

2019

# Nottinghamshire Housing with Support Strategy Adults 18-64 DRAFT



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## **The Councils Purpose for its 'Housing with Support'**

In Nottinghamshire, the focus for social care is to help residents to stay independent for longer. Enabling residents to make their own decisions on the care and support services they may need at different times during their life.

Through this strategy the Council is confirming its approach to the management of 'Housing with Support' to ensure that it can adapt and respond to future service demands and requirements. The Council wants to ensure that:

- There is the right support at the right time in the right place for all Nottinghamshire residents who have an assessed need.
- Residents who have care and support needs have access to the right kind of housing to ensure maximum independence.
- Residents who have care and support needs are able to live as close to an ordinary life as possible in a place they can call home.

The Care Act 2014 emphasised the role of housing in ensuring delivery of effective health and social care support. Whilst the County Council is not a housing authority, it recognises the crucial role that the right housing has in meeting an individual's care needs. Therefore to achieve this vision the Council will work closely with all its partners including health, the seven district and borough Councils, private landlords and other housing organisations, care and support providers as well as voluntary and third sector organisations to ensure that there are sufficient opportunities for providing a comprehensive 'Housing with Support offer'.

## **Introduction**

The Council's 'Your Nottinghamshire, Your Future' Strategy 2017-2021 and Adult Social Care Strategy 2017 set out a strong commitment to ensure that adults 18-64 who have a long-term illness and/or disability are able to live as independently as possible in their own home.

The Council must ensure that it can provide a level of 'Care and Support' that is proportionate to people's needs and makes the best uses of the resources available. This involves taking a 'whole life approach' to individuals, ensuring support is available when and where they need it to enable them to live as close to an 'ordinary life'<sup>1</sup> as possible.

The Council can help people to access a wide range of services that provide care and support to maintain, enhance or restore, people's independence, helping them to live independently in their own homes. The majority of these services are delivered to people in their own home. However, it is recognised that some people may need a greater level of care and support and who as part of their care and support arrangements may need more specialist housing to meet their needs. This is the Nottinghamshire County Councils 'Housing with Support Offer'.

This document sets out how the Council will optimise the commissioned services that make up its 'Housing with Support' Offer for adults 18-64 in Nottinghamshire who have care and support needs (including people

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<sup>1</sup> REACH Support for LIVING an ordinary life (2014) is a practical resource designed to encourage those supported, their families, commissioners and agencies to be honest about 'where they are at,' to have an understanding of what is possible and agree the steps for moving forward.

with long-term illnesses, people with learning disabilities, people with Autism/Asperger's, people with physical and sensory disabilities, and people with mental illness). It is recognised that for some people residential care may be an appropriate care and support solution either as a transition to 'Housing with Support' or as a longer-term option. However, the focus of this strategy is on 'Housing with Support'.

## **Background to why the Council provides 'Housing with Support'**

Nottinghamshire County Council has a long history of supporting people to live as independently as possible in a range of housing with support arrangements. The Council currently provides care and support to around 4000 adults 18-64 who have some form of long-term health condition or disability. About 600 of these individuals receive 'Housing with Support'.

The number of 18-64 year olds receiving care and support from the County Council has remained static over the past few years but with the level of disability and complexity of need increasing. The Nottinghamshire Joint Strategic Needs Assessment (JSNA) suggest that statistically the number of people needing support is increasing and many of these will require additional funding due to the complexity and cost of providing their care<sup>2</sup>.

In 2017 analysis of the Councils, 'younger adult's services' identified that:

- 37% of service users could achieve greater independence with some adjustment to their support, such as 'enablement' services,
- 35% of service users could achieve better outcomes with a care package that better reflects their needs, skills and aspirations,
- 28% of service users were benefiting from a package of care and receiving the right level of care appropriate to their needs was allowing them to live as independently as possible.

The analysis identified that there was the potential for 72% of service users that could be supported to be more independent and that this opportunity could result in better outcomes for service users by:

- Increasing their independence at their current home.
- Increasing their independence to be able to move out of Supported Accommodation.
- Increasing their independence to be able to move out of Residential Care.

## **The Care Act 2014**

The Care Act 2014 provides a coherent approach to adult social care in England. Part one of the Act (and its Statutory Guidance) sets out new duties for local authorities and partners, and new rights for service users and carers.

The act aims to achieve:

- Clearer fairer care and support for people with disabilities and long-term illnesses.
- A new emphasis on wellbeing - physical, mental, and emotional – of both the person needing care and their carer. In this context, wellbeing includes consideration of the 'suitability of living accommodation' to meet an individual's needs.

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<sup>2</sup> Nottinghamshire JSNA <http://www.nottinghamshireinsight.org.uk/research-areas/jsna/summaries-and-overviews/the-people-of-nottinghamshire-2017/>

- Greater emphasis on prevention and delaying the need for care and support.
- People being in control of their care.
- A seamless transition for young people moving to adult social care services.
- A statutory requirement for local authorities to collaborate, cooperate and integrate with other public authorities e.g. health and housing.

The Care Act and supporting guidance references the importance of housing in the following ways:

- The definition of the core well-being principle, which local authorities have a duty to promote, includes the suitability of living accommodation
- Housing is now explicitly referenced as part of local authorities' new duty to promote the integration of health and care.
- Registered providers of social housing are now explicitly listed as one of the partners a local authority must co-operate with when considering and planning a person's need for care and support
- Strengthening the prevention guidance to go beyond traditional health and social care services and include housing
- Recognition of the role housing plays in providing information and advice to tenants
- Within the guidance on market shaping and commissioning, setting out housing's role in promoting choice and wellbeing, and calling for local authorities to encourage the development of services such as extra care and supported living

## **Transforming Care**

'Transforming Care' is an NHS programme aimed at reducing the number of people admitted to, and the amount of time they subsequently stay in, secure hospitals and assessment and treatment centers. The programme is about improving health and care services so that more people can live in the community, with the right support, and close to home. Over the last five years more than 70 people with learning disabilities and/ or Autism have moved into the community in Nottinghamshire from specialist hospitals. There are still a further 25 adults within these specialist hospitals who need to be supported to live within the community. These individuals will require specialist accommodation that meets their specific needs now and in the future.

The programme has concentrated on people with Learning Disabilities and Autism but similar work is on-going for other people with mental health conditions and the kind of services required to support these complex individuals include specialist supported accommodation, step-up, step down options and skilled support staff.

## **Transitions**

The Council's Children and Families Department support children and young people (under 18) who need care and support. They work closely with the Transitions Team, which consists of social workers, and community care officers who provide planning, assessment, advice and support services for young people preparing for adulthood. The Transitions Team work with young people who have an impairment and require additional social care support. On average, 10 young people each year who transition into adulthood require specialist 'Housing with Support' provision.

## **Housing**

Principles of how to support and enhance the quality of life of people with long-term illnesses and disabilities have become widely recognised. Central to these are the notions of 'ordinary living' <sup>3</sup>and the right to a lifestyle valued by society in general and identified as:

- Being part of a community.
- Having a network of relationships involving family and friends, having continuity in relationships.
- Having opportunities to develop, have different experiences, and develop competencies.
- Having choices and control over life.
- Given status and respect.
- Treated as an individual.

## **District and Borough Council Housing Responsibilities**

Good quality housing forms an essential part of a person's ability to live well, and to be independent or as independent as possible. District and borough authorities have a statutory responsibility for housing. This includes (but not exhaustive):

- Setting out objectives, targets, and policies on how the authority intends to manage and deliver its strategic housing role.
- Understanding the needs of their local communities.
- Ensuring that there is sufficient housing availability to meet the needs of the local population, including people with disabilities.
- Managing a framework for housing allocations.
- Providing advice and assistance for homeless people.
- Securing accommodation for applicants who are eligible for assistance, unintentionally homeless and in priority need.
- Providing grants to eligible applicants to allow them to adapt their properties to meet their needs.

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<sup>3</sup> Welsh Centre for Learning Disabilities, 1996 Schlock et al 2002

# **The Housing with Support Strategy for Adults 18-64**

## **Section 1 – the ‘Housing with Support’ Offer.**

Providing guidance to individuals, their families, and carers on what the Council will do to ensure that individuals who have an assessed care and support need are able to access the right housing at the right time.

## **Section 2 – the delivery of the ‘Housing with Support’ Strategy**

Providing a plan of how the Council will deliver a consistent approach to its delivery of ‘Housing with Support’ to ensure that individuals who have an assessed need are provided with the right housing at the right time

## **Section 3 – the future demand for ‘Housing with Support’**

Providing Housing and Care and Support Providers with an understanding of the type, location and likely demand for housing in the future to ensure that there is sufficient housing in the right places of the right type to meet people’s needs.

## **Glossary of terms**

To be identified as part of the future engagement work.

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## **Section 1 – The Council’s ‘Housing with Support’ Offer**

Nottinghamshire County Councils ‘Housing with Support’ offer aims to provide people who have an assessed need with a clear understanding of what housing support will be available to them. The County Council has a role in enabling and facilitating housing solutions. It has no direct duty to provide housing to individuals, however, under the Care Act, the Council does have a ‘responsibility to ensure that housing is suitable and meets the needs of an individual’ who has been assessed and is eligible for care and support.

There are very close links between appropriate housing and providing the right level of care and support and therefore when undertaking an ‘assessment of need’, consideration will be given as to whether an individual requires housing as part of their care and support package.

### **Who can access ‘Housing with Support’?**

‘Housing with Support’ may be provided by the County Council as part of an individual’s care and support arrangements where:

- Specialist accommodation is required to provide the specialist level of ‘care and support’ required by an individual or
- There is a benefit from using shared care and support hours or
- There is an identified need for additional housing management support to maintain a tenancy.

When the need for ‘Housing with Support’ is identified as being part of an individual’s care and support arrangements the Council will ensure that ‘Housing with Support’:

- Is offered based on a person’s individual’s needs.
- Gives consideration to who someone lives with (if anyone), where they live, who supports them and how they are supported
- Reduces the reliance on formal support.
- Allows individuals to fulfil their own potential.
- Encourages positive risk taking.
- Is innovative so that people are encouraged and supported to live as independently as possible.
- Enables individuals to embrace lifestyles that reflect ordinary living.
- Supports the individual to make realistic housing choices that increase their independence.
- Meets the Council’s legal duties

When the need for ‘Housing with Support’ is not identified as being part of an individual’s care and support arrangements, the Council will work with the individual, their family and/ or carer and its housing partners to assist the individual to find an ‘ordinary home’. The Council will ensure that care and support arrangements will still be available that meet the individual’s assessed needs.

The advantages of living in an ordinary home are that people can:

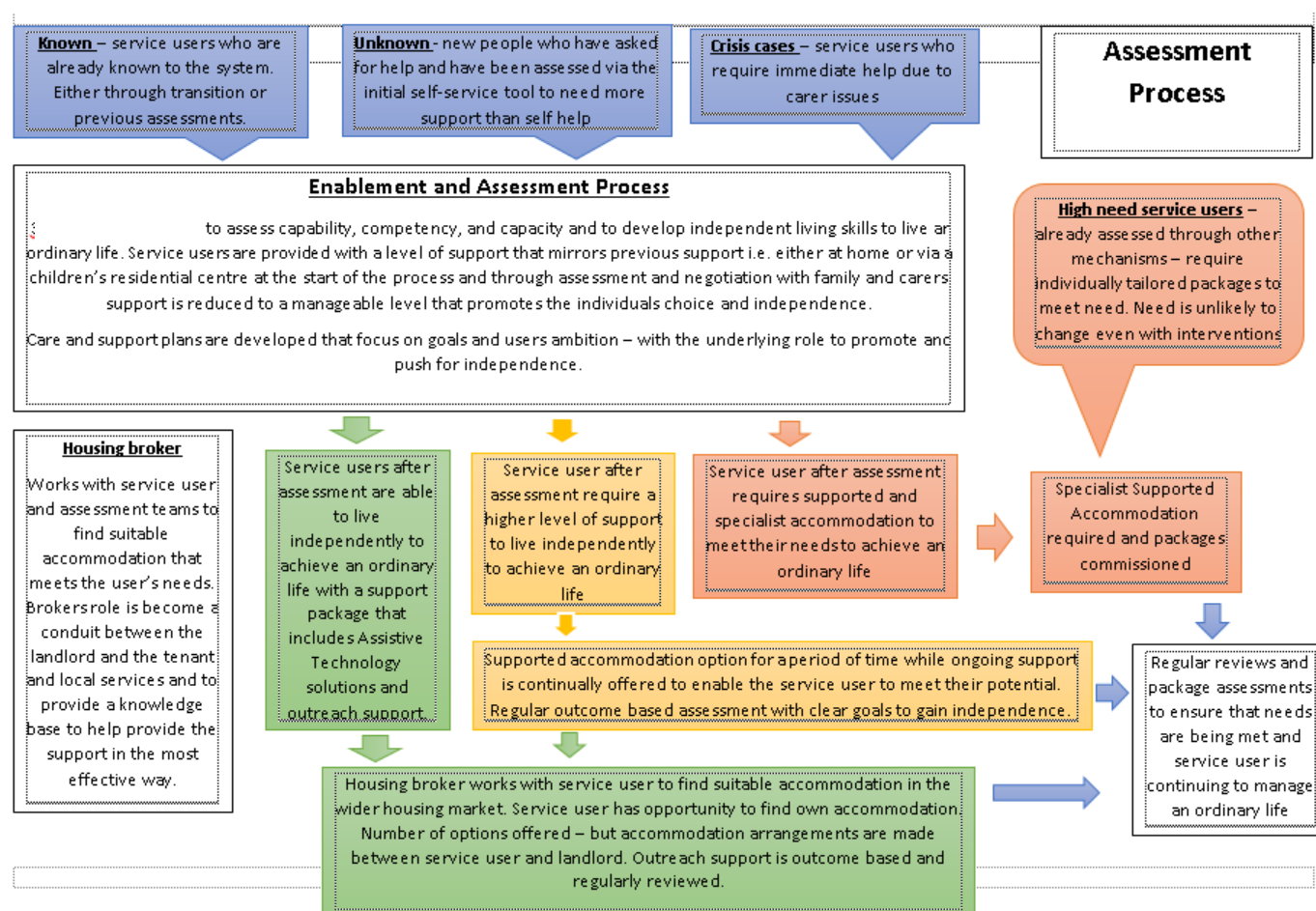
- Live as ordinary a life as possible.
- Become more independent.
- Have greater choices and control over their own life.
- Be part of a community of their choosing.
- Have housing costs that are more affordable, enabling opportunities to seek employment.
- Benefit more from peer support and friendship networks.

# How do I know if I can access ‘Housing with Support’?

## Assessment

Individuals who have an assessed need and who ask for help with housing will go through an enablement and assessment process. This process will evaluate the capability, competency, and capacity of an individual to be able to develop independent living skills to live an ‘ordinary life’. The Council will work with the individual, their family, and carers to look at all possible care and support options, which will meet the individual’s needs and maximise their ability to develop independence. The assessment and enablement process will consider an individuals need for ‘Housing with Support’.

Should ‘Housing with Support’ be identified as being needed, then consideration will be given to the most appropriate type of accommodation along with the level of support required. This may include the temporary use of Residential Care, especially if a bespoke housing option is required, an interim ‘Housing with Support’ offer, a longer-term ‘Housing with Support’ option, or the prospect of accessing ordinary housing.



## ‘Housing with Support’ Options

- The Council will offer where possible ‘Housing with Support’ that meets that individual’s needs and realistic aspirations.

- The Council will work with individuals and their families to identify the most suitable and cost effective 'Housing with Support' option available.
- The Council will seek to maximise the use of existing 'Housing with Support' options that are available within the county that will meet the individuals assessed needs.
- Where the existing 'Housing with Support' options are unable to meet the assessed needs of an individual who has specific and bespoke needs then the Council will seek to commission specialist 'Housing with Support'.
- Where possible, the 'Housing with Support' will be within a preferred locality to enable the individual to continue to receive support from family and friends, but this option will depend on the availability of properties and the level of support required.
- Where an individual is under 35 or at their request and where this can be part of an individual's care and support arrangements for greater independence the use of shared 'Housing with Support' will be considered.
- The amount of care and support that an individual receives whilst living in 'Housing with Support' may reduce as an individual achieves a greater level of independence.
- Where the current 'Housing with Support' no longer meets the individuals assessed needs as the amount of support needed has increased or decreased the Council will work in partnership with the individual, their family and carers to help the individual to move on to more suitable housing that meets the current needs.
- Where an individual no longer needs the 'Housing with Support' option as part of their care and support arrangements the Council will work with the individual, their family and carers to find an appropriate housing solution. This may require the individual to move on to free up the 'Housing with Support' for other individuals who have a greater need.
- The Councils 'Housing with Support' offer may require different tenancy arrangements depending upon the care and support needs of the individual. If these needs change through a person, either requiring more care and support or achieving a higher level of independence than the 'Housing with Support' option provided then a review of the tenancy may be required.
- The Council will consider an individual's full life costs based on their known needs and where 'Housing with Support' is identified as being required as part of the care and support arrangements the Council will provide funding to meet the most cost effective option. Where an individual's preferred accommodation choice has a greater cost than that offered by the Council, the additional funding for the individuals preferred option will be the responsibility of the individual.

## **'Housing with Support' Reviews**

Reviews will consider the current 'Housing with Support' arrangements and evaluate whether the service remains appropriate to meeting the individuals assessed needs, skills and aspirations. If the service is not meeting these needs or if needs have changed, then there will be where possible a realignment of the services in place to ensure that individuals are getting the right care and support, in the right place at the right time.

## **Individual reviews**

Where an individual receives 'Housing with Support' as part of their care and support arrangements they will follow the Councils 'Pathways to Independence' model for reviews. (*Linked document*) The care and support arrangements will be reviewed to maximise the opportunities for people to live independently whilst still receiving care and support appropriate to their needs.

## **Service Reviews**

Reviews of the 'Housing with Support' services will include looking at the property and whether it is fit for purpose as well as the arrangements for each individual who lives in the service to ensure that the support being provided meets the needs of all the tenants.

Should changes to individual care and support arrangements be required, the implications of the overall service will be considered to ensure that there are no adverse effects to other tenants as well as the changes being cost effective for service delivery.

## **Continuation of support**

Where an individual has gained sufficient independence and the need for 'Housing with Support' is no longer a requirement of their care and support arrangements, the Council will work with the individual to develop an alternative network of housing related support. This could include:

- Being part of a **Community Living Network** – where a number of people live in close proximity to each other. Each has their own home or flat although some may choose to share. They are supported by a worker who provides a small amount of practical help to each member of the network, for example, help with paying bills, correspondence, organising appointments, getting the right benefits. The worker is also employed to bring members together and help them form supportive relationships.
- **Emergency response service** - provide a rapid response service where the service user needs personal support in an emergency situation or at short notice to provide any assistance required,
- **Drop in centres** - are a welcoming safe place for people to come along to and socialise with other people who may be having similar issues to you. A variety of structured activities take place during each drop-in group such as art, quizzes, card making, and board games.
- **Floating support** – these are short-term services that have the flexibility to support individuals wherever they live, it is temporary and will 'float away' when no longer need it.

## **Section 2 – Delivering the Council’s ‘Housing with Support’ Offer**

The Council will deliver the ‘Housing with Support’ Strategy through the following activities:

### **Moving Towards Greater Independence**

Individuals living in ‘Housing with Support’ will be encouraged to work towards living with greater independence. Through working with individuals to develop the skills needed for greater independence, individuals will be able to consider different housing solutions options available enabling them to move within ‘Housing with Support’ or out into ordinary housing.

Where, through a review of their Care and Support needs ‘Housing with Support’ is no longer a requirement of the care and support arrangements, the Council will work with individuals, supporting them to move into ordinary housing (General Needs Properties). This will include a revised support package to help with the transition and ongoing assistance.

Providers of ‘Housing with Support’ will be required to support people towards achieving greater independence and where possible enabling individuals to move on to more independent living. This will include help with preparing their new homes, learning life skills such as decorating and gardening as well as cooking and cleaning and money management. Where identified through the review process, additional support hours may be available to help with the transition period and to ensure that the right staff are available to deliver this specific support.

### **Assessment of existing services**

The Council will focus on maximising the use of its existing ‘Housing with Support’ Properties. This will entail a review of all existing services and associated properties, ensuring that they are fit for purpose and are meeting the individual’s needs. The assessment will consider appropriateness of each property, the service delivered within it and its viability in line with future needs.

### **Vacancies**

The management of the vacancies will be on a countywide basis, with each vacancy having a detailed specification to help match ‘Housing with Support’ properties to those requiring access to the services.

Where an individual is moving on either within ‘Housing with Support’ accommodation or out of ‘Housing with Support’ into ordinary housing resulting in a vacancy in the service, the service will be assessed to ensure that it is still meeting the needs and providing a suitable form of accommodation.

Where vacancies exist in ‘Housing with Support’ properties these will be made available to all individuals who have an identified need for ‘Housing with Support’ as part of their care and support arrangements. This includes individuals already receiving ‘Housing with Support’ who may want to live in a different setting as well as people who are in Residential Care and who are able to move into ‘Housing with Support’.

Some vacancies have a void cost. The management of these costs will be addressed through the Void Management Policy which aims to limit the costs associated with the vacancy and maximise use of

properties keeping the number of accommodation units not in use to the minimum necessary to allow for movement within the whole 'Housing with Support' resource.

### **Delivering the right 'Housing with Support' accommodation**

All the 'Housing with Support' properties will be reviewed to ensure that they are meeting current need and that there is sufficient accommodation options available. 'Housing with Support' properties that do not meet current needs will be considered for decommissioning or for changing the level of service that is currently being provided.

The Council will work with both 'Housing' and 'Care and Support' providers to think innovatively regarding the housing options available and how they will further develop their services to meet future needs.

### **Sourcing the Ordinary Home**

Ensuring that there is sufficient access to good quality ordinary housing is essential to providing opportunities for move on and for individuals to have independent living. To support this requirement the Council will work with its housing partners to identify suitable properties. The Council will be looking to identify suitable housing for all individuals including single people as well as for couples or friends sharing.

The Council will continue to develop strong relationships with all its housing partners including private property owners. In certain cases, the Council may consider developing bond guarantor schemes to ensure good quality tenancies and may be able to help the person access grants to help adapt properties or in some circumstances provide small grants to help with the cost of decorating or specific pieces of furniture or equipment.

### **Providers promoting independence**

The Council will work with the residential care sector to identify those people who may be suitable for moving out of residential care. To do this Residential Care providers will be required, wherever possible, to promote independence and encourage skills building so that individuals are able to move into 'Housing with Support'. The Council will look to work with those in the residential care market who are proactive in this approach and develop new ways of partnership working to encourage providers to work proactively. New ways of working where providers who work in an enabling way can be rewarded, and innovation can be incorporated into service delivery will be considered.

## **Milestones for delivery**

<b>Moving Towards Greater Independence</b>	Reviews of all individuals who currently receive 'Housing with Support' to ensure that they are in the right housing that meets their needs	by Spring 2021 and ongoing as a cyclic programme
<b>Assessment of existing services</b>	Review of all existing 'Housing with Support' properties to ensure that they are fit for purpose and meet future expectations	by Spring 2021 and ongoing as a cyclic programme
<b>Vacancies</b>	Reviews of adults 18-50 in Residential Care who may want to live more independently	by Autumn 2021 and ongoing as a cyclic programme
	move out of residential care into housing with support	by Autumn 2022 and ongoing as a cyclic programme
<b>Delivering the right 'Housing with Support' accommodation</b>	decommissioning of smaller properties	by Autumn 2022
	development of new Housing with Support new schemes	by Autumn 2022
	development of supported accommodation plus properties	by Autumn 2022
<b>Sourcing the Ordinary Home</b>	move out of Housing with Support	by Autumn 2022 and ongoing as a cyclic programme
<b>Providers promoting independence</b>	move on within Housing with support	by Autumn 2022 and ongoing as a cyclic programme

## Section 3 - Future Requirements for 'Housing with Support'

### Existing 'Housing with Support' – Properties – Nov 18

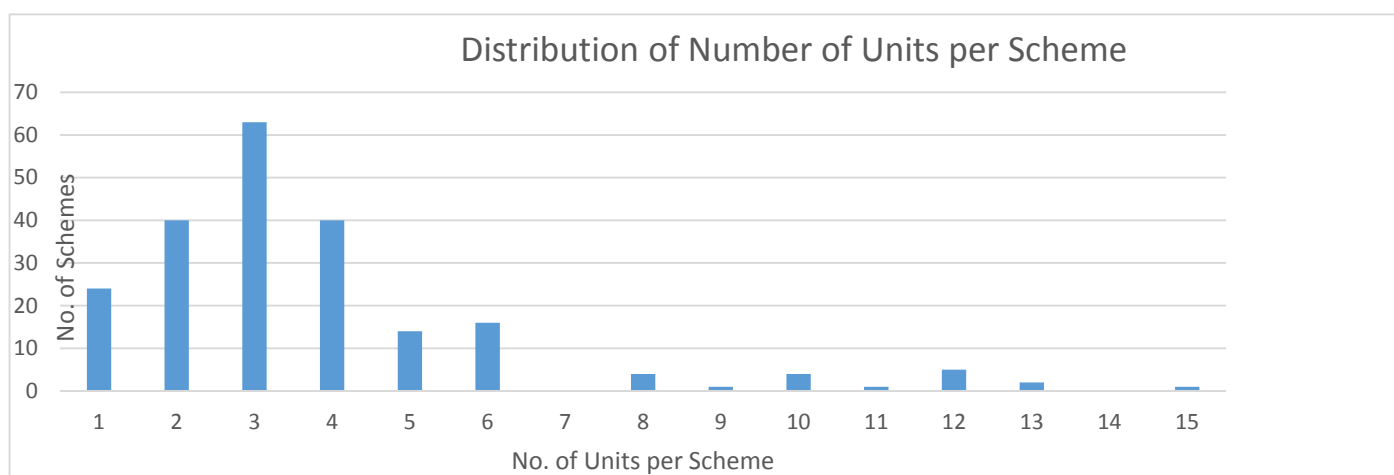
Good housing is essential to providing a safe, secure environment for all and there will always be a need for different forms of accommodation to meet the varying needs of people with long-term illnesses and disabilities. Housing availability needs to be more fluid with the commissioned providers being able to use initiative and work with the Council to develop schemes that meet people's needs.

The Council currently provides 812 units of accommodation contained within 215 'Housing with Support' schemes spread throughout the county.

District	Ashfield		Bassetlaw		Broxtowe		Gedling		Mansfield		Newark and Sherwood		Rushcliffe		Out of county		totals	
size of Scheme	No. of Schemes	Acc units	No. of Schemes	Acc units	No. of Schemes	units	No. of Schemes	Acc units	S No. of Schemes	Acc units	No. of Schemes	Acc units	No. of Schemes	Acc units	No. of Schemes	Acc units	S No. of Schemes	Acc units
1	0	0	12	12	1	1	1	1	3	3	6	6	1	1	0	0	24	24
2	2	4	7	14	1	2	1	2	13	26	7	14	6	12	2	4	40	80
3	5	15	14	42	8	24	11	33	8	24	5	15	11	33	1	3	63	189
4	5	20	12	48	4	16	5	20	5	20	8	32	1	4	0	0	40	160
5	2	10	2	10	0	0	3	15	1	5	5	25	1	5	0	0	14	70
6	2	12	1	6	0	0	0	0	6	36	7	42	0	0	0	0	16	96
7	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
8	2	16	1	8	0	0	0	0	0	0	1	8	0	0	0	0	4	32
9	0	0	1	9	0	0	0	0	0	0	0	0	0	0	0	0	1	9
10	1	10	0	0	0	0	1	10	1	10	1	10	0	0	0	0	4	40
11	0	0	1	11	0	0	0	0	0	0	0	0	0	0	0	0	1	11
12	0	0	0	0	0	0	1	12	1	12	2	24	1	12	0	0	5	60
13	0	0	0	0	0	0	1	13	1	13	0	0	0	0	0	0	2	26
14	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
15	0	0	0	0	0	0	0	0	1	15	0	0	0	0	0	0	1	15
<b>Total</b>	<b>19</b>	<b>87</b>	<b>51</b>	<b>160</b>	<b>14</b>	<b>43</b>	<b>24</b>	<b>106</b>	<b>40</b>	<b>164</b>	<b>42</b>	<b>176</b>	<b>21</b>	<b>67</b>	<b>3</b>	<b>7</b>	<b>215</b>	<b>812</b>



These schemes vary in size with the greatest number of schemes being for properties for 3 people (often with a fourth room for sleep-in night support)



The properties provide a range of different accommodation options from shared homes, individual units within a property or single bespoke properties. The care and support is provided at the appropriate level to meet individual needs and consists of shared support, 1-2-1 hours, night time support, and personal care.

support provided	type of accommodation scheme	number of schemes	what is provided under each type of support
Supported Accommodation 24hr	self-contained unit(s)	32	Properties receive enhanced housing benefits for additional housing management to provide greater housing support for individual's tenancies. Care is provided by a separate organisation - provided on a 24/7 basis and may include both waking and sleeping night support.
	shared scheme	138	
	single person service	4	
Supported Accommodation Not 24hrs	self-contained unit(s)	4	Properties receive enhanced housing benefits for additional housing management to provide greater housing support for individual's tenancies. Care is provided by a separate organisation and is provided during daytime hours.
	shared scheme	2	
	single person service	2	
Supported Accommodation Plus 24hr	self-contained unit(s)	14	Bespoke, specialist housing that meets the needs of individuals with complex needs. Properties receive enhanced housing benefits for additional housing management to provide greater housing support for individual's tenancies. Care is provided by a separate organisation provided 24/7 and may include both waking and sleeping night support. Staff are expected to be more experienced and able to provide the level of support needed for complex individuals.
	shared scheme	11	
	single person service	5	
Supported Accommodation	out of county	3	properties that are outside the county's boundary predominantly within the Nottingham City Area
	Totals	215	

## **Existing number of people receiving support – Nov 2018**

The Council currently delivers 'Housing with Support' to 624 adults aged 18-64.

As of November 2018	Adults 18-64			
	18-64	18-35	35-50	51-64
Housing with Support	624	182	227	215

The Council also supports about 637 adults aged 18-64 in residential care settings.

As of November 2018	Adults 18-64			
	18-64	18-35	35-50	51-64
Residential Care	637	164	183	290

## **Future Potential Demand**

Potential additional demand on the services based on 6% predicted growth

As of November 2018	Adults 18-64				
	2018/19 total numbers	6% increase by 2026	growth 19/20	growth 20/21	growth 21/22
Housing with Support	624	37	5	5	5
Residential Care	637	38	6	6	6

## **Reorganisation of existing 'Housing with Support'**

In 2017, an analysis of the Council's 'younger adults service' identified that 72% of service users could be supported to be more independent and that this opportunity could result in cost savings to the Council, but more importantly, better outcomes for service users by:

- increasing their independence in their current home - be that supported accommodation or in their own home
- increasing their independence to be able to move out of residential care

Increasing their independence to be able to move out of supported accommodation.

Therefore there is the potential for a number of individuals to move out of residential care, a number of those in 'Housing with Support' to become more independent but still receive 'Housing with Support' as part of their arrangements and a further number that could feasibly with the right enablement move out of 'Housing with Support' into their ordinary home.

The Council would not prevent anyone who through the care and support review asked to live more independently; everybody would be considered for a potential 'move on' even if that were still within a care or support setting. However it is not envisaged that many of those in Residential Care who are over 50 given the vulnerability that their age and their disability combined with living in a residential setting for a long time would be able to feasibly move to more independent 'Housing with Support'. The Council may consider supporting individuals to move on into 'Housing with Care' schemes where individuals have both a disability

and an age related condition. This would be most suitable where extra care can meet the additional need requirements.

## **Future Housing Requirements 2019-2022**

The Council will not be looking for any net increase in the number of accommodation units within the next three years. The Council will however be looking for a potential change to the type and location of properties, replacing smaller units with slightly larger units where there is the need and demand. The way, in which the accommodation is, developed needs to adapt to provide a different range of properties that meet the needs of the individuals now and in the future. Therefore, the Council will be looking to providers to develop a number of housing opportunities.

### **'Housing with Support'**

The Council will be looking to work with Housing Providers to provide a range of 'Housing with Support' properties spread throughout the county. These will include

- Individual units in small clusters
- Shared properties – with communal space
- Bespoke properties – designed to meet the needs of very complex individuals
- Adapted properties - able to meet a variety of needs

The Council will be looking for Housing Providers who are able to

- Provide properties with realistic rental costs with a clear understanding of what the additional housing management responsibilities are to support properties receiving enhanced housing benefits rates.
- Change a property from 'Housing with Support' accommodation to ordinary housing – allowing tenants to remain in their home as care and support needs reduce.
- Provide tenancy arrangements that consider the needs of the individual, so that should the level of need change then individuals are supported to move on to accommodation that is more appropriate that meets their current requirements.
- Provide a range of other housing options within a locality – allowing for move on opportunities for those individuals who are able to live a more independent life.

Over the next three years, the Council will be looking to:

- Decommission some smaller shared units where following review, they are identified as not meeting future needs
- Replace these smaller properties with schemes of at least 12-15 units of individual flats/cluster properties with no overall net increase in the number of supported accommodation units.
  - The Council already has a number of these in development so will not be looking for any additional schemes for the next two years and until the review of existing properties has been completed.
- Commission up to 25 units of bespoke Supported Accommodation Plus properties throughout the county for supporting complex individuals leaving secure hospitals or for whom this need has been identified due to their complexity of need.
  - The Council already has a nine of these units in development.
- Reduce the number of residential beds commissioned by 12% and find ways of contracting to reward residential providers who are proactive in supporting the promoting independence agenda.

## **Ordinary Housing (general needs)**

In addition, the Council will also be looking for Housing Providers who can help deliver the following accommodation opportunities

The Council is looking for a variety of properties that would meet the needs of single people, couples, those that want to share with one friend, or those who want to live with a group of friends. Properties need to be in a good location, within a community setting, close to local amenities including shops, public transport, doctors etc. Properties need to be future proofed and funding may be available for minor adaptations and installation of assistive technology.

The Council would look for options to work in partnership with housing partners to develop projects such as a social housing lettings agency; maximising the opportunities for using ordinary housing and to support vulnerable people.

In the next three years, the Council will be seeking:

- 100 accommodation units throughout the county for people moving out of supported accommodation in to ordinary housing (general needs). These opportunities may be in a variety of schemes and may include 'halls of residence'/move on properties as well as sheltered courts and extra care schemes. Where possible properties should be within a close proximity so that they can form part of the community living network.

## **Co-housing with support to promote independence (Halls of Residence)**

Making use of existing properties that offer opportunities for self-contained single unit accommodation with shared communal space including kitchen and lounge. Schemes will provide an opportunity for individuals with support needs to have a space, which they can learn to live more independently whilst still have the security of a 24-hour concierge service and housing management support. Additional support will be provided depending on the assessed needs of the individual and as these individuals move on they will continue to access an appropriate level of support that is necessary for them to remain independent. Opportunities exist for developing peer-to-peer support networks and for the provider to identify additional properties within the locality that can be used for move on.

The Council will be looking to work in partnership with other statutory organisations to help develop 'Co-housing with support' (halls of residence) opportunities which could be linked to the community living networks. Each 'co-house' could contain up to 20 individual studio flats for developing independence. These housing opportunities would be able to support individuals

- who may not qualify for a 'Housing with Support' Offer or
- who are moving out of 'Housing with Support'
- who would benefit from a period of supported living to enable them to gain independence skills for example people who are homeless, t, people who have been living with Carers, looked after children etc.

## **Community Living Networks**

Creating a network of properties that enable individuals to live independently. Properties may come from a variety of sources and may not be owned by any one provider but would be within a small geographical radius. Key features will be that the properties would be general needs but the geographical location means 'floating or visiting support' could be provided for a more intensive service initially with ongoing support available going forward that the individual would access on more of a drop in basis when required. Members would be encouraged to offer peer support and reduce their reliance on paid for support gradually.

The Council will be looking to develop a number of new networks linking in existing people who receive care and support in ordinary housing alongside new individuals who will join over the next few years. The Council is looking for flexibility of delivery with housing options and opportunity's for self-development to be incorporated into any support offer.

The Council is looking for the development of one network in each major town or where there is sufficient demand. Each network to consist of at least 10 units within a 10-minute walk with the potential of increasing the number of people supported through the network as they develop.

## **Additional Requirements**

### **Assistive Technology**

All properties will need to embrace assistive technology opportunities to help manage or eliminate a wide range of risks to both the individual e.g. of falling, or to the property e.g. fire, smoke, flood alert. Property based systems will need to be future focused and provide for remote monitoring and access linked to a central call handling system.

Where suitable Assistive Technology solutions could look to support the delivery of Care and support, reducing at times the need for visits and providing a personalised bespoke solution that meets the needs of the individual.

### **Adaptations**

The Council will be looking for opportunities to have general needs properties adapted to maximise their use and long term provision for providing a safe and secure environment. Adaption may include wet rooms, external lighting, grab rails, mixer taps, etc. Funding may be available for these adaptations through the District Councils disabled facilities grants programme.

## **Appendix 1 – Case Studies (pending)**

Case studies – examples of how the 'Housing with Support' strategy works in practice.

Individuals who have

1. Moved into 'Housing with Support' having lived at home with aging carers.
2. Reduced the amount of support required but still living in the same 'Housing with Support' home.
3. Moved out of 'Housing with Support' into an ordinary home.
4. Moved out of 'Housing with Support' into a Community Living Network.
5. Had support increase whilst living in 'Housing with Support'.
6. Moved from one 'Housing with Support' property to another.