

# Nottinghamshire Health & Wellbeing Board

## **Workshop: A Good Start**

Councillor John Doddy



**Nottinghamshire**  
Health & Wellbeing Board

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# Aim of the workshop

To agree how we can work together to give  
children and young people in  
Nottinghamshire a good start in life



# Nottinghamshire Health & Wellbeing Board

- Established in 2011 as a result of the Health & Social Care Act
- Membership includes:
  - Statutory - corporate directors for adults & children's social care & DPH, CCGS, Healthwatch
  - Nottinghamshire – districts & boroughs, PCC
- Statutory duties
  - JSNA/PNA
  - Health & Wellbeing Strategy
  - Integration & closer working



# Children and Families Alliance

- Formerly the “Children’s Trust”
- Priorities for 2018/19
  - Families are supported to keep their children and young people safe from harm
  - Children and young people are happy and healthy
  - Families are supported to access opportunities
- Deep dives and pledges
  - Improving Life Chances
  - Safety in Schools
  - Adverse Childhood Experiences
  - Developing girls’ aspirations



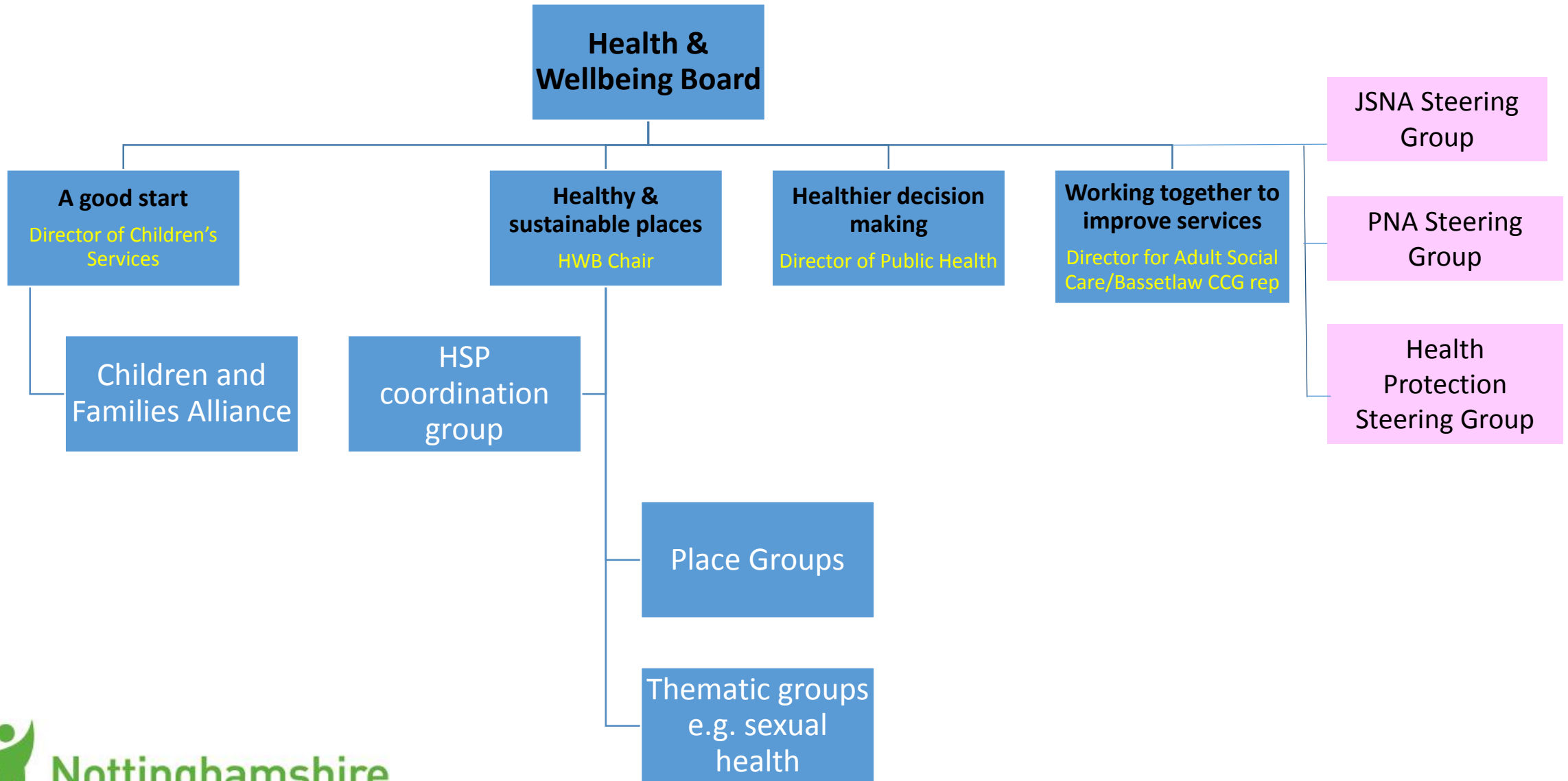
# Joint Health & Wellbeing Strategy 2018 -2022

## Vision

*‘Working together to enable the people of Nottinghamshire, from the youngest to the oldest, to live happier and healthier lives in their communities, particularly where the need is greatest.’*

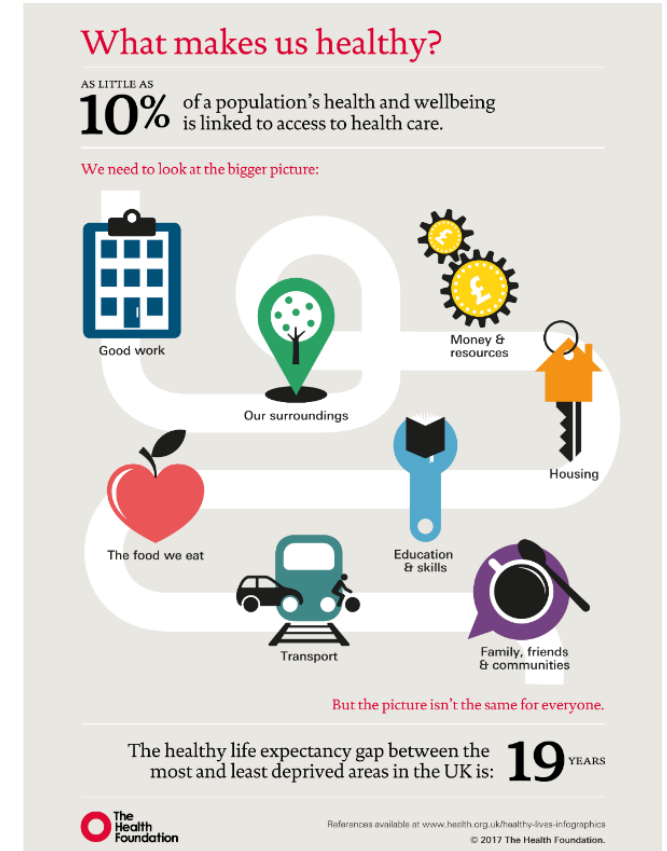
## Ambitions

- To give everyone a **good start in life**
- To have **healthy and sustainable places**
- To enable **healthier decision making**
- To **work together to improve health and care services**



# How the Board can improve health & wellbeing

- Influencing wider factors – 90% health & wellbeing
- Priorities for each ambition with leads identified through partners
- HWB leadership through ambition leads + champions
- New ways of working
- A good start
- Healthy sustainable places will also impact





# Why is a good start important?

- Cited in Marmot : Fair Society, Healthy Lives 2010:

*‘The foundations for virtually every aspect of human development – physical, intellectual and emotional – are laid in early childhood. What happens in the early years of a child’s life, starting in the womb, has a profound impact on a child’s future, with life-long effects on many aspects of health and wellbeing – from obesity, heart disease and mental health, to educational achievement and economic status’*

# Giving every child the best start in life



**A loving, secure and reliable relationship with a parent or carer supports a child's:**



**emotional wellbeing**



**brain development**



**language development and ability to learn**



**capacity to form and maintain positive relationships with others**

# Making sure that children and young people are happy and healthy

- Investing in children's health is an investment in the future
- There are a number of issues locally that impact on a child having a good start in life:
  - Smoking in pregnancy
  - Local variation in breastfeeding rates
  - Being ready to start school and learn
  - Poor emotional health amongst children and young people

# What is child poverty?

*“Individuals, families and groups in the population can be said to be in poverty when they lack resources to obtain the type of diet, participate in the activities and have the living conditions and amenities which are customary, or at least widely encouraged and approved, in the societies in which they belong.”*

*Peter Townsend*

‘Families on low incomes’ DWP data is used to provide an indicator for child poverty and is measured as follows:

Number of children in families in receipt of either out of work benefits or tax credits where their reported income is less than 60% median income

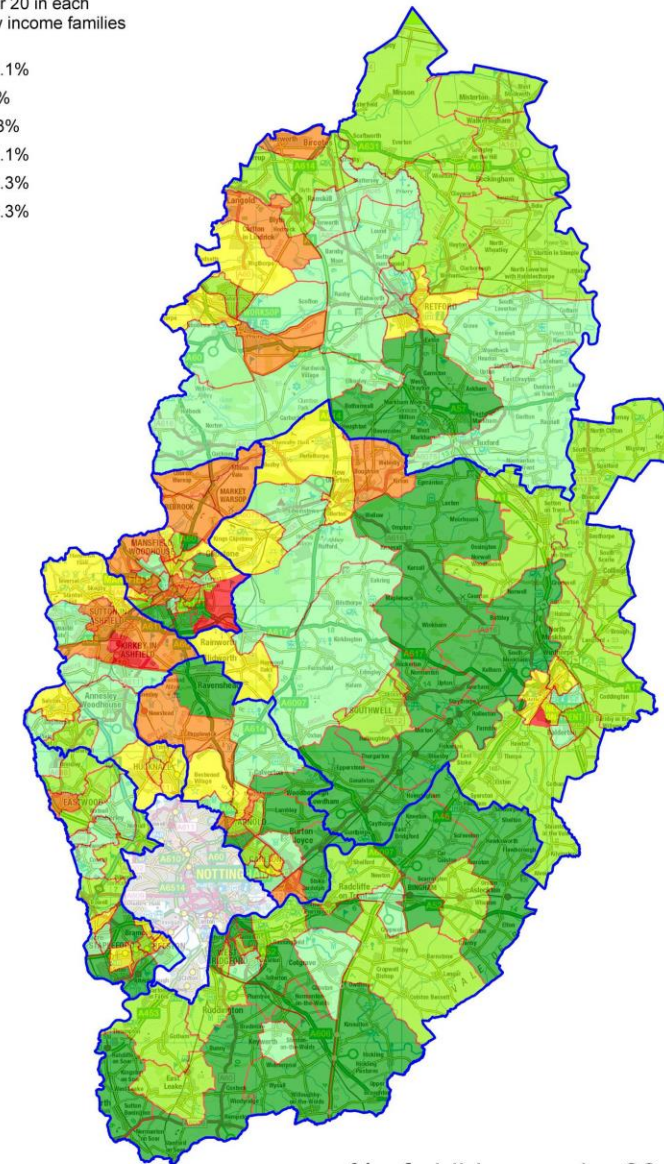
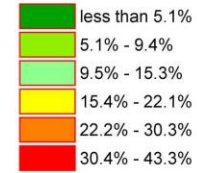
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Total number of children in the area

# Children in Low Income Families 2015

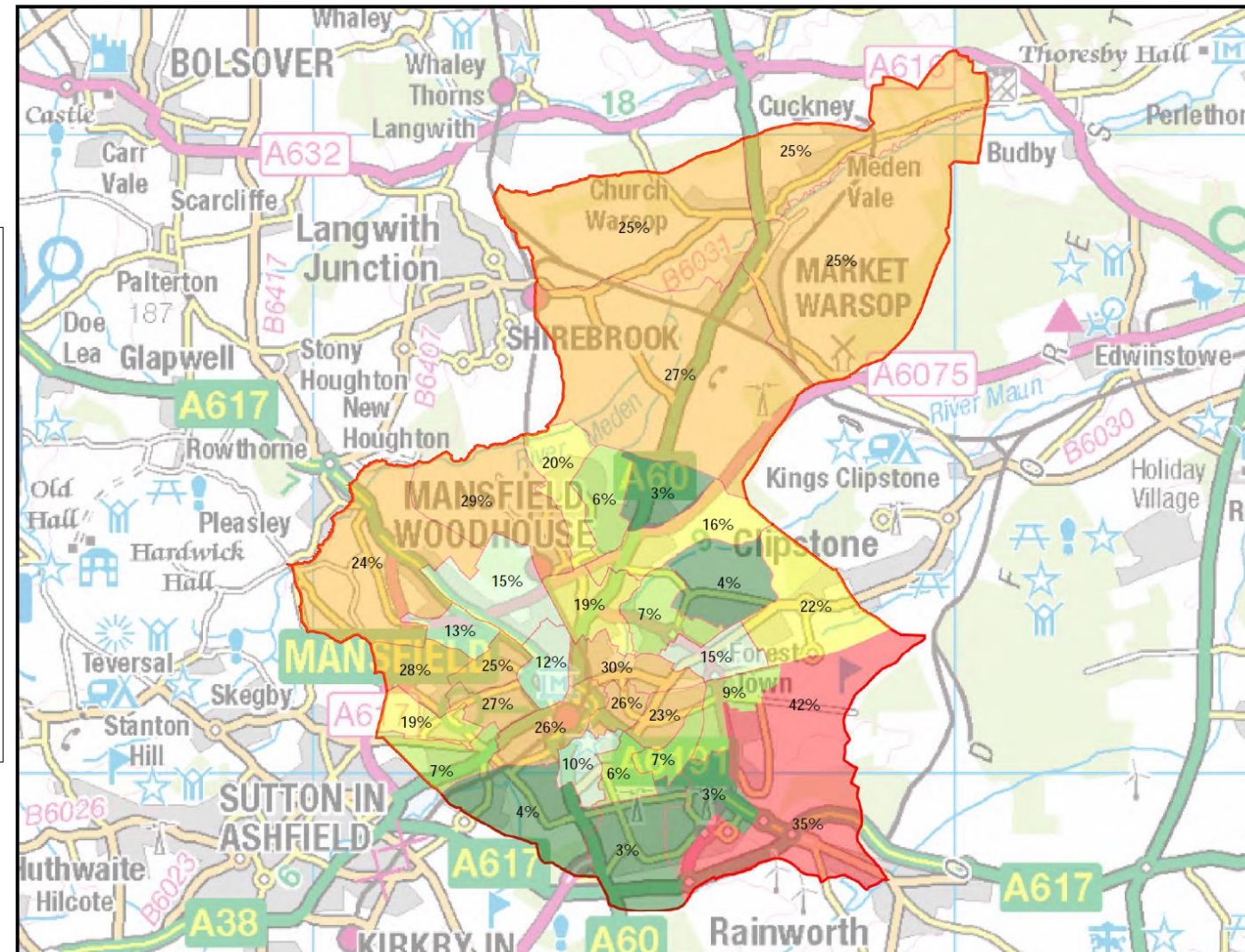
Local Authority Name	% of Children in low-income families	
	Under 16 yrs	All Children
England	16.8%	16.6%
Ashfield	20.9%	20.3%
Bassetlaw	15.8%	15.1%
Broxtowe	12.8%	12.5%
Gedling	13.6%	13.2%
Mansfield	19.9%	19.3%
Newark and Sherwood	14.9%	14.6%
Rushcliffe	6.6%	6.6%

% of children under 20 in each census ward in low income families in 2015

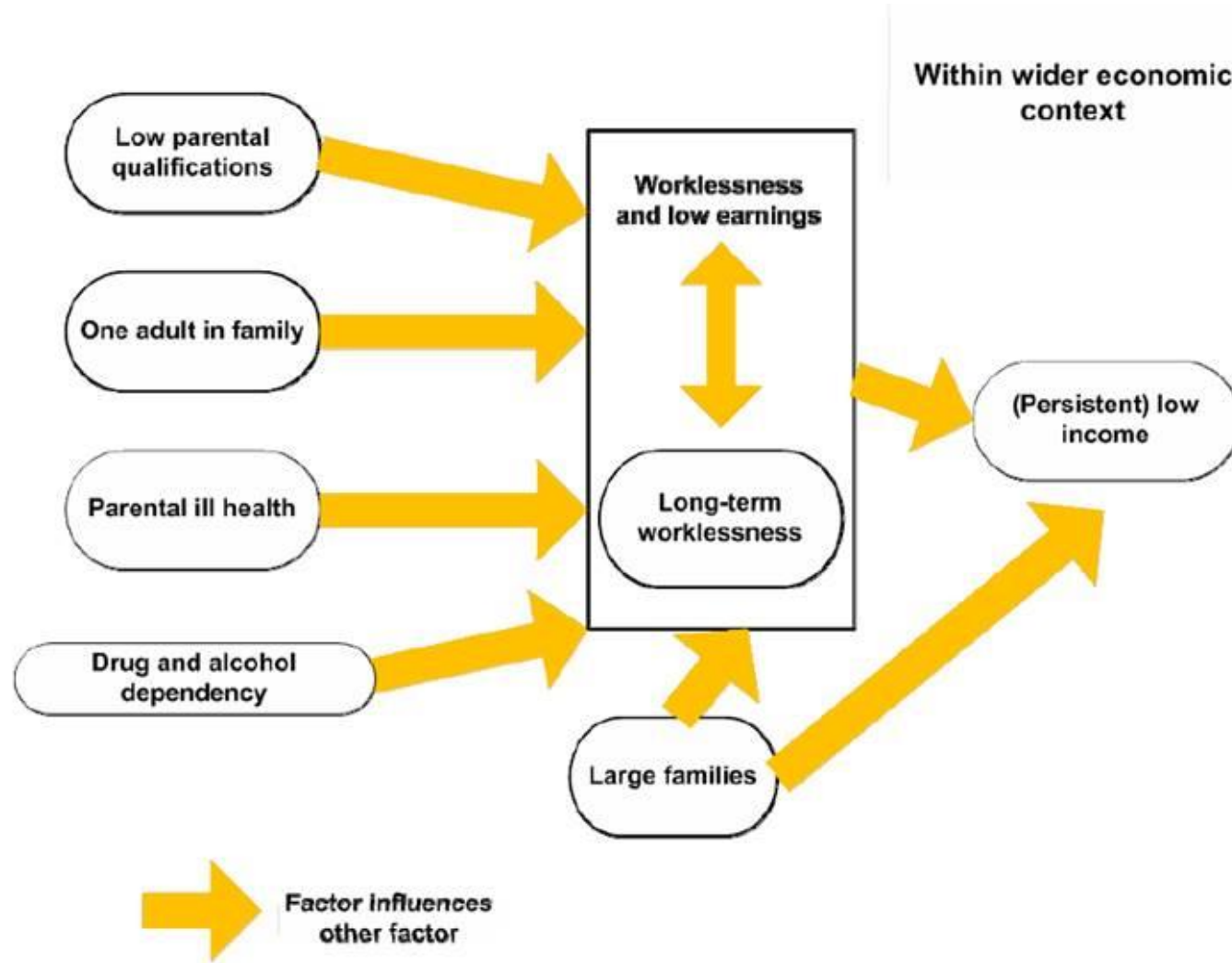


% of children under 20 in each census ward (2011 wards) in low income families in 2015

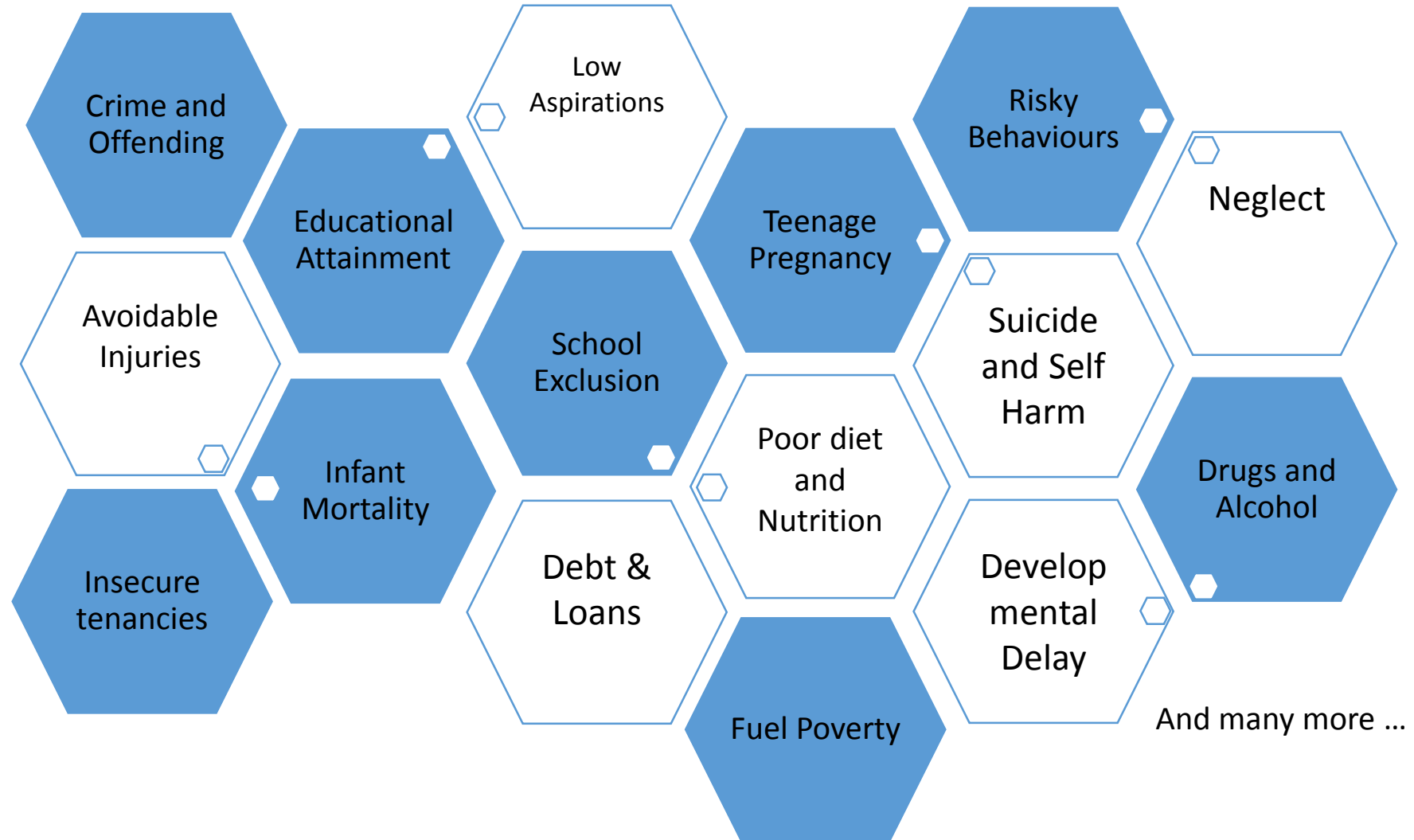




## Increased likelihood of a child being in low income households (family characteristics)



# Outcomes associated with child poverty





# The Improving Life Chances for Children and Families Partnership

## Intended Outcomes:

- Children and Families experience fewer negative outcomes from the effects of poverty.
- Families and Children are able to move out of poverty.
- The Cycle of Poverty is broken as children are prevented from becoming poor adults.

## Membership:

- District/Borough Councils
- D2N2
- Diocese
- East Midlands Chamber of Commerce
- Inspire
- Job Centre Plus
- NCC: Children and Families, Public Health, Place, Adults Social Care and Health Departments
- Notts Healthcare Trust
- Voluntary Sector: CAB, Homestart, Family Action, Transforming Notts Together etc.

# Keeping children and young people safe

- The Health and Wellbeing Board has a pivotal role in ensuring that all partner organisations are aware that they have a responsibility to safeguard children
- The threats are many, and include the risks children and young people face from child sexual exploitation (CSE), radicalisation, avoidable injury, domestic violence, and internet safety concerns
- The Children & Families Alliance can consider a wider range of threats than the Nottinghamshire Safeguarding Children Board and also contextual issues around early development, confidence, character and resilience that can have an impact on personal safety

# Table discussion

- Are these the right priorities?
- How can they be addressed through a partnership approach?
- What can partners do differently to have an impact?

# Feedback

How can we work together to give children & young people a good start?

Future working arrangements



# Making the connections: Future governance arrangements

- New ways of working for both the HWB and the CFA
- Refreshed Terms of Reference (circulated with briefing paper)
- In Children and Families Alliance TOR 2018-2020, a clear link with HWB is articulated:
  - The Children and Families Alliance is a sub group of the Health and Wellbeing Board and is aligned to the Nottinghamshire Health and Wellbeing Strategy. The Health and Wellbeing Board identifies priorities for children and young people to delegate to the Children and Families Alliance.
  - The Children and Families Alliance reports formally to the Nottinghamshire HWB and Wellbeing Board and provides an annual report to NCC's Children and Young People

# Table discussion

How can the Board & Alliance work together to give everyone a good start in life?

# Feedback



# Next steps

HWB paper

- 7 November
- Agree actions



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