

REPORT OF THE DIRECTOR OF PUBLIC HEALTH

PERFORMANCE AND QUALITY FOR CONTRACTS FUNDED WITH RING-FENCED PUBLIC HEALTH GRANT 1 JANUARY 2019 TO 31 MARCH 2019

Purpose of the Report

1. To enable Members to scrutinise the performance and quality of services commissioned by Public Health (PH)

Information

2. The Health and Social Care Act 2012 confers general duties on local authorities to improve and to protect the health of their local populations, including specific statutory duties to commission certain mandatory services for residents^[1], the provision of specialist advice to the local NHS, and health protection advice to organisations across the local system.
3. In discharging these duties, the Council is currently supported by a ring-fenced grant which must be deployed to secure significant improvements in health, giving regard to the need to reduce health inequalities and to improving uptake and outcomes from drug and alcohol treatment services.
4. Services commissioned by public health contribute to a number of Council commitments (in particular, Commitment 6 – People are Healthier) and are critical for securing improved healthy life expectancy for residents.
5. Working with colleagues, the Public Health Contract and Performance Team manages the performance of providers to ensure the Authority and the residents of Nottinghamshire are receiving good outcomes, quality services and value for money.
6. Contract management is undertaken in a variety of ways including regular contract review meetings, quality assurance visits to the service and ongoing communication.
7. This report provides the Committee with an overview of performance for Public Health directly commissioned services and services funded either in whole or in part by PH grant,

^[1] These mandatory services include: local implementation of the National Child Measurement Programme, assessment and conduct of health checks, open access sexual health and contraception services

in January to March 2019 against key performance indicators related to Public Health priorities, outcomes and actions within:

- a). the Public Health Service Plan 2017-2018;
 - b). the Health and Wellbeing Strategy for Nottinghamshire 2017-21; and
 - c). the Authority's Commitments 2017-21.
8. A summary of the key performance measures is set out on the first page of **Appendix A**. Where performance is at 80% or greater of the target or meets the standard, it is rated green.
9. Appendix A also provides a description of each of the services and examples of the return on investment achievable from commissioning public health services.

NHS Health Checks (GPs)

10. The NHS Health Check Programme has met its targets for the year, and performance continues to improve. In the past year, GPs have identified and started treatment for 1,118 people at high risk, who were likely to have experienced a heart attack or stroke if they had not been detected early through NHS Health Checks. This is in addition to offering advice, sign-posting and treatment to all those who had a health check, a total of 22,149 in 2018/19.
11. The aim of this programme is to help prevent heart disease, diabetes, stroke, kidney disease and certain types of preventable dementia by offering a check once every five years to everyone between the ages of 40 and 74 who has not already been diagnosed with one of these conditions.
12. The proportion of people taking up their invitation for a health check this year is 69.5%, which is considerably better than last year's national average of 47.9%. Over the full year, 31,890 people were invited in total, which meets the annual target set. Quarter 4 of 2018/19 shows positive performance, with 9,458 people being invited to attend a health check, above the quarterly target of 8,218. In terms of health checks undertaken, during quarter 4 there were 6,296 checks, resulting in a total for the year of 22,149 (against a target of 21,697).

Integrated Sexual Health Services (ISHS)

13. The ISHS (Nottingham University Hospitals (NUH), Sherwood Forest Hospital Foundation Trust (SFHFT) and Doncaster and Bassetlaw Hospitals (DBH)) provides a testing and treatment service for sexually transmitted infections (STIs) and contraception. A similar number of filled appointments 47,172 in 2018/19 compared with 47,330 in 2017/18 took place across the three ISHS NHS Trusts.

60% of new users accepting HIV test

14. All three ISHS providers have met or exceeded this target for the year 2018/19. This is an important positive achievement as it helps services to identify individuals with HIV who would otherwise not be tested and miss out on early treatment advice and support. Previously reported low performance was investigated and found to be due to a data reporting error. The Authority is now confident both that the data is being accurately reported, and that the ISHS are performing at or above expectation for this target.

75% of 15-24 year olds accepting a chlamydia test.

15. Chlamydia is one of the most common STIs and although often symptomless it can cause long-term health problems including infertility if left untreated.
16. Historically, Nottinghamshire performance on chlamydia testing has been poorer than the England average. However the most recent national data show sustained increases in numbers accepting a test, and the proportion of tests where chlamydia is detected has significantly improved. Chlamydia detection is now similar to the national average, and in areas where the service need is highest, such as Mansfield and Bassetlaw, performance is significantly better than average. This means the Authority can be positively reassured that more young people are being tested, that the testing approach is effective as more people with chlamydia are being diagnosed and treated, and the targeting of the test is appropriate, as geographical areas where we would expect to see highest levels of chlamydia are achieving higher detection rates.
17. Within the ISHS service, performance on this standard varies between providers. SFHFT has exceeded the quality standard. DBH performance is below target (70% against target of 75%), which shows an improvement on previous year, with more young people taking up the offer of the test compared to 2017/18. NUH are below the quality standard reporting 67% against target of 75%. However, the service assures us that all those young people that are clinically appropriate are offered a test.

30% of women aged 16-24 receiving contraception accept LARC

18. Long-acting reversible contraceptive (LARC) methods, such as contraceptive injections, implants, the intra-uterine system (IUS) or the intrauterine device (IUD), are highly effective as they do not rely on daily compliance and are more cost effective than condoms and the pill. Take up of LARC across all ages of women of reproductive age should contribute to reducing unintended pregnancies. This 30% measure is routinely surpassed by all three ISHS providers and this has been the case for 2018/19.

Young People's Sexual Health Service- C Card (In-house)

19. The C-card scheme is a free and confidential advice and condom service for young people living in Nottinghamshire. The service is below target for new registrations mainly due to a very slow first quarter, quarters two and three have seen an increase in activity. Compared

to the same period last year the reduction in registrations is 1%. Achieving the stretch target has been a challenge and an action plan has been developed which aims to increase new registrations and the number of active sites across the scheme. The action plan includes: new promotional materials distributed to all existing sites and to the new sites; information distributed to GP's and Pharmacies to promote the scheme; and inactive sites are being targeted for refresher training. The C Card Technical Specialist has also attended County College Freshers Fairs to promote the scheme to young people. An evaluation of the scheme is in progress including engagement with service users, the results of this evaluation will drive further actions to increase usage and continue to ensure quality of delivery.

Alcohol and Drug Misuse Services (Change Grow Live)

20. Change, Grow, Live (CGL) is the substance misuse treatment and recovery service in Nottinghamshire. The service has supported more people to successfully complete treatment in 2018/19 than in the previous year, and demonstrates strong and effective performance, meeting or exceeding all of its service targets in 2018/19.
21. CGL works proactively across the county to ensure residents get free from their substance misuse. Successful completion data from CGL for non-opiates such as cannabis, amphetamines, steroids, cocaine and crack cocaine and Novel Psychoactive Substances (or what were formerly known as 'legal highs'), show that for the year 2018/2019, there was an average completion rate of 24.9% which is well above the target of 15%.
22. Re-presentations and unplanned discharges from the service have been consistently low through the year. From a total of 13,168 unique individuals who have presented to service, only 664 (5%) were discharged in an unplanned way with only 64 re-presentations within the 12 month period.
23. Overall improvements in the wider outcomes derived from the service are all above target for the year. These outcomes are: Employment, training and education: target 25%; performance 52%. Mental wellbeing: target 60%; performance 81%. Housing improvements (where housing was identified as an issue at entrance into the service: target 70%; performance 96%.
24. In Nottinghamshire harder targets are set for the service than is nationally expected, with the aim being to ensure all service users with any substance misuse issues are helped to recovery and not just those who require a clinical intervention. Therefore the performance of the service in meeting these targets is particularly positive, and demonstrates the effectiveness of the treatment and recovery system in Nottinghamshire.

Young People's Substance Misuse Service (Change, Grow, Live)

25. CGL took over the young people's substance misuse service on 1st October 2018. CGL have initiated new ways of working across the county with an emphasis on preventing young people starting to misuse substances as well as providing support for those who are misusing. Since October, 104 young people have been referred into the service, 22 for

structured treatment, 14 for brief intervention (1 off session) and 44 for extended brief intervention (4 sessions) and the remainder either have declined support, have an assessment pending or were an inappropriate referral. The majority of referrals for the service have derived from Youth Justice followed by social care and supported housing. After consultation with the service users, the new service has been renamed 'Let's Grow' as one young person stated 'It's the grow part of Change Grow Live and it's about us growing as young people.'

Smoking Cessation (Solutions 4 Health)

26. The service in Nottinghamshire (SmokefreeLifeNotts) was recently restructured to deliver a new model for smoking cessation. The new model offers a more flexible, individualised approach with increased access to telephone and online support as well as the more traditional groups and one to one sessions.
27. Albeit small, there has been an improvement in the numbers of successful quitters. In 2015/16, the final year of the previous contract there were only 2257 quitters. In this last year the provider managed 2,996 quitters. It is expected with all the changes made by the service and extra support from public health that this upward trajectory is set to continue.
28. SmokefreeLifeNotts staff are now on the wards in King's Mill Hospital, offering support at the bedside to patients who smoke, either with quitting or temporary abstinence during their hospital stay. "Stop Before the Op" support is also offered to outpatients waiting for elective surgery. This will complement the ongoing work that continues to take place with pregnant women at King's Mill Hospital and the wellbeing coordinators that are now in post. There are around 300 patients admitted every week to Sherwood Forest Hospital Foundation Trust and 800 staff smoke so the potential to make a real impact is possible with this targeted work.
29. SmokefreeLifeNotts staff are also now on the wards at Nottingham University Hospitals (NUH) to enable them to adopt the same ward-based approach to support County patients who attend the hospital as inpatients and outpatients, with the same potential for impact.
30. Due to the cyclical nature of smoking cessation (more people quit at New Year, following Stoptober and Stop Smoking Day in March), referrals and therefore quitters are expected to rise in line with these key campaigns.

Illicit Tobacco Services (In-house)

31. Trading Standards Officers continue to apprehend those individuals who sell and distribute illicit tobacco products within the County. The dedicated Illicit Tobacco Team, which includes a Nottinghamshire Police Officer, share intelligence with other agencies and authorities as well as Public Health colleagues. This intelligence picture is crucial and allows Trading Standards to share resources and costs when working with these colleagues.
32. A warrant was executed at a residential address in Mansfield in November 2018 where 1,500 packs of counterfeit cigarettes and 61 pouches of counterfeit hand rolling tobacco

were seized, with a retail value of £15,890. 2 males were arrested and interviewed. An investigation continues into the individuals.

33. During October, November and December 2018 a total of 2,537 packs of illicit tobacco were seized along with 93 pouches of hand rolling tobacco, with a total retail value of £27,700. Enquiries and legal processes continue on several premises and individuals.

Obesity Prevention and Weight Management (Everyone Health)

34. The Obesity Prevention and Weight Management service supports children and adults through a variety of targeted community prevention, healthy eating and physical activity initiatives and weight management support. The service has delivered on its commitment to increasing the number of people it reaches in Nottinghamshire, with substantial improvements across all service elements. A total of 2,843 people were supported with 12 weeks weight management offer, and all performance targets have been achieved for 2018/19.
35. The public health team and the provider developed improvement plans in 2017 and 2018 to increase uptake of the weight management offer for overweight children and their families and women who are obese during pregnancy as these targets were not being met. The measures have resulted in the service achieving their targets for numbers of clients supported in 2018/19 and more than double the number of service users than the previous two years.
36. As we enter the final year of the contract, the focus is on maintaining this level of service provision and uptake and focusing on improving uptake in parts of the county which have been lacking. The public health team is also focused on capturing the learning from commissioning and provision of this service over the last four years to feed into the mobilisation of the Integrated Wellbeing Service from April 2020.

Domestic Abuse Services (Notts Women's Aid and Womens Aid Integrated Services)

37. The Domestic Abuse service provides information, advice, safety planning and support (including support through the courts) to women, men, teenagers, children and young people. The service does not have targets but the public health team monitors the outputs and outcomes of the service. The service is facing increasingly complex and difficult cases. Quality Assurance visits further evidence that the services provided are robust, well received by service users and provide good value for money.
38. Figures show an increase in numbers of adults, children and young people supported compared with last year. The number of high-risk adult referrals is increasing, and this is beginning to impact on the capacity of the multi-agency risk assessment conferences (MARACs) where information is shared across partner agencies to ensure safety.
39. Over 50% of children on Child Protection Plans live in a household with domestic abuse and to this end the providers work closely with Children's Services and have workers based with the Family Service.

Seasonal Mortality (Nottingham Energy Partnership)

40. This service protects and improves the health of residents in the county, by facilitating insulation and heating improvements and preventative adaptations in private sector homes, providing energy efficiency advice and reducing fuel poverty. The service targets the most deprived private sector households, with a specific emphasis on support to residents over 60 and a smaller provision for families with children under 5 and pregnant women. The service achieved the 2018/19 targets.
41. The service has exceeded the annual target of 259 and provided 499 people with comprehensive energy efficiency advice and/or help and advice to switch energy supplier or get on the cheapest tariff. The service also trained 219 against an annual target 187 individuals to deliver Energy Efficiency Brief Interventions to improve awareness of the links between cold-homes, fuel poverty and ill health and to generate appropriate referrals to the service.

Social Exclusion (The Friary)

42. The Friary provides a “one-stop” approach on three mornings a week from a single location in West Bridgford to individuals in crisis situations, including homeless people. It delivers one to one assessment of need, specialist advice and practical support regarding housing, benefits, debts and health needs (including signposting to other services that operate within the Friary e.g. GP clinic, substance misuse services) The service offered support to 349 individuals in Quarter 4. There were 1,131 more interviews provided over this last year from the previous year.
43. The service is now decommissioned and the provider was thanked for all their work.

Public Health Services for Children and Young People aged 0-19 (Nottinghamshire Healthcare Trust)

44. The service is in its second year of delivery and the Healthy Families Programme is now embedding across the County as a fully integrated universal service for children, young people and their families.
45. The Authority has had to set very ambitious targets in line with national requirements, for the provider and whilst some of these targets have yet to be met, the service overall is performing well with Nottinghamshire data for mandated reviews in 2018/19 being similar to, or better than the England average. As an example, 99% of 2-2½ year developmental reviews completed, were undertaken using ASQ-3 (Ages and Stages Questionnaire). The use of this evidence-based tool enables the Healthy Families Team to make an informed assessment of a child’s readiness to start school, and therefore offer targeted interventions for children when concerns are identified.
46. Staffing and recruitment challenges experienced by the service due to retirement, maternity leave, and sick leave are resolving. The Trust is working pro-actively to recruit

and retain the workforce and a picture of increased workforce stability is emerging. This is being reflected in improved performance against the key performance indicators.

Oral Health Promotion Services (Nottinghamshire Healthcare Trust)

47. Nottinghamshire's specialist Oral Health Promotion Team works to improve oral health within local communities and among vulnerable groups by delivering training for the health, social care and education workforce, a supervised tooth-brushing programme in targeted primary schools (with linked nurseries) and health promotion activities such as the provision of tooth-brushing packs to one-year olds.
48. During Q4, oral health promotion training among frontline staff was delivered to 70 staff working in child-related services and 48 in adult-related services, delivering full year totals of 278 and 221 respectively (2018/19 target of 200 each). The successful supervised toothbrushing programme has been active in 24 primary schools (against a target of 20) over the year, engaging with 2,948 children. In addition, parents of 7,196 children received oral health advice and resources at their child's one-year health review (87% of the 2018/19 one-year old child cohort). Overall, this represents very good performance by the award-winning service.

Single Person Supported Accommodation (Framework)

49. The service provides intensive support in short term hostel accommodation (up to 18 weeks) and less intensive support in Move On and Housing First Accommodation (typically for six months, and up to a maximum of 12 months) aimed at enabling the service user to achieve a range of outcomes including self-care, living skills, managing money, motivation and taking responsibility, social networks and relationships, managing tenancy and accommodation, reducing offending and meaningful use of time.
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51. Since the new contract commenced a total of 80 people have exited the short-term hostel accommodation of whom 70 (87%) exited in a planned way and 10 (13%) in an unplanned way. This exceeds the target of 80% to be supported to exit in a planned way. For the move on accommodation a total of 71 people exited the service in a planned way (95% against a target of >80%) and 4 people exiting the service in an unplanned way (5% against a target of <20%).

Community Infection Prevention and Control (CCGs)

52. This service provides advice and assistance to prevent the spread of infectious and avoidable diseases. The team has provided initiatives in care homes, GP practices and

the acute hospital trusts including hand hygiene training, viral swabbing, advice and assistance. The service continues to meet all of the Authority's key performance indicators.

Resilience Building in Schools (Each Amazing Breath-EAB and Young Minds-YM)

53. The report 'Future in Mind', published in 2015 by the Department of Health (DH) in partnership with DfE, sets out detailed proposals for improving emotional health and well-being support available to children. The report outlines the risk of focusing too narrowly on targeted clinical care, ignoring wider influences, over-medicalising our children and the challenge of making some real changes across the whole system to place the emphasis on building resilience, promoting good mental health, prevention and early intervention.
54. In response, the Authority, in partnership with Nottinghamshire CCGs, commissioned academic resilience programmes to improve emotional health, wellbeing and resilience of children and young people in 30 Nottinghamshire schools. Taking a sustainable whole school approach, the programmes aim to enable schools to have the understanding, knowledge, skills and resources to continue independent delivery thus building resilience for new cohorts of children and young people after the direct contract activity ends. There are currently two provider organisations commissioned to deliver programmes within Nottinghamshire: 'Each Amazing Breath' and 'Young Minds'.
55. Across the districts of Bassetlaw, Newark and Sherwood, Mansfield and Ashfield 'Each Amazing Breath (EAB) is commissioned to deliver 'Take Five', a whole school programme based on breathing, grounding, and awareness that helps children to develop their capacity to handle life's challenges with awareness and confidence, building skills of self-regulation, and anger management. Direct service delivery of this programme is almost complete. Provider activity in Q3 and Q4 is focussed on training champions and ambassadors embedding the programme across the 15 participant schools, thus moving towards school led sustainability.
56. The Authority has commissioned Young Minds to deliver the evidence based Academic Resilience Approach (ARA) Programme in 15 schools, including Derrymount School for children with special educational needs and disability (SEND), in the boroughs of Broxtowe, Gedling and Rushcliffe. Schools are supported to develop their own practical, integrated whole-school approach to identifying and supporting vulnerable pupils to enable them to achieve their emotional and academic potential. The Provider had completed 100% of training for school staff by the end of Q2. Quarter 3 and Q4 activity focusses on sustainability, through the delivery of 'Train the Trainer' sessions, a champions programme and developing 'Communities of Practice' (COP's).
57. The services have both been extended for another year to March 2021 and a further 30 schools in the county will receive the above interventions.

Other Options Considered

58. None

Reason/s for Recommendation/s

59. To ensure performance of Public Health services is scrutinised by the Authority.

Statutory and Policy Implications

60. This report has been compiled after consideration of implications in respect of crime and disorder, data protection and information governance finance, human resources, human rights, the NHS Constitution (public health services), the public sector equality duty, safeguarding of children and adults at risk, service users, smarter working, sustainability and the environment and where such implications are material they are described below. Appropriate consultation has been undertaken and advice sought on these issues as required.

Financial Implications

61. Robust performance and quality reporting ensures that financial implications are monitored and reviewed effectively to minimise financial risk to the council.

Public Sector Equality Duty implications

62. Monitoring of the contracts ensures providers of services comply with their equality duty. Equality performance is a standing agenda item of review meetings and providers are asked to provide case studies celebrating success and showing how complaints, if applicable, are resolved.

Safeguarding of Children and Adults at Risk Implications

63. Safeguarding is a standing item on contract review meeting agendas and providers are expected to report any areas of concern allowing the Authority to ensure children and adults at risk are safe.

Implications for Service Users

64. The management and quality monitoring of contracts are mechanisms by which commissioners secure assurance about the safety and quality of services using the public health grant for service users.

RECOMMENDATION

65. For Committee to scrutinise the performance of services commissioned using the public health grant.

Jonathan Gribbin
Director of Public Health

For any enquiries about this report please contact:

Nathalie Birkett
Group Manager Contracts and Performance
nathalie.birkett@nottsc.gov.uk
01159772890

Constitutional Comments (AK 25/06/2019)

66. The recommendation falls within the delegation to Adult Social Care and Public Health Committee under its terms of reference.

Financial Comments (DG 25/06/2019)

67. There are no specific financial implications arising from this report.

Background Papers and Published Documents

68. Except for previously published documents, which will be available elsewhere, the documents listed here will be available for inspection in accordance with Section 100D of the Local Government Act 1972.

69. 'None'

Electoral Division(s) and Member(s) Affected

70. 'All'