

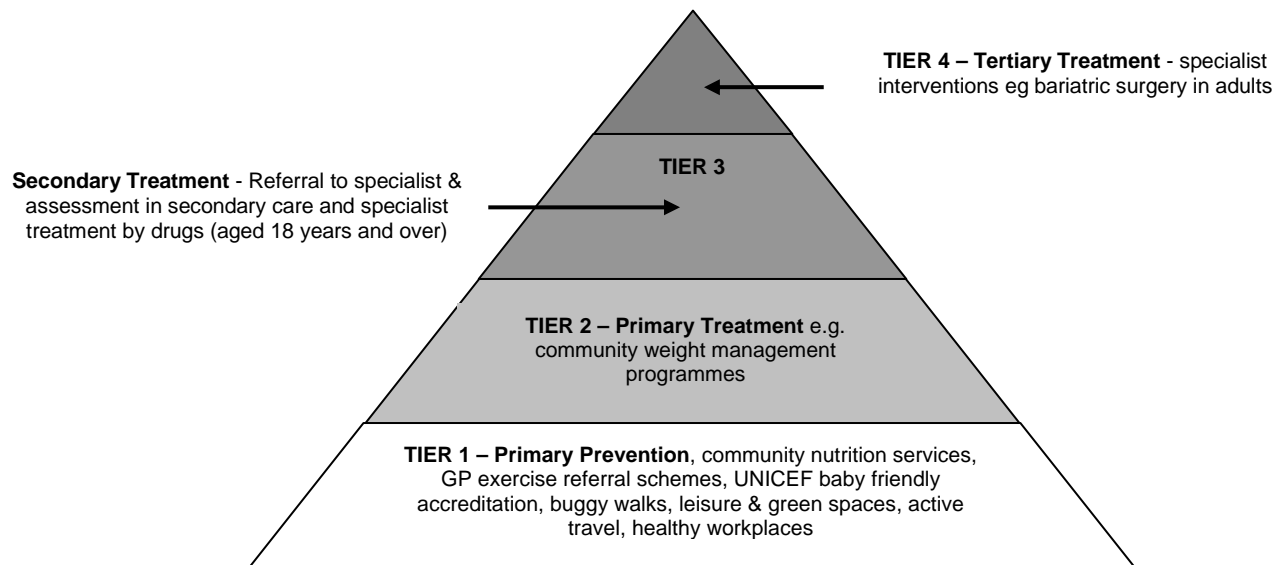
6th June 2013**Agenda Item: 9****REPORT OF THE DIRECTOR OF PUBLIC HEALTH****RESOURCE FROM PUBLIC HEALTH GRANT TO FUND GAPS IN
NOTTINGHAMSHIRE PREVENTION AND MANAGEMENT OF EXCESS
WEIGHT PATHWAY****Purpose of the Report**

1. The purpose of this report is to provide the case and obtain agreement for additional resource from the Public Health Grant to enable the commissioning of equitable weight management services across Nottinghamshire County.

Information and Advice

2. Excess weight threatens the health and wellbeing of individuals and has a financial burden in term of health and social care costs, on employers through lost productivity and on families because of the increasing burden on long-term chronic disability. It is responsible for an estimated 9,000 premature deaths per year in England.
3. Unhealthy diets combined with physical inactivity have contributed to an increase in excess weight in England and almost a quarter of adults and almost a sixth of children under the age of 11 are obese. It is predicted that by 2050, 60% of adult men, 50% of adult women and 25% of children may be obese. Alongside this, being overweight has become usual, rather than unusual.
4. The Nottinghamshire Health and Wellbeing Strategy has identified excess weight, this complex yet common condition, as a key priority. The complexity and interrelationships of the causes of excess weight require the need for a multi-dimensional approach to deal with it. The Nottinghamshire prevention and management of excess weight model consists of four tiers:
 - Tier 1 focuses on the prevention of excess weight for the wider population, with an emphasis on those who are more at risk e.g. lower socio-economic and socially disadvantaged groups, particularly women, people with physical disabilities, people with learning difficulties, people diagnosed with a severe and enduring mental illness and older people.

Nottinghamshire Prevention and Management of Excess Weight Model



- Tier 2 focuses on the provision of community weight management services for those who are overweight or obese
 - Tier 3 focuses on the provision of a specialist multidisciplinary weight management service for those with complex obesity. This tier includes the use of anti-obesity drugs which should only be considered in adults aged 18 years and over after dietary, exercise and behavioural approaches have been started and evaluated.
 - Tier 4 focuses on the provision of weight loss (bariatric) surgery for adults defined as morbidly obese, when all other measures have failed. In the East Midlands, people must have a BMI of 50 kg/m² and above may be eligible for surgery. The NHS Commissioning Board will be responsible for the commissioning of bariatric surgery from April 2013.
5. From April 2013, Public Health in the Local Authority became the responsible commissioner for obesity interventions, locally led nutrition and physical activity initiatives via funding from the Public Health ring-fenced Grant. Nottinghamshire currently invests approximately £960,000 in overweight/obesity prevention and management services through a large number of different contracts and providers.
 6. An additional £540,000 was requested as part of the broader paper on service developments. Consideration of this paper was deferred by the Policy Committee as it was felt that opportunities for integration and collaborative working across the Council should be explored further before funding was committed.
 7. The paper 'Public Health Service Development Costs' and 'Nottinghamshire County Overweight/Obesity Prevention and Weight Management Services' was discussed at the April 2013 meeting. The paper was supported as it met an urgent need to review the current services and improve access to equitable high quality services across the county.

8. The additional £540,000 requested as part of the service developments is required to feed into the review of services to meet the current gaps in service provision particularly around community and specialist weight management (Tiers 2 & 3) services.
9. This funding will enable the commissioning of evidence-based integrated obesity prevention and weight management services for adults (including pregnant women) and children across the whole of Nottinghamshire to ensure there is a co-ordinated approach to tackling excess weight. This is supported by the Nottinghamshire Obesity Strategy Integrated Commissioning Group which includes a range of senior strategic representatives from County Council, Borough/District Councils, Clinical Commissioning Groups and includes both a physical activity and diet expert.

The Rationale

10. In October 2011 the Department of Health issued “Healthy Lives, Healthy People: a call to action on Obesity in England”. This sets out the national strategy to tackling excess weight and sets new national ambitions:
 - A sustained downward trend in the level of excess weight in children by 2020
 - A downward trend in the level of excess weight averaged across all adults by 2020.
11. There are parts of the Nottinghamshire overweight/obesity pathway in which there are gaps. There is **no** Tier 3 specialist weight management service in place and Tier 2 community weight management services are **only being delivered in Bassetlaw**.

Expected Outcomes

12. By having the additional resource along with the current investment will ensure that the gaps in service provision are filled and provide an equitable obesity prevention and weight management service across the whole county. This will help to reduce the need for access to higher tiers of the pathway and therefore the need for anti-obesity drugs and surgery.

Other Options Considered

13. **Maintain the status quo.** Without additional investment, the gaps in current service provision at Tiers 2 & 3 will not be addressed.

Statutory and Policy Implications

14. This report has been compiled after consideration of implications in respect of finance, equal opportunities, human resources, crime and disorder, human rights, the safeguarding of children, sustainability and the environment and those using the service and where such implications are material they are described below. Appropriate consultation has been undertaken and advice sought on these issues as required.

Implications for Service Users

15. The local population of Nottinghamshire and those at increased risk of an excess weight will be able to access high quality weight management services across the county.

Financial Implications

16. The request is for £540,000 from the ring fenced Public Health Grant to put in place weight management services (within a total budget of £1.5m) as soon as possible.

RECOMMENDATION/S

17. That the Public Health Sub-Committee are asked to:

- i. Agree to £540,000 being released from the ring fenced Public Health Grant to enable the current gaps in the Nottinghamshire weight management pathway to be filled.

Chris Kenny
Director of Public Health

For any enquiries about this report please contact: Anne Pridgeon (Public Health)

Constitutional Comments

To follow

Financial Comments

To follow

Background Papers

Except for previously published documents, which will be available elsewhere, the documents listed here will be available for inspection in accordance with Section 100D of the Local Government Act 1972.

To follow

Electoral Division(s) and Member(s) Affected

All