

Report to the Adult Social Care and Public Health Committee 12th October 2020

Agenda Item: 4

PUBLIC HEALTH PERFORMANCE AND QUALITY REPORT FOR CONTRACTS FUNDED WITH RING-FENCED PUBLIC HEALTH GRANT 1 JANUARY 2020 TO 31 MARCH 2020

Purpose of the Report

1. To enable Members to scrutinise the performance and quality of services commissioned by Public Health (PH)

Information

- 2. Due to COVID 19 the July Committee had a reduced agenda ,therefore this end of year report has come to Committee later than planned.
- 3. This report provides the Committee with an overview of performance for Public Health directly commissioned services and services funded either in whole or in part by PH grant, in January to March 2020 against key performance indicators related to Public Health priorities, outcomes and actions within:
 - a). the Public Health Service Plan 2020-2021;
 - b). the Health and Wellbeing Strategy for Nottinghamshire 2017-21; and
 - c). the Authority's Commitments 2017-21.
- 4. A summary of the key performance measures is set out on the first page of **Appendix A**. Where performance is at 80% or greater of the target or meets the standard, it is rated green.
- 5. Appendix A also provides a description of each of the services and examples of the return on investment achievable from commissioning public health services. Furthermore, it provides a breakdown of some commissioned services at District level.
- 6. As lock-down started on 23rd March, it should not have affected service provision to any great degree during this quarter and to that end the majority of services met their targets.

NHS Health Checks (GPs)

7. The NHS Health Check Programme exceeded the health checks offered target and met the other targets for the year. GPs identified and started treatment for 194 people at high risk, who were likely to have experienced a heart attack or stroke if they had not been detected early

- through the service. This is in addition to offering advice, signposting and treatment to all those who had a health check, a total of 4,914 people.
- 8. In 2019/20 a total of 882 high risk people were identified for treatment to prevent heart attacks, diabetes, kidney disease or stroke.
- 9. During this quarter, 7,875 people were invited to attend a health check. The proportion of people taking up their invitation was 62.4%, an improvement on the most recent national average of 46.8%.
- 10. Altogether over 22,000 Nottinghamshire residents received a healthcheck this year.
- 11. The aim of this programme is to help prevent heart disease, diabetes, stroke, kidney disease and certain types of preventable dementia by offering a check once every five years to everyone between the ages of 40 and 74 who has not already been diagnosed with one of these conditions.

Integrated Sexual Health Services (ISHS) (Nottingham University Hospitals (NUH), Sherwood Forest Hospital Foundation Trust (SFHFT) and Doncaster and Bassetlaw Hospitals (DBH)

12. The ISHS provides a testing and treatment service for sexually transmitted infections (STIs) and contraception. High demand for the ISHS continues to arise. Both NUH and DBH have seen a slight increase in the number of filled appointments for County residents across the year compared to 2018/19.

60% of new users accepting HIV test

13. The 60% target for the percentage of new service users accepting a HIV test was met by SFHT and DBH this quarter. NUH were slightly below the quality standard for this period (55% in Q4 but 59% over the year). NUH assure Public Health Commissioners that all clinically appropriate service users are offered an HIV test. Patient's reason for not accepting an HIV test can include that they were recently tested or that they wish to decline a test.

75% of 15-24 year olds accepting a chlamydia test.

- 14. Chlamydia is one of the most common STIs and although often symptomless it can cause long-term health problems including infertility if left untreated.
- 15.SFHFT and DBH have exceeded the quality standard of 75% of 15-24 year olds in contact with the service accepting a chlamydia test. NUH are below the quality standard in this quarter, reporting 68% of 15-24year olds accepting a chlamydia test.
- 16.NUH have undertaken an audit of chlamydia screening in this age group. The audit investigated the reason why some young people were not screened. The findings indicate that whilst the vast majority of patients were offered a test in some cases this was not documented and or the reason for declining was not recorded despite a relevant clinical reason e.g. not sexually active, attending for treatment. Following the audit staff training has taken place to reassert the need to document reasons for declining a test. A re-audit is scheduled to take

place to compare findings. The PH team will continue to monitor and review NUH to ensure the standard is reached.

30% of women aged 16-24 receiving contraception accept LARC

- 17.Long-acting reversible contraceptive (LARC) methods, such as contraceptive injections, implants, the intra-uterine system (IUS) or the intrauterine device (IUD), are highly effective as they do not rely on daily compliance and are more cost effective than condoms and the pill.
- 18. Take up of LARC across all ages of women of reproductive age should contribute to reducing unintended pregnancies. This 30% measure is routinely surpassed by all three ISHS providers and this continues to be the case this quarter.

Young People's Sexual Health Service- C Card (In-house)

- 19. The C-card scheme is a free and confidential advice and condom service for young people living in Nottinghamshire.
- 20. The service is popular with young people with over 2000 returning to use the scheme.
- 21. The service continues to be well used and promotional activity is taking place to promote the scheme further and improve access. This is underpinned by an updated communications plan for the scheme for 2020 -2021.

Alcohol and Drug Misuse Services (Change Grow Live)

- 22. Change, Grow, Live (CGL) is the substance misuse treatment and recovery service in Nottinghamshire.
- 23. Successful completions from the whole service as defined by the contract have been consistently good.
- 24.CGL works proactively across the county to ensure residents get free from their substance misuse. 1923 new residents came into the service during quarter 4. Successful completion data from CGL for non-opiates such as cannabis, amphetamines, steroids, cocaine and crack cocaine and Novel Psychoactive Substances (or what were formerly known as 'legal highs') and opiates are over the planned target of 162 per quarter (actual 225 for quarter four).
- 25. Unplanned discharges from the service have been consistently low, especially so in quarter four with 143 unplanned discharges.
- 26. Overall improvements in the wider outcomes derived from the service are all above target for this year. These outcomes are:
 - Employment, training and education: target 25%; performance 41%.
 - Mental wellbeing: target 60%; performance 83%.
 - Housing improvements (where housing was identified as an issue at entrance into the service): target 70%; performance 89%.

27. As Members requested, Committee will receive a full report detailing how the integrated Substance Misuse Services performed during the term of the contract at a later date.

Young People's Substance Misuse Service (Change, Grow, Live)

- 28. CGL took over the young people's substance misuse service on 1st October 2018 and initiated new ways of working across the county with an emphasis on preventing young people starting to misuse substances as well as providing support for those who are misusing. Data from quarter four shows that 57 young people have been referred into the service (target of 50 per quarter). The service contacted 250 young people via outreach work and group work within quarter 4. There are no waiting times for young people to access this service.
- 29. CGL have taken the service and in this full year of provision have exceeded previous years' data.

Smoking Cessation (Solutions 4 Health)

- 30. Performance by the Stop Smoking Provider fell in this quarter.
- 31. Nationally there has been a 14.7% reduction in the number of people setting a quit date between 2017/18 2018/19 and a 12.1% reduction in the number quitting successfully in the same period.
- 32. In Nottinghamshire 2111 people were supported to stop smoking at four weeks for the year.
- 33. The quality of the local service continues to exceed national levels. Nationally the quality of interventions remains consistently high, with 51% of all service users successfully quit at the four-week stage. Locally the service supported 55% of people who set a quit date to quit at four weeks, slightly above the national average.
- 34. The service transitioned into the new integrated well-being service as smoothly as it could in light of the COVID lockdown.

Illicit Tobacco Services (In-house)

- 35. Officers have continued their efforts to disrupt the availability of illicit tobacco products. However, the impact of not having a dedicated police officer has adversely affected the service in this last quarter.
- 36. However, officers have continued to be proactive and have carried out extensive work upgrading files for serious cases they are taking to Crown Court.
- 37. A meeting with the Nottinghamshire representative for the Farmers Union took place with an appeal to inform its members to be aware of potential criminal use of their outbuildings for the storage of counterfeit tobacco products. The advice drafted by Nottinghamshire Trading Standards has now been shared as a model of good practice across the East Midlands.

Obesity Prevention and Weight Management (Everyone Health)

38. The service met all targets except for the number of children supported.

- 39. Community referrals have decreased, potentially due to there being a change in service provision in April 2020. This is despite the service and commissioners working together to inform system partners that there will be a new service. This has had a proportionally greater impact on the number of children and young people accessing the service because of the smaller number of referrals overall.
- 40. Overall, the service performed well on the delivery of a wide range of targeted community initiatives to the end of the term and there was a smooth transition to the new service.
- 41. During this quarter commissioners have prioritised ensuring that learning from the current service delivery is captured and transferred across to the integrated wellbeing service as part of the mobilisation phase.

Domestic Abuse Services (Notts Women's Aid and JUNO Women's Aid)

- 42. The Domestic Abuse service provides information, advice, safety planning and support (including support through the courts) to women, men, teenagers, children and young people. The service does not have targets, but the public health team monitors the outputs and outcomes of the service. The service is facing increasingly complex and difficult cases. Quality Assurance visits further evidence that the services provided are robust, well received by service users and provide good value for money.
- 43. The number of high-risk adult referrals is increasing and this is beginning to impact on the capacity of the multi-agency risk assessment conferences (MARACs) where information is shared across partner agencies to ensure safety.

Seasonal Mortality (Nottingham Energy Partnership)

- 44. This service protects and improves the health of residents in the county, by facilitating insulation and heating improvements and preventative adaptations in private sector homes, providing energy efficiency advice and reducing fuel poverty. The service targets the most deprived private sector households, with a specific emphasis on support to residents over 60 and a smaller provision for families with children under five and pregnant women.
- 45. The service has exceeded the target for the number of people they provide with comprehensive energy efficiency advice and/or help and advice to switch energy supplier or get on the cheapest tariff (535 people verses a target of 240). The service continues to train individuals to deliver Energy Efficiency Brief Interventions to improve awareness of the links between cold-homes, fuel poverty and ill health and to generate appropriate referrals to the service, training 245 individuals against an annual target of 219.

Healthy Families (Nottinghamshire Healthcare NHS Foundation Trust)

46. The service is in its third year of delivery and the Healthy Families Programme is now embedded across the County as a fully integrated universal service for children, young people and their families. Performance of the service overall has been good and compares favourably with both our statistical neighbours and England as a whole. The contract will be extended to run for an additional four years in April 2020, ending in March 2024.

- 47. The Authority has set local targets for the provider, in line with National, regional and local performance. 'Stretch' targets have been applied to ensure that the service aspires to meet Nationally reported targets. The Authority has a statutory duty to ensure the delivery of five health and development reviews mandated by the Department of Health. Local performance for these reviews continues to be good.
- 48. Historical staffing and recruitment challenges have settled and there is now a picture of increased workforce stability. The Children and Young People's division within the Trust is working pro-actively to recruit and retain the workforce which is reflected in improved performance against the key performance indicators.

Oral Health Promotion Services (Nottinghamshire Healthcare Trust)

- 49. Nottinghamshire's specialist Oral Health Promotion Team works to improve oral health within local communities and among vulnerable groups by delivering training for the health, social care and education workforce, a supervised tooth-brushing programme in targeted primary schools (with linked nurseries) and health promotion activities such as the provision of tooth-brushing packs to one-year olds.
- 50. Performance by the service declined sharply in quarter four however the overall targets for the year were exceeded due to the work already completed in previous quarters.
- 51. The Oral Health Promotion Team are finalists in The Best Outreach Initiative in the National Dental Awards 2020 (The Probe Awards). This is a huge achievement for such a small team of two in the world of Dentistry, especially when this category covers such a wide field of expertise

Homelessness (Framework)

- 52. The service provides intensive support in short term hostel accommodation (up to 18 weeks) and less intensive support in Move On accommodation (typically for six months, and up to a maximum of 12 months) aimed at enabling the service user to achieve a range of outcomes including self-care, living skills, managing money, motivation and taking responsibility, social networks and relationships, managing tenancy and accommodation, reducing offending and meaningful use of time.
- 53. A total of 217 new service users entered the hostel accommodation in 2019/20 of which 126 exited in a planned way. 79 of these service users moved into the move-on accommodation with a total of 96 service users exiting the move on accommodation in a planned way.
- 54. The provider has reported that they are experiencing more challenging behaviour from some service users, including violence and substance misuse in the hostels. However, the outcomes remain positive and the provider continues to acheive the targets set.

Other Options Considered

55. None

Reason/s for Recommendation/s

56. To ensure performance of Public Health services is scrutinised by the Authority

Statutory and Policy Implications

57. This report has been compiled after consideration of implications in respect of crime and disorder, data protection and information governance finance, human resources, human rights, the NHS Constitution (public health services), the public sector equality duty, safeguarding of children and adults at risk, service users, smarter working, sustainability and the environment and where such implications are material they are described below. Appropriate consultation has been undertaken and advice sought on these issues as required.

Financial Implications

58. Robust performance and quality reporting ensures that financial implications are monitored and reviewed effectively to minimise financial risk to the council.

Public Sector Equality Duty implications

59. Monitoring of the contracts ensures providers of services comply with their equality duty. Equality performance is a standing agenda item of review meetings and providers are asked to provide case studies celebrating success and showing how complaints, if applicable, are resolved.

Safeguarding of Children and Adults at Risk Implications

60. Safeguarding is a standing item on contract review meeting agendas and providers are expected to report any areas of concern allowing the Authority to ensure children and adults at risk are safe.

Implications for Service Users

61. The management and quality monitoring of contracts are mechanisms by which commissioners secure assurance about the safety and quality of services using the public health grant for service users.

RECOMMENDATION

62. For Committee to scrutinise the performance of services commissioned using the public health grant

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Constitutional Comments (EP 08/09/2020)

63. The recommendation falls within the delegation to Adult Social Care and Public Health Committee under its terms of reference.

Finance Comments (DG 08/09/2020)

64. There are no direct financial implications arising from this report.

Background Papers and Published Documents

Except for previously published documents, which will be available elsewhere, the documents listed here will be available for inspection in accordance with Section 100D of the Local Government Act 1972.

65. 'None'

Electoral Division(s) and Member(s) Affected

66. 'All'