

‘Get Up & Go’ Events 2017

Date	Venue
Ashfield	
27 September 10am – 3.30pm	Ashfield Health and Wellbeing Centre Portland Street Kirkby in Ashfield NG17 7AE
3 October 9.30am – 12.30pm	Hucknall – Housing 21 Care Home Herbert Buzzard Court Hankin Street Hucknall NG15 7SS
Bassetlaw	
26 September 9.30am – 3.30pm	The Crossing Newcastle Street Worksop S80 2AT
5 & 6 October 9am – 4pm	Morrison’s Supermarket Idle Valley Road Retford DN22 7XD
Broxtowe	
29 September 1pm – 3pm	Broxtowe Voluntary Action Oban House 8 Chilwell Rd Beeston NG9 1EJ
5 October 2pm – 4pm	Happy Thursdays Yew Tree Court Union Street Beeston NG9 2NA
7 October 10am – 3pm	Methodist Church Chilwell Road Beeston NG9 1EH
Gedling	
26 September 9.30am – 1 pm	Park House Health Centre 61 Burton Road Nottingham NG4 3DQ
28 September 10am – 2pm	Carlton Forum Leisure Centre Coningswath Road Carlton NG4 3SH
Mansfield	
25 September 9.30am – 1pm	Oak Tree Leisure Centre Jubilee Way South Mansfield NG18 3RT

26 September 10.30am – 1pm	Ladybrook Library 171 Ladybrook Lane Mansfield NG18 5JR
4 October 2pm – 4pm	Ladybrook Community Centre Ladybrook Lane Mansfield NG18 5JJ
5 October 10am – 3pm	Kingsmill Hospital (foyer) Mansfield Road Sutton in Ashfield NG17 4JL
Newark	
27 September 2.15pm – 4.15pm	Burton Court Bilsthorpe Newark NG22 8QP
29 September 10am – 12pm	Newark Sports and Fitness Centre Bowbridge Road Newark NG24 4DH
2 October 10.30am – 2.30pm	Life Springs Centre Sherwood Drive New Ollerton NG22 9PP
3 October 1pm – 3pm	Newark Sports and Fitness Centre Bowbridge Road Newark NG24 4DH
Rushcliffe	
26 th September 2pm - 3pm	The Grange Greythorn Drive West Bridgford NG2 7GG
28 th September 10am - 4pm	West Bridgford Library Bridgford Rd West Bridgford NG2 6AT
5 October 12pm – 3 pm	Chestnut Avenue Day Centre 20 Chestnut Avenue Bingham NG13 8AU
5 October 10am – 3 pm	Morrison's Supermarket Gamston Lings Bar Rd Gamston, Nottingham NG2 6PS