

**PUBLIC HEALTH PERFORMANCE AND QUALITY REPORT FOR CONTRACTS FUNDED
WITH RING-FENCED PUBLIC HEALTH GRANT 1 JULY 2019 TO 30 SEPT 2019****Purpose of the Report**

1. To enable Members to scrutinise the performance and quality of services commissioned by Public Health (PH)

Information

2. The Health and Social Care Act 2012 confers general duties on local authorities to improve and to protect the health of their local populations, including specific statutory duties to commission certain mandatory services for residents^[1], the provision of specialist advice to the local NHS, and health protection advice to organisations across the local system.
3. In discharging these duties, the Council is currently supported by a ring-fenced grant which must be deployed to secure significant improvements in health, giving regard to the need to reduce health inequalities and to improving uptake and outcomes from drug and alcohol treatment services.
4. Services commissioned by public health contribute to a number of Council commitments (in particular, Commitment 6 – People are Healthier) and are critical for securing improved healthy life expectancy for residents.
5. Working with colleagues, the Public Health Contract and Performance Team manages the performance of providers to ensure the Authority and the residents of Nottinghamshire are receiving good outcomes, quality services and value for money.
6. Contract management is undertaken in a variety of ways including regular contract review meetings, quality assurance visits to the service and ongoing communication.
7. This report provides the Committee with an overview of performance for Public Health directly commissioned services and services funded either in whole or in part by PH grant, in July to September 2019 against key performance indicators related to Public Health priorities, outcomes and actions within:

a). the Public Health Service Plan 2019-2020;

^[1] These mandatory services include: local implementation of the National Child Measurement Programme, assessment and conduct of health checks, open access sexual health and contraception services

b). the Health and Wellbeing Strategy for Nottinghamshire 2017-21; and

c). the Authority's Commitments 2017-21.

8. A summary of the key performance measures is set out on the first page of **Appendix A**. Where performance is at 80% or greater of the target or meets the standard, it is rated green.
9. Appendix A also provides a description of each of the services and examples of the return on investment achievable from commissioning public health services. Furthermore, it provides a breakdown of some commissioned services at District level.

NHS Health Checks (GPs)

10. The NHS Health Check Programme has met its targets for the second quarter. GPs identified and started treatment for 259 people at high risk, who were likely to have experienced a heart attack or stroke if they had not been detected early through the service. This is in addition to offering advice, signposting and treatment to all those who had a health check, a total of 6,133 people.
11. During this quarter, 11,047 people were invited to attend a health check, which represents the highest number since quarter two of 2014/15. The proportion of people taking up their invitation was 55.5%, an improvement on last year's national average of 45.9%.
12. The aim of this programme is to help prevent heart disease, diabetes, stroke, kidney disease and certain types of preventable dementia by offering a check once every five years to everyone between the ages of 40 and 74 who has not already been diagnosed with one of these conditions.

Integrated Sexual Health Services (ISHS) (Nottingham University Hospitals (NUH), Sherwood Forest Hospital Foundation Trust (SFHFT) and Doncaster and Bassetlaw Hospitals (DBH)

13. The ISHS provides a testing and treatment service for sexually transmitted infections (STIs) and contraception. High demand for the ISHS continues to arise with similar numbers of people accessing the service in this quarter compared with the previous quarter and compared with the same period last year. NUH has seen an increase in the number of filled appointments (>500) for County residents compared to the same period last year.

60% of new users accepting HIV test

14. Following work to resolve a data reporting issue last year for this measure all three ISHS providers are equal to or exceed the 60% target for the percentage of new service users accepting a HIV test.

75% of 15-24 year olds accepting a chlamydia test.

15. Chlamydia is one of the most common STIs and although often symptomless it can cause long-term health problems including infertility if left untreated.

16. SFHFT and DBH have exceeded the quality standard of 75% of 15-24year olds in contact with the service accepting a chlamydia test. NUH are below the quality standard in this quarter, reporting 64% of 15-24year olds accepting a chlamydia test. However, the service has confirmed that all appropriate young people are offered a test. The reasons for declining chlamydia testing amongst this patient group are due to be audited with the results of the audit being shared at the next (Q3) contract meeting.

30% of women aged 16-24 receiving contraception accept LARC

17. Long-acting reversible contraceptive (LARC) methods, such as contraceptive injections, implants, the intra-uterine system (IUS) or the intrauterine device (IUD), are highly effective as they do not rely on daily compliance and are more cost effective than condoms and the pill.
18. Take up of LARC across all ages of women of reproductive age should contribute to reducing unintended pregnancies. This 30% measure is routinely surpassed by all three ISHS providers and this continues to be the case this quarter.

Young People's Sexual Health Service- C Card (In-house)

19. The C-card scheme is a free and confidential advice and condom service for young people living in Nottinghamshire. The service has achieved 83% of target for new registrations with 292 this quarter against a target of 350. Numbers fell in quarter two with a number of registration points such as schools and colleges closed due to school holidays which has a negative impact on the number of registrations. This is still higher for quarter 2 in comparison to previous years.
20. The service just came below the target for the number of young people who return to use the scheme, however this was considered a healthy number due to the closures of registration points (due to school holidays).
21. The service continues to be well used and promotional activity is taking place to promote the scheme further and improve access.

Alcohol and Drug Misuse Services (Change Grow Live)

22. Change, Grow, Live (CGL) is the substance misuse treatment and recovery service in Nottinghamshire.
23. Successful completions from the whole service as defined by the contract have been consistently good and have been exceeded by the provider as evidenced in the performance figures.
24. CGL works proactively across the county to ensure residents get free from their substance misuse. Successful completion data from CGL for non-opiates such as cannabis, amphetamines, steroids, cocaine and crack cocaine and Novel Psychoactive Substances (or what were formerly known as 'legal highs') and opiates are over the planned target of 162 per quarter (actual 243 for quarter two).

25. Representations and unplanned discharges from the service have been consistently low for quarter two. From a total 2015 unique individuals who have presented to service in quarter two only 175 (8.6%) were discharged in an unplanned way with only 26 representations within the six months post discharge.
26. Overall improvements in the wider outcomes derived from the service are all above target for this quarter. These outcomes are:
- Employment, training and education: target 25%; performance 38%.
 - Mental wellbeing: target 60%; performance 79%.
 - Housing improvements (where housing was identified as an issue at entrance into the service): target 70%; performance 75%.

Young People's Substance Misuse Service (Change, Grow, Live)

27. The end of quarter two marks the end of the first year CGL took over the young people's substance misuse service on 1st October 2018. CGL have initiated new ways of working across the county with an emphasis on preventing young people starting to misuse substances as well as providing support for those who are misusing. Data from quarter two shows that 52 young people have been referred into the service (target of 50 per quarter). The highest referral source was from supported housing (ten) followed by Social Care (seven) then Youth Justice Services (five) and The Family Service (five). The service contacted 396 young people via outreach work and group work within quarter 2. There are no waiting times for young people to access this service.

Smoking Cessation (Solutions 4 Health)

28. Performance by the Stop Smoking Provider has improved in this quarter.
29. Nationally there has been a 14.7% reduction in the number of people setting a quit date in the last year and a 12.1% reduction in the number quitting successfully.
30. In Nottinghamshire 611 people were supported to stop smoking at four weeks in quarter 2, an increase from 508 successful quitters in quarter 1.
31. The quality of the local service continues to exceed national levels. Nationally the quality of interventions remains consistently high, with 52.1% of all service users successfully quit at the four-week stage. Locally the service supported 67% of people who set a quit date to quit at four weeks, an increase from 62.1% in quarter 1, significantly above the national average.

Illicit Tobacco Services (In-house)

32. Officers continue to apprehend and disrupt businesses and individuals involved in the sale of illicit tobacco products. In July, Police Officers were briefed about the prevalence of illicit tobacco and how to spot it when carrying out their duties. This work directly resulted in the Police seizing £1,400 of counterfeit tobacco when they attended a domestic incident in Hucknall. Enquiries are underway.

33. A multi-agency operation was also carried out between Trading Standards Teams from Nottinghamshire and Derbyshire with officers from Her Majesty's Revenue and Customs (HMRC). The operation targeted a shop in Sandiacre, linked to one in Stapleford that had recently been forced to close due to repeated prosecutions. The enforcement action was successful, with £3,000 worth of illicit tobacco products seized. A vehicle was also seized by HMRC that was being used to convey the illegal goods
34. Inspections also recently took place at premises in Sutton and Carlton, following anonymous complaints about underage sales. Both premises cooperated with the inspections and were able to demonstrate that CCTV systems were in place, along with records to show that age is being challenged and refusals have been taking place.
35. Extensive work has taken place in relation to a long-standing investigation involving a criminal conspiracy. Four individuals are suspected to have conspired together to supply illicit tobacco from a retail premises. The case will be reported for legal consideration.

Obesity Prevention and Weight Management (Everyone Health)

36. The Obesity Prevention and Weight Management service is on target in quarter two. Employment of a specialist midwife in the service has improved uptake of the maternity weight management, and referrals from the national child measurement programme together with some new engagement with adolescents has contributed to increased uptake of the children's weight management. There is a trend for low referrals from the Bassetlaw midwifery service, which requires addressing through ongoing engagement with this service.
37. Overall the service continues to perform well on the delivery of a wide range of targeted community initiatives. There has been a change in how "family food and fun" sessions are delivered with children centres services, and a reduction in demand for daily mile support in schools. The service is therefore adapting its focus in these settings to provide additional support aligned with our childhood obesity trailblazer, such as nutritional advice to our early year's menu planning and catering; and additional healthy lifestyle programme in schools.

Domestic Abuse Services (Notts Women's Aid and JUNO Women's Aid Integrated Services)

38. The Domestic Abuse service provides information, advice, safety planning and support (including support through the courts) to women, men, teenagers, children and young people. The service does not have targets, but the public health team monitors the outputs and outcomes of the service. The service is facing increasingly complex and difficult cases. Quality Assurance visits further evidence that the services provided are robust, well received by service users and provide good value for money.
39. Figures show an increase in the number of adults, children and young people supported compared with last year. The number of high-risk adult referrals is increasing, and this is beginning to impact on the capacity of the multi-agency risk assessment conferences (MARACs) where information is shared across partner agencies to ensure safety. MARAC referrals are being investigated alongside the Police who are the main referral source.

40. Over 50% of children on Child Protection Plans live in a household with domestic abuse and to this end the providers work closely with Children's Services and have workers based with the Family Service

Seasonal Mortality (Nottingham Energy Partnership)

41. This service protects and improves the health of residents in the county, by facilitating insulation and heating improvements and preventative adaptations in private sector homes, providing energy efficiency advice and reducing fuel poverty. The service targets the most deprived private sector households, with a specific emphasis on support to residents over 60 and a smaller provision for families with children under five and pregnant women. The service exceeded its targets last year and is working well towards 2019/20 goals.
42. The service has exceeded the quarter two target for the number of people they provide with comprehensive energy efficiency advice and/or help and advice to switch energy supplier or get on the cheapest tariff (82 people verses a target of 60). The service has commenced the training to deliver Energy Efficiency Brief Interventions to improve awareness of the links between cold-homes, fuel poverty and ill health and to generate appropriate referrals to the service, training 83 individuals against a quarter two target of 64 (130%).

Healthy Families (Nottinghamshire Healthcare NHS Foundation Trust)

43. The service is in its third year of delivery and the Healthy Families Programme is now embedded across the County as a fully integrated universal service for children, young people and their families. Performance of the service overall has been good and compares favourably with both our statistical neighbours and England as a whole. The contract will be extended to run for an additional four years in April 2020, ending in March 2024.
44. The Authority has set local targets for the provider, in line with National, regional and local performance. 'Stretch' targets have been applied to ensure that the service aspires to meet Nationally reported targets. The Authority has a statutory duty to ensure the delivery of five health and development reviews mandated by the Department of Health. Local performance for these reviews continues to be good. For example, in Quarter 2, 100% of families (n=1985) received a new birth visit.
45. Historical staffing and recruitment challenges have settled and there is a picture of increased workforce stability emerging. The Children and Young People's division within the Trust is working pro-actively to recruit and retain the workforce which is reflected in improved performance against the key performance indicators.

Oral Health Promotion Services (Nottinghamshire Healthcare Trust)

46. Nottinghamshire's specialist Oral Health Promotion Team works to improve oral health within local communities and among vulnerable groups by delivering training for the health, social care and education workforce, a supervised tooth-brushing programme in targeted primary schools (with linked nurseries) and health promotion activities such as the provision of tooth-brushing packs to one-year olds.

47. Performance by the service continues to be strong. During quarter two, oral health promotion training among frontline staff was delivered to 82 staff working in child-related services and 76 in adult-related services (quarter two target of 50 each). The targeted supervised toothbrushing programme was active in 22 primary schools (against a target of 20), engaging with around 3,000 children. In addition, parents of 1,796 children received oral health advice and resources at their child's one-year health review (86% of the quarter two 2019/20 one-year old child cohort).

Homelessness (Framework)

48. The service provides intensive support in short term hostel accommodation (up to 18 weeks) and less intensive support in Move On and Housing First Accommodation (typically for six months, and up to a maximum of 12 months) aimed at enabling the service user to achieve a range of outcomes including self-care, living skills, managing money, motivation and taking responsibility, social networks and relationships, managing tenancy and accommodation, reducing offending and meaningful use of time.
49. In quarter two a total of 41 people exited the short-term hostel accommodation of whom 37 (90%) exited in a planned way and four (10%) in an unplanned way. In terms of numbers this exceeds the expected target of 80% and reverses the picture where last quarter a number of factors resulted in more people than anticipated exited in an unplanned way e.g. alcohol, substance misuse and cases of violence were reported.
50. For the move on accommodation a total of 25 people exited the service in a planned way (89% against a target of >80%) with three people exiting the service in an unplanned way (11% against a target of <20%) which is within the targeted range.

Other Options Considered

51. None

Reason/s for Recommendation/s

52. To ensure performance of Public Health services is scrutinised by the Authority

Statutory and Policy Implications

53. This report has been compiled after consideration of implications in respect of crime and disorder, data protection and information governance finance, human resources, human rights, the NHS Constitution (public health services), the public sector equality duty, safeguarding of children and adults at risk, service users, smarter working, sustainability and the environment and where such implications are material they are described below. Appropriate consultation has been undertaken and advice sought on these issues as required.

Financial Implications

54. Robust performance and quality reporting ensures that financial implications are monitored and reviewed effectively to minimise financial risk to the council.

Public Sector Equality Duty implications

55. Monitoring of the contracts ensures providers of services comply with their equality duty. Equality performance is a standing agenda item of review meetings and providers are asked to provide case studies celebrating success and showing how complaints, if applicable, are resolved.

Safeguarding of Children and Adults at Risk Implications

56. Safeguarding is a standing item on contract review meeting agendas and providers are expected to report any areas of concern allowing the Authority to ensure children and adults at risk are safe.

Implications for Service Users

57. The management and quality monitoring of contracts are mechanisms by which commissioners secure assurance about the safety and quality of services using the public health grant for service users.

RECOMMENDATION

58. For Committee to scrutinise the performance of services commissioned using the public health grant

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Constitutional Comments (AK 27/11/2019)

59. The recommendation falls within the delegation to Adult Social Care and Public Health Committee under its terms of reference.

Finance Comments (DG 27/11/2019)

60. There are no direct financial implications arising from this report.

Background Papers and Published Documents

Except for previously published documents, which will be available elsewhere, the documents listed here will be available for inspection in accordance with Section 100D of the Local Government Act 1972.

61. 'None'

Electoral Division(s) and Member(s) Affected

62. 'All'