

NottsHelpYourself

www.nottshelpyourself.org.uk

John Stronach

Commissioning Officer

John.stronach@nottsc.gov.uk



**Nottinghamshire
County Council**

Notts Help Yourself

- The Notts Help Yourself site is a partnership between social care, health and the voluntary sector to bring information and advice together in one central location
- You can:
 - Find out what is available for people to help improve their health and well-being
 - Access information on housing, carers support, transport and self-help services in the county (and much more)
 - Search by location or post code, or type of support
 - Search for local community groups, activities and support services
 - Contact providers to arrange your own support / get more specific information on what is provided.

←

→

http://www.nottshelpyourself.org.uk/kb5/nottinghamshire/directory/home.page

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Modify Record

Nottinghamshire Help Your...

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FileEditViewFavoritesToolsHelp

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Web Slice Gallery

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Select Language

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Nottinghamshire Help Yourself

HomeSearchWhat's OnA-Z ListAbout UsContact UsSign InRegister

Welcome to Nottinghamshire Help Yourself

Enter Keyword

Location OR Postcode

Search

Clear

My List 0

👤

Adults

Information and support for adults and those that are caring for them.

More Information

🏠

Families

Information and support for families, children and young people.

More Information

👥

Communities

Information and support for communities, clubs and groups.

More Information

👶

Local Offer

for supporting children and young people with Special educational needs and disabilities aged 0 - 25

More Information

🧑

Supported Self Care

Information & support for people who want to improve their health & wellbeing

More Information

Type a search term or click on a specific section of the site such as Adults as indicated by the arrows.

→

→

🌳

Nottinghamshire County Council

Nottinghamshire Help Yourself

[Home](#) [Search](#) [What's On](#) [A-Z List](#) [About Us](#) [Contact us](#) [Register / Sign In](#)

The Nottinghamshire Help Yourself site is a partnership between health, social care and the voluntary sector to bring information and advice together in one central repository – so people can find the information they need easily. Use the options below to start your search.

 [My List 12](#)

Find services by Subject



Find services by Age



Find services by Supported Condition



Find services by District

[Bassetlaw](#)
[Mansfield](#)
[Newark and Sherwood](#)
[Ashfield](#)

[Eroctown](#)
[Gedling](#)
[City of Nottingham](#)
[Rushcliffe](#)



Find Us on Facebook

Facebook is monitored during office hours Monday – Friday. However if your query is urgent, or involves personal details, we advise you to contact our Ask Libraries team on 01525 556443 or email ask.libraries@notts.gov.uk



Follow Us @NottsCC

Find Us with Carly Hunt at What's On at the Library, Sat. 9.30am, 1.30pm, 2.30pm, 3.30pm. Tel: 0115 581 0506 #NottsCC



News

[Nottinghamshire Archives Re-Opening](#)
[Nottinghamshire Archives Re-Opening](#)
[Nottinghamshire Archives Re-Opening](#)



Find Service by Subject

[Children & Families](#)
[Care & Support](#)
[Health & Wellbeing](#)
[Work & Money](#)
[Things To Do](#)
[Advice & Support](#)
[Do you provide a service?](#)
[Local Offer](#)

Find Service by Age

[0-4](#)
[5-11](#)
[12-16](#)
[18-25](#)
[26-40](#)
[60-84](#)
[85+](#)

Find Service by Supported Condition

[Autism](#)
[Mental Health](#)
[Hearing Impairment](#)
[Learning Difficulties](#)
[Multi-Sensory Impairment](#)
[Physical Disability](#)
[Communication Difficulties](#)
[Visual Impairment](#)

Find Service by District

[Bassetlaw](#)
[Mansfield](#)
[Newark and Sherwood](#)
[Ashfield](#)
[Eroctown](#)
[Gedling](#)
[City of Nottingham](#)
[Rushcliffe](#)

[Contact Us](#) [Accessibility](#) [Privacy Policy](#)

For details of service support information, please contact the Nottinghamshire Self Help Information Service on 0200 555 88 88.

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Nottinghamshire County Council

Case Study

An elderly Adult who lives in a rural part of Nottinghamshire is having financial difficulties and needs to find support around making sure they are receiving the appropriate benefits. They have limited access to Transport. They are interested in using Community Transport. They also feel quite lonely so would like to access social activities within their local area



Select Language
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Welcome to Nottinghamshire Help Yourself

Enter Keyword Location OR Postcode Search Clear

My List 0



Adults

Information and support for adults and those that are caring for them.

More Information



Families

Information and support for families, children and young people.

More Information



Communities

Information and support for communities, clubs and groups.

More Information



Local Offer

for supporting children and young people with Special educational needs and disabilities aged 0 - 25



Supported Self Care

Information & support for people who want to improve their health & wellbeing



Adults Directory

Information, Advice and Support for Adults Living in Nottinghamshire

[What's missing?](#)

The Nottinghamshire Help Yourself site is a partnership between health, social care and the voluntary sector to bring information and advice together in one central repository – so people can find the information they need easily.

Click on the buttons below to start your search.



Advice



Carers



Complaints



Home and Housing



Keeping Safe



Local Services



Money Matters



Self Help and Support



Transport



Work, Sport and Leisure



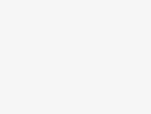
Your Health



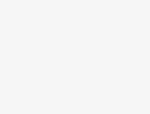
Autism



End of Life



Support at Home



Aids and Equipment

Related Advice

Personal Assistant
Finder

About the Adults
Directory

Messages to
Providers

Do you provide a
service?

Are you looking for a
career in care?

Need some help?

Contact Us

About Adult Social
Care


Feedback



[Listen](#)

Select Language
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Nottinghamshire Help Yourself[Home](#) [Categories](#) [What's On](#) [A-Z List](#) [About Us](#) [Contact Us](#) [Sign In](#) [Register](#)



Money Matters

[View all Records in this category](#)

Narrow by category

- [Banking](#)
- [Direct payments support services](#)
- [Energy saving advice](#)
- [Financial advice and debt management](#)
- [Insurance](#)
- [Money tips](#)
- [Pension Advice](#)
- [Personal budgets and self directed support](#)
- [Savings](#)
- [Welfare benefits](#)
- [Winter Fuel Payments](#)

Age Range:

- [Young People \(12-18 years\)](#)
- [Young Adults \(19-25 years\)](#)
- [Parents & Carers](#)
- [Adults \(25-64 years\)](#)
- [Adults 65+](#)

Banking

This area of the site includes information about banking safely online.

Direct Payments Support Services

Many people may require support to take on and manage a direct payment. The support may come from the "nominated" or "authorised" person (see above). You can also receive support from a Direct Payment Support Service. These are organisations that can provide help in various ways. They can set up a bank account in your name, and manage all the money going into and coming out of the account. If you employ people they can set up payroll and organise tax and national insurance. They can also help you recruit personal assistants, produce a contract of employment, do risk assessments, sort out annual leave, redundancy and holiday pay.

The nature and the cost of any support you might need to manage the direct payment will be agreed with your worker and included in your support plan. The costs associated with direct payment support service will be included in the direct payment.

Energy Saving Advice

This area includes information around saving energy and organisations that can assist you with this.

Financial Advice and Debt Management

Information on independent financial advice and debt management services.

Insurance

This area includes information on insurance service providers including those who specialise in cover for the over 50's and those with long term medical

Related Pages

- [Welfare Benefits](#)

Related Links

- [HM Revenue and Customs](#)
- [Gov UK](#)
- [Citizen's Advice](#)
- [Age UK](#)
- [Age UK Notts](#)
- [Carers UK](#)
- [Money Advice Service](#)
- [Society of Later Life Advisors](#)



Listen

Select Language
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Welcome to Nottinghamshire Help Yourself

Community Transport

Location OR Postcode

Search

Clear

My List 0



Adults

Information and support for adults and those that are caring for them.

More Information



Families

Information and support for families, children and young people.

More Information



Communities

Information and support for communities, clubs and groups.

More Information



Local Offer

for supporting children and young people with Special educational needs and disabilities



Supported Self Care

Information & support for people who want to improve

Listen

Select Language
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Enter Keyword

Location OR Postcode

Search

Clear

My List 10

Search Results


Category

- Choose a directory to filter your results
- Adults (38)
 - Families (10)
 - Communities (14)
 - Local Offer (10)
 - Supported Self Care (4)

Sorted by: Best match

+ Add all to shortlist

Show results on map



Ravenshead Community Transport

☆☆☆☆☆ (reviews)

Tuesday and Thursday mornings the bus operates half-hourly 'Hail & Ride' Friday the bus offers door- to- door dial a bus shopping specials. Also available to hire.

Affiliation: Community Transport Association

01623 490888

[Website](#) [Remove from shortlist](#)

Community Car Schemes and Accessible Transport

☆☆☆☆☆ (reviews)

This local scheme supplements the public transport system by providing transport for social, shopping, and sometimes medical purposes etc. for people who are unable or find it very difficult to use public transport. They may be social car schemes with volunteer drivers, community buses covering...

[Website](#) [Remove from shortlist](#)



Clowne and District Community Transport

Enter Keyword Location OR Postcode Search Clear My List 10

Bassetlaw Community Car Scheme

Bassetlaw ACTION Centre
If you are unable to make your journey by public transport or none is available, perhaps the Bassetlaw Community Car Scheme Volunteer Drivers could help.
All clients must register with the scheme and become a member.
Full information is available on our website:
<http://www.bassetlawactioncentre.org.uk/index.php/bassetlaw-community-car-scheme/>

Actions

- Be the first to write a review
- Print
- Add to My List
- View on Map



Who to contact

Telephone 01777 709650
E-mail enquiries@bassetlawactioncentre.org.uk
Website www.bassetlawactioncentre.org.uk/

Share

SMS Social

Mobile number

Send SMS

Where to go

Name Bassetlaw Action Centre
Address Bassetlaw Action Centre
Canal Street
Retford
Nottinghamshire
Postcode DN22 6EZ



Time / Date Details

When is it on Opening Times are Monday - Friday 9:00am – 3:00pm. An answer machine is available at all other times.



Adults Directory

Information, Advice and Support for Adults Living in Nottinghamshire

[What's missing?](#)

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Click on the buttons below to start your search.



Advice



Carers



Complaints



Home and Housing



Keeping Safe



Local Services



Money Matters



Self Help and Support



Transport



Work, Sport and Leisure



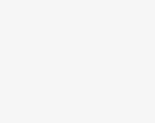
Your Health



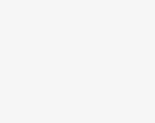
Autism



End of Life



Support at Home



Aids and Equipment

Related Advice

- Personal Assistant Finder
- About the Adults Directory
- Messages to Providers
- Do you provide a service?
- Are you looking for a career in care?
- Need some help?
- Contact Us
- About Adult Social Care
- Feedback



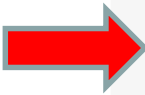
Enter Keyword Location OR Postcode Work, Sport and Leisure Search Clear My List 10

Work, Sport and Leisure

View all Records in this category

Narrow by category

- Accessible holidays
- Arts and Crafts
- Blue badge scheme
- Computers and technology
- Days out/Things to Do
- Gardening
- Home visiting
- Leisure Centres
- Leisure activities
- Libraries and Reading
- Lunch clubs
- Places of Worship
- RADAR keys
- Shopmobility
- Shopping
- Social activities/meeting people
- Sport and Exercise Activities
- Theatre and Cinema
- Training and education
- Volunteering
- More...



Age Range:

- Early Years (0-4 years)
- Children (5-11 years)
- Young People (12-18 years)
- Young Adults (19-25 years)
- Parents & Carers
- Adults (25-64 years)
- Adults 65+

Accessible Holidays

This area of the website lists accessible holiday providers for people with mobility issues and/or long term conditions.

Arts and Crafts

Details of arts and crafts sessions and groups including music groups.

Blue Badge Scheme

The Blue Badge Scheme provides a range of parking concessions for people with severe mobility problems.

Blue Badges are for people who cannot walk or have very considerable difficulty in walking including:

- People on certain benefits or who are registered blind are automatically eligible for a badge
- Other disabled people may be eligible for a badge but it may depend on the outcome of a mobility test
- Children under three may be eligible depending on certain conditions

Organisations caring for disabled people meeting the eligibility criteria may be able to get a badge, but this is entirely at our discretion.

[Apply for your blue badge now.](#)

Computers and Technology

Includes information around technological solutions to assist you with using your computer, online tips and online courses and classes.

Days Out/Things to Do

Ideas of activities around the county and nationally for you and your family.

Gardening

Gardening clubs and groups in your local area.

Home Visiting

Details home visiting schemes for lonely people who may have difficulty in going out.

Leisure Centres

Details of your local leisure centre including opening times and activities.

Enter Keyword Location OR Postcode Social activities/meeting peop Search Clear My List 10

Search Results

Category

Social activities/meeting people

Filter by

Districts covered:

- ☐ Ashfield (34)
- ☐ Bassetlaw District (92)
- ☐ Broxtowe District (31)
- ☐ Gedling District (36)
- ☐ Mansfield District (38)
- ☐ Newark and Sherwood District (32)
- ☐ Rushcliffe District (33)

Age Range:

- ☐ Early Years (0-4 years) (2)
- ☐ Children (5-11 years) (4)
- ☐ Young People (12-18 years) (9)
- ☐ Young Adults (19-25 years) (124)
- ☐ Parents & Carers (4)

More...

Gender:

- ☐ Female (208)
- ☐ Male (173)
- ☐ Other (24)

Special Conditions:

- ☐ Abdominal Aortic (1)

Sorted by: Name

+ Add all to shortlist

ults on map

The 50Plus Thursday Club

☆☆☆☆☆ (reviews)

A friendly and sociable group for over 50s, offering a variety of activities including bowls, short mat bowls and snooker.

The group meets every Thursday, from 10.15am to 1.00pm, at the North Notts Community Arena, Eastgate, Workso.

For more information, please contact the Arena on...

01909 480164

Email

+ Add to My List

AFRO-CARIBBEAN WOMENS GROUP (MEN WELCOME)

African-Caribbean retired people, based in the Meadows primarily, but everyone welcome. Afro-Caribbean club, exercise, lunch and craft activities for retired people. Everybody welcome. The group meets from 11am to 3pm every Thursday at the Meadows Community Centre, Queen's Walk Social Club, The Meadows NG2 2DF....

0115 911 1661 : c/o Self Help UK's Information Service Monday-Friday 9.00am-1.00pm

+ Add to My List

Age Concern - Harworth and Bircotes

☆☆☆☆☆ (reviews)

Coffee shop and drop in centre 3 times a week at Devonshire Road Centre Harworth. 8.45am-12.15pm on Mondays, Thursdays and Fridays. Tuesdays 10.30am-11.30am Coffee Shop and Drop in Centre at the Methodist Church Room on Waterslack Road, Bircotes. Age Concern also works regularly with the...

Hilary Jones (Organiser) 07790 230673

+ Add to My List

Age Concern - Mansfield

☆☆☆☆☆ (reviews)

We sell tea, coffee, toast and soup at the Old Meeting House. We have a raffle every two weeks. We open four Day Centres per week. We help with door to door transport and provide hot meals. We organise social activities,

Enter Keyword Location OR Postcode Search Clear My List 30

Your Shortlist



Ravenshead Community Transport

☆☆☆☆☆ (reviews)

Tuesday and Thursday mornings the bus operates half-hourly 'Hail & Ride' Friday the bus offers door- to- door dial a bus shopping specials. Also available to hire.

Affiliation: Community Transport Association
01623 490888

Website Remove from My List

Actions

- Email shortlist
- Print shortlist
- Show more details
- Clear shortlist
- Show results on map

Community Car Schemes and Accessible Transport

Local Offer

☆☆☆☆☆ (reviews)

This local scheme supplements the public transport system by providing transport for social, shopping, and sometimes medical purposes etc. for people who are unable or find it very difficult to use public transport. They may be social car schemes with volunteer drivers, community buses covering...

Website Remove from My List



Clowne and District Community Transport

☆☆☆☆☆ (reviews)

We are part of the mainstream public transport system specialising in accessible transport for individuals and groups who are unable to use ordinary buses and trains.

Services are provided within the Bolsover area and parts of North East Derbyshire including Eckington and Killamarsh.

We currently have 15 fully...

01246 573040

Email Website Remove from My List

Transport to Health

☆☆☆☆☆ (reviews)

Accessing the information

- An Individual can access the website independently
- You can Phone Customer Services Centre
- Go to your nearest library or a variety of voluntary organisations
- A person can self refer using the tear off slip from the leaflet (To be distributed shortly)
- You can seek support from Connect (the early intervention support services)

Accessibility

- We have Read Speaker functionality within the site which will read the text on the screen
- Google Translate facility for people where English is not their first language
- Compatible with Mobile / Tablet devices
- Can set text to large print to suit individual needs
- Currently looking at additional accessible software to be incorporated within the site



Provider registration

- It is easy for organisations / community groups to register onto the site
- Providers can easily amend their information and add website links / documents to the site
- Regular automated reminders are sent to providers at 6 monthly intervals to ensure information remains accurate
- Where we are informed of new services / organisations, we will make contact to advise them on how to register

Provider Corner Highlights

- Documents Library (Market Position Statement, Joint Strategic Needs Assessment, Adult Care Strategy)
- Interactive Training Calendar(links to OPTIMUM)
- Business development / Tender information
- Web stats Section, (Null searches, Gaps etc.)
- Links to Neighbouring Authority sites
- Interactive Provider Forum, (To share good practice)

Training

- We provided training to voluntary organisations to assist them in being able to provide relevant information people who access their services
- Training has been provided to CSC and Library staff on use of the site
- A series of videos to inform organisations and the public of changing ways of delivering services / accessing information have been added to the site