

5 October 2016**Agenda Item: 7****REPORT OF THE CHAIR OF THE HEALTH AND WELLBEING BOARD****CHAIR'S REPORT****Purpose of the Report**

1. An update by Councillor Joyce Bosnjak, Chair of the Health and Wellbeing Board on relevant local and national issues.

Information and Advice**1. Proposed merger of Nottingham University and Sherwood Forest Hospitals**

It has been confirmed that the proposed merger of the two hospital trusts will be in 2017. It had been hoped that it would be completed before the busy winter period but that has not been possible. Peter Homa has issued [a statement](#) explaining the reasons behind the decision and giving more information about the transition period.

More information about the merger is available on a dedicated website:
www.futuretogethernotts.nhs.uk

**2. Launch of Smokefreelife Nottinghamshire**

On 17 September 2016 I attended the launch of Smokefreelife Nottinghamshire in Mansfield. Smoking is one of the priorities within the Health and Wellbeing Strategy and we have all committed to support this agenda.

Smokefreelife Notts is a new service which will provide up to 6 weeks support for people who want to give up smoking through one-to-one counselling, telephone support, group sessions, in a variety of places. With the right support people are 4 times more likely to quit so this programme is well placed to help people in Nottinghamshire who want to stop smoking.

The programme also has an element which focussed on stopping young people taking up smoking.

For more information please contact Martin Lever, Public Health and Commissioning Manager e: martin.Lever@nottsgov.uk or t: 0115 977 3925.

3. Stakeholder network event – Caring for Carers 12 October 2016

The next Health and Wellbeing Board Stakeholder Network event will be held on 12 October 2016 between 1.30 and 4.30pm at Edwinstowe House.

The event will cover support for young carers, developing carer friendly communities, reviewing carers' services and sustaining future support for carers.

An invitation and an outline of the programme for the event is available on the [Nottinghamshire Health and Wellbeing Board webpage](#).

PROGRESS FROM PREVIOUS MEETINGS

4. The role of Nottinghamshire Fire and Rescue in improving health and wellbeing

In 2014 the Nottingham City and Nottinghamshire Health and Wellbeing Boards both welcomed an offer from Chief Fire Officer John Buckley to utilise capacity with the Fire and Rescue Service to improve health and wellbeing in Nottinghamshire.

Following a joint Summit in April a scoping meeting took place in September 2016 with representatives of the Service, public health, local government and the CCGs for both the County and City to discuss how the ideas generated at the Summit could be taken forward.

At the meeting it was agreed that the STP provides an ideal opportunity to integrate the Service into health and wellbeing across the County and the City. Many of the areas for collaboration identified at the Summit – housing, mental health and drugs and alcohol are key themes within the STP and there is a developing infrastructure which will drive implementation when the final Plan is agreed. The Fire and Rescue Service will be a key partner within the implementation plans.

Wayne Bowcock, Deputy Chief Fire Officer will make sure that the Service is linked in to the prevention, housing, mental health and drugs and alcohol work streams. He will also contact Andy Evans at Connected Notts to see whether there are opportunities within that project.

While the STP is finalised the Service will continue with work that's already started to develop Safe and Well Checks and also working with environmental health officers in the City with a view to local pilots to inform potential roll out across the county.

Wayne will also make links into the Bassetlaw and South Yorkshire STP to support the emerging priorities within their Plan.

It was proposed that the STP offered the most appropriate governance infrastructure to support future collaborations and monitoring and reporting would be within that programme.

For more information please contact Bryn Coleman, Head of Prevention Nottinghamshire Fire and Rescue Service t: 07779 585870 e: bryn.Coleman@notts-fire.gov.uk

5. The Nottinghamshire Falls Pathway

The Falls Pathway was approved at the April Health and Wellbeing Board. Since April work has taken place across health and social care to embed the new pathway, to identify gaps in service and to develop the Healthy Ageing work stream.

The aim of the Healthy Ageing work stream is to promote older people's independence by encouraging physical activity and a healthy lifestyle. Funding has been agreed from the Care Act element of the BCF for support to implement this including:

- Ensuring consistent messages across health and social care and other agencies
- Implementing a non-clinical falls pathway which has already been piloted in Bassetlaw
- Using different media to promote physical activity to reduce falls focusing on groups at risk

The gap in relation to Fracture Liaison has been included in the STP under **Early Identification and management of disease**. In addition, Nottingham West and Nottingham North and East CCGs are joining Rushcliffe to have a South wide service, initially for a year.

Mid-Notts Better Together Alliance held a two-day Falls Development Action Learning Set in September at Sherwood Forest which aims to improve whole system understanding and relationships across managers, clinicians, third sector, primary and secondary care and foster further development.

For more information on falls please contact gill.oliver@nottscg.gov.uk.

PAPERS TO OTHER LOCAL COMMITTEES

6. [Police and Crime Plan Annual Report](#)
7. [Refreshed Police and Crime Delivery Plan \(2016-18\)](#)
Report to Nottinghamshire Police and Crime Panel
5 September 2016
8. [Care Act 2014 - Implementation Update](#)
9. [Adult Social Care and Health - Overview of Developments](#)
10. [Integrated Carers Strategy Update](#)
11. [Performance Update for Adult Social Care and Health](#)
Reports to Adult Social Care and Health Committee
12 September 2016
12. [Better care fund – mass marketing scams prevention work](#)
13. [Community empowerment and resilience programme](#)
Reports to Community Safety Committee
27 September 2016
14. [Implementation of a Schools Health Hub](#)
15. [Integrated Healthy Child and Public Health Nursing Programme 0-19 Years - Tender Outcome](#)
16. [NHS Health Check Procurement Update](#)
17. [Establishment of Health and Housing Coordinator](#)
Reports to Public Health Committee
29 September 2016

A GOOD START

18. [Gender and children and young people's emotional and mental health: manifestations and responses](#)

The National Children's Bureau

This review provides evidence of gender differences in children and young people's emotional and mental health. It looks at the general picture of emotional and mental health; the prevalence of specific issues; coping strategies; responses from parents and carers; and service responses to children and young people's needs.

19. [Childhood obesity: a plan for action](#)

Public Health England

This document outlines the government's plan for action to reduce childhood obesity by supporting healthier choices. These include encouraging industry to cut the amount of sugar in food and drinks and supporting primary school children to eat more healthily and stay active.

In relation to this report, the government has also published [Soft Drinks Industry Levy: 12 things you should know](#).

20. [Government response to the House of Commons Health Select Committee report on childhood obesity: brave and bold action, first Report of session 2015-16](#)

The Department of Health

The government's Childhood obesity: a plan for action aims to reduce levels of childhood obesity, improve the health and wellbeing of children, and contribute towards reducing future pressures on the NHS and society.

21. [Lightning Review: Children's access to school nurses to improve wellbeing and protect them from harm](#)

The Children's Commissioner for England

This report follows research that finds that school nurses spend twice as much time on paperwork than on direct work with children in schools. This could be reducing their ability to identify children at risk of neglect or abuse. There was also evidence that time pressures meant their role in supporting and promoting children's health and wellbeing, their mental health, healthy relationships and sex education was being compromised.

Additional link: [BBC News report](#)

22. [Mental health and wellbeing of looked-after children: Government response to the Committee's Fourth Report of Session 2015-16](#)

Department of Health and Department of Education

This government response to the Education Committee report on the mental health and wellbeing of looked-after children addresses the committee's recommendations and conclusions.

23. [Funding to expanding the mental health workforce for children and young people](#)

Health Education England (HEE) has received funding from the Department of Health to support NHS England in meeting national targets to [expand the workforce providing children and young people's mental health services](#). HEE has published information for service providers within and outside the NHS in England who wish to express their interest in accessing a fully-funded scheme to employ and train new staff to provide evidence-based treatment for children and young people.

LIVING WELL

24. [UK Chief Medical Officer's low risk drinking guidelines](#)

UK Chief Medical Officer

The guidelines provide the most up to date scientific information to help people make informed decisions about their own drinking. The intention is to help people understand the risks alcohol may pose to their health and to make decisions about their consumption in the light of those risks, but not to prevent those who want to drink alcohol from doing so.

Additional link: [Government response to the public consultation](#)

25. [Government dietary recommendations: government recommendations for food energy and nutrients for males and females aged 1-18 years and 19+ years](#)

Public Health England

As part of the Eatwell Guide policy tool, this document provides the government's recommendations for food energy and nutrients for the general population. Anyone with a medical condition should consult their GP or a registered dietitian for dietary advice.

26. [Health food procurement](#)

Local Government Association

This document provides details of the health challenge around obesity, the importance of diet, dietary advice and includes case studies covering local authority initiatives on healthier vending, ensuring healthier food and snacks are available in NHS organisations, healthier catering and making school foods healthier.

27. [Lack of public knowledge of the link between obesity and cancer](#)

Cancer Research UK has published details of a survey which shows that three out of four (75 per cent) people in the UK are unaware of the link between obesity and cancer. The survey found that people from lower socioeconomic backgrounds are less likely to know about the link, with men less likely than women to be aware of the increased risk.

Additional link: [BBC News report](#)

28. [National Diet and Nutrition Survey Results from Years 5 and 6 \(combined\) of the Rolling Programme \(2012/2013–2013/2014\).](#)

Public Health England and the Food Standards Agency

The survey is designed to collect detailed, quantitative information on food consumption, nutrient intake and nutritional status of the general population aged 1.5 years and over in the UK. The latest survey highlights that children aged 4 to 10 years are consuming more than double the recommended amount of sugar, although consumption of sugary drinks has fallen compared to 6 years ago. The survey also confirms that the UK population continues to consume too much saturated fat and not enough fruit, vegetables and fibre.

Additional link: [PHE press release](#)

29. [State of UK public parks 2016](#)

Heritage Lottery Fund

This is the second in a series of annual reports and shows that there is a growing deficit between the rising use of parks and the declining resources available to manage them. Based on four surveys of park managers, independent park trusts, park friends and user groups, and the general public, the findings show that while parks are highly valued by the public and usage is increasing, park maintenance budgets and staffing levels are being cut. The research calls for collaborative action to deliver new ways of funding and managing public parks to avert a crisis.

30. [Health matters: tobacco standard packs](#)

Public Health England

This edition sets out the evidence on standardised packaging and calls on local authorities and health professionals to play their part in ensuring that all smokers have access to the support they need. The publication brings together local and national level data, as well as campaigning and social marketing resources.

Additional link: [PHE press release](#)

31. [Stoptober campaign](#)

Public Health England (PHE) has launched its fifth Stoptober campaign to encourage smokers to quit smoking this October. Last year, 500,000 people successfully quit smoking during the campaign. PHE's press release shows that the smoking rate in England has now fallen to below 17% for the first time and that the number of cigarettes sold in England and Wales has dropped by 20% in the last 2 years.

Additional link: [Stoptober website](#)

COPING WELL

32. [Poverty and mental health: a review to inform the Joseph Rowntree Foundation's anti-poverty strategy](#)

The Mental Health Foundation

This paper presents a conceptual framework for understanding the relationship between poverty and mental health and offers recommendations to improve the situation across the life course.

33. [Developing mental health services for veterans in England engagement report](#)

NHS England

This report sets out key findings from an engagement to find people's views of NHS veterans' mental health services. The results highlight the need to improve awareness of where veterans should go for help, raise the profile of NHS veterans' mental health services and increase understanding amongst health professionals of the unique issues faced by those from an armed forces background.

34. [Support from the start: Commissioning early intervention services for mental ill health](#)

NHS Clinical Commissioners Mental Health Commissioners Network

This publication showcases projects that promote early intervention in mental health and draws out tips from the commissioners and practitioners involved in their development and delivery. The report aims to share learning and good practice from these projects to help support the implementation of more high-quality early intervention services.

35. [Who knows best? Older people's contribution to understanding and preventing avoidable hospital admissions](#)

The University of Birmingham

With estimates of over two million unplanned hospital admissions per year of people aged over 65, questions are often asked such as: 'Do they really need to be there? Is there nowhere more suitable for them to go? The findings of this study confirm the belief that older people have an important role to play in helping understand the nature of emergency admissions and to devise appropriate responses to their rising numbers. Ignoring this expertise could be detrimental to ensuring older people get the appropriate care they need.

36. [Social care for older people – home truths](#)

Kings Fund/Nuffield Trust

This report, looks at the current state of social care services for older people in England, through a combination of national data and interviews with local authorities, NHS and private providers, Healthwatch and other groups. It considers the impact of cuts in local authority spending on social care providers and on older people, their families and carers.

37. [Making a difference in dementia: nursing vision and strategy: refreshed edition](#)

Department of Health

This strategy sets out how nurses can provide high quality compassionate care and support for people with dementia, so they can live well within all care settings, including a person's own home. It aims to support nurses to be responsive to the needs of people with dementia, continue to develop their skills and expertise, and achieve the best outcomes for people with dementia, their carers and families.

38. [Housing and technology fund for people with learning disabilities](#)

Local authorities are being invited to apply for a share of the £25 million fund. The funding will allow the creation of a range of housing and technology options which could include floor sensors to monitor for falls or finger-print technology to make access as easy as possible for residents. This £25 million fund builds on £20 million already earmarked by NHS England as part of its transforming Care programme.

39. [The economics of housing and health: the role of housing associations](#)

The King's Fund

This report looks at the economic case for closer working between the housing and health sectors. It shows how housing associations provide a wide range of services that produce health benefits, which can reduce demand on the NHS and create social value. A number of case studies are included in the report.

40. [Improving access to mental health services](#)

The House of Commons Committee of Public Accounts has published [Improving access to mental health services: Sixteenth Report of Session 2016–17](#). The Committee concludes that while the Government has a "laudable ambition" to improve mental health services, the Committee is sceptical as to whether it is affordable or achievable without compromising other services. Achieving parity of esteem depends on having the right staff, with the right skills in the right places but there is no clear plan to develop the required workforce. It also finds commissioners and providers are not sufficiently incentivised to deliver high-quality mental health services for those who need them.

WORKING TOGETHER

41. [Specialist Pharmacy Service](#)

At the beginning of August, the [Specialist Pharmacy Service \(SPS\) launched a new website](#). The Specialist Pharmacy Service supports medicine optimisation across the NHS with the aim to 'improve the use of medicines so people live longer, fuller lives'. The site contains information about medicines, services and networks and is intended for pharmacists, GPs and clinicians.

42. [STPs explained](#)

The Kings Fund

Sustainability and transformation plans (STPs) were announced in the NHS planning guidance published in December 2015. But what are STPs and what do they mean for the NHS?

43. Sustainability and Transformation Plans: what we know so far

The Nuffield Trust

This discussion paper draws together insights from a workshop for Sustainability and Transformation Plan (STP) leaders which aimed to help those involved in STPs to develop their plans. It also draws on insights from members of the Nuffield Trust learning networks, conversations with other STP leads and reviews some draft plans. The paper identifies important trends, ideas for exploration and issues which must be resolved to ensure success.

44. Moving from the margins: the challenges of building integrated local services.

Turning Point and Collaborate

This discussion paper looks at the challenges of building integrated local services. Aimed at policymakers, commissioners and providers of public services, the paper argues that local integrated services should be at the heart of social and public reforms in the NHS, local government and criminal justice system.

Additional link: [Turning point press release](#)

HEALTH INEQUALITIES

45. Health in all policies: health, austerity and welfare reform

BMA

This briefing aims to support this advocacy role of doctors by providing an overview of the evidence on the relationships between austerity, welfare reform and health, and how these link to the social determinants of health. It also considers what action is needed to protect and promote health during and after periods of financial crisis.

GENERAL

46. Health in a hurry: the impact of rush hour community on our health and wellbeing.

Royal Society for Public Health

This report examines the impact of travelling to and from work on the public's health and wellbeing. It identifies the top 5 aspects of community that impact on the public's health and makes recommendations for how to improve.

47. Health Profiles 2016

Health Profiles are now available online for every Local Authority in England. These provide a snapshot of health and wellbeing for each local authority in England using a range of charts and text. They pull together existing information in one place and contain data on a range of indicators for local populations.

48. Person and community-centred approaches to health and wellbeing

The Health Foundation in partnership with the innovation charity Nesta has published two reports in their realising value series which aims to strengthen the case for people taking an active role in their health and care.

- [Spreading change: a guide to enabling the spread of person- and community-centred approaches for health and wellbeing](#): outlines how behavioural science can help spread the take-up of person- and community-centred approaches to health and wellbeing. It is aimed at people who champion these approaches in health and social care, in other statutory bodies and in community-based organisations.
- [Supporting self-management: A guide to enabling behaviour change for health and wellbeing using person- and community-centred](#): This guide offers two things: a framework for understanding and changing behaviour, and real-world examples of how these changes happen in practice.

49. Public health post - 2013

This report is the result of a short inquiry on the impact of the Health and Social Care Act reforms on the public health landscape. It warns of risks of widening health inequalities and a false economy due to cuts in local authority and public health budgets. It calls for a Cabinet Officer minister to be given specific responsibility for embedding health across all areas of government policy at a national level and for greater and bolder action to tackle public health issues such as childhood obesity.

Other Options Considered

2. To note only

Reason/s for Recommendation/s

3. N/A

Statutory and Policy Implications

4. This report has been compiled after consideration of implications in respect of crime and disorder, finance, human resources, human rights, the NHS Constitution (Public Health only), the public sector equality duty, safeguarding of children and vulnerable adults, service users, sustainability and the environment and ways of working and where such implications are material they are described below. Appropriate consultation has been undertaken and advice sought on these issues as required.

RECOMMENDATION/S

- 1) To note the contents of this report.

Councillor Joyce Bosnjak
Chair of Health and Wellbeing Board

For any enquiries about this report please contact:

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Constitutional Comments

5. As this report is for noting, no constitutional comments are required.

Financial Comments (KS 27/09/2016)

There are no direct financial implications contained within the report.

Background Papers and Published Documents

Except for previously published documents, which will be available elsewhere, the documents listed here will be available for inspection in accordance with Section 100D of the Local Government Act 1972.

None

Electoral Division(s) and Member(s) Affected

All