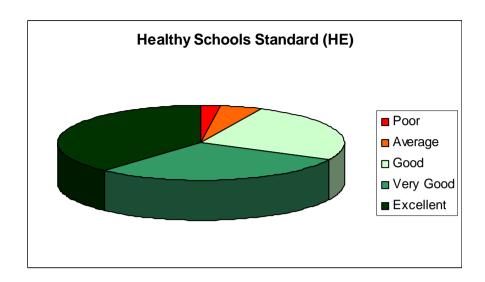
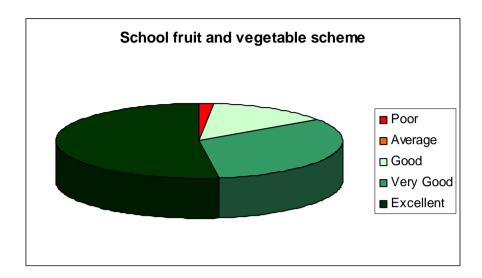
Each school was asked what to rate each of the healthy eating & diet and physical activity & exercise initiatives.

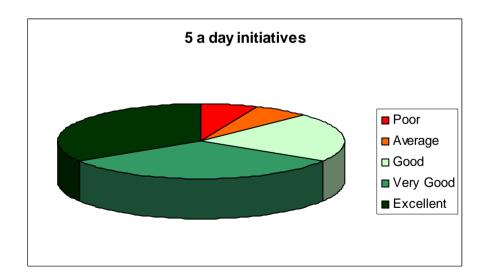
T		1		<u> </u>	1 1			
		Doutiein etien et						
		Participation of	_	<sub> </sub>	A	0	\	F II t
	responses	•	rating	Poor	Average	Good	Very Good	
Healthy Schools Standard	86		3.97	2	4	22		33
School fruit and vegetable scheme	111	77.08	4.33	2		15		
5 a day initiatives	62		3.81	4	4	13	_	21
Early Bytes passport to health	43		3.70	3		11	10	
Healthier tuck shops	34		3.82	1	2	10		
Vending machines	15		2.87	2		6	-	3
School meals projects	71	49.31	3.51	4	·	28		15
Growing projects	29		3.41	1	4	12		6
Healthier packed lunches	48		3.19	3		16		
Breakfast clubs	44		3.91	1	6	6		17
After school clubs	71	49.31	3.65	6	3	18		17
Cooking clubs	23	15.97	3.39	2	2	9	5	5
Local produce procurement	11	7.64	3.55	2	0	2	•	3
Drinking water initiatives	117	81.25	4.08	2	6	20	42	47
Healthy Schools Standard	63		4.13			11	19	29
School travel plans	41	28.47	3.24	2	-	18		3
Walk to schools initiative	65		3.29	4		21	17	11
Cycling programme	34		3.50			8		
Playground environment	79		3.71	2	. 7	24		
Specialist sports colleges	36		4.11	1	0	9	-	
School sport partnerships	93	64.58	4.03	2	4	17	36	34
Step into sports	7	4.86	4.00	1	0	1	1	4
CSLA and JSLA programmes	22	15.28	3.68	C	4	6	5	7
TOPs programmes	102	70.83	3.80	2	5	33	33	29
Dreams and Teams	3	2.08	5.00	C	0	0	0	3
144	total responses	%						

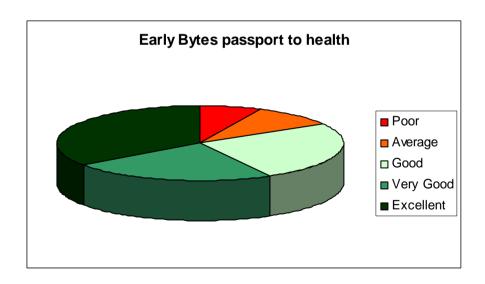
(1 = poor, 2 = average, 3 = good, 4 = very good, 5 = excellent)

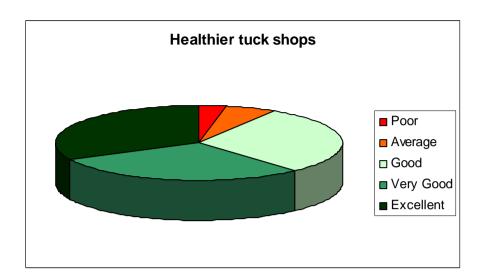
Healthy Eating and Diet APPENDIX 2

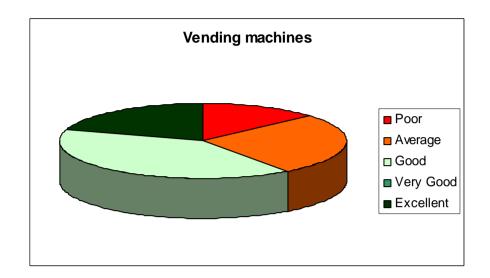


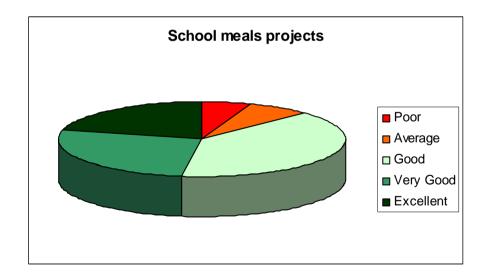


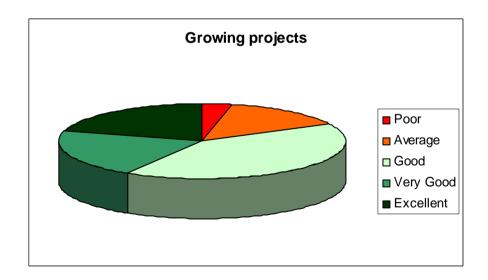


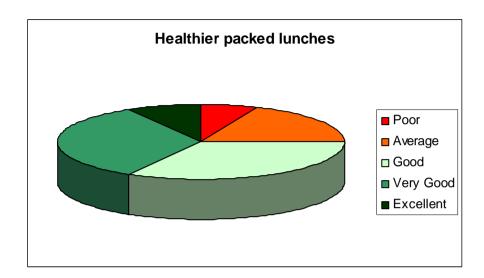


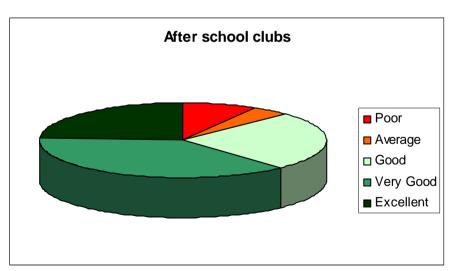


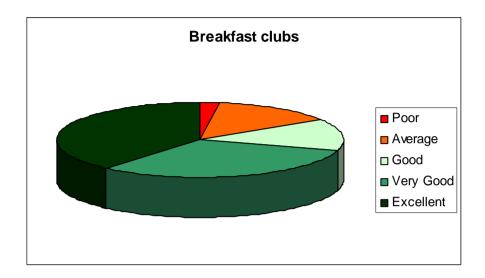


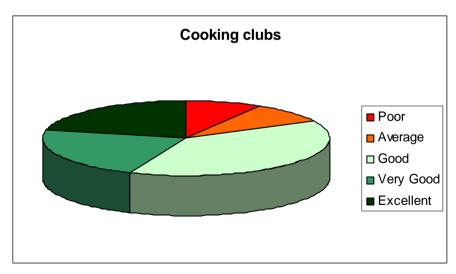


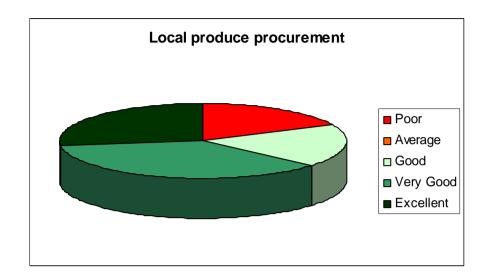


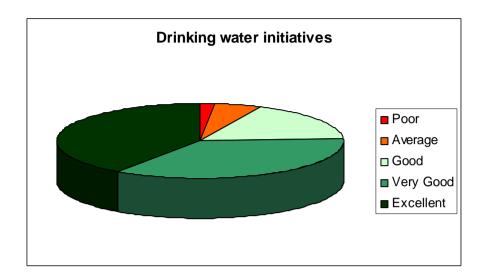












## **Physical Activity and Exercise**

