REPORT OF THE CHAIR OF THE HEALTH AND WELLBEING BOARD

CHAIR'S REPORT

Purpose of the Report

1. An update by Councillor Steve Vickers on local and national issues for consideration by Board members to determine implications for Board matters.

Information

2. **Violence reduction unit - Nottinghamshire success**
   I am pleased to confirm that a bid, led by the Police and Crime Commissioner, for funding to set up a Nottinghamshire Violence Reduction Unit has been successful, as part of a wider government initiative to prevent and tackle serious violence. The Unit will take a multi-agency approach, bringing together police, local government, health, community leaders and other key partners to tackle violent crime and its underlying causes. This work will be overseen by the Safer Notts Board but will support the Healthy and Sustainable Places ambition within the Boards current Health and Wellbeing Strategy.

   David Wakelin of Gedling Borough Council has been appointed as Interim Director of the Unit. He has previously attended the Board to report on work to reduce knife crime in the County and will be attending the Board meeting to give us a brief update on progress to date.

3. **Tackling fraud against the vulnerable**
   Another area of work for the Safer Notts Board is to tackle fraud against vulnerable people. The Board has developed a plan to tackle fraud in Nottinghamshire which again links to the Health and Wellbeing Strategy ambition to develop healthy and sustainable places. The plan focusses on raising awareness of fraud and reducing the stigma associated with fraud victims, prevention and protection and improving joint working to ensure support and to identify those people most vulnerable to fraud.

   David Banks of Rushcliffe Borough Council has been leading on this work and will be attending the Board meeting to give us a short briefing on progress so far and potential opportunities for the Board to support this work. A one page summary of the plan is attached as Appendix 1.

4. **2019 Flu Campaign**
   Flu can be a serious illness, particularly for older people or those with other health conditions. Nottinghamshire County Council is working with partners to increase the uptake of the flu vaccination amongst frontline staff and vulnerable residents.

   Health and social care workers care for some of the most vulnerable people in our communities, so it is important that they help protect themselves and those receiving care against flu.

Learning from previous flu seasons has been taken on board to put in place plans to increase flu vaccination uptake amongst eligible County Council staff and it will now be easier than ever to access a free flu vaccination.

Arrangements are also in place with partner organisations to support the uptake of the flu vaccination amongst key groups. For the third year running, pregnant women will be offered flu vaccinations in maternity services at Nottingham University Hospitals Trust-this will need to be confirmed-check with Sarah Mayfield , promotional materials and 'myth busting sessions' are being offered to increase uptake amongst Local Authority and care home staff and resources are being sent to a variety of settings such as schools, children's centres, older people services, early years providers and carers networks to promote uptake among at-risk groups.

5. **Nottinghamshire trailblazer to transform children's mental health care**
Following successful bids by Rushcliffe, Nottingham North & East, Mansfield & Ashfield & Nottingham City CCGs, mental health support teams will be working in over 80 schools as part of a trailblazer pilot to increase emotional mental health & wellbeing support in schools.

Promoting early help for emotional mental health & wellbeing are key elements of the Green Paper, *Transforming children and young people's mental health provision* (December 2017) and the NHS Long Term Plan (January 2019) as well as supporting the Best Start ambition within the Board's own Joint Health & Wellbeing Strategy.

The mental health support teams will work with those children and young people with mild to moderate emotional and mental health and well-being problems. The teams will be operational from September 2019. They will be staffed by trained mental health professionals to complement existing support increasing capacity and skills to deliver evidence-based interventions to children and young people.

A multi-agency steering group, reporting to Nottinghamshire and Nottingham City's Children and Young People's Mental Health and Emotional Wellbeing Executive, will oversee the development and operationalisation of these teams.

For more information contact Rachel Clark, Children and Young People's Mental Health and Wellbeing Programme Lead e: Rachel.clark@nottscc.gov.uk or t: 0778 841 2312.

6. **Award nomination for hospital discharge scheme**
The Gedling Hospital Prevention and Discharge pilot project has been shortlisted for a CIEH Excellence award for Best Environmental Health Project 2019. Pivotal to the project is a Health and Housing Co-ordinator post that is employed to bring together Housing, Health and Social Care Partners to help resolve housing issues that are delaying discharge from hospital when patients are deemed medically fit. The project also supports vulnerable people at risk of hospital admission due to poor housing conditions or unsuitable housing. A total of 74 referrals into the project were received in the first 12 months.

The project was initially set up across South Nottinghamshire and has continued into its second year only in Gedling to pilot a model that could hopefully be replicated in other areas.

For more information contact Sam Palmer, Food, Health and Housing Manager e: Sam.Palmer@gedling.gov.uk

7. **Ruddington Walking Bus**
   During the week of Clean Air Day, Rushcliffe Borough Council worked with local community group, Ruddington Mums to promote active travel via delivery of a Walking Bus trial. The scheme enables children to walk safely from one school to another in the village with the support of volunteers saving parents time, reducing parking concerns, air pollution and encouraging physical activity. After a successful trial the walking bus will continue in the village, thanks to the support of the amazing volunteers and we have now created a guidance pack for other schools / nurseries to take on the initiative. If you would like a copy please email Alex Julian, Health Development Officer: ajulian@rushcliffe.gov.uk

8. **Rushcliffe Roots**
   Rushcliffe Borough Council have utilised the food environment funding from Public Health to create 'Rushcliffe Roots', a campaign aiming to promote healthy, local and sustainable food by connecting residents to their food roots. The project was launched in May at a local eco-farm inviting residents from Beauvale Care Home and children from Serendipity's Nursery to take part in an intergenerational food growing activity. Children and residents also had the opportunity to interact with friendly farm animals, work together to grow their own food and have planned joint visits to the farm. In June, the project supported the implementation of Cotgrave Super Kitchen at the Welfare Centre in partnership with Metropolitan Thames Valley Housing and FareShare, the food surplus charity. The kitchen helps tackle food waste and social isolation through the provision of a low cost, healthy meal cooked and served by volunteers and was featured on ITV Central News. In July, the project will be supporting SureStart staff and volunteers with free Child Feeding Guide training supplied by Loughborough University which supports parents / carers and early years professionals tackle fussy eating.
   https://www.rushcliffe.gov.uk/health/healthyeating/

9. **Identification & Brief Intervention Training in Rushcliffe**
   Change Grow Live recently delivered an Identification and Brief Intervention session on drug and alcohol misuse at Rushcliffe Arena. The session was delivered to care coordinators, the social prescribing team, workplace health leads and members of the Councils licensing team providing them with an update to the alcohol consumption guidelines and techniques to prevent, intervene and signpost. Moving forward our licensing officer is planning to facilitate the delivery of a 30-minute session by CGL at the Pubwatch meetings with local landlords and police officers to ensure the key messages reach those licensee holders.

10. **Skin Cancer Awareness Workshop**
    Rushcliffe CCG and partners Rushcliffe Borough Council delivered a skin cancer awareness workshop at Rushcliffe Arena for over 50 attendees from the beauty sector. Dr Ram Patel, a community dermatologist led the session to raise awareness of the importance of keeping sun safe, how to support clients to spot signs of skin cancer and signpost appropriately. The session was well received by attendees and plans are being considered to deliver across Nottinghamshire. The event was supported by Skcin, a local skin cancer awareness charity who also provide free sun safe accreditations for schools and nurseries.

    For more information about Rushcliffe Roots, Ruddington Walking Bus, alcohol IBA & the Skin Cancer Awareness Workshop please contact Alex Julian Health Development Officer: ajulian@rushcliffe.gov.uk

11. **Gedling Health Champion for public Health & the Youth Service**

Member of the Gedling Youth Council, Eleanor Lumb was recently elected as the Health Champion for Public Health and the Youth Service.

This is a new and important 2-year voluntary role which enables Eleanor to be the voice for young people's health throughout the County. Eleanor attends the Young People's Health Strategy meetings, Children and Young Peoples committee meetings, CCGS, Patient Participation Groups and local hospital youth forums to represent the voice of young people across Nottinghamshire. Eleanor works with the Young People's Board and Members of Youth Parliament to communicate key messages and work around healthcare which enables young people to have an active role in services that affect them. Eleanor sends briefs and questionnaires to participation groups to get views, ideas and feedback from young people.

Eleanor was elected to the Gedling Youth Council in March 2018, and in that time has participated in the Scrutiny of Young People's Health and Wellbeing Services in Gedling and a number of Youth Council projects and initiatives.

For more information contact Jane Ansell e: Jane.Ansell@gedling.gov.uk or Amy Beckworth e: Amy.Beckworth@nottscc.gov.uk

12. **Bassetlaw Miles (and miles!) in May**
Miles in May 2019 was the first initiative of its kind in Bassetlaw, in which local people and organisations were encouraged to complete 26 miles – the equivalent of a marathon – throughout the month of May.

Bassetlaw's Integrated Care Partnership co-ordinated the initiative, as part of the 'health citizenship' agenda, which is a priority in the local 'Better in Bassetlaw Place Plan 2019-2021'.

People could complete their 'miles in May' through walking, swimming, cycling, running, rowing or a mixture. The aim was to get Bassetlaw people moving more and gaining the many benefits of physical activity for wellbeing. The benefits of being more physically active include not only helping to prevent and treat a range of conditions such as diabetes, coronary heart disease and mental ill-health, but also improved wellbeing by connecting with other people, and with Bassetlaw's many resources.

A full report of the initiative it available from the Better in Bassetlaw webpage. For more information contact Nicole Chavaudra, Programme Director for Bassetlaw Integrated Care Partnership e: nicole.chavaudra@nhs.net

13. **Feel Good Families**
This new project aims to engage families into positive community based activities which they can take part in together to increase activity levels, increase awareness healthy lifestyle like healthy eating, encouraging positive engagement in community events, improving awareness and usage of community assets for health and wellbeing e.g. parks and open spaces and positively impacting on family health and wellbeing (physical and mental)

Initially the focus will be on families with primary school age children with a view to extend this as the project progresses.

The project will be led by the Asfield Health and Wellbeing Partnership which has eveolved from Active Ashfield. The partnership has identified priority places (Broomhill/Butler's Hill,

Leamington and New Cross and Coxmoor) and projects - feel good families, feel good food (Sutton) and Dementia and will feed into Discover Ashfield.

For more information contact Andrea Stone, Health and Wellbeing Team Leader e: A.M.Stone@ashfield.gov.uk or t: 01623 457465

14. **Suicide bereavement funding**

The Nottingham and Nottinghamshire ICS have been successful in a bid, led by Public Health, for Suicide Prevention Transformation Funding from NHS England for a Post-suicide Bereavement Training and Support Service. This has enabled the continuation of the service delivered by Harmless for 12 months until March 2020. The purpose of the service is to provide post-suicide training to key emergency service personnel and to activate bereavement support for those affected by a suicide or suspected suicides within 72 hours of referral from Nottinghamshire Police. The service supports the physical and mental health of individuals bereaved by suicide or suspected suicide through this difficult time.

For more information contact Jane O'Brien, Public Health and Commissioning Manager E: jane.obrien@nottscc.gov.uk or T: 0115 993 2561

Making connections – ICT health and Integration Update

15. **Sherwood Forest Hospital Trust (SFHT)**

Nottinghamshire Councty Council and Sherwood Forest Hospital Trust are now live with the next phase of Electronic Referrals to social care. The Discharge Notice to social care has now been digitised and live updates on patient details are sent directly to the County Council, including when a patient a patient is moved to another ward, if their predicted discharge date is updated and when they are discharged from hospital or when a patient they are working with dies. All the information will also be available to staff through a live case management dashboard/ tracker.

This is a hugely innovative project and has already received national recognition. We hope to be able to demonstrate the predicted benefits in the coming weeks.

16. **Nottinghamshire Health and Care Portal (NHCP)**

Work has continued across organisations to improve information sharing through the Nottinghamshire Health and Care Portal.

Training has commenced for over 800 frontline adult social care staff over the summer with access available from September. Work has also begun to design the information Social Care will provide into the portal for health staff to view. The aim is to have this completed and available by the end of the year.
The portal allows staff across all health and care organisations to have access to the information they need, to make faster and more informed decisions for the people the care for across Nottinghamshire.

17. **NHS Digital Funding**

Nottinghamshire County Council was recently notified of their success for two NHS Digital funding bids for "Predictive Analytics" and "Interoperability Standards". These are to expand existing developments in Nottinghamshire and share learning and technical development Nationally through the NHS Digital "Pathfinders" Programme.

The initial funding will cover the initiation stage of the projects up to November 2019. Further funding for the implementation phases up to March 2021 may be awarded following success in this first phase. The implementation funding would support expansion of previous projects across Nottinghamshire health and social care organisations.

For more information about any of the ICT health and integration projects contact rosie.gilbert@nottscc.gov.uk

PROGRESS FROM PREVIOUS MEETINGS

18. **Nottinghamshire is a Childhood Obesity Trailblazer**
Congratulations go to the local team that led the Nottinghamshire application to be part of the 3-year Department of Health & Social Care funded Trailblazer Programme working with the Local Government Association and Public Health England. Our Nottinghamshire proposal in about enabling families with preschool children and the early years workforce to develop their food skills and access healthy food. The project is part of the delivery of our Health and Wellbeing Strategy priority to improve the local food environment to help develop Healthy and Sustainable Places.

For further details visit the LGA website or contact John Wilcox, Senior Public Health & Commissioning Manager (john.wilcox@nottscc.gov.uk) .

19. **Improved Chlamydia Screening results**
Chlamydia is the most commonly diagnosed STI in the UK. It is caused by a bacterial infection and the majority of people who are infected will not have symptoms. It is easy to diagnose and treat, but if left untreated, infections can persist for years and cause serious complications. Public Health England recommends that local authorities should be working towards achieving a chlamydia detection rate of at least 2,300 per 100,000 population aged 15-24. Historically, like most LA areas in the country Nottinghamshire has struggled to meet the national benchmark rate. Over the last 10 years both as a County Primary Care Trust and more recently in Local Government, Public Health has worked closely with NHS colleagues across primary and secondary care and other partners such as the Youth Service to increase take up of Chlamydia screening.

I am happy to report that the data for 2018 shows for the first time since 2014 Nottinghamshire is statistically similar to that of the East Midlands and England rate and that two districts Bassetlaw and Mansfield exceed the national rate.

Since November 2017 Nottinghamshire County Council has commissioned an online Chlamydia testing service which has contributed substantially to the increase in young people accessing Chlamydia tests and being treated which helps control transmission of an STI than disproportionately impacts on young people.

For more information contact Nick Romilly, Senior Public Health and Commissioning Manager m: 0797 132 8073 or e: nick.romilly@nottscc.gov.uk

20. **Nottinghamshire tobacco declaration**
At the March Health and Wellbeing Board an update was provided on the implementation of the Nottinghamshire Tobacco Control Declaration across Board partners in Nottinghamshire.

One of the recommendations that was agreed is that Board members or members of their organisation attend a planning meeting to share good practice.

To further support this a paper was written for the ICS board (and subsequent groups) in March about developing a system-wide approach to tackling tobacco and related harm. In line with the Health and Wellbeing Board paper the recommendations agreed the establishment of a tobacco control implementation group, with nominated representatives to participate in the CLeaR improvement model and ensure the inclusion of a requirement to sign the Tobacco Declaration within commissioned services.

The CLeaR process is an evidence-based approach to tobacco control that places the local strategic priorities at the heart. The CLeaR model allows:

- a self-assessment tool for measuring the success of local action to address harm from tobacco
- an opportunity to bring local partners together to discuss the range of local tobacco control efforts and reinforce efforts and priorities
- a chance to benchmark your work on tobacco control over time and against others

CLeaR is not an inspection regime or external audit. Results from the self-assessment process belong to the locality and exist only to help identify areas of strength, opportunities for development and improve local tobacco control.

In line with the recommendations above it has been decided that the CLeaR process will take place across Nottingham City and Nottinghamshire County jointly, with local arrangements taken in to consideration. It is hoped that this process will be completed in October as part of a ½ day workshop with key partners. The requests from the Health and Wellbeing Boards and ICS boards is to nominate representatives to partake in this and take oversight of the activity.

It is proposed that the CleaR process will lead to;
- The development of a strategic group to lead and take forward the Tobacco Control agenda
- The development of a Framework for Action across Nottingham City and Nottinghamshire County
- The development of an implementation plan and governance/supporting arrangements to take forward action around Tobacco Control

For more information contact Jo Marshall, Public Health and Commissioning Manager *e:* jo.marshall@nottscc.gov.uk or t: 0115 8043283

21. **Learning disabilities JSNA chapter – easy read**
    In March the Board approved a JSNA chapter for learning disabilities. An easy read version of the chapter has now been developed and is available online to share within local contacts and networks.

22. **Adult Social Care Market Position Statement 2019/2021**
There are 821,136 people living in Nottinghamshire. Some key facts include:
- We are living longer but with greater levels of ill health and disability
- 1 in 8 people have caring responsibilities at some stage in their lives
- 20% of the population live in rural areas
- The number of older people who live alone will increase
- There is a growing population of people with a diagnosis of autism
- Mansfield, Ashfield and Bassetlaw have the highest levels of deprivation and Rushcliffe has the lowest.

The County Council needs to be aware of population trends to ensure public health and social care services, resources and workforce are in place to meet the needs of current and future generations. The new Adult Social Care Market Position Statement 2019/2021 is aimed at both existing providers who want to plan their future business as well as new providers who may want to enter the local market. It includes the local authority view of current provision in the social care market, what the trends and gaps are and the type and quality of services/resources and support needed for the future.

The Council's aim is to improve wellbeing through prevention and promoting independence and choice by:
- Improving mental health services
- Supporting older adults hospital discharge
- Keeping people in their own homes
- Supporting carers
- Creating day service opportunities
- Increasing the use of digital technology
- Increasing the take up of Direct Payments
- Increasing the number of Personal Assistants and Microproviders

The full document is available on the NottsHelpYourself website and any feedback can be sent to: strategic.commissioning@nottscc.gov.uk.

PAPERS TO OTHER LOCAL COMMITTEES
23. **Use of Public Health General Reserves Plus Appendix 1 & Appendix 2**
Report to Adult Social Care and Public Health Committee
13 May 2019

24. **Nottinghamshire's Knife Crime Strategy 2018**
Report to Policy Committee
22 May 2019

25. **Nottinghamshire Spatial Planning and Health Framework 2019-22**
Report to Communities and Place Committee
6 June 2019

26. **Refreshed Adult Social Care and Public Health Departmental Strategy**
Report to Adult Social Care and Public Health Committee
10 June 2019

27. **Local Transformation Plan for Children and Young People's Emotional and Mental Health - Update**
Report to Children and Young People's Committee
17 June 2019

A GOOD START IN LIFE

28. **Improving children and young people's mental health and emotional wellbeing: findings from the LGA's peer learning programme**
The Local Government Association's Children and Young People's Mental Health and Emotional Wellbeing Peer Learning Programme looked at how to prioritise early help and free up acute care for the most vulnerable in order to achieve change; and helped councils and their local partners to learn from each other, and from other councils across the country. Eight councils and their partners took part in two learning days and a visit to another council, gaining further knowledge and understanding on how to tackle their local issue.

29. **Local indicators of child poverty, 2017/18: summary of estimates of child poverty in small areas of Great Britain, 2017/18**
End Child Poverty coalition
New data published by the Coalition shows that child poverty is becoming the norm in some parts of Britain, with more than 50 per cent of children living trapped in poverty in some constituencies.

30. **Government response to the Health and Social Care Select Committee report on 'First 1000 days of life**
Department of Health and Social Care
This command paper sets out the government's response to the Health and Social Care Select Committee's 'First 1000 days of life' report, published by the House of Commons in February 2019.

31. **Foods and drinks aimed at infants and young children: evidence and opportunities for action**
Public Health England
This report sets out the evidence for action on food and drink product ranges targeted at babies and young children, and PHE's advice to government.
Additional link: PHE press release

32. **School sport and activity action plan**
The government has announced new plans to allow children greater opportunity to access 60 minutes of daily sport and physical activity. The School Sport and Activity Action Plan will set out a range of new measures to strengthen the role of sport within a young person's daily routine, explain how teachers and parents can play their part, and promote a joined-up approach to physical activity and mental wellbeing. More detail on the actions in the plan will be published later this year.

33. **Increasing physical activity in children**
Public Health England, Disney UK and Sport England have launched a new Change4Life campaign to inspire children to get more active. The campaign is encouraging children to play 10 Minute Shake Up games inspired by favourite characters. The campaign has also launched a new online quiz to help children, with their parents, find activities and sports to try.

34. **The health effects of Sure Start**
    Institute for Fiscal Studies
    This report looks at the overall impacts on health of the Sure Start programme. Findings include Sure Start significantly reduced hospitalisations among children by the time they finish primary school; it benefits children living in disadvantaged areas most; there is no evidence that it impacted on child obesity at age 5 or maternal mental health; and a simple cost–benefit analysis shows that the benefits from hospitalisations are able to offset approximately 6% of the programme costs.

35. **Early intervention**
    This House of Commons library briefing analyses early intervention policies aimed at parents and children from conception to age five, covering health, education, social development and financial benefits.

36. **Are young people detached form their neighbourhoods?**
    Office for National Statistics
    This article explores young people's connections with their communities and how it compares with the engagement of older adults. It is based on data from the Community Life Survey on neighbourhood belonging and community engagement.
    See also: Community Life survey

37. **Left to their own devices: children's social media and mental health**
    Barnardo's
The report aims to understand what children, young people and practitioners have to say about the impact of social media on mental health and wellbeing and to shed a light on the social media experiences of vulnerable children.

HEALTHY & SUSTAINABLE PLACES
38. **NHS invests £5 million to improve care for people with a learning disability**
    The NHS has announced an additional £5 million will fund reviews to improve care for people with a learning disability and committed to renewed national action to tackle serious conditions. Thousands more reviews will be carried out over the next 12 months, driving local improvements to help save and improve lives. As the third annual report, which reviews the deaths of people with a learning disability, and action plan were published last week, the NHS has committed to tackling the major killer conditions among people with a learning disability including pneumonia, respiratory conditions, constipation, sepsis and cancer, based on lessons learned from reviews.

39. **Taking the p*****
    Royal Society for Public Health
    This report explores the dire state of the UK's public conveniences, the impact this has on health and wellbeing, and public perceptions of what should be done. It highlights how the effect of poor public toilet provision falls disproportionately on people with ill health or disability, the elderly, women, outdoor workers and the homeless. It argues that the failure to provide adequate public toilets directly hampers some of the UK's wider public health efforts, such as curbing obesity, and keeping our increasingly elderly population physically active and socially engaged with the community.

40. **The social impact of participation in culture and sport**
House of Commons Digital, Culture, Media and Sport Committee
This report finds that opportunities to reap major benefits in criminal justice, education and health are being missed because of the government's failure to recognise and harness social impact. It argues that the full health impacts of cultural programmes are far from being reached in social prescribing and recommends that the Department for Digital, Culture, Media and Sport should encourage sporting organisations to take part in social prescribing schemes, which can go beyond physical health benefits to include social impacts such as tackling loneliness.

41. **Physical activity: encouraging activity in the community**
NICE
This quality standard covers how local strategy, policy and planning and improvements to the built or natural physical environment such as public open spaces, workplaces and schools can encourage and support people of all ages and all abilities to be physically active and move more. It describes high-quality care in priority areas for improvement.

42. **Moving matters – interventions to increase physical activity.**
National Institute for Health Research
This themed review brings together more than 50 published and ongoing studies funded by the NIHR on ways to influence physical activity behaviours in individuals and populations to increase physical activity in everyday life.

43. **Active travel: trends, policy and funding.**
The House of Commons library
Active travel means making journeys by physically active means such as walking or cycling. The Cycling and Walking Investment Strategy, published in 2017, is the government's strategy to promote walking and cycling in England. Given that active travel is a devolved policy area, this briefing relates

44. **The homelessness monitor: England 2019**
Joseph Rowntree Foundation and Crisis
This annual report analyses the impact of economic and policy developments on homelessness, drawing on a survey of councils, statistical analysis and in-depth interviews.

45. **Home adaptations: people with disabilities and older people**
The Royal College of Occupational Therapists has published Adaptions without delay. This document is intended to address delays in the delivery of all types of home adaptations.

46. **Decent and accessible homes for older people**
All Party Parliamentary Group (APPG) for Ageing and Older People
The report aims to understand the detrimental impact of poor housing on older people's physical, mental and social wellbeing and contains 13 recommendations that look at the impact of poor quality, inaccessible housing on health, issues in supported housing and the private rented sector and the importance of home improvement agencies.

47. **Active ageing**
Anchor Hanover report in association with Demos
This report, written in conjunction with care home provider Anchor Hanover, highlights the costs of physical inactivity in older people to the NHS and estimates that by 2030, this could be as much as £1.3 billion. It also outlines the human cost of inactivity in later life, illustrating how

inactivity not only contributes to poorer physical health, but also to cognitive decline, reduced emotional wellbeing and loneliness.

48. **Risk reduction of cognitive decline and dementia**
World Health Organisation
This guidance provides the knowledge base for health care providers, governments, policy-makers and other stakeholders to reduce the risks of cognitive decline and dementia through a public health approach. The report describes how people can reduce their risk of dementia by getting regular exercise, not smoking, avoiding harmful use of alcohol, controlling their weight, eating a healthy diet, and maintaining healthy blood pressure, cholesterol and blood sugar levels.

49. **Why it's important to review the care of people with dementia.**
Healthwatch
This report summarises data and people's experiences about social care reviews, reassessments and their outcomes for people with dementia. It also includes recommendations.

50. **The NHS as an anchor institution**
The Nuffield Trust
This infographic illustrates how NHS organisations act as anchor institutions in their local communities and positively influence the social, economic and environmental conditions to support healthy people and communities.

51. **European tobacco use – trends report 2019.**
World Health Organisation European Office
This report provides the latest data on the current situation and changes over time in tobacco-use monitoring, health impacts, prevalence of tobacco use, health systems' response to the tobacco epidemic, and the role of human rights and health policy in increasing awareness of the circumstances and effects of tobacco use. It aims to give insights into trends of tobacco use and prospects for its future control, as well as be an advocacy tool to encourage dialogue. Additional link: WHO press release

52. **WHO report on the global tobacco epidemic, 2019: offer help to quit tobacco use.**
World Health Organisation
This seventh WHO report on the global tobacco epidemic analyses national efforts to implement the most effective measures from the WHO Framework Convention on Tobacco Control (WHO FCTC) that are proven to reduce demand for tobacco.
See also: WHO press release

53. **Health matters: prevention – a life course approach**
Public Health England
This resource focuses on taking a life course approach to the prevention of ill health and explores the evidence base for this approach. It signposts to evidence-based interventions and tools, as well as to evaluation and monitoring techniques. It also includes links to additional resources.

54. **Ending the blame game: the case for a new approach to public health and prevention.**
Institute for Public Policy Research
This report advocates that action on prevention will not only improve health but also lead to increases in economic growth, make the NHS more sustainable and help to deliver social justice. It calls for the government's prevention green paper to deliver a paradigm shift in policy from interventions that 'blame and punish' to those that 'empathise and assist'.
Additional link: BBC News report

55. **Finding connection in a disconnected age – stories of community in a time of change.**
Nesta
This document contains twelve stories that paint a rich and varied picture of the many faces of loneliness and what it means to feel disconnected from those around us.

56. **Community commissioning shaping public services through people power**
New Local Government Network (NLGN)
This report argues that if there is to be a move to a preventative system in public services, communities need to take on more responsibility for their own health and wellbeing. The commissioning of public services is one of the most important functions of the public sector, but also one that is deeply embedded within the institution. The report makes the case for why the process needs to be led by citizens and service users, not public sector professionals. It also explains in detail how this shift is happening in practice.

57. **Towards mental health equality: a manifesto for the next Prime Minister.**
The Mental Health Policy Group
This manifesto sets out the five key areas that the next Prime Minister must address in order to improve the lives of people with mental health problems and promote the mental health of the nation.

58. **A scoping study on the link between exposure to or interaction with the natural environment and mental health outcomes. .**
RAND Europe
This study looks at scientific literature regarding the impact that exposure to nature has on mental health. It finds that while the topic area is expanding, the evidence base is currently in its infancy and therefore weak. However, there is emerging evidence suggestive of a positive association between nature and mental health.

59. **Arm in arm: the relationships between statutory and voluntary sector mental health organisations.**
Centre for Mental Health
This document seeks to raise a number of questions and issues about the relationships between VCSE and statutory organisations in supporting people's mental health and wellbeing. Many of these will require investigation in greater depth and further consideration to develop policy and practice changes where these are needed.
See also: Centre for Mental Health press release

60. **Tackling loneliness.**
House of Commons
This paper examines the Government's Loneliness Strategy published in October 2018 and outlines progress so far. It also looks at research into the causes and impact of loneliness and possible interventions.

61. **Sickness absence and health in the workplace: understanding employer behaviour and practice – an interim summary.**
Department for Work and Pensions and the DHSC
This research aims to understand employer behaviours and practices relating to sickness absence and health in the workplace. It is a summary of survey data from 2,564 employers. The full report will be published later in 2019.

62. **Obesity and work: challenging stigma and discrimination**
Institute for Employment Studies
This report is intended to enhance workplace practice surrounding obesity. It seeks to discuss how the effects of obesity extends to people's working lives, raising issues relating to productivity, absenteeism as well as highlighting the level of discrimination that people with obesity can face at work.

63. **Food banks in the UK**
This House of Commons Library briefing paper is about the use of food banks in the UK. It contains regional and national data and statistics gathered from the Trussell Trust on the number of food banks in the UK, food parcel distribution, other sources of food aid provision and information on the introduction of government food insecurity indicators.

64. **Health on the shelf**
Royal Society for Public Health
This report explores the public perception of supermarkets and the marketing strategies used to boost sales. It also showcases how supermarkets can be health-promoting spaces and nudge customers to make healthier choices.

65. **Whole systems approach to obesity: a guide to support local approaches to promoting a healthy weight.**
Public Health England
This guide and associated resources are intended to support local authorities with implementing a whole systems approach to address obesity and promote a healthy weight.
See also: PHE Health matters

66. **A citizen-led approach to health and care: lessons from the Wigan Deal**
Kings Fund
In 2011, Wigan Council faced significant cuts in funding from central government. Drastic measures were needed, including a radical reshaping of the relationship between the council and residents. This became known as the Wigan Deal. There is an accompanying film which describes the Deal.

67. **The range and magnitude of alcohol's harm to others**
Public Health England
This document provides an evidence review of the harm caused by alcohol to the people around those who are drinking. It aims to provide a better understanding about the extent of alcohol's effect on individuals, communities, and society as a whole and supports decisions on the implementation of policies and interventions to reduce the harms to others.

68. **Drink free days 2018: campaign evaluation**
   Public Health England
   This report has a full evaluation for the drink free days 2018 campaign to understand the extent to which the campaign has reached and influenced its target audience.

69. **Environmental health inequalities in Europe**
   WHO Europe has published Environmental health inequalities in Europe: second assessment report. The report documents the environmental health inequalities within countries through 19 inequality indicators on urban, housing and working conditions, basic services and injuries. Inequalities in risks and outcomes occur in all countries in the WHO European Region, and the latest evidence confirms that socially disadvantaged population subgroups are those most affected by environmental hazards, causing avoidable health effects and contributing to health inequalities.

70. **Public value: how it can be measured, managed and grown**
   Nesta
   This paper brings together views on better ways of mapping and measuring public value. It builds on work Nesta has done in many fields - from health and culture to public services - to find more rounded and realistic ways of capturing the many dimensions of value created by public action.

71. **Sparking change in public systems: the 100 day challenge.**
   Nesta
   This report reflects on five years of the 100 Day Challenge, which allows front-line staff and citizens to collaborate and experiment with new ways of working, testing them for 100 days to see if they make a difference. It explores the five ingredients to achieving success through the challenge demonstrated through real-life examples.

72. **State of Caring: snapshot of unpaid care in the UK**
   Carers UK
   This report is based on the results of the 2019 State of Caring Survey of over 7,500 people currently caring unpaid for family or friends. It captures the impact that caring has on carers' lives and evidences the policy recommendations that would improve this.

WORKING TOGETHER TO IMPROVE HEALTH & CARE SERVICES

73. **Investing in quality: the contribution of large charities to shaping future health and care**
   Commissioned by the National Garden Scheme, this report explores how the work of the National Garden Scheme and its beneficiaries fits within the context of the future of policy development in health and care. The National Garden Scheme is an independent charity that provides annual donations to a range of nursing and caring charities. The report captures its contribution to six of its main beneficiaries: Macmillan Cancer Support, Marie Curie, Hospice UK, The Queen's Nursing Institute, Parkinson's UK and the MS Society.

74. **Public Health services**
   The Department of Health and Social Care has announced that local authorities will continue to commission public health services. The review recommends that the NHS work much more closely with local authorities on public health so that commissioning is more joined-up and prevention is embedded into a wider range of health services.

75. **Public health, prevention and health improvement.**
Local Government Association (LGA) has published
This prospectus sets out the programme of sector-led improvement support available through the LGA and partners; signposting to other support and resources available; and the early support arrangements for local authorities with performance challenges in public health.

76. **Understanding primary care networks**
The Health Foundation has published Understanding primary care networks: context, benefits and risks. This briefing places Primary Care Networks (PCNs) in the context of previous changes to general practice funding and contracting. It examines the rationale for networks, explores relevant evidence and draws out intended benefits and possible risks for the future of PCNs.

77. **NHS Long Term Plan: implementation framework**
NHS England and NHS Improvement have published NHS Long Term Plan: implementation framework. This framework sets out further detail on how the commitments in the Long-Term Plan will be delivered from 2020/21 through to 2023/24, including the national 'must dos', whilst leaving space for systems to set out how they will deliver and phase progress in line with local priorities. All systems will be expected to agree their plans by mid-November 2019 and publish them shortly thereafter.

78. **Designing integrated care systems (ICSs) in England.**
NHS England
This guide is aimed at all the health and care leaders working to offer well-co-ordinated efficient services a reality. It sets out the different levels of management that make up an integrated care system, describing their core functions, the rationale behind them and how they will work together.

79. **What a difference a place makes: the growing impact of health and wellbeing boards**
The Local Government Association
This resource captures the achievements, challenges and learning from 22 effective health and wellbeing boards (HWBs) **including Nottinghamshire** across the country, all of which are making good progress on integrating health and care, improving wellbeing and tackling the wider determinants of health.

80. **Better Care Fund planning requirements**
The Department of Health and Social Care has published Better Care Fund planning requirements for 2019 to 2020. This document sets out the Better Care Fund planning requirements, which support the core NHS operational planning and contracting guidance for 2019 to 2020. It also details the Better Care Fund operating guidance.

81. **Population health framework for healthcare providers**
NHS Providers
This framework sets out principles for a population health approach that can be taken by provider organisations, working as part of an integrated health and care system.

82. **Simplifying cross sector working between NHS Integrated Care Systems, Sustainability and Transformation Partnerships and industry: guidance on governance and process.**
AHSN Network and Association of British Pharmaceutical Industry
This guidance aims to make it easier for STPs, ICSs and industry to develop and implement local collaborative initiatives that improve patient outcomes, make more efficient use of NHS resources and generate evidence of impact for industry.

HEALTH INEQUALITIES
83. **Preventable deaths and deprivation**
Health Foundation
The chart shows the risk of preventable death is at least three times higher for people living in the most deprived local areas compared to those living in the least deprived.

HEALTH PROTECTION
84. **Adult health screening**
House of Commons Public Accounts Committee
This report argues that national health bodies are not doing enough to make sure that everyone who is eligible to take part in screening is doing so, and do not know if everyone who should be invited for screening has been. Looking at four out of eleven national health screening programmes, this report finds that none met their targets for ensuring that the eligible population was screened in 2017-18.

85. **Cancer screening programmes review: interim report**
NHS England has published Independent review of national screening programmes in England: interim report of emerging findings. This interim report sets out the emerging findings of Professor Sir Mike Richards review of national screening programmes. Although this report sets out preliminary findings it makes two clear recommendations: the halting of the decline in the proportion of eligible women taking up breast and cervical screening and that national stakeholders must act now to ensure IT systems for GP registrations and screening are fit for purpose. The final report and recommendations will be published later this year.

86. **Universal HPV immunisation programme**
Public Health England has issued a letter regarding the introduction of a universal HPV immunisation programme to include boys from September 2019. The vaccine will be offered to boys, in addition to girls, as part of the routine school aged schedule.

87. **Supporting the health system to reduce inequalities in screening: PHE Screening inequalities strategy.**
Public Health England
The PHE Screening inequalities strategy is aimed at supporting local screening services, commissioners and others involved in the provision of screening to address inequalities.

88. **Antibiotic stewardship: duration of antibiotic treatment for common infections frequently exceeds guideline recommendations.**
NICE
This 'Medicine's evidence commentary' evaluates new evidence and highlights areas for improvement when prescribing antibiotics. The findings suggest that guidance on antibiotic use is not being implemented as well as it could be in all areas which may lead to antibiotic overuse.

89. **Sexual health**
    Health and Social Care Committee
    This report calls for sexual health to be sufficiently funded on a national level, to deliver high quality sexual health services and information. It recommends that Public Health England should develop a new sexual health strategy to provide clear national leadership in this area. It also sets out the key areas this strategy should focus on.

90. **Sexually transmitted infections and screening for chlamydia in England 2018**
    Public Health England has published the report:
    This annual report provides information on trends in the diagnosis of sexually transmitted infections. It includes numbers and rates of diagnoses by demographic characteristics as well as by geographical distribution.

GENERAL

91. **Chief Medical Officer annual report 2019: health, our global asset – partnering for progress.**
    Department of Health and Social Care
    Professor Dame Sally Davies outlines the UK's leading role in global health and highlights the need to share international knowledge and experience. The report makes clear that by focusing purely on domestic health, we risk failing to control the shifting tide of global threats. It makes a series of recommendations to secure a prospering health system and population both at home and across the world. Additional link: DHSC press release

92. **Is an ounce of prevention worth a pound of cure? Estimates of the impact of English public health grant on mortality and morbidity?**
    Centre for Health Economics
    This report investigates the relationship between local authority public health expenditure and mortality and morbidity.

CONSULTATIONS

93. **Health is everyone's business: proposals to reduce ill health-related job loss.**
    The Department for Work and Pensions and the DHSC
    This consultation seeks views on different ways in which government and employers can act to reduce ill health-related job loss. The proposals aim to support and encourage early action by employers for their employees with long-term health conditions, and improve access to quality, cost-effective occupational health. Additional link: DHSC press release

    The consultation closes on 7 October 2019.

94. **Preventable ill health: consultation**
    The Department of Health and Social Care and the Cabinet Office have launched a consultation Advancing our health: prevention in the 2020s. The consultation is seeking views on proposals to tackle the causes of preventable ill health in England. The commitments outlined in this green paper signal a new approach to public health, one that involves a new personalised, prevention model. It will mean the government, both local and national, working with the NHS to put prevention at the centre of decision-making.

    The consultation closes on 14 October 2019.

95. **Impact of tobacco legislation**
The Department of Health and Social Care and the Welsh Government have launched a consultation on the [Impact of tobacco laws introduced between 2010 and 2016](). The consultation will assess whether the tobacco legislation has achieved its objective and whether legislation is still the best way of achieving that objective.

The consultation closes on 15 September 2019.

Other Options Considered

96. This report is an update on local and national developments relating to health and wellbeing to infrom local plans.

Reason/s for Recommendation/s
97. To identify potential opportunities to improve health and wellbeing in Nottinghamshire.

Statutory and Policy Implications

98. This report has been compiled after consideration of implications in respect of crime and disorder, data protection and information governance, finance, human resources, human rights, the NHS Constitution (public health services), the public sector equality duty, safeguarding of children and adults at risk, service users, smarter working, sustainability and the environment and where such implications are material they are described below. Appropriate consultation has been undertaken and advice sought on these issues as required.

Financial Implications
99. There are no financial implications arising from this report

RECOMMENDATION/S
1)   To note the contents of this report and consider whether there are any actions required by the Board in relation to the issues raised.

Councillor Steve Vickers
Chairman of Health and Wellbeing Board

For any enquiries about this report please contact:
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Constitutional Comments (LW 25/07/2019)
100.   Health and Wellbeing Board is the appropriate body to consider the content of the report.

Financial Comments (DG 19/08/2019)

101.   There are no specific financial implications arising from this report

Background Papers and Published Documents

Except for previously published documents, which will be available elsewhere, the documents listed here will be available for inspection in accordance with Section 100D of the Local Government Act 1972.

- None

Electoral Division(s) and Member(s) Affected

- All