



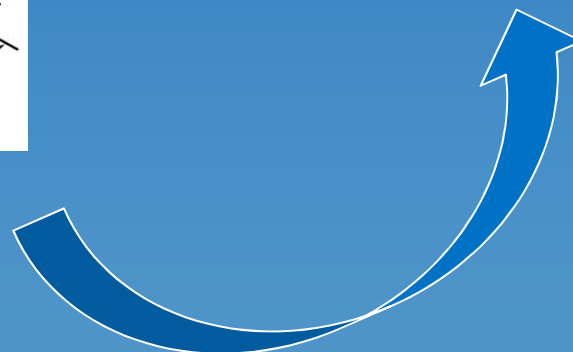
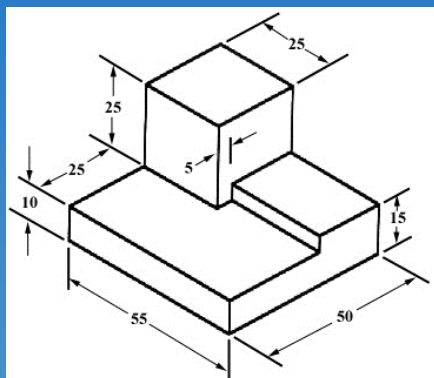
***Mansfield and Ashfield
Clinical Commissioning Group***

Ashfield Health & Wellbeing Centre – Kirkby-in-Ashfield

Andrea Brown
Director of Programme Delivery
Mid Notts CCGs

Ashfield Health & Wellbeing Centre –

Our Journey so far....





Population needs

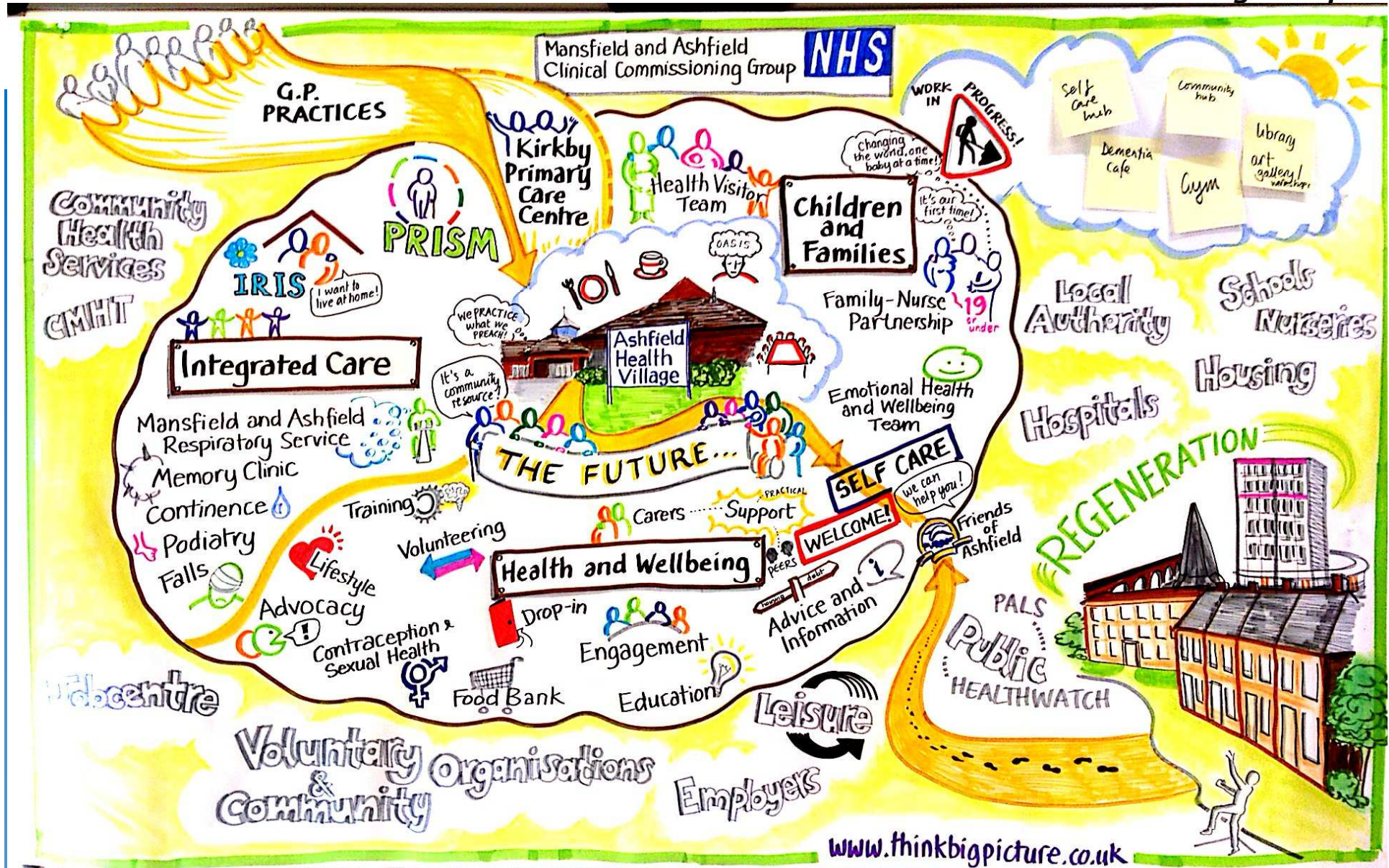
- Health inequalities exist with obesity, substance misuse and child poverty contributing to long term conditions and cancer
- Health and social needs are interlinked:
 - poor housing impacts by creating/increasing respiratory problems.
 - Hopelessness triggers behaviours in individuals and in communities impacting on increased use of public services both directly and indirectly
 - Being fit for work ensures individuals remain in employment
 - Individuals need the confidence to act for themselves and to know where they can receive support when it gets difficult
 - Financial problems create anxiety which presents as health issues
- We need to build individual and community resilience
- We need to listen to our citizens on what support is required and when – holistic needs considered



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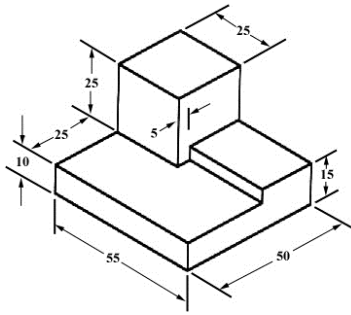


Vision

Ashfield Health and Wellbeing Centre will provide a **vibrant new community resource to improve general health and wellbeing**. We know that **good health is not just maintaining physical health and managing illness but it is also about the prevention of illness and everything in our lives that goes into making us happy and content with our lives**. Maintaining health is important whether you are fit or have a long term condition. The services provided at Ashfield Health and Wellbeing Centre will :

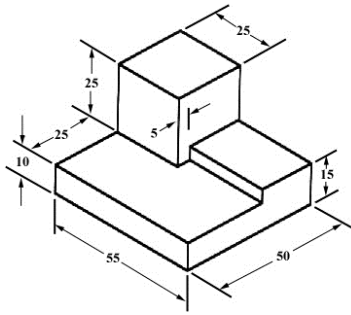
- support anyone with a long term condition **to live healthily, take control of their condition**, stop its progression and maintain a healthy fulfilling life
- assist patients to **develop confidence in managing their condition** and maintain their **independence**
- **support healthier lifestyles**
- improve mental health
- **reduce isolation and loneliness**
- increase volunteering opportunities to develop confidence and self esteem
- **reduce levels of stress caused by social conditions, eg. debt**
- provide an environment that is welcoming and provides support to all

This is health, social care and voluntary services working with the community for the community.



Design Principles

- Utilisation of space within the existing estate of Ashfield Community Hospital
- Work in partnership with the landlord, NHS Property Services
- Build on partnership working with Ashfield District Council, link neighbouring sites into one campus
- Build on the partnership working with the Third Sector
- Maximise the existing service provision on site by reallocating services within the site to create co-location of services and so increase integrated ways of working
- Develop new partnerships to create the wellbeing aspect



Creating a community provision for all

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- Keep flexibility around tenancy – some fixed and others bookable sessions, allow for future development by getting the centre established with a few core services pivotal to the ethos of the centre
- Bookable space allows for a real width of charities, carer/patient support groups and organisations to hold events, meetings formal and informal group work without significant financial commitment
- Access for all ages to:
 - communal spaces – e.g. restaurant,
 - information – e.g. information kiosks, public wi-fi,
 - Services delivered from accommodation fit for purpose – privacy & dignity
 - Become involved – volunteer
 - Opening hours that reflect client group needs
- Ensure width of population provided for:
Pregnancy – Early Years – Young People – Adults – Frail Elderly



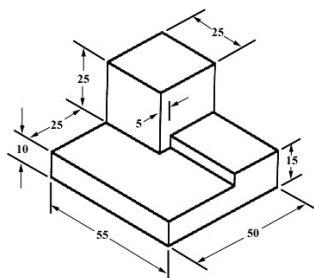
Delivery (1)

- Sourced capital funds via the landlords to refurbish the site
- Sourced capital funds via NHS England to support the IM&T developments on the site
- Planning events with existing services to understand service offer and fit
- Involved the Friends of Ashfield charity
- Established core partners to relocate to the Centre:
 - Citizen's Advice Bureau
 - Ashfield Voluntary Action (CVS)
 - Jigsaw*
 - CNCS*
- Developed new partnerships with recently commissioned services:
 - Health Partnership – Integrated Care Teams
 - Nottinghamshire Health Care Trust – Community Mental Health Teams
 - Self Help Connect – Self Care Hub (LTC) – Better Together
 - Everyone Health – Obesity & weigh Management Service
 - CRI – Substance Misuse Service*

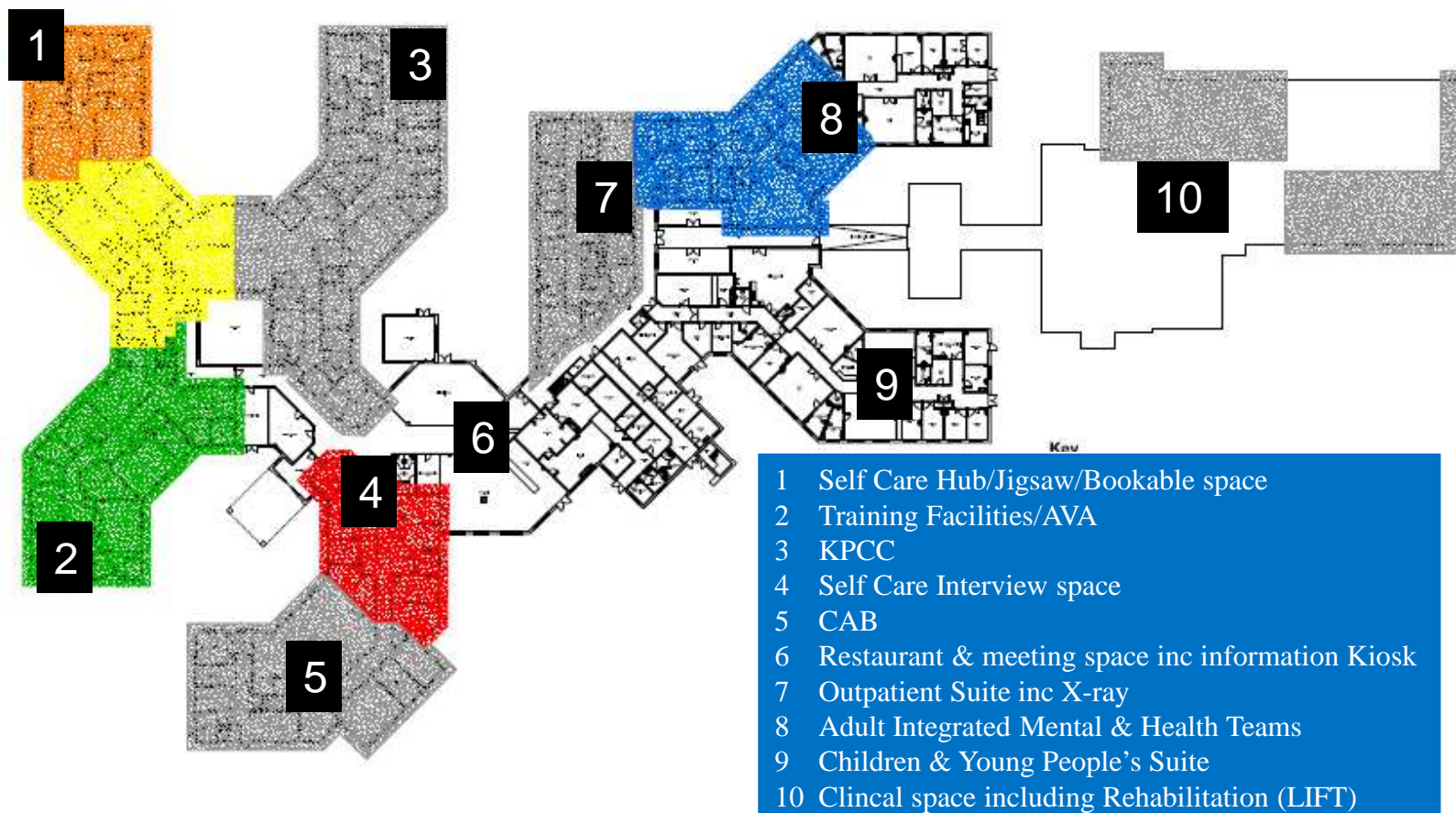


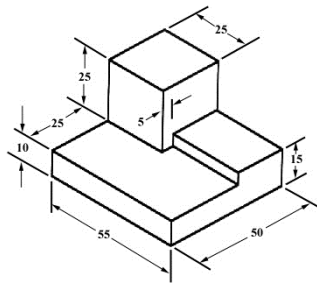
Delivery (2)

- Capital funding approved July 2014
- Steering Group revised to include all stakeholders as members
- Design completed and Tender issued December 2014
- Contract awarded and work on site commenced 2nd March 2015
- Three phases of work will see all areas refurbished and services in new locations in August 2015
- CCG will take up head lease and sub contract with tenants
- Lease arrangements or charges for bookable space will attract no more than market value and a sliding scale applied to support service delivery that offers wider cost benefits through the co-location on site.
- Communication & Engagement Plan



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8. Adult Integrated Mental and Health Teams:

Community Mental Health Team, IRIS Team, Ashwood Integrated Care Team (inc Mental Health, Voluntary & Social Care Workers), Falls, Continence, COPD, New Leaf, Out of Hours and Crisis Response nurse teams.

9. Children & Young Peoples Suite

Community Paediatrics, Health Visitors, Family Nurse Partnerships, Emotional Health & Wellbeing team, S<, Antenatal Care*



Sustainability

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- Strategic fit & connection with Health & Wellbeing Board Strategy priorities – inclusion of LA Commissioned services
- Strategic fit & connection with the delivery of Better Together Transformation Programme – inclusion of the Self Care Hub & ICTs
- Strategic fit with the *Five Year Forward View* – integration & partnership
- CCG will commission a co-ordinating provider that will
 - Take over the head lease
 - Oversee and establish the operating procedures to create an environment for the organisations to be able to work together
 - Develop with the CCG the KPI to present an evidence base of integration and its impact
 - to further co-produce with partners and service users the service offer.