

Appendix 2: Action plan for PHOF indicators of concern, where Public Health has high level of influence in changing outcomes

| Identified PHOF Indicator | PHOF Status compared to England / trend direction | Actions undertaken / progress in Q1 & Q2 2019/20 | Forward plan of planned actions 2019/20 |
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| 1.02 School readiness | WORSE / Improving | Agreement reached with Clinical Commissioning Group to review interface between specialist Speech and Language Therapy (SLT) and children's centre SLT in Q4 2019/20 and Q1 2020/21 Supporting re-procurement of children's centre SLT by writing new service specification Criteria for 3 year targeted review agreed with Healthy Families Programme provider 1001 days Joint Strategic Needs Assessment signed off by Health and Wellbeing Board Children & Young People committee approval to develop NCC Best Start Strategy and Best Start Board to oversee and co-ordinate a partnership approach to school readiness: Strategy will be cross departmental (Public Health and Children's) Ongoing contract extension negotiations for Healthy Families Programme Implementation of Ages and Stages Questionnaires Third Edition (ASQ-3) Social and emotional as part of mandated reviews ages 0-2 | Review interface between specialist Speech and Language Therapy (SLT) and children's centre SLT in Q4 2019/20 and Q1 2020/21 Continue to contribute to children's centre project board to maintain Public Health focus Support procurement process for Children's Centres SLT provision Implement targeted 3 year review for children not achieving good level of development at 2 years Health & Wellbeing Board Best Start workshop planned for February 2020 Implement revised prei-natal care pathway with support from Local Maternity System Commence contract extension of Healthy Families Programme April 2020-March 2024 Increase referrals for evidence based parenting programmes and level one interventions provided by children's centres Formalise recording of assessment of parent/child interaction within children & young people clinical records Formalise care model for mandated reviews ensuring ante-natal to one year review are delivered by qualified Health Visitor |
| 1.04 First time entrants to the youth justice system | WORSE / Improving | The reported rate of first time entrants (FTE) to the youth justice system(YJS) on Public Heath Outcomes Framework (PHOF) has been decreasing but not keeping pace with the England and East Mids decrease (237). There is a discrepancy with the data held by Youth Justice and data reported on PHOF. Youth Justice -More recent data shows that 2018/19 Nottinghamshire YJS had 251 FTE's which was a fall of 22% upon the previous year and falls below the national average. The focus on reducing FTEs within YJS is believed to be partly responsible for this decline and there continues to be a strong focus on closer working with the police to enable Nottinghamshire to provide YJ interventions to young people prior to them entering the criminal justice system. | Monitored and reviewed by Nottinghamshire Youth Justice Board. •YJ to work with the police and others to offer crime prevention/diversionary intervention at the earliest opportunity. •YJ to continue to target crime prevention resources; areas of concern (ASB) are prioritised as part of detached outreach work. •To quality assure the out of court disposals assessment/decision making processes to ensure that outcomes are proportionate and there is a consistent approach to decision making. The work also forms part of the Violence Reduction Unit (VRU). Public Health have provided £120K to deliver diversionary activities. Public Health and Early Help to review the numbers as there seems to be discrepancies, leading to a difference in reporting. |
| 1.06ii Adults in contact with secondary mental health services who live in stable and appropriate | WORSE / No change or trend | Supported accommodation hostel and move on for single homeless people contract with Framework live since Oct 2018 Completed a Joint Strategic Needs Assessment on Health and Housing making strategic recommendations to how partner organisation plan for and commission service to meet the needs of homeless people | Utilise the option to extend the Framework contract until March 2021 Review the provision of supported accommodation for single homeless people in light of the recommendations in the Health and Homeless Joint Strategic Needs Assessment Commence the process for re-commissioning Public Health's investment in homelessness |
| 1.08ii Gap in the employment rate between those with a learning disability and the overall employment rate | WORSE / No change or trend | The Corporate Director for Adult Social Care and Health is leading a project to improve the Council's performance with regard to employment opportunities for people with disabilities and long-term health conditions. This work involves colleagues from Public Health, Children and Families' services and the Place department. There are a number of workstreams including economic development and working with potential employers, and promoting the Council as a good employer, which will also include the organisations that provide services on behalf of the Council. The I-work team and the Notts Enabling Service have continued to work with people with disabilities to increase independence wherever possible, and to prepare and support people with opportunities for paid and voluntary work. With regard to the redevelopment of the County Horticulture Service, work continues to make improvements to the site, including redesign of the employment hub to improve the commercial elements at Brooke Farm and increase employment readiness for paid outcomes outside of the hub for people with disabilities. | See adjacent |
| 1.08iii - Gap in the employment rate for those in contact with secondary mental health services and the overall employment rate | WORSE / No change or trend | Public Health have now completed a rapid review of the evidence base with the Individual Placement Support (IPS) service the intervention with the greatest evidence base for this cohort. Finances have now been secured by all Nottinghamshire Clinical Commissioning Groups to enable an IPS provision (in Mid Notts and Bassetlaw via IPS grow, South Notts service is historical). Public Health are represented on the IPS Steering Group for the Mid/South service and have a developing relationship with the Bassetlaw IPS/Provider. Both IPS providers and the responsible commissioners attended the Health and Wellbeing Board's Improving Lives in Nottinghamshire: Work and Health & Wellbeing - Workshop for Action on the 18th September. This enabled them to make relationships, influence national strategy and understand the wider context in which they work | Ongoing Public Health input into the Individual Placement Support (IPS) Steering Group includes facilitating relationships between providers of expert care and looking at the step down and waiting list options for previous/potential IPS clients. The increase in places on the IPS scheme should ensure that the number of people in secondary mental health services in employment increases over the coming year. However, the investment in IPS has been across the country and therefore we cannot be sure of the impact on the indicator as a percentage. Once data flow begins later in the year we will be able to understand more information about the commissioning level of the service |

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| 1.18i - Social Isolation: percentage of adult social care users who have as much social contact as they would like (18+ yrs) | WORSE / No change or trend | Current performance in relation to this outcome is shown in the performance and progress update report contained in the agenda of the December 2019 Adult Social Care & Public Health Committee. Performance reported against the Adult Social Care and Public Health departmental strategy between April and September 2019 shows that 3660 people were supported through a range of prevention services to promote their independence and to connect with community resources to address and reduce social isolation. A new contract has been developed with the Carers' Hub which will put a greater focus on identifying carers at the earliest opportunity so appropriate support can be offered, including opportunities for more social contact. There is also work taking place across Public Health and Adult Social Care to develop a strategic approach to prevention support in the county, and community asset-based development; both of these approaches are based on keeping people healthy and engaged in what is available in their local communities. Performance in this area continues to be closely monitored through the performance monitoring governance in Adult Social Care | See adjacent |
| 1.18ii Social Isolation: percentage of adult carers who have as much social contact as they would like | WORSE / No change or trend | Community Friendly Nottinghamshire has commenced the second phase of roll out following initial pilot in two localities. Legacy continues with in these two communities and training is taking place across 5 areas in County with initiatives and groups being establish within communities led by community organisers NCC Connect service commissioned by Adult Social Care - support in finding information about local services, activities and opportunities | Continue to establish Community Friendly Nottinghamshire's Community Organising approach and training of front line staff and residents in 5 areas across Notts Risk - in relation to this Public Health Outcomes Framework measure it is not clear how many residents accessing this training or delivering /accessing community initiatives are adult carers |
| 2.02ii - Breastfeeding prevalence at 6-8 weeks after birth - current method | WORSE / No change or trend | Increased breastfeeding prevalence rates in each district to meet an overall county increase of 2.0% to date. Healthy Family Teams and Children's Centres continued to maintain UNICEF Baby Friendly Initiative (BFI) accreditation. •Notts County reaccredited June 2017 •Bassetlaw reaccredited Jan 2019 Increased number of inclusive and family friendly community venues that welcome breastfeeding via an accreditation process. Women supporting women to breast feed – normalising breastfeeding and building community capacity to support and promote breastfeeding - video and online resources developed to record and share women's stories of their breastfeeding journeys. An integrated breastfeeding support pathway in accordance with BFI standards exists to ensure a coordinated and consistent approach to breastfeeding support across Midwifery, Healthy Family Teams and Children Centre's services. Staff offered training, giving accurate and consistent information to support mothers in their decisions. BFI accredited 2day Infant Feeding Management training course continues for all new staff to attend within 6 months of commencing in post across Health Family Teams, Family Nurse Partnership and Nottinghamshire Children and Families Partnership. Band 3 Healthy Child assistants continue to offer breastfeeding support as appropriate in the home or within BABES groups. Increased access to the standalone Baby and Breastfeeding Encouragement Groups (BABES) in all districts and areas for support. | Increase Breastfeeding prevalence rates in each district to meet an overall county increase of 1.5% in 2019/20 Trust to continue to work towards Sustainability Gold award during 2019. Work in partnership with the Nottinghamshire Local Maternity & Neonatal System (LMNS). Continue to establish/reaccredit breastfeeding friendly venues across the County. To deliver best practice education and support for pregnant women and new mothers and their families, including targeted interventions to reach those least likely to breastfeed. All agencies to maintain a consistent approach with up to date specialist information, advice and training available as needed including annual update training sessions offered to all. To develop the service review meeting to include a wider input from the breastfeeding workforce and widen the discussion from ante-natal, birth transition to the community and 6 week visit. Also consider implementation of broader breastfeeding strategy group including strategic provider leads Continue to develop new stories and build on existing resources to keep stories relevant and up-to-date. |
| 2.03 Smoking At The Time of Delivery (SATOD) | WORSE / Improving | Work in partnership with the Nottinghamshire Local Maternity & Neonatal System (LMNS): - member of quarterly maternal health workstream of LMNS. - ongoing work with maternity services. - rolled out campaign: Love Bump across Nottinghamshire. Nottingham University Hospitals: procured new Carbon Monoxide monitors. Training for midwives. Referral pathway to smoking cessation services identified as a barrier. Sherwood Forest Hospital: recruited additional midwives - to be trained in risk perception intervention as part of their role. Robust referral process to Solutions4Health. | Work in partnership with the Nottinghamshire Local Maternity & Neonatal System (LMNS) : - Maternal health workstream of LMNS is now monthly: on alternate months the meeting will be dedicated to smoking in pregnancy. - Public Health England regional team are developing guideline to support local areas to reduce smoking in pregnancy. Notts LMNS will benchmark delivery against this and action plan as appropriate. - Transition referral pathways to new Integrated Wellbeing Service provider: explore co-location in maternity service for advice and product. - Both Trusts to implement Saving Babies Lives Care Bundle v2 by March 2020. Nottingham University Hospitals: establishing a SmokeFree pregnancy taskforce which public health will be members of, developing a bid for Commissioning for Quality and Innovation (CQUIN) monies to support delivery of smoking cessation interventions, to explore introduction of data clerk role to assist referrals to smoking cessation services, to explore co-location of smoking cessation services. Sherwood Forest Hospital: training additional midwives to ensure risk perception model is delivered consistently, exploring Nicotine Replacement Therapy / Very Brief Advice training for maternity ward and wider maternity workforce. Work in partnership the South Yorkshire & Bassetlaw LMS: - Recently established links: now member of the LMS prevention sub-group - To work with colleagues in Doncaster and Bassetlaw to complete smoking in pregnancy deep dive tool and action plan as appropriate. |

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| <p>2.08ii Percentage of children where there is a cause for concern (This indicates the proportion of looked after children in the area who are affected by poor emotional wellbeing.)</p> | <p>WORSE / No change or trend</p> | <p>A dedicated Child and Adolescent Mental Health Service (CAMHS) supports the mental health needs of children in care. It is a multi-disciplinary, multi-agency team which comprises of social workers and health professionals whose purpose is to assess mental health needs and promote the psychological wellbeing and placement stability of children and young people who are in care or adopted. In 2019 the service has received additional funding by the Clinical Commissioning Group to ensure it is resourced to meet the needs of this group.</p> <p>In addition to this The ‘You Know Your Mind’ Project has been active in Nottingham and Nottinghamshire since April 2018, adopting a person-centred approach to supporting Looked After Children (LAC) and care leavers (aged 0-25) with mental health needs. Via a model known as “integrated personal commissioning”, the You Know Your Mind Project seeks to improve mental health outcomes by allowing the child or young person to identify what support arrangements that will work for them. Through the use of a small personal health budget and support from social workers, personal advisors, youth workers and supported accommodation providers, personalised support arrangements can then be put in place. The project is currently funded by health partners until 31 March 2020.</p> <p>-Since the project launched in April 2018, 272 LAC and care leavers across Nottinghamshire County have been allocated a personal health budget and supported to self-identify their support arrangement. Support plans have ranged from physical activities (such as gym memberships, boxing clubs, dance classes) to creative pursuits (photography, guitar lessons, floristry) and community engagement (fishing, brownies, cadets).</p> <p>-General data / presenting needs of young people in the project include:</p> <ul style="list-style-type: none"> •57% present with anxiety, depression, stress or other mood disorders •27% are reported as self-harming •40% are reported as being socially isolated. | <ul style="list-style-type: none"> •CAMHS re specification process to concentrate on LAC and Care leavers and their transition •Evaluation of You Know Your Mind project to be published in Spring 2020. •Health Service Improvement Forum •Paper on health of LAC to be taken to Children and Young People committee in December 2019 |
| | | <p>-To date, 65 (24%) of Nottinghamshire’s LAC and care leavers have been evaluated to ascertain the impact of this approach on mental health outcomes. This has included face-to-face discussions with the young person, their carer and their keyworker to understand how the personalised support plan has impacted on various areas of the young person’s life. The evaluations have told us:</p> <p>o90% of young people feel better or a lot better about their quality of life o81% of young people felt that their health & wellbeing has improved o71% of young people reported feeling more confident o77% of young people felt that it gave them something to look forward to or focus on</p> <p>There is a LAC board in the council which the health Service Improvement Forum reports into. This group ensures improvements to system/commissioning are made in health (including emotional menta health)</p> | |
| <p>2.12 Percentage of adults (aged 18+) classified as overweight or obese - current method</p> | <p>WORSE / No change or trend</p> | <p>Obesity Prevention & Weight Management –Agreed service focus in year 5. Work with service and Public Health to collate lessons learnt from qualitative evaluation and quantitative weight management evaluation from service .</p> <p>Integrated Wellbeing Service - Contributed to final specification to ensure it covered required aspects for addressing obesity.</p> <p>Food Environment - Engaged stakeholders on draft food charter. Business cases agreed and grants awarded to District led place based food initiatives.</p> <p>Physical Activity Insight - Grant awarded to active Notts. Project approach agreed. Supporting district work on each priority of focus. Evaluation approach agreed.</p> <p>Planning & Health – Framework published. Workshops held with Gedling and Rushcliffe.</p> <p>Child obesity trailblazer - Bid submitted. Awarded and project initiated with school meals and early years partners.</p> <p>Bassetlaw Integrated Care Partnership (ICP) - Advice given to ICP Board on obesity.</p> | <p>Commissioning –transition obesity prevention and weight management priority workstreams to IWS</p> <p>Food Environment - Further engagement on food charter. Support to district initiatives.</p> <p>Physical Activity Insight - Grant awarded to Active Notts. Project approach agreed. Supporting district work on each priority of focus. Evaluation approach agreed.</p> <p>Planning & Health – Offer workshops to other districts.</p> <p>Child obesity trailblazer - Implement plans for year 1.</p> <p>Bassetlaw Integrated Care Partnership - Support call to action on childhood obesity.</p> |
| <p>2.15iii Successful completion of alcohol treatment</p> | <p>WORSE / Worsening</p> | <p>Change Grow Live (CGL) are currently performing at 43.2% successful completions for alcohol which is above the England average, Public Health England average (38.9%) and CGL average 39.8%. There has been an upward trajectory of alcohol completions locally</p> | <p>See adjacent</p> |
| <p>2.16 Adults with substance misuse treatment need who successfully engage in community-based structured treatment following release from prison</p> | <p>WORSE / No change or trend</p> | <p>The data for this Public Health Outcomes Framework (PHOF) indicator is currently been looked at. A recent substance misuse strategy group meeting was themed around this PHOF and both Change Grow Live (CGL) and local Prison Substance Misuse services both articulated that the data was not accurate. A task and finish group meeting is taking place in November to look further at the data to try and get the true picture for Nottinghamshire.</p> | <p>See adjacent</p> |

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| 2.22 Cumulative percentage of NHS Health Checks offered and/or were taken up | WORSE / No change or trend | Performance monitoring and management in liaison with Clinical Commissioning Groups to target under-performing practices; support for targeted GP practices through practice liaison; development of performance and quality framework to identify areas for development e.g. patient feedback; drive to increase outreach service activity; analysis of SystmOne template compliance and corrective action undertaken | Communications activity planned for November onwards with GP surgeries, including updated resources with new branding, as well as public/community initiative; implementation of performance and quality framework action plan, including development of performance dashboard; procurement of new outreach service with increased capacity; and transfer of Bassetlaw practices to eHealthscope |
| 2.24iii Emergency hospital admissions due to falls in people aged 65 and over - aged 80+ | WORSE / No change or trend | <p>The Public Health funded Adult Social Care falls prevention has improved the knowledge and skills of 153 NCC and voluntary sector staff through training and enabled 116 NCC staff to access e-learning. 8000 Get up and Go guides have been circulated to frontline services. It has also developed evidence based ENGAGE falls prevention exercise in 9 care homes, 6 day services and 1 lunch club.</p> <p>ENGAGE in the community in community settings are coordinated by the commissioned Everyone Health service working with Public Health commissioners and the above project. There are now 22 active groups across the county with 62 new participants during this period.</p> <p>Work has taken place to embed falls prevention in the Notts Integrated Care System Frailty plan working with NHS partners.</p> | <p>Transition the coordination of the ENGAGE falls prevention exercise programme into the new Integrated Wellbeing Service for April 2020. Work with the integrated care systems to ensure falls prevention is embedded in developments to prevent and support people at risk of frailty.</p> |
| 4.15 Excess winter deaths index (3years, 85+ and all ages) | WORSE / No change or trend | <p>Nottinghamshire Energy Partnership (NEP) contract is currently live until end 2019/20 when it is due to end.</p> <p>NEP work has extended into Bassetlaw and is focused on contributing to meeting needs across the whole county now. NEP is very small scale but is meeting its Key Performance Indicators around training, brief interventions and advice to target groups</p> <p>An interdependency exists with Warm Homes on Prescription (WHOP) which is funded by the Better Care Fund but WHOP future format is unclear.</p> | <p>The intention is that Public Health funding ends to NEP contract at the end of 2019/20 there is a risk that this decision will negatively impact on this PHOF indicator although to what magnitude is unclear. The current system across Nottinghamshire is fragmented and subjected to a variety of funding streams</p> <p>Winter warmth advice leaflet joint funded by Adult Social Care and Public Health budgets will be distributed to vulnerable groups</p> |

Please note that although PHOF indicator 2.11v (average number of portions of fruit consumed daily at age 15) is marked as worse for Nottinghamshire, The WAY survey data was last updated in 2016 and the survey will not be repeated. All indicators from this survey are due to be retired from PHOF in the near future. The indicator has therefore not been included in this action plan.