

16 March 2020**Agenda Item: 5**

REPORT OF DIRECTOR OF PUBLIC HEALTH

NOTTINGHAMSHIRE SUBSTANCE MISUSE TREATMENT AND RECOVERY SERVICE – VISION AND OUTCOMES FOR THE FUTURE

Purpose of the Report

1. For Adult Social Care and Public Health Committee to consider the key performance indicators (KPIs) and outcomes that Change, Grow, Live (CGL) will be performance managed on as part of the new all age Nottinghamshire Substance Misuse Treatment and Recovery Service.

Background and policy context

2. Substance Misuse is the harmful use of substances like drugs or alcohol and is associated with a wide range of physical and mental health issues as well as broader social issues including homelessness, unemployment, criminal activity and anti-social behaviour. Based on projections from national estimates (Alcohol and Drug Prevention Treatment and Recovery: Why Invest, Public Health England 2018), the financial costs for Nottinghamshire County are estimated to be £31.8 million each year for alcohol related harm and £15.8 million for illicit drug misuse.
3. Modelling cited in the Nottinghamshire Joint Strategic Needs Assessment on Substance Misuse (November 2018) highlights that there are more than 170,000 residents who would benefit from a substance misuse intervention because they misuse substances frequently and an estimated 26,000 who are dependent on substances (4,436 dependent opiate and/or crack users and 21,632 dependent on alcohol). Both represent pressing public health needs and alcohol represents by far the greater burden. For young people specifically, it is estimated that 665 10-17 year olds are misusing drugs and 5,114 young people are drinking at increasing and higher risk levels. These figures are likely to be under-estimates due to the hidden nature of some substance misuse.
4. At its October 2019 meeting, the Adult Social Care and Public Health Committee reviewed the outcome of the tender for the new all age Nottinghamshire Substance Misuse Treatment and Recovery Service which will be fully mobilised from 1st April 2020. The Committee requested a follow up report to describe in more detail the key performance indicators that the service will work towards.

The vision for the Nottinghamshire Substance Misuse Treatment and Recovery Service

5. The new vision for the service will be not only to support individuals but also to tackle inter-generational substance misuse through a family-based approach. This vision will be enacted through a move towards incorporating a family-based model, as specified in the tender, to support all individuals to recover from their substance misuse as well as take a personalised care approach. Personalised care is also one of the key projects within the Adult Social Care and Public Health Departmental Strategy (2019-2021), under the programme area *Develop our integrated health and social care*.
6. With this vision in mind, Nottinghamshire County Council Public Health commissioners and CGL are working to place the service user at the heart of the service to enable them to exercise control over their treatment outcomes and goals.
7. Personalised care means people have choice and control over the way their care is planned and delivered. It is based on 'what matters' to them and their individual strengths and needs. It provides a positive shift in power and decision making that enables people to have a voice, to be heard and to connect to each other and their communities. Personalised care represents a new relationship between the individual, professionals involved in their care and indeed the entire health and social care system. There is increasing evidence that a more personalised care approach results in better health and wellbeing outcomes for people therefore taking a personalised care is an integral part of the new service model.

Nottinghamshire Substance Misuse Treatment and Recovery Service – KPIs and Outcomes

8. In addition to CGL adopting a personalised care approach to substance misuse treatment and recovery, Public Health commissioners will also be gathering a range of performance monitoring information from CGL on a quarterly basis (see Appendix 1). These indicators are outcome based and focus on specific elements of the service (such as outcomes for young people, families and adults).
9. The service will also be gathering a range of completely new information on treatment outcomes where there are children present within the household and evaluating how the new family-based model will reduce the hidden-harm caused by substance misuse in Nottinghamshire. For example two of these new KPIs are the number of young people who show improvements in their social, emotional and mental wellbeing, and the proportion of adults with responsibility for children successfully completing and not re-presenting to the service within 6 months.
10. The KPIs and outcome measures ensures that the success of the service is not just seen in terms of "successful completions of treatment". The service will also measure the wider health and social benefits that are accrued whilst service users remain in treatment and recovery, such as improvements in mental and physical health, self-reported quality of life, reductions in substance misuse and increased engagement with education and training and employment. For individuals who have been misusing substances for many years and who have significant mental or physical health problems as a result of this, successful completion of treatment is often simply not a realistic goal. Public Health England reported in *An*

evidence review of the outcomes that can be expected of drug misuse in England (2018) that treatment goals for ageing substance misuse users who are very unwell, may simply be to maintain them in treatment, as clinically appropriate, in order to keep them alive and manage their physical and mental health conditions as far as possible. Therefore, CGL will be measuring the improvement in mental health, education and training for those service users who have been in treatment for over four years.

11. The Nottinghamshire Substance Misuse Treatment and Recovery Service is co-commissioned by Nottinghamshire County Council and the Police and Crime Commissioner. As such, CGL will continue to measure and report on a range of outcomes specifically for those service users coming through the criminal justice system.
12. Given that the Nottinghamshire Joint Strategic Needs Assessment on Substance Misuse highlighted that alcohol was in fact the highest need, there has also been added focus when designing the new service model that the number of service users coming into alcohol treatment should increase. Alcohol has therefore been deemed a key priority within the new service and will be operationalised through a new digital offer (an innovative Alcohol ChatBot), as well as alcohol specific recovery workers, and alcohol only clinics. The work of the Nottinghamshire Substance Misuse Treatment and Recovery Service is fully aligned with the wider Nottingham and Nottinghamshire Integrated Care System's Alcohol Harm Reduction Plan and CGL are an active member of the Nottinghamshire Alcohol Pathways Group.
13. Given that the contract length for the Nottinghamshire Substance Misuse Treatment and Recovery Service is up to 8 years and that trends in substance misuse can rapidly change, it is recognised that the service key performance indicators and outcomes are likely to evolve over the life-course of the contract.

Reasons for Recommendations

15. At their meeting on the 8th October 2019, the Adult Social Care and Public Health Committee requested a report to be presented on the key performance indicators and outcomes which would demonstrate the success of the new all age Nottinghamshire Substance Misuse Treatment and Recovery Service.

Statutory and Policy Implications

16. This report has been compiled after consideration of implications in respect of crime and disorder, data protection and information governance, finance, human resources, human rights, the NHS Constitution (public health services), the public sector equality duty, safeguarding of children and adults at risk, service users, smarter working, sustainability and the environment and where such implications are material they are described below. Appropriate consultation has been undertaken and advice sought on these issues as required.

Crime and Disorder Implications

17. The links between substance misuse and the criminal justice system have been considered. The PCC is a member of NCC Public Health's strategic commissioning advisory group. NCC Public Health intend to commission a substance misuse service for all residents that is inclusive of the criminal justice pathway.

Financial Implications

18. The substance misuse contract will be funded from the Public Health Grant, within the budget envelope that is available for this service. The current NCC Public Health investment is £8,570,135 per year.

Human Resources Implications

19. There are no HR implications as this is a commissioned service.

Human Rights Implications

20. No known human rights implications, service functions will still be provided and available to the communities across the County.

Implications in relation to the NHS Constitution

21. No known NHS Constitutional implications. Further conversations are taking place with NHS Stakeholders across the County.

Public Sector Equality Duty implications

22. Nottinghamshire County Council have considered the equality implications of the consultations reach and completed an Equality Impact Assessment on the process. The document has been uploaded onto the Council's publicised page.
<http://www.nottinghamshire.gov.uk/jobs-and-working/equality/completed-equality-impact-assessments-eqias>

Implications for Service Users

23. Service users will receive a new service offer which is integrated and coordinated. This should improve the information and support available to residents across the county.

Implications for Sustainability and the Environment

24. The service model is working within local communities, responding directly to communities needs which will be more sustainable long term.

RECOMMENDATIONS

It is recommended that the Committee:

- 1) Consider whether there are any actions they require in relation to the issues contained within this report.

Jonathan Gribbin, Director of Public Health

Jonathan.gribbin@nottscc.gov.uk

For any enquiries about this report please contact:

Sarah Quilty, Senior Public Health and Commissioning Manager: Sarah.quilty@nottscc.gov.uk

Amanda Fletcher, Consultant in Public Health: Amanda.fletcher2@nottsc.gov.uk

Constitutional Comments (EP 03/02/2020)

25. The Adult Social Care and Public Health Committee is the appropriate body to consider the contents of the report. If Committee resolves that any actions are required, it must be satisfied that such actions are within the Committee's terms of reference.

Financial Comments (DG 03/02/2020)

26. The current NCC Public Health investment is £8,570,135 per year, funded from the Public Health Grant. If there are increases or reductions to future grants, the affordability of the contract will be re-assessed in light of this.

Background Papers and Published Documents

Except for previously published documents, which will be available elsewhere, the documents listed here will be available for inspection in accordance with Section 100D of the Local Government Act 1972.

- Substance Misuse Service / New Psychoactive Substances (NPS) paper – October 2019 – Adult Social Care and Public Health Committee.
- Substance Misuse Service paper – October 2018 – Adult Social Care and Public Health Committee.
- Commissioning Intentions paper – February 2018 – Adult Social Care and Public Health Committee.

Electoral Division(s) and Member(s) Affected

All.

