



## **REPORT OF THE CHAIR OF THE HEALTH AND WELLBEING BOARD**

### **CHAIR'S REPORT**

#### **Purpose of the Report**

1. The report provides an update by the Chair on local and national issues for consideration by Health & Wellbeing Board members to determine implications for the Joint Health and Wellbeing Strategy for 2022 – 2026.

#### **Information**

##### **LOCAL**

#### **Give Every Child the Best Chance of Maximising their Potential**

##### **[Nottinghamshire's childcare champions celebrated at special event](#)**

2. Childcare providers and early years settings in Nottinghamshire received a special thank you from Nottinghamshire County Council recently. The celebration evening on Tuesday, 19 July at the Fretwell Complex Mansfield, was a 'thank you' to the hard work and dedication of the sector which makes a difference to the lives of Nottinghamshire's children and families every day. The 100 guests included childcare providers, nurseries, early years school settings and childminders, who were nominated by peers and parents for their dedication and passion for supporting children.

#### **Create Healthy and Sustainable Places**

##### **[Ashfield District Council confirms Carbon-Neutral Target](#)**

3. Ashfield District Council has already made considerable progress in reducing its emissions through multiple projects, including installing solar panels on many Council-owned buildings, switching to a Green Energy tariff, operating smarter working practices in its Council offices, investing in electric vehicle charging points, replacing its fleet with electric vehicles and launching a Climate Change Officer Working Group to collaboratively drive reductions in carbon emissions. Council decision making now includes assessments of impact on sustainability and the environment. It has developed a [climate change strategy and carbon management plan](#) to achieving net-zero by 2030 for the emissions for which they are responsible.

### [Bassetlaw - Planning Application Submitted for Health & Wellbeing Hub](#)

4. Architects working on behalf of Bassetlaw District Council have submitted a planning application to develop a vacant site owned by the Council on Newgate Street into a Health and Wellbeing Hub. Located next to Newgate Medical Practice, the proposed development would be built by Bassetlaw District Council and leased to the NHS.

### [Social Eating projects in Rushcliffe](#)

5. Following receiving funding from Nottinghamshire County Council via the Social Recovery Fund back in December 2021, Metropolitan Thames Valley Housing recently hosted a pop-up social eating event using surplus food, in collaboration with the Secret Kitchen Café, at Cricketers Court sheltered housing in West Bridgford. 28 residents were able to attend with the project part of a wider agenda looking to capture resident voice on what the community wants from social eating services in the area and how social eating projects can be taken forward to meet the needs of the community across Nottinghamshire.

### [Mansfield's super seven – Green Flag success for parks and nature reserves](#)

6. Green Flags have been awarded to seven of Mansfield parks and nature reserves - for the seventh year in a row. The green spaces which have achieved the coveted standard in the district are: Carr Bank Park, Titchfield Park and King George V Park, all in Mansfield, plus Peafield Park and Yeoman Hill Park, in Mansfield Woodhouse, and two Local Nature Reserves at Quarry Lane, Mansfield, and The Carrs, in Warsop.

### [Mansfield's New Play Park in the heart of Bellamy Road Estate](#)

7. This is the first project within a wider £7m regeneration project, known as the Bellamy Road Community Heart scheme, to build new housing and regenerate an area of the estate near Tuxford Court. The regeneration project, to improve housing, transport and infrastructure in the area, was co-designed with the community, including the Bellamy Tenants and Residents Association and Friends of Bellamy. It was made possible by £70,000 of combined funding provided by Mansfield District Council and a grant from Nottinghamshire County Council's Local Improvement Scheme to the Bellamy Tenants and Residents Association.

### **Everyone can access the right support to improve their health**

### [NottAlone website wins the Local Government Chronicle Technology Award](#)

8. The [NottAlone](http://www.nottalone.org.uk) ([www.nottalone.org.uk](http://www.nottalone.org.uk)) website helps young people in Nottingham and Nottinghamshire to find mental health support and information all in one place. It was developed by young people, parents, carers and professionals from Nottinghamshire County Council, Nottingham City Council, NHS trusts and other local partners. It provides information for young people, parents/carers and professionals seeking mental health support and advice. It won the technology award with The Local Government Chronicle (LGC) judges commented "the winner demonstrated true collaboration and partnership working across a range of stakeholders and showed real commitments to authentic co-production."

## Make it Happen in Rushcliffe

9. Two additional Reach Rushcliffe awards have been made to Metropolitan Thames Valley Housing and East Leake Parish Council. RBC will be supporting Metropolitan Thames Valley Housing with their “Make it Happen in Rushcliffe” programme. This will allow communities in Rushcliffe to access funding, with the aim to get residents to work together to create projects that enable them to share and learn new skills, combat isolation and improve their overall wellbeing by expanding their connections and sense of community. Rushcliffe Borough Council will also be supporting East Leake Parish Council with the setup of a friendship bench and community garden which will look to form a group and encourage people to take part in looking after the garden, with volunteers available regularly throughout the seasons, to work with and help those who would find gardening and social interaction beneficial to their physical and mental wellbeing.

## More supported living homes planned for Nottinghamshire

10. 205 more ‘supported living’ placements could be created in Notts to help people with disabilities and complex needs live as independently as possible in the community. The County Council will go out to the housing provider market to tender for eight different contracts between now and January 2023. The plans include up to 10 schemes of between 6 and 12 units within north Notts, mid Notts and south Notts, as well as two larger schemes in Worksop and an extra care scheme for older people in Hucknall. There are already 190 supported living schemes throughout Nottinghamshire, providing independent living for 750 people.

## More early intervention support for homeless people in Nottinghamshire

11. More early-intervention support will be provided to homeless people to access mental health services, substance misuse support and healthy lifestyle guidance as part of a new homelessness contract commissioned by the County Council. The Cabinet Member for Adult Social Care and Health, Councillor Matt Barney, has agreed to go out to tender for the ‘support for single homeless adults in temporary accommodation’ contract, which is worth £1 million a year. The service will also offer extra help for people who have left the service and moved on to their own tenancy. The aim will be to identify further support that helps them maintain a long-term independent tenancy, reducing the chances of becoming homeless again. Once a provider is appointed, the new contract will start in April 2023 and will provide 238 accommodation units. These will offer a mixture of short-term hostel places (for up to 18 weeks) and ‘move-on’ support (12 months’ support until longer term accommodation is found).

## **Keep Our Communities Safe and Healthy**

### £3m for Safer Streets in Nottinghamshire

12. Following the three previous rounds of Safer Streets funding, the new funding bids have been announced. One is for Nottingham city and will fund projects in the Arboretum, Radford and Park, and Bestwood. Another bid is for South Nottinghamshire, with spending going into the Trent Bridge ward of Rushcliffe borough, Netherfield and Colwick in the Gedling borough, and the Eastwood South area of Broxtowe borough. A third bid covers the Mansfield and Ashfield districts, with funding coming to Warsop and Kirkby-in-Ashfield. And the final bid is for the districts of Bassetlaw and Newark and Sherwood, with projects planned in Worksop and the

Castle ward of Newark. It means all seven district and borough councils in Nottinghamshire and the unitary authority of Nottingham have received some Safer Streets funding.

## **NATIONAL**

### **Mental Health**

#### **[Rethinking mental health services for vulnerable young people](#)**

13. The Commission on Young Lives, launched in September 2021, will propose a new settlement to prevent marginalised children and young people from falling into violence, exploitation, and the criminal justice system, and to support them to thrive. Its national action plan will include ambitious practical, affordable proposals that government, councils, police, social services, and communities can put into place. Taking a public health approach focused on prevention, inclusion and supportive relationships, its work is steered by its commissioners, alongside panels of young people and practitioners.

#### **[Improving children and young people's mental health services: Local data insights from England, Scotland and Wales](#)**

14. This briefing presents analysis from The Health Foundation's Networked Data Lab (NDL) about children and young people's mental health. The analysis from local teams across Scotland, England and Wales has highlighted three key areas for urgent investigation, to help ensure children and young people get the care they need. These are: rapid increases in mental health prescribing and support provided by GPs; the prevalence of mental health problems among adolescent girls and young women, and stark socio-economic inequalities across the UK.

#### **[Mental health and loneliness: the relationship across life stages](#)**

15. This report published by the Department of Digital, Culture, Media and Sport (DCMS) presents the findings from a qualitative study exploring the experiences of loneliness among those who had experienced a mental health condition. Research also finds that young people, disabled people and the LGBTQ community are at higher risk of chronic loneliness. Previous research has shown that there is a link between experiences of loneliness and poor mental health. The DCMS commissioned the National Centre for Social Research (NatCen) to explore this issue across four key life stages as part of developing the evidence base for work on tackling loneliness. It will [explore factors associated with loneliness in Adults in England](#), such as the characteristics of those at risk of loneliness; whether the risk factors for loneliness have changed over time; whether any factors predict the alleviation of loneliness over the short term; and the relationship between loneliness and wellbeing.

### **Tobacco**

#### **[Public Mental Health and Smoking](#)**

16. A joint report has been published by Action on Smoking and Health (ASH) and the Royal College of Psychiatrist's Public Mental Health Implementation Centre. The report is a practical document, designed to drive action locally, regionally and nationally across sectors. It is for people and organisations developing plans and strategies to improve physical and mental

health in our communities, particularly those working to implement public mental health approaches to prevent poor mental health in society. It provides evidence that people with poor mental health are more likely to smoke and that smoking can damage people's mental health.

## **Best Start**

### [How has early childhood changed? Findings from the Changing Face of Early Childhood Series](#)

17. The Nuffield Foundation's Changing face of early childhood series explored how the experience of being a young child or their parent has transformed over the last two decades. It includes further information on the data trends across four of the most significant changes which are listed below:

- Parents are increasingly choosing to cohabit rather than marry
- A rapid expansion in digital use
- More mothers are working but still do most of the childcare
- Younger children are at the greatest risk of poverty and there are significant inequalities in the risk of poverty

18. The first five years of a child's life are crucial to their healthy development and well-being in later life. But the [concluding report](#) in the [Changing face of early childhood series](#) reveals that early childhood is increasingly characterised by inequality and uncertainty, compounded by the impact of the pandemic and rising poverty amid the cost of living crisis. An estimated two-fifths of children are not reaching their expected level of development by age five and more than a third of families with young children are living in poverty.

## **Homelessness**

### [More than 4,500 primary school classes worth of children spending summer holidays in temporary accommodation](#)

19. The Local Government Association warns that over 4,500 primary school classes worth of homeless children are spending the summer holidays in temporary accommodation amid a national shortage of affordable housing. Latest figures for England show there are 119,840 children living in temporary accommodation, including 1,700 households with children in bed and breakfasts. There are also concerns around the rising cost of living and the potential for an increase in the number of homeless presentations, which will likely include more children.

## **Health Inequalities**

### [Women's Health Strategy for England](#)

20. This document, published by the Department of Health and Social Care, sets out the government's strategy for women's health in England. It details the government's ambitions over the next ten years and outlines the actions being taken to improve the health and wellbeing of women and girls in England.

[Inequality on the inside: Using hospital data to understand the key health care issues for women in prison.](#)

21. This new research, which was funded by the Health Foundation, underlines the challenges and risks women in prison face because of barriers to accessing health and care services. The key findings were:

- Pregnant women in prison are more likely to experience preterm labour than women in the general population.
- There are no official routine data on the number of women in prison who have children
- Access to hospital services is poor and this is a long-term issue.
- Hospital data highlight the complex needs of women in prison, particularly around trauma and substance misuse.
- Substance misuse plays a part in a significant proportion of hospital admissions by women in prison.
- Women's sexual and reproductive health care needs are not talked about openly and symptoms of normal changes to the body, such as the menopause, as well as conditions such as endometriosis, are not well understood or managed.

22. The report contains a set of recommendations and can be read in full [online](#).

[Towards a new partnership between disabled people and health and care services: getting our voices heard](#)

23. Disabled people's voices need to be valued and prioritised in the planning and delivery of health and care services. This long read sets out the findings of research carried out by The King's Fund and Disability Rights UK into how disabled people are currently involved in health and care system design. 60 per cent of those who died from Covid-19 in the first year of the pandemic were disabled. The health inequalities disabled people already faced were made worse by the pandemic and a decade of austerity.

[Building the right support for people with a learning disability and autistic people action plan](#)

24. This document published by the Department of Health and Social Care, is an action plan to strengthen community support for people with a learning disability and autistic people and reduce reliance on mental health inpatient care. People with a learning disability and people with autism should have the right support in place to live an ordinary life and fulfil their aspirations, in their own home. 'Building the right support' is the government's policy to achieve this ambition by: strengthening community support; reducing the overall reliance on specialist inpatient care in mental health hospitals; and improving the experiences of people with a learning disability and people with autism across public services such as health, social care, education, employment, housing and justice.

[Everyone has the right to a good later life](#)

25. The Centre for Better Ageing has launched a new public campaign tackling everyday ageism alongside its new strategy. The campaign will seek to overturn the deeply entrenched negative attitudes within society towards older people through a collective and nationwide approach. The organisation will work with the public, age-friendly communities and employers, as well as



other sector and industry partners, to change the way people think, feel and act about ageing. The new strategy also focuses on activities to reduce the inequalities people experience as they grow older.

#### [UK first country to approve dual-strain vaccine](#)

26. The UK has become the first country to approve a dual vaccine which tackles both the original Covid virus and the newer Omicron variant. This will form part of the autumn booster campaign, with an expectation that 13 million doses of the new vaccine will be available this year.

#### **Papers to other local committees**

27. [Investing for Improved Public Health Outcomes](#)

Nottinghamshire County Council (Cabinet)  
26 May 2022

28. [Establishment of Joint Committee - Nottingham and Nottinghamshire Integrated Care Partnership](#)

Nottinghamshire County Council (Full Council)  
7 July 2022

#### **Nottingham and Nottinghamshire Integrated Care System**

29. [Board papers](#)

Nottingham & Nottinghamshire Integrated Care Board  
1 July 2022

#### **Other Options Considered**

30. None

#### **Reasons for Recommendation**

31. To identify potential opportunities to improve health and wellbeing in Nottinghamshire.

#### **Statutory and Policy Implications**

32. This report has been compiled after consideration of implications in respect of crime and disorder, data protection and information governance, finance, human resources, human rights, the NHS Constitution (public health services), the public-sector equality duty, safeguarding of children and adults at risk, service users, smarter working, sustainability and the environment and where such implications are material they are described below. Appropriate consultation has been undertaken and advice sought on these issues as required.

#### **Financial Implications**

33. There are no financial implications arising from this report.

## **RECOMMENDATION**

The Health and Wellbeing Board is asked-

- 1) To consider the update, determine implications for the Joint Health and Wellbeing Strategy 2022 – 2026 and consider whether there are any actions required by the Health & Wellbeing Board in relation to the various issues outlined.

**Councillor Dr John Doddy**  
**Chairman of the Health & Wellbeing Board**  
**Nottinghamshire County Council**

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### **Constitutional Comments (CEH 15/08/2022)**

34. The Health & Wellbeing Board is the appropriate body to consider the content of the report.

### **Financial Comments (DG 15/08/22)**

35. There are no direct financial implications arising from this report.

### **Background Papers and Published Documents**

Except for previously published documents, which will be available elsewhere, the documents listed here will be available for inspection in accordance with Section 100D of the Local Government Act 1972.

- None

### **Electoral Division(s) and Member(s) Affected**

- All