## **Health Scrutiny Committee**

## 8<sup>th</sup> May 2018

## Suicide and Self Harm Prevention at Rampton Hospital

- Self-harm and suicide are separate but clearly interconnected risks.
- While patients are only admitted to Rampton Hospital because they are assessed as posing a
  'grave and immediate' risk to others (that cannot be managed in conditions of lesser
  security), many also present with significant or severe risks to themselves.
- The prevention/reduction of self-harm or suicide has three components:
  - Assessment:

This involved clinical and risk assessment, that eventually is used to inform a formulation of the role/purpose of self-harm/suicidal behaviour for the specific individual.

- Management:

This involves the risk management strategies employed to reduce the likelihood or consequences of self-harming/suicidal behaviour.

- Treatment:

This involves the interventions utilised to attempt to address the underlying causes of the self-harming/suicidal behaviour.

John Wallace will discuss the definition of these risks to self, and the assessment, management, and the treatment interventions which are utilised to reduce and treat self-harm and suicidal behaviour.