

## CARE HOME CHECK LIST

Name/address of the Care Home .....

Date of visit to the Care Home ..... (Please submit to Quality Monitoring Officer or QMM email within 2 weeks of the visit).

Name of Elected Member undertaking visit .....

Was visit undertaken independently Yes/No .....

If no, please provide name and designation of other attendee/s .....

		A few quick hints	Comments/observations
1	What is your opinion about the environment?	<ul style="list-style-type: none"> <li>• Can be homely/modern but is it clean – ask to use a toilet - what is the carpet like ('busy' carpets can hide the dirt but lead to trips and falls.</li> <li>• Some care homes for people with dementia can appear 'messy' but articles may have been left around to stimulate people</li> <li>• 'Smelly' homes are not acceptable but some may be more 'smelly' early in day due to beds being changed</li> <li>• Is the building in need of up-</li> </ul>	

		dating or decorating?	
2	Are residents being treated with respect and dignity	<ul style="list-style-type: none"> <li>Do staff respond quickly and respectfully when someone has a query – and discretely if someone requires the bathroom?</li> <li>Check if residents' clothes are clean, is hair tidy, are men shaved and are spectacles clean?</li> <li>Is interaction between staff and residents respectful</li> </ul>	
3	What is the meal-time/drinking experience like?	<ul style="list-style-type: none"> <li>Are mealtimes relaxed, enjoyable – do people have a choice?</li> <li>Are drinks freely accessible and within reach?</li> <li>Do staff support residents when needed or do they have to wait a long time?</li> </ul>	
4	How are people occupied/stimulated - are any 'activities' taking place or planned?	<ul style="list-style-type: none"> <li>Do residents with a particular interest, such as sport/gardening get to watch it on telly or indeed partake?</li> <li>How do staff interact with residents – any one-to one time observed whilst being aware that staff may be occupied elsewhere at certain times</li> <li>Are residents supported in helping in the home (where</li> </ul>	

		safe) – dressing tables, preparing vegetables etc.?	
5	Any notable feedback (directly/indirectly) from residents, their visitors, the care staff etc.?	<ul style="list-style-type: none"> <li>• Was anything particularly good said?</li> <li>• Did the staff seem happy?</li> <li>• A good question to ask residents is “Is there anything about living here that you would change?”</li> </ul>	
6	Any general observations/comments?		

**Please note: Anything that is seen, or heard, that raises significant concerns about the health, safety and well-being of a residents should be reported at the earliest opportunity.**

**If you suspect that abuse has taken place it should be reported on 0300 500 80 80. If your concerns relate to the general practices within a care home then please contact one Quality and Market Management Team on [gmm@nottsc.gov.uk](mailto:gmm@nottsc.gov.uk)**

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