

# Report to the Nottinghamshire Health and Wellbeing Board

5 July 2023

Agenda Item 4

# REPORT OF THE CHAIR OF THE HEALTH AND WELLBEING BOARD

#### CHAIR'S REPORT

# **Purpose of the Report**

1. The report provides an update by the Chair on local and national issues for consideration by Health & Wellbeing Board members to determine implications for the Joint Health and Wellbeing Strategy for 2022 – 2026.

#### Information

#### LOCAL

#### **Keep our Communities Safe & Healthy**

#### Mansfield District Council achieve Domestic Abuse Housing Alliance (DAHA) Accreditation

- 2. The Domestic Abuse Housing Alliance is the leading specialist domestic abuse organisation supporting housing providers to improve their response to domestic abuse, their model for a housing response to domestic abuse is nationally recognised as best practice, through the Domestic Abuse Act Statutory Guidance 2022, and is endorsed by the Domestic Abuse Commissioner for England & Wales, Nicole Jacobs.
- 3. DAHA accreditation is the UK benchmark for how housing providers should respond to domestic abuse in the UK. By becoming DAHA accredited, housing providers and services are taking a stand to ensure they deliver safe and effective responses to domestic abuse.
- 4. The accreditation framework includes 8 priority areas that considers an organisation's operations and delivers safe and effective interventions in domestic abuse. It builds in processes that help guide staff to adequately address the needs of survivors and hold abusers to account.
- 5. As part of Nottinghamshire County Councils vision and ambitions to keeping children, vulnerable adults, and communities safe we have been working to strengthen the response to domestic abuse. Nottinghamshire County Council have committed to supporting District and Brough Councils in becoming members of DAHA and undertaking the work required to achieve DAHA Accreditation.
- 6. Mansfield District Council has undertaken a huge amount of work over the last 12 months to shift their response to domestic abuse and achieve a council wide culture change which has seen them be successfully accredited by DAHA. All policies and procedures have been

reviewed and updated, staff across the whole council have been trained in domestic abuse. This will improve the response for all survivors of domestic abuse and ensure they receive the support they need.

- 7. Mansfield was the first of the District Councils to be supported through the process by a post they have funded through their Domestic abuse statutory duty funding. The DAHA Accreditation role is provided by Nottinghamshire Women's Aid. Nottinghamshire County Council fund the membership and accreditation costs for each District and Borough Council through our allocation of Statutory Duty Funding. This is a partnership approach to improving responses to domestic abuse across Nottinghamshire.
- 8. Work towards DAHA Accreditation is now being undertaken in Bassetlaw supported by the DAHA Accreditation worker from Nottinghamshire Women's Aid and in Ashfield supported by DAHA Accreditation worker from JUNO Women's Aid.
- 9. Nottinghamshire County Council have a statutory duty to provide safe accommodation for domestic abuse survivors and their children under part 4 of the Domestic Abuse Act 2021. Funding of £1.5 million is provided by the Department for Levelling Up Housing and Communities to deliver the duty in Nottinghamshire. There has been extensive partnership work across the county on the delivery of the statutory duty and commissioning safe accommodation support. Introducing the District and Borough Councils to DAHA and supporting the delivery of this work forms part of our response. The vast majority of the funding delivers units of refuge accommodation across the County. The evidence of need for these services can be found on Domestic Abuse Nottinghamshire Insight.
- 10. The strategic direction is provided by the Domestic Abuse Partnership Board which is a statutory requirement under the Domestic Abuse Act 2021.
- 11. For further information please contact Tracy Lyon <u>Tracy.lyon@nottscc.gov.uk</u> or Mallory Seddon, <u>mseddon@mansfield.gov.uk</u>.

#### **Create Healthy and Sustainable Places**

# Food Redistribution Grant 2023/24

- 12. Public Health and the Communities teams have worked together to establish the newly launched Food Redistribution Grant Scheme. Fourteen community organisations in Nottinghamshire share £90,000 in funding to enable them to set up or extend schemes to help families and households access affordable, good quality and nutritious food. This involves the redistribution of surplus food from food businesses / industry / sector, requires payment and is for home preparation and cooking.
- 13. The money is the first round of funding as part of a three-year scheme, which is being delivered through the County Council's Local Communities Fund (LCF). Two further rounds are planned, with £65,000 to be shared among organisations in the second year (2024/25) and £55,000 made available in 2025/26.
- 14. The new support package forms part of the County Council's continued commitment to support vulnerable residents, ease the financial worries for families facing cost-of-living pressures and

supports the Health and Wellbeing Boards ambition of developing healthy and sustainable places.

#### Food Clubs in Broxtowe

15. St Barnabas Church, Chilwell Children's Centre and Broxtowe Borough Council came together to support families in Chilwell experiencing food insecurity by opening a food club at the church when the club based at the Children's Centre was closed. St Barnabas did this at risk (before funding was secured) as the need is so high in the area. Stapleford Community Group has also been supporting the food club by offering additional food donations of food that would have gone to waste. Eastwood Volunteer Bureau (EVB) has agreed to host the new Eastwood food club (following the closure of the club based at the Children's Centre). To support families attending at the Eastwood Children's Centre food club, EVB agreed to support families through their food bank until the new club opens.

#### Green and Blue Social Prescribing in Rushcliffe

16. Rushcliffe Borough Council are working with voluntary & community sector and ICS colleagues on the Rushcliffe Big Green Book which is a directory of nature-based activity providers. Similar to the City's version, the book will be used as a tool to support partners, healthcare professionals and the general public with identifying Green and Blue social prescribing opportunities. The first draft version has been shared with partners for feedback and will include the Rushcliffe Green ground map which aims to promote walking, cycling and cultural opportunities in the area for residents to become involved with.

#### Armed Forces Breakfast Club in Gedling

17. The club is part of Gedling Borough Council's plan to reduce loneliness and isolation in the borough, as well as supporting Armed Forces as part of the Council's Armed Forces Covenant. The breakfast club aims to bring members of the Armed Forces together and is open to any active or ex-members of the armed forces, including veterans and any family members connected to the forces. The club takes place from 9.30 - 11.30am on the third Saturday of each month at The Richard Herrod Centre in Carlton. It is free entry and there is no need to book. The Council has also launched an Armed Forces Leisure Card which provides free entry and use of the gyms in all Gedling Leisure centres. The Armed Forces membership scheme is for Gedling Borough residents who have previously served, or are currently serving, in the Armed Forces (Army, Navy or Royal Air Force).

#### **Access Right Support to Improve Health**

#### Recommissioning Sexual Health Services in Nottinghamshire

18. Online sexual health testing services across Nottinghamshire have been upgraded from April. A transition from FreeTestMe to SH:UK has now been mobilised. The new testing system will result in increased testing capacity for local residents. Online testing is becoming very popular locally and nationally. The new system will also be better for users as it includes improved screening questions so that users will receive the most appropriate test for their needs. It offers increased connectivity with local sexual health clinics, streamlining the follow up of positive results to improve treatment uptake. It will also give access to increased data for public health

and sexual health providers to understand service demand and how online services can be utilised in the future.

# PNA Supplementary Statement Quarter 4 (January 2023 – March 2023) & Quarter 1 (April 2023 – May 2023)

- 19. The Pharmaceutical Needs Assessment (PNA) describes available pharmaceutical services across Nottinghamshire County and assesses whether these services meet the needs of the population. The PNA is a statutory responsibility of the Health and Wellbeing Board, governed by Regulations issued by the Department of Health. These Regulations require that periodic Supplementary Statements are prepared and published where there are changes to pharmaceutical services which do not warrant a complete review of the PNA.
- 20. As approved by the Health and Wellbeing Board on 6 January 2021, supplementary statements produced quarterly, are shared with the Health and Wellbeing Board in the form of an update in the Chairs Report and published on Nottinghamshire Insight. The Supplementary Statement for quarter 4, summarising changes to pharmaceutical services from January 2023 to March 2023, is provided in **Appendix 1.** The Supplementary Statement for quarter 1 summarising changes to pharmaceutical services from April 2023 to May 2023, is provided in **Appendix 2.**

#### Give every child the best chance of maximising their potential

## Health and Wellbeing Surveys in Schools

- 21. Schools in Nottinghamshire have been invited to participate in a health and wellbeing survey. The purpose of the survey is to better understand the health related behaviour and experiences of children and young people in Nottinghamshire to help with planning relevant and responsive services for them.
- 22. The survey is targeted at Year 6 pupils in primary schools, and Year 10 in secondary schools (All of the questions are age appropriate). There will be a variety of health-related topics included in the surveys, including:
  - Heathy eating and physical activity
  - Emotional health & wellbeing
  - Personal safety
  - Relationships and sexual health
  - Tobacco & Vaping, Drugs and Alcohol
  - Personal Social Health & Economic Education

#### 23. The anticipated benefits for young people include;

- a) Children & Young people will have the opportunity to discuss issues relating to their lives, and can receive any further support they may require.
- b) Children & Young people can contribute to local understanding of health and wellbeing issues, and protective factors.
- c) Survey findings will provide invaluable data which can be used to inform service providers.
- d) Survey findings can inform preventative work across the system.
- 24. The anticipated benefits for schools include:

- a) Schools will receive individual school reports, with comparison to countrywide data.
- b) The surveys form part of a whole school approach to health and wellbeing, elevating pupil voice; assisting school staff's understanding of issues affecting children & young people; and enabling any emerging issues to be identified early and acted upon swiftly.
- c) Survey findings can be used to support school in their curriculum and policy development.
- 25. The Schools Health Education Unit (SHEU) will be undertaking the survey for both primary and secondary-aged children. SHEU work with hundreds of schools per year and have over 40 years' worth of experience planning and evaluating health and wellbeing surveys. For more information, please visit <a href="https://www.sheu.org.uk">www.sheu.org.uk</a>.
- 26. Members of the Board are asked to promote participation in the survey by encouraging schools to register their interest in participating. For further information please contact Jane Roberts (Public Health Commissioning Manager) jane.roberts@nottscc.gov.uk

#### **Health Interventions**

#### National Institute for Health and Care Research

- 27. The Public Health Research (PHR) Programme is accepting Expressions of Interest from local government for evaluations of interventions by the NIHR's Public Health Intervention Responsive Studies Teams (PHIRST). Local authorities in England, Wales, Northern Ireland and Scotland are invited to submit an expression of interest to identify specific initiatives within their Local Authorities that would benefit from evaluation.
- 28. The PHR Programme has appointed academic teams (the 'PHIRST teams') that are ready to work on evaluation of interventions being conducted by local authorities. The purpose of this call is to identify and prioritise local authority initiatives which have the potential to impact on health, and which require evaluation. The academic teams, but not the initiative itself, are fully funded to co-design and undertake robust and independent evaluations in partnership with local authorities and their partners. You can apply via an online REALMS system by 26 September 2023 using guidance from the specification document.

#### **NATIONAL**

#### Tobacco

- 29. National Government have announced £45m of funding for measures to help make England "smoke free" by 2030 (referring to a smoking rate of below 5% of the population). The proposals include;
- Stopping children and non-smokers from starting vaping by strengthening regulation to reduce the number of children accessing and using vapes and understanding how best to stop children from vaping in the first place.
- Help for smokers to quit smoking including working with local authorities to offer new free
  vape starter kits to 1 million smokers under a "swap to stop" scheme. This is alongside ensuring
  better availability of proven smoking cessation medicines, offering an incentive scheme for
  pregnant women to quit, better signposting to the right support for people with a mental health

- condition, consulting on pack inserts with positive messaging to help people quit and encouraging better partnership working.
- Increasing enforcement of illicit sales including setting up an enforcement squad made up
  of trading standards officers to carry out specific projects such as test purchasing in
  convenience stores and clamping down on underage sales. Those supplying tobacco for sale
  in the UK must be registered for Tobacco Track and Trace and have an Operator ID and people
  selling illicit tobacco will have products seized, their Operator ID removed and will no longer be
  able to buy or sell tobacco.
- 30. Locally there is work being undertaken on generating behavioural insights on smoking as part of the Nottingham and Nottinghamshire's Smoking and Tobacco Alliance delivery plan. Actions have been agreed to work specifically on behavioural insight and support actions around consistent communication to help the alliance and its partners understand some of the detail behind why people smoke and understanding the local culture. Bluegrass Research Limited in partnership with Gardiner-Richardson has been tasked with;
  - Carrying out quantitative and qualitative research with local communities to understand about smoking and vaping behaviour
  - Engage with communities regarding smokefree spaces.
  - Develop brand and identity for the alliance
  - A social marketing approach and options for potential marketing campaign/approach to communicating around the alliance and key messages
  - Development of a website
- 31. All findings will be fed into the alliance and ongoing delivery plans to work towards creating a smokefree generation for Nottinghamshire.

#### **Homelessness & Housing**

- 32.An article by the Times Health Commission looks at research from the Building Research Establishment (BRE) which has calculated that poor quality housing costs the NHS £1.4bn a year. The study also suggests that every £1 spent on warming up the homes of vulnerable households yields £4 in health benefits. The health service spends £383m a year treating homeowners with illnesses related to cold living conditions, yet the BRE estimates that for less than £1,000, 40% of all poor housing that is owned outright or with a mortgage could be remedied and the NHS would start to save money in about seven years.
- 33. Government data shows that the number of homeless families being housed in hotels and B&Bs by councils in England beyond the legal time limit has doubled within a year. Some 1,210 families were in hotels and B&Bs for longer than the six-week legal limit between 1 July and 30 September 2022, up from 570 for the same period in 2021. A total of 11,490 homeless households spent time in hotels and B&Bs in the same period in 2022, the highest number since 2003.

#### **Best Start**

#### **Healthy Food Vouchers**

34. The Government has missed its target to increase the take-up of NHS healthy food vouchers aimed at vulnerable parents of young children. The latest figures show that the Healthy Start

scheme, designed to help pregnant women and parents of under-fours in low-income families pay for fruit, vegetables, milk, and baby milk powder, has been accessed by 64% of eligible parents in England, Wales and Northern Ireland. This is slightly up from 63% a year earlier, but below a goal of 75% - and by contrast the equivalent scheme in Scotland achieved an 88% take-up.

## Oral health survey of 5 year old children

35. This survey has been published by the Office for Health Improvement and Disparities. It takes place every two years in order to collect oral health information of 5 year olds who attend mainstream, state funded schools across England. This current survey was delayed from 2020 to 2021 by the Covid-19 pandemic. It was carried out as part of the OHID National Dental Epidemiology Programme (NDEP). The results of the oral health survey showed that overall 23.7 percent of 5 year old children in England had experience of obvious dentinal decay.

#### **Mental Health**

#### Loneliness annual report: the fourth year

36. This is the fourth annual report on tackling loneliness, published by the Department for Culture, Media and Sport and highlights progress made since the publication of the cross-government strategy in 2018 and commits to action over the next two years. It celebrates the work that has been undertaken with a wide range of partners to raise awareness of loneliness and improve the support for lonely people in England over the last five years. It also captures new and ongoing actions that government departments are committed to delivering between 2023-2025.

#### Children's mental health services 2021-2022

37. This report published by the Children's Commissioner finds that the NHS estimates that 18 per cent of children aged 7 to 16 years and 26 per cent of those aged 17 to 19 have a probable mental health disorder, up from 17 per cent in 2021. It aims to assess children's ability to access timely treatment, and to understand how that has changed in recent years.

#### **Health Inequalities**

Fixing the foundations: why it's time to rethink how we support older people with health problems to stay well at home

38. This report published by Age UK provides a first-hand account of older people's difficulties in getting the good, joined-up health and social care they need to manage at home, leaving them at risk of crisis that often results in being admitted to hospital. Yet the evidence is clear that with the right care at the right time many of these admissions could have been avoided.

# Active ageing and tackling inactivity and economic disadvantage programmes: final evaluation report

39. Sport England has worked with 25 Active Ageing partners over the past five years to support more than 30,000 older adults into sport and physical activity. The programme has provided learning on how to provide positive, inclusive physical activity experiences that support older adults to build sport and physical activity into their daily lives. This guide summarises this

learning and provides inspiration and actions for organisations wishing to help people become more active.

#### Ethnicity and young people's health inequalities

- 40. The Association for Young People's Health (AYPH) have published two reports:
- Themes from available data: The importance of ethnicity for understanding young people's experiences of health inequalities: In this data report, the AYPH reviewed a range of publicly available data sources for information and shared the data to highlight the health inequalities experienced by young people from ethnic minority backgrounds.
- Themes from engagement with a youth panel: The importance of ethnicity for understanding young people's experiences of health inequalities: The AYPH set up a youth panel to hear the views and experiences of a small group of young people. This report highlights the themes raised in these discussions.

#### Health inequalities position statement

41. The Obesity Health Alliance has published their health inequalities position statement. It outlines the key evidence on the relationship between excess weight and inequalities in health outcomes for a range of different socio-economic groups. It also explores the policy recommendations that represent the most viable first steps to closing these inequalities.

# Public Health Annual Report 2023: supporting communities in difficult times

42. The Local Government Association's 11<sup>th</sup> annual public health report, jointly published with the Association for the Directors of Public Health, reflects on the last year and focuses on how councils have responded to the cost of living crisis.

#### Racism is the root cause of ethnic inequalities in health

43. According to a report published by the Race Equality Foundation, racism is the cause of health inequity, from birth through to adulthood and into later life. It finds that racism is a key driver of ethnic inequalities in health, both directly and indirectly.

#### Tackling poverty and the cost of food

- 44. Greater food insecurity could affect people's physical health and mental wellbeing and create unmanageable pressure on already stretched NHS services. It is estimated that malnutrition costs the NHS £19.6 billion a year. The briefing, published by the NHS Confederation calls on the government to make a number of policy changes to help reduce the health impacts of the rising cost of food, particularly on those for whom rising prices have the biggest impact. The briefing includes case studies of how NHS leaders are already working to support patients, communities and staff.
- 45. The briefing includes a range of case studies including Nottingham and Nottinghamshire Integrated Care System -Their approach is to ensure that NHS providers and local authority teams in the system makes every contact count by enquiring about access to food and heating, and their place-based partnerships are supporting access to food banks and other support

offers through partnerships with the voluntary community and social enterprise (VCSE) sector. Primary care networks in the area identify and support vulnerable households through proactive signposting, and work with the VCSE and local authority public health teams to provide support mechanisms where available, supported by the Integrated Care Board (ICB) and place-based partnerships.

#### Transforming support: the Health and Disability White paper

46. Following the consultation Shaping future support: The Health and Disability Green Paper, this white paper sets out proposals to help more disabled people and people with health conditions to start, stay and succeed in work.

# Papers to other local committees

47. Nottingham and Nottinghamshire All Age Carers Strategy

Cabinet

9 March 2023

48. The Nottinghamshire Healthy Families Programme: 2024 and beyond

Cabinet

9 March 2023

49. The Role of Electronic Cigarettes (Vapes) in Tobacco Control and Public Health

Adult Social Care and Public Health Select Committee

13 March 2023

50. The Council's activities in Response to the challenges of climate change and to the climate emergency declaration

Place Select Committee

15 March 2023

51. NHS Dental Services

Health Scrutiny Committee

28 March 2023

52. Nottinghamshire Plan – Annual Delivery Plan 2023 -2024

Cabinet

20 April 2023

53. Improving the experiences and outcomes for children and young people with special educational needs and disabilities

Cabinet

25 May 2023

#### **Nottingham and Nottinghamshire Integrated Care System**

54. Board papers

Nottingham & Nottinghamshire Integrated Care Board

9 March 2023

#### 55. Board papers

Nottingham & Nottinghamshire Integrated Care Board 11 May 2023

#### **Nottinghamshire Police and Crime Commissioner**

56. Newsletter
March & April 2023

57. Newsletter May 2023

58. Newsletter
June 2023

# Other Options Considered

59. There was the option to not provide the Chair's Report, however this option was discounted as the Chair's Report provides important updates relating to the delivery of the Joint Health and Wellbeing Strategy for Nottinghamshire.

#### Reasons for Recommendation

60. To identify potential opportunities to improve health and wellbeing in Nottinghamshire.

# **Statutory and Policy Implications**

61. This report has been compiled after consideration of implications in respect of crime and disorder, data protection and information governance, finance, human resources, human rights, the NHS Constitution (public health services), the public-sector equality duty, safeguarding of children and adults at risk, service users, smarter working, sustainability and the environment and where such implications are material they are described below. Appropriate consultation has been undertaken and advice sought on these issues as required.

#### **Financial Implications**

62. There are no financial implications arising from this report.

#### RECOMMENDATION

The Health and Wellbeing Board is asked:

- 1) To consider the Chair's Report and its implications for the Joint Health and Wellbeing Strategy 2022-26.
- 2) To establish any actions required by the Board in relation to the various issues outlined in the Chair's Report.

#### Councillor Dr John Doddy

# **Chairman of the Health and Wellbeing Board Nottinghamshire County Council**

#### For any enquiries about this report please contact:

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## **Constitutional Comments (GMG 12/05/23)**

63. This report falls within the remit of the Board for consideration.

#### Financial Comments (DG 12/05/23)

64. There are no direct financial implications arising from this report.

# **Background Papers and Published Documents**

Except for previously published documents, which will be available elsewhere, the documents listed here will be available for inspection in accordance with Section 100D of the Local Government Act 1972.

None

## Electoral Division(s) and Member(s) Affected

All