 Nottinghamshire County Council

Report to Health and Wellbeing Board

6 December 2017

Agenda Item: 8

REPORT OF THE CHAIR OF THE HEALTH AND WELLBEING BOARD

CHAIR'S REPORT

Purpose of the Report

1. An update by Councillor John Doddy, Chair of the Health and Wellbeing Board on relevant local and national issues.

Information and Advice

2. **Award winner: Nottinghamshire Warm Homes on Prescription**
   The Nottinghamshire Warm Homes on Prescription scheme has recently been awarded the 'East Midlands Association of Local Energy Officers Award 2017' for its commitment to tackling health inequalities and reducing fuel poverty.

This targeted project aims to help tackle fuel poverty and therefore improve the health and wellbeing of around 250 households across the county where residents have specific long-term health conditions made worse by living in a cold home. All seven district & borough councils are part of a partnership with health experts to identify and contact 'high risk' patients to offer assistance under the scheme. Eligible households are offered a home visit from trained energy advisors to assess energy efficiency and issues of heating affordability. Support is available to assist with, for example, heating and insulation installations or improvements. The project aims to prevent unplanned admissions to hospital which cost the NHS between £2,000 and £2,500 per incident and additional costs associated with planned hospital admissions, GP appointments, prescription and pharmaceutical costs as well as improving overall health outcomes for residents.

Pictured: Leanne Monger, Business Manager – Housing & Safeguarding & Project Lead, Newark & Sherwood District Council

The project now looks further develop through better engagement with GP Practices to ensure they can effectively support their patients access this service.

For further information please email Ian Chapman (Warm Homes on Prescription Project Manager) at: ian.chapman@newark-sherwooddc.gov.uk

3. **Seasonal Flu Campaign 2017**
   Flu can be a serious illness, particularly for older people or those with other health conditions. Health and social care workers care for some of the most vulnerable people in our

communities, so it is important that they help protect themselves and those receiving care against flu.

The National Seasonal Flu Plan 2017/18 outlines a target to vaccinate 'at least 75% of healthcare workers with direct patient contact. The NHS trust-level ambition is to reach a minimum of 75% uptake and an improvement in every NHS trust'.

In order to align the Authority with its NHS partners, in October 2017 the Adult Social Care and Health Committee agreed to the ambition of increasing the number of health and social care workers receiving a free vaccination to at least 75% over the next 3 years (by 2019). This offer is for directly employed staff and those working for a health or care service commissioned by Nottinghamshire County Council.

Monitoring of the flu voucher requests for directly employed staff has shown a marked increase of over 10% to 27.5% compared to 16.8% in 2016. A national offer to care home staff and staff employed in other care service has also been announced. Plans to identify and implement the offer to services not covered by the national offer are under way.

In Nottinghamshire flu vaccine uptake in the over 65's is greater than this time last year and greater than the England average. The same is true of the under 65's in an at risk group. Uptake in 2 and 3 year olds is slightly lower than this time last year.

For more information contact Lucy Elliott, Public Health and Commissioning Manager t: 0115 9773489 e: Lucy.Elliott@nottscc.gov.uk

4. Award winning procurement

The Children's Integrated Commissioning Hub (ICH) were part of the winning team at the Chartered Institute of Procurement and Supply – Best Public Procurement Project - at the Supply Management Awards 2017. The photograph shows Catherine O'Byrne from NCC Public Health, staff from Arden and GEM commissioning support unit with the awards hosts.

More information is available about the awards from their web page.

PROGRESS FROM PREVIOUS MEETINGS

5. Pharmaceutical Needs Assessment consultation

Following the discussion at the October Health & Wellbeing Board meeting the consultation for the refresh of the Pharmaceutical Needs Assessment was launched on 13 November 2017. The refresh is being directed by the multi-agency PNA Steering Group with representatives from the Local Pharmaceutical Committee, NHS England, Clinical Commissioning Groups, Public Health and the Local Medical Committee.

There are a number of statutory consultees who are being approached regarding the consultation but responses are welcome from anyone with a view on services provided by

Community Pharmacies, Dispensing GP Practices and Dispensing Appliance Contractors, including professionals and the public.

The consultation will run until January 2018 and can be accessed **here**.

PAPERS TO OTHER LOCAL COMMITTEES
1. **Nottinghamshire youth justice strategy annual update**
   Report for Full Council
   21 September 2017

6. **Public Health Performance and Quality Report for Contracts Funded with Ring-Fenced Public Health Grant**
7. **Planning for Discharge from Hospital**
8. **Adult Social Care and Health Consultation**
   Reports to Adult Social Care and Public Health Committee
   9 October 2017

9. **Sherwood Forest Hospitals Winter Plans**
10. **NUH Winter Plans**
11. **Bassetlaw Hospital Update**
12. **East Midlands Ambulance Service - Performance Information**
    Reports to Health Scrutiny Committee
    10 October 2017

13. **Update on Key Trading Standards Matters**
    Report to Communities and Place Committee
    9 November 2017

14. **Updated Adult Social Care Strategy**
    Report to Adult Social Care and Public Health Committee
    13 November 2017

15. **Bassetlaw Hospitals Winter Plan**
    Report to Health Scrutiny Committee
    21 November 2017

A GOOD START

16. **Mental ill-health among children of the new century**.
    National Children's Bureau and UCL Institute of Education
    The briefing summaries the prevalence of mental health problems among children taking part in the Millennium Cohort Study and shows that while the majority of 3-14-year-olds in the UK are not suffering from mental ill-health, a substantial proportion experience significant difficulties.
    Additional links: NHS England news report | BBC News report

17. **Neglected Minds: A report on mental health support for younger people leaving care**
Barnardo's
This report highlights that two thirds of care leavers identified as having mental health needs were not receiving any help from a statutory service. It also found that one in four had faced a mental health crisis since leaving care. Barnardo's wants clinical commissioning groups to invest more in services specifically aimed at meeting the needs of young people leaving care, such as embedding a mental health worker within leaving care teams.

18. **Mental health support for young people in care**
The Social Care Institute for Excellence has published a series of resources aimed at improving the emotional wellbeing and mental health support for looked after children and young people, care leavers, those on Special Guardianship Orders and those who are adopted. People who work with these young people, commissioners of care services and others working with children will find the resource informative and insightful.

19. **Young people's mental health services**
The Education Policy Institute has published Access and waiting times in children and young people's mental health services. This report includes the results of a freedom of information request to providers of specialist child and adolescent mental health services to explore access and waiting times for young people.

20. **Children's voices: a review of evidence on the subjective wellbeing of children with mental health needs in England**
The Children's Commissioner for England
This report summarises the published qualitative evidence on the subjective wellbeing of children with mental health needs and draws out key findings from the evidence, identifying important gaps. The Commissioner has also published Briefing: children's mental healthcare in England. This briefing, sent to all MPs, sets out the Commissioner's concerns around the lack of access to mental health support services for children.

21. **Tackling childhood obesity**
One year on from the publication of the childhood obesity plan, Public Health England has announced it will consider the evidence on children's calorie consumption and set the ambition for the calorie reduction programme to remove excess calories from the foods children consume the most. In addition, the Department of Health has announced £5 million of funding for a new Obesity Policy Research Unit to provide resources for long term research into childhood obesity. Also, the Obesity Health Alliance has published a report card assessing progress during the first year of the childhood obesity plan.

22. **National Child Measurement Programme: changes in children's body mass index between 2006 to 2007 and 2015 to 2016.**
Public Health England
This report explores trends in obesity, overweight, excess weight and underweight prevalence as well as changes in mean body mass index over time. It includes trends within socioeconomic and ethnic groups to determine whether existing health inequalities are widening or becoming smaller.

23. **[Developing support and services for children and young people with a learning disability, autism or both](#)**
NHS England
This document provides guidance for commissioning support and services for children and young people with autism. It describes what good services and support look like.

24. **[Review of children and young people's mental health services: phase one report](#)**
Care Quality Commission
This first report from the review examines the quality and accessibility of mental health services for children and young people and summarises the current state of knowledge from inspection reports, a review of recent policy and evidence, and engagement with experts? In particular, it confirms the difficulties children and young people have in accessing appropriate support for their mental health concerns from a fragmented system.

LIVING WELL
25. **Preventing heart attacks and strokes**
The NHS and Public Health England (PHE) have announced a new drive to save lives by [preventing heart attacks and strokes brought on by cardiovascular disease](#). Analysis suggests that there is an opportunity to prevent more than 9,000 heart attacks and at least 14,000 strokes over the next 3 years with better detection and management of: high blood pressure; high cholesterol and atrial fibrillation. PHE and NHS England have written to all 44 STPs, drawing attention to the prevention opportunity in their local areas, and sharing with them the data for their individual STPs.

26. **Combating the 'super-size' snack culture**
NHS England has announced hospitals will get financial incentives in 2018/19 if they implement new guidelines to reduce obesity, diabetes and tooth-decay. The guidelines include 80% of confectionery stocked do not exceed 250Kcal, 75% of pre-packed sandwiches and savouries contain 400kcal or less, and 80% of drinks stocked must have less than 5g of added sugar per 100ml.

27. **Professionals trained to help smokers quit**
Public Health England (PHE) has confirmed that nearly 40,000 healthcare professionals have been trained to [offer quit smoking advice](#) as part of a drive to make the NHS smoke-free by 2019. In support of the plan, PHE is urging all NHS frontline staff to take advantage of free online training to help them give 'very brief advice on smoking' (VBA). The evidence shows that giving VBA to patients makes them 68% more likely to quit if they're offered stop smoking medication.

28. **[2nd Atlas of Variation in risk factors and healthcare for liver disease](#)**
NHS England
This is intended for clinicians, commissioners, practitioners and policy makers, the atlas is intended to raise the profile of liver disease and the variations across England in risk factors, healthcare services and outcomes. The rate of people dying early from liver disease in some parts of England is almost eight times higher than others.

29. Tobacco control policy overview
House of Commons Library
The Government's new tobacco control plan was published in 2017, and seeks to reduce smoking overall and target inequality in smoking rates. This briefing paper provides a summary on the tobacco control plan/policies and smoking cessation services.

30. Moving more, ageing well
UKactive
This report highlights the need for innovative solutions for keeping older people active and independent that could save billions of pounds in NHS and social care costs by preventing disease. It recommends that teaching health and social care professionals such as pharmacists and Meals on Wheels staff to deliver exercise interventions could be key to curtailing the UK's growing ageing crisis.

31. Cardiovascular disease prevention: action plan
Public Health England
Highlight of work carried out 2016/17 and an overview of PHE's major initiatives on cardiovascular disease in 2017 to 2018 including an ROI tool and accompanying report for CVD prevention, support the implementation of the NHS Diabetes Prevention Programme, use of the new technologies to provide information and applications to improve their cardiovascular health and wellbeing, review of evidence/case studies on CVD prevention.

32. Alcohol, drugs and tobacco commissioning
Public Health England has published the annually updated alcohol, drugs and tobacco commissioning support pack for local authorities. The pack will help local authorities to develop joint strategic needs assessment and local joint health and wellbeing strategies which effectively address public health issues relating to alcohol, drug and tobacco use.

COPING WELL
33. Mental health at work: The business costs ten years on.
The Centre for Mental Health
This report finds that mental health problems in the UK workforce cost employers almost £35 billion last year. The largest part of this business cost is in the form of reduced productivity among people who are at work but unwell: or 'presenteeism'. This costs businesses twice as much as sickness absence relating to poor mental health.

34. Prevention concordat for better mental health: planning resource.
Public Health England
This guidance document has been developed to help local areas put in place effective arrangements to promote good mental health and prevent mental health problems. It does so by offering a 5-part framework of focus for effective planning for better mental health. It also highlights a range of actions and interventions that local areas can take to improve mental health and tailor their approach.

35. Mental health at work
The charity, Business in the Community has published Mental health at work report 2017: national employee mental wellbeing survey findings 2017. This report sets out the results from the second National Employee Mental Wellbeing Survey which highlights some improvement in attitudes towards mental health in the workplace although less than a quarter (24%) of managers have received any training in mental health.

36. **[Thriving at work: the Stephenson/Farmer review of mental health and employers](#)**
Department for Work and Pensions
This report outlines the result of an independent review of mental health and employers. It sets out what employers can do to better support all employees, including those with mental health problems to remain in and thrive at work. It includes a detailed analysis that explores the cost of poor mental health to UK businesses and the economy as a whole.

37. **NHS England and charity join forces to encourage older people to seek help with mental health problems**
NHS England has published new guidance to help identify the signs of anxiety and depression in people aged 55 and older. [Mental health in older people](#) has been published to support [Age UK's YouGov research](#) which has shown nearly half of adults aged 55 and older have experienced depression or anxiety, with more than a third saying they did not know where to go for help. Following [World Mental Health day](#) in October) NHS England and Age UK have called on GPs to help spot the signs of mental health.

38. **[Improving healthcare access for people with learning disabilities](#)**
Public Health England
This suite of guidance outlines how social care staff can help people with learning disabilities get better access to medical services. It provides practical tips as well as links to further information and useful resources.

39. **[Enabling People with Dementia to Remain at Home: A Housing Perspective](#)**
Housing LIN
This report sets out the key role housing providers, and in particular social housing providers, can play in supporting people living with dementia to stay independent in the home of their choice for as long as possible.

40. **[Making the economic case for investing in actions to prevent and/or tackle loneliness: a systematic review](#)**
London School of Economics
A systematic review of evidence for The Campaign to End Loneliness around loneliness experienced by older people found that interventions fall into three broad groups: befriending, face to face and telephone services; participation in social and healthy lifestyle activities; and signposting/ navigation services. Economic evidence for these interventions is mixed but modelling suggests that signposting / navigation services can generate a positive return on investment of £2 to £3 per £1 invested over five years.

WORKING TOGETHER
41. **[Workplace health needs assessment](#)**
Public Health England
A health needs assessment can be a useful and straightforward way to gather anonymous information about the health of a company's workforce, and provide a baseline of data against which to track progress. This document provides practical advice for employers on workplace health and a tool for carrying out workplace health needs assessments.

42. **Providing accountable care**
The National Association of Primary Care has published [Providing accountable care: comparing the delivery of Primary Care in the UK and USA through accountable care systems and organisations](#) (pdf). This report summarises some of the debate by system leaders within the UK and US around the accountable care system. Based on a symposium held in May 2017, it also describes some of the future challenges and possible solutions.

43. [**Getting into shape: delivering a workforce for integrated care**](#).
Reform
This paper makes recommendations designed to build a workforce for integrated care. It highlights cultural factors that divert trainees away from high-need specialities and describes barriers preventing some staff from utilising all their skills. It also provides details of reform to the funding and training systems.

44. [**Scrutiny: the new assurance? A good governance discussion document?**](#)
Good Governance Institute
As collaboration and partnership working need to become more streamlined, more strategic and more effective, organisations spending public monies should be constantly redefining their roles and responsibilities, searching for constant improvement. This paper looks at scrutiny across a number of organisations, as all four home nations are seeking better outcomes by the alignment of health, social care and other funders and providers.

45. **Leading transformational change**
NHS England has published [Leading large scale change: a practical guide](#). This document aims to help those involved in seeking to achieve transformational change in complex health and care environments. It has a number of different resources which can be used according to local needs and circumstances. It has been designed to be interactive, offering links to useful, external sources.

46. **NHS partnering**
The Health Foundation has published [Partnerships for improvement: ingredients for success. How good are NHS organisations and the wider system at achieving the potential benefits of partnering?](#) The idea of partnerships and collaboration across organisational boundaries is at the heart of NHS reforms in England. This report focuses on five different partnering arrangements, as well as interviews with national leaders, and draws learning to help inform and guide policymakers and providers.

47. [**The Impact on Health of Homelessness: a guide for local authorities**](#)
The Local Government Association
The information and ideas in this briefing aim to support local authorities in protecting and improving their population's health and wellbeing, and reducing health inequalities, by tackling homelessness and its causes.

48. **Housing and health**
The Health Foundation has published [Infographic: how does housing influence our health](#)? This infographic seeks to advance the recognition of the important links between housing and health. It also aims it helps support those working across housing, health, social care and other key areas such as planning to realise the vital contribution that they make in enabling good health and wellbeing.

49. **Homelessness projections: Core homelessness in Great Britain (2017)**
Crisis
This summary report is the first part of a two-part study examining the current and projected levels of different categories of homelessness, defined as 'core' and 'wider' homelessness. The figures set out in this report examine current levels of core homelessness, their projected levels until 2041, factors driving these and the potential impact of policy measures to address the issue.

50. **Costs and outcomes of improving population health through better social housing: a cohort study and economic analysis**
International Journal of Public Health
This study aimed to determine the impact of warmth related housing improvements on the health, well-being, and quality of life of families living in social housing. The study concluded that warmth-related housing improvements may be a cost-effective means of improving the health of social housing tenants and reducing health service expenditure, particularly in older populations.

51. **Home from hospital How housing services are relieving pressure on the NHS**
National Housing Federation
This report looks at the increase in delays in discharging people from hospital, and shows how housing services are offering solutions that are relieving pressure on the NHS. It features a number of case studies that demonstrate how housing services are successfully reducing delays in discharging people from hospital and preventing unnecessary hospital admissions.

52. **What happens when people leave hospital and other care settings? Findings from the Healthwatch network**
Healthwatch
This briefing brings together a summary of the experiences over 2000 people have shared with local Healthwatch during the last two years relating to leaving hospital and other care settings. Although there are many positive experiences, the briefing highlights that there is still significant work to be done to ensure discharge is a good experience for everyone.

53. **Sustainability and transformation plans and partnerships**
House of Commons Library
This briefing explores how the STP plans were developed, their funding and accountability arrangement as well as research and debate surrounding the content and implementation of these plans.

54. **How the people of Nottinghamshire are benefiting from joined up working**
Nottinghamshire STP (Sustainability and Transformation Plans) is looking to make extensive use of IT to tackle areas such as improving access to information for both staff and patients, ensuring health professionals are able to share information and to resolve the issue of patients having to repeatedly give the same information to different people. Read about how the Nottinghamshire STP is using assertive technology to share information and helping to improve services.

55. **System Transformation and Care Homes: A discussion document Good Governance**
Institute and Care England
A discussion paper, developed through a literature review and desktop review of all 44 STPs, identifies the gaps in the STP process and how care homes can fill these gaps. Opportunities

are illustrated through case studies from three of the vanguard sites – Airedale and Partners, Gateshead Care Home Project and Sutton Homes of Care.

56. **What happens when people leave hospital and other care settings? Findings from the Healthwatch network.**
Healthwatch
This briefing brings together a summary of the experiences over 2000 people have shared with local Healthwatch during the last two years relating to leaving hospital and other care settings. Although there are many positive experiences, the briefing highlights there is still significant work to be done to ensure discharge is a good experience for everyone.

57. **Health Watch annual report**
Healthwatch England has published its fifth annual report 2016-17 Speak Up. This report feeds back from the public about the support they have received from NHS and social care services. It reports that whilst many people are getting the support they need, there is great variation in the availability and quality of these services across the country.

58. **Prevention in action: How prevention and integration are being understood and prioritised locally in England.**
British Red Cross
This report highlights that local authorities in England need to do more in their areas to provide services that prevent, reduce or delay the need for care and support. The report also identified shortcomings in plans for integrating health and social care. It also provides a national picture of local developments and focuses areas of good practice.

59. **Bridging the gap between health and housing: a united approach in South Wales.**
Housing LIN
With housing and health increasingly integrating to respond more effectively to citizens' needs, this new Housing LIN Cymru case study puts the spotlight on Caerphilly-based housing association United Welsh. It explains their new wellbeing partnership, Wellbeing 4U, and highlights how it is drawing from housing expertise to improve the patient and GP experience across 25 surgeries in Cardiff and Barry.

60. **Funding social care**
The Voluntary Organisations Disability Group has published True costs: why we cannot ignore the failure in social care funding. This report sets out the pressures facing voluntary sector organisations supporting disabled people. It identifies the three key challenges as an increasing demand for services; rising costs of providing services and workforce recruitment and retention problems.

61. **How does the NHS in England work? An alternative guide.**
Kings Fund
An animation which explain how the NHS is structured in a series of diagrams.

62. **Making sense of social prescribing**
Social Prescribing Network
This guide provides an introduction to social prescribing and outlines the features of different models. It also highlights the key factors for successful social prescribing schemes.

63. **Prevention in action: How are prevention and integration being implemented?**
Red Cross
This report finds that local authorities in England must do more in their areas to provide services that prevent, reduce or delay the need for care and support. It also identifies shortcomings in plans for integrating health and social care.

64. **Britain's demographic challenge: implications of the UK's rapidly increasing population**
CIVITAS
This report looks at the scale of the growing population of the UK, sets it in historical and international context and considers the challenges that it will present. It considers the implications including the need for new hospitals, schools, roads, jobs and leisure facilities.

65. **Public health: everyone's business?**
NHS Providers
This   report uses interviews with health leaders from a range of trusts and other   parts of the service to help gain a better understanding of NHS providers' role in shaping and delivering public health and care.

10 High Impact Actions: New consultation types " askmyGP" in Nottinghamshire & South Yorkshire
NHS England
NHS England has released a video case study in which a GP/Managing Partner at Larwood and Bawtry Primary Care Home in Nottinghamshire and South Yorkshire speaks about the impact of recently introducing online consultations in to his practice. This case study is one of a collection of ways to improve workload and improve care through working smarter, not harder.

HEALTH INEQUALITIES
66. **Reducing health inequalities: system, scale and sustainability.**
Public Health England
This document aims to support local action to tackle health inequalities. It helps local partners identify what specific interventions could measurably improve outcomes. It is also accompanied by a slide set. It is aimed at: local authority leaders; chief executives other senior officers and councillors; Directors of Public Health; public health specialists and health service commissioners.

GENERAL
67. **Local health data**
Public Health England has published the 2017 update of Local Health.   The Local Health tool allows users to map data and provides spine charts and reports for small areas including CCGs. Users can also define their own geographies and add their own data.

CONSULTATIONS
68. **Healthwatch consultation - Looking to the future**
Healthwatch England has published a consultation Shaping our future: our strategy for 2018 – 2023. This document is the result of an invitation to the public and health professionals to share their views on what the primary job of Healthwatch England and local Healthwatch should be over the next five to ten years. It sets out their views on the issues that National and local Healthwatch groups should focus on to help make health and social care services work better for people.

Closing date for the consultation is 3 January 2018

Update on national policy and guidance prepared by the Library and Knowledge Service Sherwood Forest Hospitals NHS Foundation Trust.

Other Options Considered

69. None.

Reason/s for Recommendation/s

70. N/A

Statutory and Policy Implications

71. This report has been compiled after consideration of implications in respect of crime and disorder, finance, human resources, human rights, the NHS Constitution (Public Health only), the public sector equality duty, safeguarding of children and vulnerable adults, service users, sustainability and the environment and ways of working and where such implications are material they are described below. Appropriate consultation has been undertaken and advice sought on these issues as required.

Financial implications
72. There are no financial implications arising from this report.

RECOMMENDATION/S

1) To note the contents of this report and consider whether there are any actions required in relation to the issues raised.

Councillor John Doddy
Chair of Health and Wellbeing Board

For any enquiries about this report please contact:

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Constitutional Comments (LMc 23.11.2017)
73. The Health and Well Being Board is the appropriate body to consider the content of the report and that members consider whether there are any actions they require in relation to the issues contained within the report.

Financial Comments (DG 24.11.2017)
74. The financial implications are contained within paragraph 72 of this report.

Background Papers and Published Documents

Except for previously published documents, which will be available elsewhere, the documents listed here will be available for inspection in accordance with Section 100D of the Local Government Act 1972.

None

Electoral Division(s) and Member(s) Affected

All