pathway
6. BPSD – Behavioural and Psychological Symptoms of dementia

Link to [Public Health Outcomes Framework Dementia Profile](#)

Progress on National and Local Strategies

1. Local strategies were developed in response to the national strategies on dementia; “Living well with Dementia: A National Dementia Strategy” 2009-14 and “The Prime Minister’s Challenge” 2012. These laid out the priorities for dementia care across England as;
 - Improved public and professional awareness and understanding of dementia
 - Earlier diagnosis and intervention (67% (two thirds) of people predicted to have dementia to have a formal diagnosis by March 2015
 - A higher quality of care for people living with dementia and their carers
 - Appropriate use of anti-psychotic medication for behavioural problems in people with dementia
 - Driving improvements in health and care
 - Creating dementia friendly communities that understand how to help
 - Better research
2. What has been achieved so far?
 - **Improved public and professional awareness and understanding of dementia**
 - Run awareness raising and publicity events
 - Provided e-learning for all social care staff
 - Provided training for appropriate health and social care staff
 - Revised GP referral guidelines
 - Held learning events for GPs and primary care staff
 - Promoted Public Health England’s Dementia Friends campaign
 - Introduced more easily accessible information through:
 - the NCC website, ‘Nottinghamshire Help Yourself’
 - ‘Reading about Dementia’ service available through local libraries
 - **Earlier diagnosis and intervention**
 - Implemented new localised Memory Assessment Service (MAS)
 - Commissioned additional social support services for people who are newly diagnosed provided by the Alzheimer’s Society
 - Commissioned a county-wide Intensive Recovery Intervention Service (IRIS) to provide care and treatment for people with moderate to severe dementia
 - Supported the use of assistive technology and specifically “Just Checking”
 - **A higher quality of care for people living with dementia and their carers**
 - In Hospitals
 - Identified lead clinicians and developed staff training programmes
 - Developed Rapid Response Liaison Teams in NUH and Sherwood Forest Hospitals to give advice and support to people with dementia and other mental health problems in general hospitals
 - Supported a specialist mental health and medical crises ward (QMC)
 - In Care Homes
 - Developed and provided staff training, including awareness, person centred-care and end of life issues;

- Commissioned a specialist Dementia Outreach Service county-wide
 - Established dementia specific quality standards and introduced the Dementia Quality Mark
- In the Community
 - Improved access to Personal Budgets for people with dementia following a joint project with the Alzheimer's Society
 - Introduced specialist assessment beds for people with dementia and/or mental health problems in the south of the county.
- **Appropriate use of anti-psychotic medication** - GPs review people with dementia on anti-psychotic medication to reduce or stop this where appropriate.
- **Carers**
 - Introduced a new type of support worker for carers, Compass workers, to work with the specialist dementia services to support carers of people with moderate to severe dementia.
 - Supported the development of a web site for carers: <http://www.dementiacarer.net/>
 - Launch of Nottinghamshire Carers Hub