

9 November 2016**Agenda Item: 9**

REPORT OF THE CHAIR OF THE HEALTH AND WELLBEING BOARD

CHAIR'S REPORT

Purpose of the Report

1. An update by Councillor Joyce Bosnjak, Chair of the Health and Wellbeing Board on relevant local and national issues.

Information and Advice

PROGRESS FROM PREVIOUS MEETINGS

2. Nottinghamshire Dementia Framework for Action 2016-2020

The Nottinghamshire Dementia Framework for Action was approved at the May Health and Wellbeing Board. As a result organisations are being asked to review their dementia plans to take into account the recommendations in the Framework. Responsibility for ensuring that CCGs review their plans is being overseen by the Mental Health Clinical Leads Commissioning Group.

Members of the Health and Wellbeing Board are to continue to encourage their organisations to become [Dementia Friends](#) and where appropriate, share their plans through the [Nottinghamshire Dementia Action Alliance](#)

New guidance is expected on dementia focusing on post-diagnostic care and support following the publication of the [NHS Planning Guidance 2017-2019](#).

An action plan for implementation of the Framework has been shared with the Health and Wellbeing Implementation Group which includes a communications plan. Visits have been made to various local groups to promote the Framework and get feedback including the Dementia Action Alliance and carers groups.

A newsletter is attached for information and circulation.

For more information on the Dementia Framework please contact the new Public Health lead Susan March: susan.march@nottsc.gov.uk

3. **Caring for Carers HWB Stakeholder Network Event**

This event took place at Edwinstowe House on 12 October 2016 and was attended by around 70 people from a wide range of organisation as well as local carers. There was an introductory presentation followed by table discussions focussed on young carers, information and advice, planning support for carers in the future and carer friendly communities.

A full report of the event is being prepared and will be presented to the Health and Wellbeing Board at a future meeting.

For more information contact Penny Spice on 077 939 77751 or email penny.spice@nottsc.gov.uk

4. **Healthy Child and Public Health Nursing contract award**

The contract to provide an integrated [Healthy Child and Public Health Nursing Programme](#) for 0-19 year olds from 1st April 2017 has been awarded to Nottinghamshire Healthcare NHS Foundation Trust. This new service will bring together care provided from Health Visitors and School Nurses as well as the Family Nurse Partnership Programme (for first time teenage mums) and the National Childhood Measurement Programme (which measures and weighs children at Reception and in Year 6).

Public health practitioners will support all children, young people and families. They will work in locally based Healthy Families teams which means they can better know and support families. Healthy Families teams will have the knowledge and skills to work with all children and young people from the age of 0 to 19. Children, young people and families will receive care from this service from before birth to their late teens and will receive the support they need, when they need it, regardless of where they live in Nottinghamshire.

For more information contact Helena Cripps, telephone: 0115 9772159 or email: helena.cripps@nottsc.gov.uk

5. **Future in Mind local transformation plan**

In September the Board heard about children's emotional health and wellbeing. Since that meeting a local transformation plan has been developed which brings together the previous plans for Nottingham and Nottinghamshire and details progress, together with future priorities and planned actions.

The [Future in Mind local transformation plan](#) for children's mental health for Nottingham and Nottinghamshire has been agreed with NHS England and is also aligned with the local STP.

For more information contact Lucy Peel e: lucy.peel@nottsc.gov.uk t: 0115 97 73139.

PAPERS TO OTHER LOCAL COMMITTEES

6. [Update on progress with arrangements to integrate health and social care in mid-Nottinghamshire](#)

7. [Update regarding new extra care schemes in Bassetlaw](#)

Reports to Adult Social Care and Health Committee
10 October 2016

8. [Nottingham University Hospitals and Sherwood Forest Trust Merger – update](#)
9. [Children and young people’s mental health and wellbeing](#)
Reports to Joint Health Scrutiny Committee
11 October 2016
10. [Child sexual exploitation \(CSE\) and children missing from home and care: annual report 2015/16](#)
11. [Tackling child poverty in Nottinghamshire](#)
Reports to Children and Young People's Committee
17 October 2016

A GOOD START

12. Children’s oral health

Public Health England has announced the launch of a [Children’s Oral Health Improvement Programme Board](#). The Board’s ambition is that “every child grows up free from tooth decay as part of every child having the best start in life”. Coinciding with the launch of the board is the publication of an oral health promotion module of the Healthy Child Programme (HCP), which will sit on Health Education England’s e-learning for Healthcare website. The interactive resource is aimed at the early year’s workforce including health visitors, nurses and the child health team.

13. [Nursing in schools: how school nurses support pupils with long-term health conditions](#).

National Children’s Bureau

This report follows a survey completed by one in eight of the school nurses working in England, which found that 90% said high workloads and limited time and resources challenged their ability to support children with long-term health needs. Nearly four-in-ten school nurses work across ten or more schools, and these nurses are significantly less confident in providing help to pupils with serious health conditions compared to those working in fewer schools.

14. [Lightning review: school nurses - children’s access to school nurses to improve wellbeing and protect them from harm](#)

Children’s Commissioner

This report finds that school nurses spend twice as much time on paperwork than on direct work with children in schools which potentially reduces their capacity to identify children at risk of neglect or abuse. The research also identified evidence that time pressures meant that the school nurse role in supporting and promoting child health and wellbeing, mental health, healthy relationships and sex education was being compromised.

15. [Childhood obesity plan: PHE’s role in implementation](#)

Public Health England (PHE)

This policy paper outlines Public Health England's priority for reducing the proportion of overweight children leaving primary school. Two of PHE’s main contributions will be through implementing a sugar reduction programme and reviewing the nutrient profile model which categorises food according to its nutrient value.

Additional link: [PHE press release](#)

16. [**School and mental health pilot project rolled out to help more young people**](#)

A [pilot scheme that brings schools and mental health workers together](#) is being rolled out across the country to help more children and young people. The Mental Health Services and Schools Link Pilot is testing having a named single point of contact in 255 schools, across 22 areas, to improve joint working between schools and health services. Funded jointly by the Department for Education and NHS England, the scheme will mean that children and young people have better access to local, specialist mental health provision, and that support is consistent across services.

17. **Additional £25 million for mental health services for children and young people**

The Government is allocating [an extra £25 million to accelerate plans for improving mental health services for children and young people](#). This will help to cut waiting times for treatment, reduce waiting list backlogs and minimise the length of stay for those in inpatient care. The funding will ensure that by 2020 an extra 70,000 children and young people will be able to access services. NHS England is launching [six new pilot sites across the country to test new and improved ways to run these services](#).

18. [**Children in need of help or protection**](#)

National Audit Office

This report finds that the Department of Education (DfE) has recognised since 2010 that child protection services are not good enough but its subsequent response has not yet resulted in better outcomes. Spending on children's social work including on child protection, varies widely across England and is not related to quality. Neither the DfE nor authorities understand why this spending varies.

LIVING WELL

19. [**Supporting self-management: a guide to enabling behaviour change for health and well-being using person and community-centred approaches**](#)

Department of Health with the Health Foundation & Nesta

This guide outlines how the science of behaviour can help people to self-manage their health and wellbeing. It is written for people who support those living with long-term conditions, or those who help people avoid these conditions using person- and community-centred approaches.

20. [**Spreading change: a guide to enabling the spread of person-and-community-centred approaches for health and wellbeing**](#)

Department of Health with the Health Foundation & Nesta

This guide outlines how behavioural science can help spread the take-up of person and community-centred approaches to health and wellbeing. The guide uses the EAST framework to organise ideas and examples. The core message of EAST is that if you want to encourage behaviour, you should make it easy, attractive, social and timely. It features a number of low-tech, pragmatic and manageable activities which can increase the spread of person and community-centred health and wellbeing programmes.

21. [Public health successes and missed opportunities: Trends in alcohol consumption and attributable mortality in the WHO European Region, 1990–2014.](#)

World Health Organisation Regional Office for Europe

This report highlights the trends in alcohol consumption and related mortality systematically for all countries in the WHO European Region. The data shows big differences between countries and underlines opportunities for countries to introduce policies to reduce the burden of alcohol-attributable mortality.

22. [Fiscal policies for diet and the prevention of non-communicable diseases.](#)

The World Health Organisation (WHO)

This new report finds that an increase of at least 20% in the retail price of sugary drinks will result in proportional reductions in consumption of sugary drinks. The report also finds that subsidies used to reduce retail prices of fresh fruits and vegetables by 10–30% can increase the consumption of fruit and vegetables. The report includes studies from across the world from countries who have introduced these policies.

COPING WELL

23. [Alcohol and drugs joint strategic needs \(JSNA\) resource pack](#)

Public Health England (PHE)

This is an annual update to help local areas develop joint strategic needs assessments and local joint health and wellbeing strategies that effectively address public health issues relating to alcohol and drug use.

24. [Growing older in the UK: a series of expert-authored briefing papers on ageing and health.](#)

British Medical Association

This report focuses on how the health and life chances of older people of this and future generations are harmed by holes in the safety net of health, social and other welfare services. Across the report's six chapters it identifies how older people's health and that of their carers is affected from experiences throughout their lives as far back as childhood. The report also pinpoints established links between patients' social circumstances that influence the quality of their lives significantly.

25. **New dementia awareness films published**

New films by Health Education England aim to improve dementia diagnosis and care through greater awareness. [Finding Patience](#) supports a culturally appropriate approach to the dementia pathway. It aims to improve early diagnosis and support for people within African Caribbean communities by improving awareness amongst both health and care professionals, and those within the community. Focusing on dementia in care homes, [Finding Patience – The Later Years](#) raises awareness of how dementia can affect people differently. It encourages health and care professionals to reflect on the care they provide and calls for person-centred care that focuses on the individual, not the condition.

26. [Inequalities in mental health, cognitive impairment and dementia among older people](#)

Institute of Health Equity

This report focuses on inequalities in the experience and prevalence of poor mental health, cognitive impairment and dementia and the impact of social isolation, lack of mental stimulation and physical activity, before and after retirement, and in later old age. If

finds that these issues can exacerbate the risks of poor mental health, cognitive impairment and dementia in later life and are experienced disproportionately by people in lower socio economic groups. It also provides a brief summary of life course social determinants that increase the risk of poor mental health, early onset of cognitive decline and the symptoms of dementia.

27. [**Harnessing social action to support older people**](#)

Nuffield Trust

This research report presents the findings of an evaluation of seven social action projects designed to use volunteers to offer support to older people, improve their wellbeing and increase their capacity to live independently. The projects were funded from the Reducing Winter Pressures Fund. The report describes the projects; the challenges faced in setting up services; the impact of these projects on subsequent hospital use; and the experience that older people, volunteers and NHS staff had with the projects.

28. [**New units for mums with mental ill health**](#)

NHS England is preparing to invest in three [new inpatient units](#) for mums with serious mental ill health to help them to stay with their babies. The new Mother and Baby Units (MBUs) will be in East Anglia: Cambridgeshire, Norfolk and Suffolk; the North West: Cumbria and Lancashire; and the South West: Cornwall, Devon and Somerset. Expanding capacity in mother and baby units is a key element of NHS England's transformation programme for perinatal mental health services as part of integrated pathways of care.

29. [**The national confidential inquiry into suicide and homicide by people with mental illness. making mental health care safer: annual report and 20-year review. October 2016.**](#)

University of Manchester

This annual report assesses the progress on safety in mental health care across the UK. It provides the latest figures on events and highlights the priorities for safer services. This year's report highlights acute care, economic adversity and recent migrants.

Additional link: [BBC news report](#)

30. [**Mental health at work report 2016**](#)

Business in the Community (BITC)

This report urges employers to recognise the scale of poor mental health in the workplace and take significant steps to reduce the risk of their workplace being a contributor. Employers have a duty of care to their employees to respond to mental ill health just as they would to a physical illness.

31. [**Mental health for employers toolkit**](#)

Business in the Community (BITC) partnered with Public Health England

This is a free, online toolkit to help every organisation support the mental health and wellbeing of its employees. It will help employers take positive actions to build a culture that champions good mental health and provides a greater understanding of how to help those who need more support.

32. [**Supporting staff mental wellbeing case study**](#)

NHS Employers has published a case study from East Midlands Ambulance Service NHS Trust who recognised from staff feedback that there were a number of areas for

[improvement in mental wellbeing](#) across the trust. The case study sets out the actions the trust took. The trust now plans to launch other staff support networks such as disability and BME to continue to supporting its staff.

33. **[The impact of traumatic events on mental health](#)**

Mental Health Foundation

Published to coincide with World Mental Health Day, this guide aims to explain how the impact of traumatic events can lead to more serious mental health problems such as post-traumatic stress disorder (PTSD) and depression.

34. **Developing mental health services for veterans in England**

NHS England has [published a report into the findings from national campaign on NHS veterans' mental health services](#). The aim of the work was to give people a say in how services are delivered and feedback included improving awareness of where veterans can go to get help. The findings will help inform improvements to current NHS veterans' mental health services and shape future services that will be in place from April 2017.

35. **[Is mental health crisis care in crisis?](#)**

NHS Confederation Mental Health Network

This briefing explores the gap between the policy around mental health crisis care and reporting on the ground. It includes case study examples which show that by operating as a whole system, local areas are developing new ways of working in mental health crisis care.

36. **[Recovering quality of life for users of mental health services](#)**

The University of Sheffield has launched a new Patient Reported Outcome Measure (PROM) Recovering Quality of Life (ReQoL) for users of mental health services. ReQoL has been developed by a team at the School of Health and Related Research (SchARR) to assess the quality of life for those experiencing mental health difficulties. The questionnaire can be used in helping to decide what support or services people receive and also to measure and improve the quality of care that service users receive.

Additional link: University of Sheffield press release

37. **[Positive behaviour support organisational and workforce development framework](#)**

Health Education England (West Mids) and British Institute of Learning Disabilities (BILD)

This framework is intended for all services in the West Midlands that provide support across the life span for people with intellectual disabilities and /or autism that may sometimes show behaviours of concern. It supports the embedding of Positive Behaviour Support (PBS) approaches across the six West Midlands learning disability NHS Trusts.

WORKING TOGETHER

38. **[NHS Operational Planning and Contracting Guidance 2017 – 2019](#)**

NHS England and NHS Improvement

For the first time, the guidance covers two financial years, to provide greater stability, underpinned by a two-year tariff for NHS patients and a two-year NHS Standard Contract. A range of additional measures to help the NHS deliver on the commitments of the Five Year Forward View have also been announced, including: new incentives worth more than £100m to help tackle unnecessary delays in discharging patients from hospital;

incentives to reduce people attending A&E with mental health problems and further steps to ensure the sustainability of general practice.

39. **[The economics of housing and health: the role of housing associations](#)**

This report, based on work commissioned by the National Housing Federation from The King's Fund and the New NHS Alliance, looks at the economic case for closer working between the housing and health sectors. The authors demonstrate how housing associations provide a wide range of services that produce health benefits, which can both reduce demand on the NHS and create social value. The report concludes that there is no one piece of economic analysis that will persuade health providers or commissioners to work with or commission housing associations. However, the case studies in the report illustrate the economic benefits that housing association can provide.

40. **[Mental health and housing: potential economic benefits of improved transitions along the acute care pathway to support recovery for people with mental health needs](#)**

Housing Learning and Improvement Network

This brief paper identifies the possible opportunities for releasing resources from inpatient care and re-investing them in alternative support services, either provided or supported by housing associations. In order for this to take place and the savings to be realised, NHS commissioners would need to develop alternative forms of community-based services while maintaining existing infrastructure.

41. **[Integrating home adaptations for better health and wellbeing outcomes](#)**

PHE commissioned Care and Repair England to produce a series of briefings to inform the local integration of home adaptations into commissioning for better health and wellbeing outcomes.

42. **[Making difficult decisions: commissioning healthcare in changing times](#)**

NHS Clinical Commissioners

This report aims to support CCGs in making decisions about prioritisation of resources and changes to local services. It sets out factors that can enable CCGs to successfully command the confidence of the public, patients, local politicians and other key stakeholders when making changes. It draws on both academic research and practical insight from commissioners, patient groups and NHS England.

43. **[The state of health care and adult social care in England 2015/16](#)**

Care Quality Commission (CQC)

This annual report provides an overview of health and social care in England looking at the trends, highlighting examples of good and outstanding care, and identifying factors that maintain high-quality care. It finds that most services provide people with good care, but variation exists. Some care services are closing, increasing pressure on other services including GPs and hospitals. The report highlights that the sustainability of the adult social care market is approaching a tipping point.

Additional links: [CQC press release](#) | [Health Foundation](#) | [BBC News report](#)

44. **[Follow-up to Parliamentary and Health Service Ombudsman \(PHSO\) report on unsafe discharge from hospital](#)**

House of Commons Public Administration and Constitutional Affairs Committee (PACAC)

The inquiry found that the discharge failures identified by the May 2016 PHSO report are not isolated incidents but examples of problems that patients, relatives and carers are experiencing more widely. The committee identified a need for more data to be gathered on the scale and impact of these discharge failures. It identified a lack of integration between health and social care is preventing seamless discharge processes, coordinated around the patient's needs.

45. [Community pharmacy forward view](#)

Written jointly with Pharmacy Voice, this document sets out the ambitions for community pharmacies to enhance and expand personalised care, support and wellbeing services offered by the sector. The paper also argues for fuller integration with other local health and care services and highlights the role of the community pharmacy in being the facilitator of personalised care for patients with long-term conditions and in being a neighbourhood health and wellbeing hub.

46. [Health in All Policies: a manual for local government](#)

Local Government Association

This manual brings together the arguments for a Health in All Policies approach with practical suggestions for development at the local level. It aims to help councils to review their policy development and practice across the board, with the ultimate objective of improving health and wellbeing outcomes for the people they serve.

47. [Understanding sustainability and transformation](#)

NHS Confederation

This briefing discusses the policy context, development to date, the timetable for further development and implementation, as well as the key messages from local political, commissioning and provider leaders on how the sustainability transformation plans process could most helpfully develop in the coming months.

48. [Quick guide: discharge to assess](#)

Department of Health in partnership with NHS England and other key stakeholders

This quick guide aims to support local health and social care systems to reduce the time people spend in hospital, at the point that they no longer need acute care. It provides practical tips and advice to commissioners and providers on discharge to assess (D2A) models, including best practice from across the country.

49. [New care models: Emerging innovations in governance and organisational form](#)

King's Fund

This report looks at the different approaches being taken by multispecialty community provider (MCP) and primary and acute care system (PACS) vanguards for contracting, governance and other organisational infrastructure. It focuses on developments at five sites: Dudley; Sandwell and West Birmingham (Modality Partnership); Salford; Northumberland; and South Somerset (Symphony Project).

50. [Understanding quality in district nursing](#)

The Kings Fund

District nursing services play an important role in helping people to maintain their independence. Our new report looks at what constitutes 'good' district nursing care and the impact of a growing demand–capacity gap. An associated slide set presents our

framework for good-quality care, and in a new blog Anna Charles reflects on the challenges of assessing quality in this sector.

51. [**Moving from the margins: the challenges of building integrated local services**](#)
This discussion paper has been produced jointly by Collaborate and Turning Point and it presents seven key insights for building integrated public services. It argues that local integrated services should be at the heart of strategies for social renewal and public service reform.
52. [**Funding a healthy future: the health and care deficit diagnosed**](#)
Chartered Institute of Public Finance & Accounting (CIPFA) and Public Finance
This collection of essays examines the future of health and social care in the face of an ageing population, financial constraints and Brexit. This is the fourth in a series of papers designed to stimulate discussion on key public finance and policy issues.
53. [**A mandate from the government to Health Education England: 2016 to 2017**](#)
Department of Health
The mandate reflects strategic objectives around: workforce planning, health education and training and development. It looks at how the healthcare workforce can be developed to improve care for patients through education and training.
54. [**The new Integrated governance handbook 2016**](#)
Good Governance Institute
This report examines governance between organisations which has not yet been widely adopted to date. There is now a need for whole health and social care economy systems that not only deliver but demonstrate accountability for public funds.
55. [**Healthwatch annual report 2015-16 - Every voice matters: putting people at the heart of care.**](#)
Health watch England
This report outlines the ways in which the Health watch network has worked with people from across the country to inform how services are being improved. In 2015/16, the 152 local Health watch across England engaged over 380,000 people to find out their views about health and social care, and helped to signpost a further 220,000 people to the right place for their needs.
56. [**12 Steps to embedding social value priorities in health and care commissioning**](#)
Social Enterprise UK
This report details the difference social value can make in health and care commissioning, and shares learning for other commissioning authorities to make the most of social value. It presents the initial findings from the Social Value Programme, a three-year programme bringing together local CCGs, local authorities, Health and Wellbeing Boards and the voluntary, community and social enterprise organisations in twelve areas across England.
57. **Health in all policies approach**
Public Health England has published documents which bring together the arguments for a [Health in All Policies approach](#), together with a set of practical examples of implementation from the UK and around the world. The documents aim to help local government improve local wellbeing and growth through its multiple functions, service areas and partnership working.

GENERAL

58. [Stay Well This Winter 2016 campaign](#)

Public Health England (PHE) has launched this year's Stay Well This Winter campaign with a national flu vaccination programme for children and people who are aged 65 or over, or who have a long term health condition. From November 2016, the campaign will focus on preparedness to help ease the pressure on accident and emergency services during the winter period. NHS England will be encouraging people to seek advice from pharmacists at the first sign of a winter ailment, make sure that they have their prescription medicines before the Christmas period, and keep their homes warm.

CONSULTATIONS

59. [Mental health of adults in contact with the criminal justice system: draft guidance](#)

This draft guidance seeks to improve the assessment, treatment and prevention of mental health problems in adults. When the guideline is finalised, it will apply to anyone who comes into contact with the English criminal justice system, including time spent serving a community or prison sentence, and any probationary periods. It highlights the need for all staff working within the criminal justice system to receive training to recognise and respond to mental health problems.

Comments and feedback are currently being sought on this draft guidance until **18 November 2016**.

Other Options Considered

60. To note only

Reason/s for Recommendation/s

61. N/A

Statutory and Policy Implications

62. This report has been compiled after consideration of implications in respect of crime and disorder, finance, human resources, human rights, the NHS Constitution (Public Health only), the public sector equality duty, safeguarding of children and vulnerable adults, service users, sustainability and the environment and ways of working and where such implications are material they are described below. Appropriate consultation has been undertaken and advice sought on these issues as required.

RECOMMENDATION/S

1) To note the contents of this report.

Councillor Joyce Bosnjak
Chair of Health and Wellbeing Board

For any enquiries about this report please contact:

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Constitutional Comments (LM 28/10/16)

63. The report is for noting.

Financial Comments (KS 21/10/16)

64. There are no financial implications contained within the report.

Background Papers and Published Documents

Except for previously published documents, which will be available elsewhere, the documents listed here will be available for inspection in accordance with Section 100D of the Local Government Act 1972.

None

Electoral Division(s) and Member(s) Affected

All