

One Door MANY Pathways



Our plans to transform services for children, young people and families



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Aims

- To share details of our ambition to transform services
- To seek the Committee's support and advice

Focus

- Child and Adolescent Mental Health Services (CAMHS) – inpatient and outpatient services currently provided by the Trust at the Thorneywood Unit
- Perinatal Psychiatric Services, for mothers and babies, currently provided by the Trust at the Queen's Medical Centre.

Our ambition

to improve the quality of life and life chances for children and young people

- Our 5-year strategy *One Door, Many Pathways*
- Early priorities include:
 - improving services and support for children and young people with emotional or mental health needs
 - improving the quality of our facilities
- Our Board has committed in principle to investing in the redevelopment of the CAMHS inpatient unit

The case for change

CAMHS

- National and local reviews
- New integrated pathway
- Insufficient local inpatient provision
- The current accommodation is no longer suitable

Perinatal

- Isolation once adult mental health wards move
- The current accommodation is not suitable

Listening to what our patients and their families say

- A range of involvement activities underpin our work
 - Reviewing our complaints and compliments
 - Focus group discussions with CAMHS outpatients, with young people who have been inpatients, and with mothers who have experience of the perinatal services
 - Experience-based co-design will be used in the detailed planning stages
- We are committed to involving patients and their families at each stage of planning, design and implementation

Options appraisal

- A range of initial options have been considered
- Our exciting vision is to bring the specialist services together within a single site
- Detailed appraisals are underway on:
 - the number and type of CMHS inpatient beds
 - the number of perinatal beds
 - options for community CAMHS services
 - options for the site location – with Thorneywood and the Cedars site being considered

Next steps

Three stages to our business case development

1. The **strategic case** for change – we have completed this and the strategic case is endorsed by our Trust Board
2. The **outline business case** – the aim is to present this to our Trust Board in March
3. The **full business case** – is likely to be presented in the summer.

Consultation

- We are committed to proper consultation on any significant service change
- We welcome the Committee's advice