



REPORT OF THE CHAIR OF THE HEALTH & WELLBEING BOARD

CHAIR'S REPORT

Purpose of the Report

1. An update by Councillor Steve Vickers on local and national issues for consideration by Board members to determine implications for Board matters.

Information

2. Tackling rough sleeping

A funding application was submitted to the Ministry of Housing, Communities & Local Government (MHCLG) on Friday 6 December 2019 for £1.37m to continue and enhance the services in place across the county to tackle rough sleeping. These services include the Street Outreach Team (which includes social workers and a Band 6 nurse), navigators working with prison leavers, hospital and mental health ward patients, 40 additional supported housing bed spaces in Ashfield and Mansfield, and tenancy sustainment support to access all tenure types.

The Street Outreach Team engage with approximately 70 individuals each month and since April 2019 have secured accommodation for 75 individuals. The team's work is benefitting from recent enhancements with additional health services made available.

From Friday 6 December 2019, a weekly nursing drop-in session has run alongside a Change, Grow, Live (CGL) drop-in session in Worksop. The first session was attended by 10 individuals.

From early January 2020, nursing sessions will also be available in Ashfield and Newark. Discussions are ongoing about making the quarterly Street Health events available to these areas.

From early January 2020, two Band 6 Community Psychiatric Nurses (CPNs) within the Millbrook Crisis Team will specialise in rough sleeping, providing a flexible and responsive service Monday to Friday (8am to 8pm), accepting direct referrals from the Street Outreach Team.

3. [Healthy Options Takeaway \(HOT\) scheme](#)

The Healthy Options Takeaway (HOT) scheme has recently registered its 250th business. *Angie's Sandwich Shop* in Beeston is the 250th business to sign-up to HOT where food outlets across the county make pledges to offer more healthy choices for customers. HOT is jointly managed and delivered through the environmental health teams of district / borough councils

and Nottinghamshire County Council's public health division, with support from the commissioned Obesity Prevention & Weight Management Service. It supports the *Food Environment* priority of the Health & Wellbeing Strategy.

4. Targeted Lung Health Checks Programme

The NHS will be implementing a targeted programme of lung health checks in Mansfield and Ashfield, commencing April 2020. Early diagnosis of lung cancer means that treatment can be simpler and more successful. This targeted programme will select people from the local population aged 55 to 74 and 364 days at high risk of lung cancer who have ever smoked. They will be invited to attend for assessment including spirometry, lung cancer risk assessment and smoking cessation. Those individuals identified with a high risk of lung cancer will be invited to undertake a low dose Computed Tomography (CT) scan. Results will be received within four weeks.

5. Healthy Workplaces

The Rushcliffe Business Partnership hosted a Health & Wellbeing network event at Rushcliffe Arena on Thursday 17 October 2019. Over 50 local businesses across Rushcliffe attended to discuss employee health and wellbeing, including local SMEs and large national organisations such as Barclays Bank. The event saw presentations on the Wellbeing @ Work scheme, the impacts of work on health inequalities, the importance of mental health at work, and the associated benefits of mental health first aid qualifications. The session was well received and a follow up workshop has been planned for 2020.

6. [Recruiting Talent events](#)

Recruiting Talent in Nottinghamshire is bringing together local businesses and experts. Its partners include district / borough councils, the D2N2 Local Enterprise Partnership, the Department for Work & Pensions, East Midlands Chamber, Nottinghamshire County Council, Building Better Opportunities stakeholder managers, and local business clubs.

The events will aim to:

- Help employers to understand the current landscape around employment and skills
- Include a keynote address from a range of partners including the chief executive from each district / borough council
- Present an opportunity to contribute to the local priorities in each district / borough, and wider plans in Nottinghamshire and the D2N2 Local Enterprise Partnership area
- Promote positive change around recruitment, enabling employers to better prepare and adapt to meet their future recruitment needs
- Showcase the benefits of inclusive recruitment, with case studies and input from employers who are seeing the benefits of increased productivity and growth
- Show how businesses can change the way they recruit to encourage more local people to work
- Help to change the way businesses work to retain talent
- Highlight how the D2N2 Local Enterprise Partnership and other partners can help businesses to increase productivity.

The first event took place in Gedling on Tuesday 19 November 2019. Upcoming events include:

- Newark & Sherwood (Monday 27 January 2020)
- Broxtowe (Thursday 27 February 2020)

- Bassetlaw (Wednesday 25 March 2020)
- Rushcliffe (Thursday 2 April 2020)
- Mansfield (date to be confirmed)
- Ashfield (date to be confirmed).

7. Nottinghamshire Health & Care Portal (NHCP)

Nottinghamshire County Council's social care staff have continued to find value in accessing the Nottinghamshire Health & Care Portal for health information. Since September 2019, approximately 300 hours of staff time have been saved.

The system allows staff to:

- Access a list of up-to-date medications and long-term conditions from GPs
- Check hospital discharge summary letters for recent hospital stays
- Check hospital admission data to check if service users have been admitted to hospital
- Check mental health information for details of involved teams with their care.

Over the coming months, further usage will be encouraged and consideration will be given as to what additional data may be made available in future.

8. Digital referrals to social care at hospitals

Following its introduction at Sherwood Forest Hospitals NHS Foundation Trust, Nottingham University Hospitals NHS Trust will be updating the amount of data sent to Nottinghamshire County Council's social care staff for referrals. This will include updates on patient location, medically fit status, and the date of discharge. It also informs staff if a referral is cancelled or a patient passes away.

Up-to-date information will be presented in a live case management tracker which will assist hospital-based social care teams to prioritise cases for discharge more easily. The updates are intended to prevent wasted time (e.g. walking to a ward only to find the patient has been moved).

Doncaster & Bassetlaw Teaching Hospitals NHS Foundation Trust successfully went live with the first part of the electronic referrals across Bassetlaw and Doncaster Royal Infirmary Hospitals. Work has begun on the next stages of the project to mirror some of the developments at the other hospital trusts. For further information, please contact: rosie.gilbert@nottscg.gov.uk

9. Family event for looked after young people in Nottinghamshire

A family event for looked after young people in Nottinghamshire is taking place on Saturday 29 February 2020 at Holme Pierrepont. Various dinosaur-themed activities will be available. The event is also an opportunity to meet Nottinghamshire County Council's youth workers and visit stands offering support. Approximately 120 young people and carers attended the event last year. For further information, please email: katie.whitby@nottscg.gov.uk

PAPERS TO OTHER LOCAL COMMITTEES

10. [Integrated Wellbeing Service](#)

Adult Social Care & Public Health Committee
11 November 2019

11. [Brushing Buddies: A Supervised Tooth-brushing Scheme - Evaluation Report](#)

Adult Social Care & Public Health Committee
11 November 2019

12. [Public Health Outcomes in Nottinghamshire](#)

Adult Social Care & Public Health Committee
9 December 2019

13. [Funding for Support to Survivors of Domestic Abuse Within Safe Accommodation](#)

Adult Social Care & Public Health Committee
9 December 2019

INTEGRATED CARE SYSTEMS AND INTEGRATED CARE PROVIDERS

14. [Bulletin](#)

Bassetlaw Integrated Care Partnership
December 2019

15. [Board papers](#)

Nottingham & Nottinghamshire Integrated Care System
6 November 2019

A GOOD START IN LIFE

16. [Free training to support mental health in schools and colleges](#)

Clinical Commissioning Groups can enrol in the Link Programme which provides free training for education and mental health professionals to improve joint working on children and young people's mental health. Led by the Anna Freud Centre, funded by the Department for Education, and supported by NHS England & NHS Improvement, it brings education and mental health services together in workshops coordinated by Clinical Commissioning Groups, to help staff plan and work together more effectively. Initially aimed at Mental Health Support Team trailblazers, the programme is now available to all Clinical Commissioning Groups. For further information, please contact: linkprogramme@annafreud.org

17. [State of a generation: preventing mental health problems in children and young people](#)

The Mental Health Foundation has published *State of a generation: preventing mental health problems in children and young people*. This report highlights some key risk and protective factors for young people's mental health. It outlines actions for change at the individual, family, community and societal level to support the prevention of mental health problems and the promotion of good mental health for all.

HEALTHY & SUSTAINABLE PLACES

18. [Homeless patients and the NHS](#)

The British Medical Association has published *No place to recover – the rocketing demand on the NHS from homeless patients and the staff trying to break the cycle*. The article examines work to support homeless people who are attending hospital in increasing numbers but are being

discharged back to the streets where they can enter a spiral of decline, readmission and premature death.

19. [Indoor climate: impact on health](#)

The RAND Corporation has published *Poor indoor climate, its impact on child health, and the wider societal costs*. This report presents the findings of a project looking at the impact of the indoor climate on human health in EU countries, in particular on children's health, and estimates the overall societal costs related to this. It will be of interest to policy-makers in the fields of public health, housing and education.

For the purpose of this report, the term 'indoor climate' covers the following aspects:

- The thermal environment (including temperature, humidity, heat radiation, and air movement)
- The air quality environment (including gaseous, liquid and particulate matter)
- The noise environment
- The light environment.

Many, if not all of these aspects, are directly influenced by the condition and structure of buildings. There is increasing evidence, both in terms of prevalence of housing inadequacies and in terms of the negative health impacts that these have on residents.

The report shows that 30% of children in the 28 countries within the European Union are exposed to one or more of the following housing deficiencies:

- Leaking roof, damp in walls, floors and / or foundations or rot in window frames or floors
- Lack of daylight
- Noise
- Inability to keep the house comfortably warm.

Evidence shows that bad housing conditions increase the risk of severe ill health or disability. While there are already important direct medical costs related to the diseases that are attributable to these indoor climate hazards, the indirect costs to society are much higher.

The report concludes that:

- Housing deficiencies constitute a very important health risk for children across Europe.
- The good condition of dwellings should not only be seen as an issue of comfort, but as an essential basic requirement for good health of the residents
- There is a strong case for improving the air quality in schools.

20. **Warm Homes Fund**

The Warm Homes Fund has been designed to address fuel poverty through the installation of gas central heating in eligible fuel poor households that are not currently linked to the national grid. Applications to the fund must be submitted by a local authority. In the Midlands, funding has previously been secured by local authorities in Staffordshire, Shropshire and Herefordshire. These local authorities have worked with the energy supplier E.ON which has committed to match the funds secured from the Warm Homes Fund.

The Nottinghamshire Warm Homes Fund bid in partnership with E.ON has now been approved. Funding has been approved for 550 first time central heating systems, in addition to boiler replacements. First time connections to the national grid will be undertaken by Cadent and

funded through the Fuel Poor Network Extension Scheme. All installations are at no cost to residents.

Nottinghamshire County Council will work in partnership with the district / borough councils to agree common eligibility criteria for the Warm Homes Fund across Nottinghamshire. The programme will also offer advice to residents about energy efficiency and health-related solutions. The Nottingham Energy Partnership and Age UK Nottingham & Nottinghamshire are leading on this aspect of the project. For further information, please contact:

trish.adams@nottscc.gov.uk

21. [Public urged to 'Be Winter Ready'](#)

The electricity and gas networks are encouraging members of the public to prepare in case they have a power cut or gas emergency this winter through its annual 'Be Winter Ready' campaign, which launched on Monday 2 December 2019.

The Priority Services Register is a free service provided by the electricity and gas networks. It is eligible for anyone who is of pensionable age, disabled, has children under five years old or relies on medical equipment. As part of the service, customers are kept informed as much as possible of power cuts affecting their home and are given special assistance if needed.

The aim of the Priority Services Register is to offer additional support for those customers who may be particularly vulnerable in the event of disruption to utility supplies. Further information is available online:

- [Cadent](#)
- [Western Power Distribution](#)
- [Northern Powergrid](#)

The water industry also has similar arrangements in place:

- [Severn Trent Water](#)
- [Anglian Water](#)

22. [Empowering people through physical activity](#)

The Mental Health Foundation has published. This report presents the findings from a study of a physical activity intervention based in Northern Ireland for people with severe and enduring mental health problems. The study aimed to increase knowledge about what works to engage people with severe and enduring mental health problems in sustained physical activity to a level that is improving and protecting their physical health.

23. [Quality of mental health care](#)

The Nuffield Trust has published a summary of mental health indicators which shows how quality in NHS mental health care varies over time. While some measures show an improvement, such as access to psychological therapies, other measures, such as follow-up for patients discharged from psychiatric inpatient care, show a decline in quality.

24. [Improving mental health services in systems of integrated and accountable care](#)

The Royal College of Psychiatrists has published *Improving mental health services in systems of integrated and accountable care*. This report aims to better understand the priorities and lessons for improving mental health services in established and emerging ICSs and makes

recommendations that reflect the opportunities and challenges in doing so. It is recognised that further lessons and priorities will emerge as more ICSs are established across the country.

25. [National Confidential Inquiry into Suicide and Safety in Mental Health](#)

The Healthcare Quality Improvement Partnership has published the *National Confidential Inquiry into Suicide and Safety in Mental Health: Annual Report 2019*. The report provides findings relating to people who died by suicide in 2007-2017 across the UK. Additional findings are presented on the number of people convicted of homicide, and those under mental health care.

26. [A sense of safety: trauma-informed approaches for women](#)

The Centre for Mental Health and Agenda have published *A sense of safety: trauma-informed approaches for women*. This report explores how trauma-informed approaches are being implemented by public services. It summarises the findings of interviews and site visits to a range of services for women including substance misuse, homelessness, mental health, the criminal justice system, and domestic and sexual abuse and exploitation.

27. [Supporting employees experiencing domestic abuse](#)

NHS Employers is highlighting resources which encourage organisations to support employees experiencing domestic abuse as part of the 16 days of Action Against Domestic Violence campaign. The resources include a blog which discusses the importance of supporting employees who are experiencing abuse, and highlights how organisations can develop an effective support scheme.

HEALTHIER DECISION MAKING

28. [Whole systems approach to obesity: a guide to support local approaches to achieving a healthier weight](#)

The Local Government Association has published *Whole systems approach to obesity: a guide to support local approaches to achieving a healthier weight*. The guide describes a six-phase process, which can be used flexibly by local authorities, taking into account existing structures, relationships and actions that are already in place to tackle obesity.

29. [Stoptober 2018: campaign evaluation](#)

Stoptober is an annual event to encourage smokers to quit for 28 days in October, with the aim of stopping smoking permanently. Public Health England have published a report which measures the impact of Stoptober in 2018. It aims to assess the scale of the campaign (reach and visibility), the degree to which people engage with different elements of Stoptober, and actions and behaviours generated by the campaign.

Stoptober launched in 2012 and entered its seventh year in 2018. As with all campaigns under the current tobacco strategy, the ultimate objective is to motivate smokers to make a quit attempt. Stoptober uses a combination of consumer insight and behavioural economics to reframe the usual call to action from 'quit now' to 'join the 28-day quitting challenge'.

The campaign aims to inspire as many smokers as possible to make a quit attempt from 1 October and maintain it for at least 28 days. Evidence shows that if a person stops smoking for 28 days, they are five times more likely to stop for good. Each year the campaign seeks to offer

refreshed approaches to generate awareness, interest and engagement among smokers with a message that has now been running for several years.

To address key findings from 2017, the 2018 campaign sought to deliver a simplified message around encouraging smokers to use a support tool in their quit attempt, instead of willpower alone. The campaign provided further support for smokers by introducing the [Personal Quit Plan \(PQP\)](#). The PQP is a free online tool that makes it easier for smokers to find the right support by asking three simple questions to recommend the tools most relevant to their personal needs.

Performance against targets	Target	Achieved
Campaign recognition	60%	58%
Likelihood of quitting using willpower alone	40%	41%
Reported quit attempts	16%	19%
Reported sustained quit attempts	8%	8%
Knowledge that using support tools in your quit attempt increases your chances of success	61%	55%
Supported quit attempts	14%	18%*

*This is equivalent to 95% of those who made a quit attempt reporting that they used a support tool.

Key findings of the 2018 campaign evaluation include:

- Stoptober continues to effectively drive a sizeable proportion of smokers to make a quit attempt. In 2018, the campaign generated quit attempts amongst 19% of all smokers and recent ex-smokers (broadly in line with 16% in 2017).
- Positively, 18% of smokers made a campaign-related quit attempt with support.
- 8% of smokers reported they were still not smoking at four weeks (in line with 8% in 2017).
- The number of smokers recognising Stoptober (83%) has returned to peak levels which were last seen in 2015 (80%). Engagement levels improved in 2018, with website visits increasing by 36% and app downloads increasing by 41%.

The campaign did not shift perceptions of the value of support tools, with no significant pre to post campaign shift on agreement with the statement that *'you are more likely to be successful in your quit attempt with a tool such as e-cigarettes or nicotine replacement therapy* (58% in the post-wave vs 55% in the pre-wave). There remains a sizeable proportion of smokers (41%) who would still be likely to use willpower alone if they were to make a quit attempt. Moreover, in the population more broadly there appears to be an increasing trend towards e-cigarette confusion, and usage of e-cigarettes as a quitting aid has plateaued.

Future consideration will therefore be given to determine the best approach for encouraging those smokers who remain unconvinced about support to consider using support tools in their quit attempt.

WORKING TOGETHER TO IMPROVE HEALTH & CARE SERVICES

30. [Driving digital transformation in the NHS](#)

The Healthcare Financial Management Association has published *Driving digital transformation in the NHS*. This briefing explains some of the new enabling technologies available and how digital transformation might best be approached in a multi-organisational environment. It considers how to develop a digital transformation strategy and shares case study examples of where technology is already being used to improve health and social care.

31. [Autumn Short Survey of Directors of Adult Social Services 2019](#)

The Directors of Adult Social Services has published *Autumn Short Survey of Directors of Adult Social Services 2019*. This survey gathers views about adult social care from councils across England. It covers a range of subjects including budgetary issues, the ability to meet statutory duties, the ability of local care markets to cope with pressures and the impacts of the national focus on reducing rates of delayed discharges. See also: [press release](#)

32. [Leading for integrated care](#)

The King's Fund has published *Leading for integrated care: 'if you think competition is hard, you should try collaboration'*. This report reflects the views of 16 chairs and leads of STPs and ICSs on the progress, challenges and opportunities for integrated care. The interviewees believe that it is evolving and progress is being made towards a more integrated way of working.

GENERAL

33. [Norovirus social media campaign](#)

In December 2019, NHS England launched a social media campaign on norovirus. The campaign is designed to help people avoid catching the bug if possible, and recognise and respond to the symptoms of norovirus at home if they are unfortunate enough to get infected. The latest data from Public Health England showed the number of positive norovirus laboratory reports between Monday 11 - Sunday 24 November was 28% higher than the average for the last five years.

34. [Health Survey for England](#)

NHS Digital has released the Health Survey for England 2018. The Health Survey for England monitors trends in the nation's health and care bringing together data on conditions such as diabetes and hypertension, adult and child weight, smoking, drinking and physical activity. This year's survey includes new data on gambling, asthma and long term conditions. See also: [press release](#)

35. [Being disabled in 2019](#)

The Office for National Statistics has published *Being disabled in 2019*. This statistical collection explores outcomes for disabled people across a range of areas of life including crime, education, social participation, housing, and well-being and loneliness.

36. [Better for women report: improving the health and wellbeing of girls and women](#)

The Royal College of Obstetricians & Gynaecologists has published *Better for women report: improving the health and wellbeing of girls and women*. This report provides recommendations

for policy makers and public health bodies to prevent illness and ensure the best health outcomes for all girls and women in the UK.

37. [Myths and realities about making safeguarding personal](#)

The Local Government Association has published *Myths and realities about making safeguarding personal*. The purpose of this briefing is to expose some 'myths' about Making Safeguarding Personal, which is not just about safeguarding practice but also about prevention, and strategic as well as operational safeguarding.

38. [Guidance for pharmacist prescribers](#)

The General Pharmaceutical Council has published Guidance for pharmacist prescribers. The guidance is intended to ensure pharmacist prescribers provide safe and effective care when prescribing and sets out five key areas they must consider.

39. [Public Health Matters](#)

In the new year, Health Matters will cover the following priority areas that were outlined in Public Health England's Strategy (2020-25):

- Smoke-free society
- Healthier diets, healthier weight
- Cleaner air
- Better mental health
- Best start in life
- Antimicrobial resistance.

CONSULTATIONS AND RESEARCH

40. [Healthwatch priorities for 2020-21](#)

Members of the public have an opportunity to inform the 2020-21 priorities of Healthwatch Nottingham & Nottinghamshire. A survey is available [online](#). For further information, please email: info@hwnn.co.uk

41. **Call for website users to take part in research**

NHS England & NHS Improvement are looking for colleagues in Clinical Commissioning Group commissioning roles who use www.england.nhs.uk. A project is underway to create a new website which better meets the needs of its users and helps them to achieve their goals more easily. With their input, volunteers will be helping the NHS to build a better digital service by means of a brief phone interview. Expressions of interest or questions can be emailed to: tom.blackwell1@nhs.net

42. **An opportunity to contribute to patient record migration improvements**

The NHS wish to reduce the burden on practices when GP2GP transfers fail between practices. This can result in records being printed and posted by the sending practice and being manually entered by the receiving practice. The NHS wish to hear of local experiences and the processes that Clinical Commissioning Groups have in place, to help with their research, understand how systems work and identify where improvements could be made. Feedback can be emailed to: lisa.mane1@nhs.net

Other Options Considered

43. Not applicable.

Reason/s for Recommendation

44. To identify potential opportunities to improve health and wellbeing in Nottinghamshire.

Statutory and Policy Implications

45. This report has been compiled after consideration of implications in respect of crime and disorder, data protection and information governance, finance, human resources, human rights, the NHS Constitution (public health services), the public sector equality duty, safeguarding of children and adults at risk, service users, smarter working, sustainability and the environment and where such implications are material they are described below. Appropriate consultation has been undertaken and advice sought on these issues as required.

Financial Implications

46. There are no financial implications arising from this report.

RECOMMENDATION

- 1) To consider whether there are any actions required by the Health & Wellbeing Board in relation to the issues raised.

Councillor Steve Vickers
Chairman of the Health & Wellbeing Board

For any enquiries about this report please contact:

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Constitutional Comments

47. The proposals set out in this report fall within the remit of this Board.

Financial Comments (DG 18/12/19)

48. There are no direct financial implications arising from this report.

Background Papers and Published Documents

Except for previously published documents, which will be available elsewhere, the documents listed here will be available for inspection in accordance with Section 100D of the Local Government Act 1972.

- None

Electoral Division(s) and Member(s) Affected

- All