

Report to Health and Wellbeing Board

28 June 2017

Agenda Item: 7

REPORT OF THE CHAIR OF THE HEALTH AND WELLBEING BOARD

HEALTH AND WELLBEING BOARD ANNUAL REPORT

Purpose of the Report

1. To give members of the Board a summary of the work of the Board over the last year and to start to outline plans for the future.

Information and Advice

- 2. The Shadow Health and Wellbeing Board was established in 2011. It assumed its responsibilities as a formal Board in April 2013.
- 3. Attached as Appendix 1 is a first annual report of the work of the Board which reviews progress made during 2016/2017 and sets the context for that work.
- 4. The annual report describes the positive impact the Board has had to date including the innovative work to integrate housing with health and care, which has been recognised nationally. The impact of the Young People's Health Strategy should also be noted. As a result of work originating from the Board we have improved services to support our young people through a variety of text and online support services.
- 5. Looking forward as the newly appointed Chair of the Board I welcome the opportunity to refresh the Health and Wellbeing Strategy.
- 6. The Health and Wellbeing Strategy is one of the statutory responsibilities of the Health and Wellbeing Board and provides a framework to improve health and wellbeing by working together both within the Board and with its wider partners.
- 7. It has been widely acknowledged that an integrated approach to the challenges facing health and care will be essential. In Nottinghamshire we have built a good foundation for a joint approach and refreshing the Strategy will be an opportunity to build on that.
- 8. The refresh will need to align with the Sustainability and Transformation Plans for Nottinghamshire (The Nottingham and Nottinghamshire Sustainability and Transformation Plan and the South Yorkshire and Bassetlaw Sustainability and Transformation Plan). There are clear opportunities to work as a partnership across the Board and with our wider partners to support the prevention and integration agendas.

- 9. Issues identified within the STPs such as smoking, obesity, mental health and wellbeing, physical activity and alcohol misuse have been key priorities for the Health and Wellbeing Board. The Board has previously focussed on sign up to the Nottinghamshire Tobacco Declaration more than 90% of organisations represented on the Board have now signed up and are making progress towards implementation.
- 10. The work that has also taken place to fully integrate health into spatial planning decisions has also been recognised nationally and is in position to deliver benefits to mental and physical health.
- 11. The Board has also identified the impact of housing on physical and mental health which has also been recognised within the local STPs.
- 12. These are key issues to improve health and wellbeing which the Board has been instrumental in developing and could continue to drive alongside the STPs to offer the maximum impact of our collective efforts.
- 13.A consultation document is being prepared which will identify issues which will improve health and wellbeing and which require a collaborative partnership approach to succeed. It will consider the local STPs and identify areas where the Board can add value.
- 14. It also aims to identify other areas which could potentially be out of the scope of the STPs but which could impact on health and wellbeing in Nottinghamshire.
- 15.It is intended that all aspects of the consultation document will be supported by evidence within the JSNA.
- 16.It is intended that the consultation document for the refresh of the Health and Wellbeing Strategy will be presented to the September Board meeting for consideration.

Other Options Considered

17. Annual report for noting only.

Reason/s for Recommendation/s

18. Board to note

Statutory and Policy Implications

19. This report has been compiled after consideration of implications in respect of crime and disorder, finance, human resources, human rights, the NHS Constitution (Public Health only), the public sector equality duty, safeguarding of children and vulnerable adults, service users, sustainability and the environment and ways of working and where such implications are material they are described below. Appropriate consultation has been undertaken and advice sought on these issues as required.

RECOMMENDATION/S

1) To note the first Annual Report for the Nottinghamshire Health and Wellbeing Board.

Councillor John Doddy Chair of the Nottinghamshire Health and Wellbeing Board

For any enquiries about this report please contact:

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Constitutional Comments (LMcC 13.6.17)

20. The Report is for noting only.

Financial Comments (DG 15.06.2017)

21. The report is for note only, there are no financial implications.

Background Papers and Published Documents

Except for previously published documents, which will be available elsewhere, the documents listed here will be available for inspection in accordance with Section 100D of the Local Government Act 1972.

None

Electoral Division(s) and Member(s) Affected

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Nottinghamshire Health and Wellbeing Board Annual Report 2016

Forward

Welcome to this, the first annual report of the Nottinghamshire Health and Wellbeing Board.

The Health and Wellbeing Board is built on a partnership approach which we have seen strengthened, to the point where we believe it is the strongest it has ever been in Nottinghamshire.

This report reviews the Board's activities during 2016 but also includes an overview of the findings of the peer challenge which took place in 2015 to give some context to what's happened more recently. The peer challenge gave us an opportunity to reflect what we do and how we do it so that we can improve the way we work and sharpen our focus.

We have seen a number of changes to the Board over the last year and would like to thank Dr Paul Oliver, Dr Judy Jones, Dr Steve Kell, Phil Mettam, Councillor Tony Roberts, Dr Chris Kenny, Dr Mark Jefford and Joe Pidgeon for their contributions – without the dedication, commitment, enthusiasm, openness and honesty of the Board members it would not be the success it has become. We would also like to remember our colleague Councillor Martin Suthers who sadly passed away in 2016. Martin chaired the shadow board when it was established in 2011 and was an active and passionate Board member until his death.

As well as the Board members we recognise that it would be impossible to achieve anything without the support and efforts of our wider partners across health and care, public services, the voluntary sector and beyond. Thank you to everyone who has been involved in the Board meetings, workshops and stakeholder network events, including colleagues in the City who we have worked with on a number of joint projects. We look forward to continuing our efforts to make health and wellbeing everyone's business and welcome anyone who would like to join us in doing that.

We have challenging times ahead of us but hope, with the continued dedication and support of the Board members and our partners, that we can continue to improve the health and wellbeing of the people of Nottinghamshire.

Nottinghamshire Health and Wellbeing Board

We want to work together to enable the people of Nottinghamshire to live longer, be healthier and have a better quality of life especially in the communities with the poorest health.

We will do this by providing the most efficient and effective services.'

1. Background to the Nottinghamshire Health and Wellbeing Board

Health and Wellbeing Boards (HWBs) were introduced as statutory committees of all upper tier local authorities under the Health and Social Care Act 2012.

The Nottinghamshire Health and Wellbeing Board was established in shadow form in May 2011 and assumed its full role in April 2013 when the Act was effective.

Health and Wellbeing Boards are intended to improve the health and wellbeing of the people in their area; reduce inequalities and promote the integration of services.

2. Membership of the Board

The core membership of Health and Wellbeing Boards was set out in the Health and Social Care Act and must include a minimum membership of:

- one local elected representative nominated by the leader or the mayor of the local authority, or in some cases by the local authority
- a representative of the local Healthwatch organisation
- a representative of each local clinical commissioning group whose area is within or partly within, or coinciding with the local authority area
- the local authority director for adult social services
- the local authority director for children's services
- the director of public health for the local authority

Other members can be appointed to the Board by the local authority or Health and Wellbeing Board itself.

In Nottinghamshire the Board has invited representatives from each of the 7 district councils within the county, the police and crime commissioner and NHS England's regional team. A list of current members of the Board is attached as Appendix 1.

3. Key responsibilities of the Health and Wellbeing Board

The Board has a number of statutory functions:

- To prepare a Joint Strategic Needs Assessment (JSNA) and Joint Health and Wellbeing Strategy
- To prepare and maintain a Pharmaceutical Needs Assessment (PNA)
- A duty to encourage integrated working between health and social care commissioners
- To encourage close working between commissioners of health-related services, such as housing and many other local government services and commissioners of health and social care services

3.1 The Joint Strategic Needs Assessment

The Board oversees the development of the <u>Nottinghamshire Joint Strategic Needs</u>
<u>Assessment</u> which provides a picture of the current and future health and wellbeing needs of

the people of Nottinghamshire. During 2016 three new topics were added to the JSNA Child Poverty was added to the Children and Young People's chapter, Suicide Prevention to the adults' chapter and loneliness to older people.

The format of the Nottinghamshire JSNA is being improved to make it more accessible, interactive and relevant to help partners to understand the needs of the local population in commissioning services. Wider partners from the voluntary and community sector have been involved in this process to make it easier to use and relevant.

3.2 The Health and Wellbeing Strategy

The Health and Wellbeing Board must produce a Health and Wellbeing Strategy to address the needs identified in the JSNA.

The first formal **Health and Wellbeing Strategy** for Nottinghamshire was agreed by the Board in 2014 and identified a vision which frames all of the work the Board undertakes: 'We want to work together to enable the people of Nottinghamshire to live longer, be healthier and have a better quality of life especially in the communities with the poorest health. We will do this by providing the most efficient and effective services.'

To support this vision the Strategy identified 4 ambitions; to give everyone **a good start**; for people to **live well**; for people to **cope well** and for services to **work together**.

In order to deliver these ambitions and in line with the feedback from the public consultation 20 priorities were agreed and are listed in <u>Appendix 2</u>.

In February 2015 the Health and Wellbeing Board took part in the Local Government Association's Peer Challenge Programme. As a result of recommendations made by the Peer Challenge Panel the Board agreed to delegate responsibility for monitoring delivery of the Strategy to the Health and Wellbeing Implementation Group as much of the work was in progress and did not need additional support through the Board to succeed.

The Board agreed to focus on a smaller number of short term actions, all of which need a partnership approach to ensure delivery – utilising the unique strength of the Health and Wellbeing Board. The Board agreed to focus on:

- Improving uptake of breastfeeding by implementing the Breast Feeding friendly places initiative
- Improving Children and Young People's Health and Wellbeing by:
 - Implementing the Nottinghamshire Children's Mental Health and Wellbeing Transformation Plan
 - Developing a partnership agreement to tackle child sexual exploitation in Nottinghamshire in conjunction with the Nottinghamshire Safeguarding Children's Board
- Reducing the number of people in Nottinghamshire who smoke by implementing the Nottinghamshire Tobacco Declaration
- Developing healthier environments to live and work in Nottinghamshire by facilitating a joint approach to spatial planning
- Ensuring crisis support is available for people with mental health problems through a joint approach
- Ensuring vulnerable people living in the community can access the housing support they need by extending integrated working to include housing

3.3 The Pharmaceutical Needs Assessment

In addition to the JSNA the Board is also responsible for producing a **Pharmaceutical Needs Assessment (PNA)**. A PNA is an assessment of the needs for pharmaceutical services in the local area, making sure that services meet the needs of the population and are in the correct locations to support residents. The current PNA was agreed in 2015 and found that current services met need. It is due to refresh in 2018.

3.4 Encouraging integration

The Board has been working to encourage integration. In Nottinghamshire this has meant challenging people to work differently, encouraging collaboration, integration and cooperation to resolve issues through a partnership approach.

One way that this is being achieved is through the **Better Care Fund** (BCF) which is intended to drive closer integration between services to improve outcomes for patients, service users and carers. The Fund is set up as a single pooled budget so that NHS and local government work closely together in a partnership to contribute an agreed level of resource into the pooled budget, which is then used to commission or deliver health and social care services.

In Nottinghamshire a BCF plan has been developed between the six Nottinghamshire CCGs and Nottinghamshire County Council. The County Council host the pooled budget and money is jointly managed by all the parties under the terms of a 'section 75' agreement signed in March 2015.

All BCF schemes are focused on the BCF national conditions and metrics including:

- Seven day working
- GP access
- Community care coordination
- Support for carers
- Reablement/rehabilitation services
- Transformation programme
- Protecting social care services
- Disabled facilities grant
- Care Act implementation

The Board received regular reports on progress on the implementation of the schemes during 2016 including:

- 1,938 fewer non-elective admissions than planned in 2015
- 28 fewer people than planned being permanently admitted to care homes in 2015/16
- 92% of people remaining at home 91 days after local community reablement services in 2015/16
- 2,011 fewer days than planned on delayed hospital discharges between October 2015 and March 2016
- 38 fewer admissions to care homes directly from hospital (Apr-Dec 2015)

The Comprehensive Spending Review in November 2015 confirmed that the BCF will continue into 2016/17 and partners have committed to continuing to work together to implement BCF plans.

In December 2015 as part of the NHS Planning Guidance Sustainability and Transformation Plans (STPs) were announced which required NHS organisations and local authorities across England to work together to develop 'place-based plans' for the future of health and care services in their area. There are 2 plans across Nottinghamshire, one covering Nottingham and Nottinghamshire and another for South Yorkshire and Bassetlaw. The Health and Wellbeing Board have been briefed regularly during the development of the plans during 2016 in preparation for supporting their delivery following agreement in 2017.

3.5 Encouraging closer working

The Health and Wellbeing Board continues to build relationships between partners and develop an understanding of the local architecture of health and care organisations. Board members have worked to understand the range of commissioned services and their interdependencies through discussions at the Board meetings and at more in depth workshops on specific topics including the wider determinants of health such as housing, air quality and the environment and how a partnership approach can influence their impact on health and wellbeing.

The Board highlighted concerns about workforce through a number of discussions which resulted in a joint County/City workshop to identify issues including managing winter pressures, seven day services, use of agency staff, quality of care and disparity of pay across health and social care.

Following the workshop an action plan was agreed by both the Nottinghamshire and Nottingham City Health and Wellbeing Boards supported by the Local Education and Training Council. As a result of the issues raised, workforce has been identified as a theme within the Nottingham and Nottinghamshire Sustainability and Transformation Plan.

The Board has received a report on the Nottinghamshire County Council's Community Empowerment and Resilience Programme and particularly welcomed the work to raise the profile of voluntary and community organisations in Nottinghamshire and their role in improving health and wellbeing.

Following a presentation to the Health and Wellbeing Board Nottinghamshire Fire and Rescue Service held a joint county/city Summit to discuss utilising the fire and rescue service to improve health and wellbeing in Nottinghamshire. This is in line with national developments through the Chief Fire Officers Association and Public Health England. These discussions identified a number of opportunities for collaboration through the STPs and resulted in a consultation to extend the Safe and Well checks undertaken by crews to include issues such as smoking cessation, mental health and winter warmth. These extended checks are due to be implemented in April 2017.

The Board continues to welcome the support of a wide range of organisations locally from education, public services, community and voluntary organisations and local businesses, recognising that *health and wellbeing is everyone's business*. A HWB Network has been established which meets 3 or more times a year to discuss partnership approaches to issues. During 2016 the Network met to consider:

- Young people's health and wellbeing
- Tobacco
- Carers

These events have resulted in improved understanding across partners of specific topic areas, developments to the JSNA and collaborative work plans and improved understanding of partners' purpose and potential to support the Health and Wellbeing Strategy.

The Board has also hosted partnership workshops to consider:

- Partnerships working between housing health and care
- Health inequalities

4. Key activities and achievements in 2016

In line with its ambition to offer Nottinghamshire residents a good start and following advice from colleagues in Public Health about rates of breastfeeding in Nottinghamshire the Board decided to champion breastfeeding across the County by making their premises breastfeeding friendly and encouraging partners to do the same. The breastfeeding friendly places scheme supports the implementation of Nottinghamshire and Nottingham City's Breastfeeding Framework for Action 2015 to 2020, agreed by the Health and Wellbeing Board in 2015.

After a discussion in February 2016 the Health and Wellbeing Board recognised the importance of a system wide approach to child sexual exploitation (CSE). All partner organisations agreed to promote **child sexual exploitation** awareness training to their staff and the newly established 'Concerns Network' raising the profile of the issue in order to identify cases at an early stage.

In August 2016 an audit was undertaken by the three Integrated Sexual Health Service providers focusing on the systems and processes in place in these services to identify young people at risk of or experiencing CSE. The audit findings were shared with the Sexual Health Strategic Advisory Group and Nottinghamshire Child Sexual Exploitation Cross-Authority Group. Following the audit, each provider developed an action plan to further strengthen the identification of CSE.

The Health and Wellbeing Board has been instrumental in instigating a review of mental health services for children and young people which has resulted in the delivery of the **Nottinghamshire Children's Mental Health and Wellbeing Transformation Plan** which has delivered improvements in CAMHS. The Board also initiated a Young People's Health Strategy which has delivered a number of young people friendly on-line and text services including ChatHealth and the Health for Teens website. Work to improve children and young people's health continues through the Children's Integrated Commissioning Hub overseen through the Health and Wellbeing Board.

Led by Nottinghamshire County Council's Public Health team the Board signed up to the **Nottinghamshire Tobacco Declaration** and member organisations continue to work towards developing and implementing action plans to support the Board's priority to reduce the number of people who smoke in Nottinghamshire. The partnership approach of the Board has been key in achieving sign-up to the Declaration.

In 2016 the Nottinghamshire Health and Wellbeing Board initiated a ground breaking piece of work to integrate health into planning processes. After a partnership workshop facilitated by the Town and Country Planning Association an innovative document **Spatial Planning** for the Health and Wellbeing of Nottinghamshire has formally been adopted by one of the district councils and is being used by others. A planning and health engagement protocol is being developed ready for approval by the Health and Wellbeing Board early in 2017. The aim is to

make sure that health is one of the considerations for planning applications to encourage physical activity and active transport as well as encouraging healthier takeaway food options, work coordinated and driven by colleagues in Public Health

The Nottinghamshire Health and Wellbeing Board has had a number of discussions around mental health and following a presentation in February 2016 recognised the importance of care for people having a mental health crisis. The Board has supported a **Crisis Concordat** action plan which has been developed across Nottingham and Nottinghamshire by a large number of partner organisations including health, the police, fire and rescue, local government and the voluntary sector. This has delivered a number of benefits including training for front line staff, reduction in the number of people detained under s136 being held in police cells and the development of mental health crisis support through the 111 service.

There has been significant developments in **integrating housing with health and care** services locally. Following the improved profile of housing locally this has also been picked up as a chapter of the Nottingham and Nottinghamshire STP. Additional capacity is being secured to drive this agenda in 2017 following a successful bid to the Pioneer Fund ensuring that Nottinghamshire is leading the way in integrating housing with health and care.

5. The Health and Wellbeing Board influencing policy and strategy

The Board has maintained oversight of a number of frameworks for action, work programmes and partnership activity, supporting the vision and ambitions within the Health and Wellbeing Strategy. Examples of these are given in Appendix 3.

The Board has also considered and commented on:

- The Director of Public Health's annual report 2015/16
- The Adults Safeguarding Boards Annual report
- The Nottinghamshire Safeguarding Children's Annual report
- The <u>annual summary of the work of Nottinghamshire County Council's Public Health Committee</u>
- The Nottingham and Nottinghamshire and South Yorkshire and Bassetlaw STPs

6. The Health and Wellbeing Board's Governance and structures

The Peer Challenge Panel highlighted the complexities of the governance arrangements for the Health and Wellbeing Board and its associated supporting structures. Work began to review the governance and supporting structures, recognising the position of the Health and Wellbeing Implementation Group in delivering the Health and Wellbeing Strategy on behalf of the Board. The announcement and subsequent development of the STPs and their associated governance structures has resulted in a 'pause' in this process however. Recognising the overlap with the STP, the partners involved in its delivery and the potential synergy in areas of the remit it has been timely to wait to make any further changes, pending the development of the STP and the governance required for their delivery.

7. Future plans and activities

The Board will continue to influence and lead on the delivery of health and social care. Its role as a strategic partnership will continue to be important in delivering improvements given the financial challenges which face health and social care.

The STPs will be finalised early in 2017. Once this has been completed the Board will be focussing its attention on refreshing the Health and Wellbeing Strategy, to maximise its impact

in delivering improvements to health and wellbeing and reducing health inequalities. This refresh will consider the needs identified by the JSNA as well as the ambitions of the STPs and the recommendations within the Director of Public Health's annual report.

In November 2016 the Board reviewed its annual actions and agreed to focus on:

- Child sexual exploitation
- Spatial planning
- Mental health crisis support
- Integrating housing within health and care
- Implementing Making Every Contact County (MECC)
- Implementing the transitions protocol and pathway

Following a decision made by the Nottinghamshire County Council's Policy Committee at the end of 2016, Nottingham City and Nottinghamshire Healthwatch organisations will merge in 2017. The membership of both Health and Wellbeing Boards will be maintained and may present more opportunities for cooperation and collaboration.

2017 promises to be another busy year. Please keep in touch by watching the <u>website</u>, joining the Stakeholder Network <u>Linkedin group</u>, attending stakeholder <u>events</u> and supporting the Board's aim to improve health and wellbeing in Nottinghamshire.

Appendix 1: Board members

COUNTY COUNCILLORS

Joyce Bosnjak Kay Cutts Jacky Williams Muriel Weisz Reg Adair

DISTRICT COUNCILLORS

Jim Aspinall Ashfield District Council
Susan Shaw Bassetlaw District Council
Dr John Doddy Broxtowe Borough Council
Henry Wheeler Gedling Borough Council
Debbie Mason Rushcliffe Borough Council

Neill Mison Newark and Sherwood District Council

Andrew Tristram Mansfield District Council

COUNTY COUNCIL OFFICERS

David Pearson Corporate Director, Adult Social Care, Health and Public

Protection

Colin Pettigrew Corporate Director, Children, Families and Cultural Services

Barbara Brady Interim Director of Public Health

CLINICAL COMMISSIONING GROUPS

Dr Jeremy Griffiths (Vice Chair) Rushcliffe Clinical Commissioning Group Idris Griffiths Bassetlaw Clinical Commissioning Group

Dr Thilan Bartholomeuz

Newark and Sherwood Clinical Commissioning Group

Dr Guy Mansford

Nottingham West Clinical Commissioning Group

Dr James Hopkinson Nottingham North and East Clinical Commissioning Group
Dr Gavin Lunn Mansfield and Ashfield Clinical Commissioning Group

LOCAL HEALTHWATCH

Michelle Livingston

NHS ENGLAND

Oliver Newbould Nottinghamshire/Derbyshire Area Team, NHS England

NOTTINGHAMSHIRE POLICE AND CRIME COMMISSIONER

Kevin Dennis

Duties

- 1. To prepare and publish a joint strategic needs assessment.
- 2. To prepare and publish a joint health and wellbeing strategy based on the needs identified in the joint strategic needs assessment and to oversee the implementation of the strategy.

- 3. Discretion to give Nottinghamshire County Council an opinion on whether the Council is discharging its statutory duty to have due regard to the joint strategic needs assessment and the health and wellbeing strategy.
- 4. To promote and encourage integrated working including joint commissioning in order to deliver cost effective services and appropriate choice. This includes providing assistance and advice and other support as appropriate, and joint working with services that impact on wider health determinants.
- 5. To discuss all issues considered to be relevant to the overall responsibilities of the Health and Wellbeing Board, and to perform any specific duties allocated by the Department of Health.

Appendix 2: Nottinghamshire Health and Wellbeing Strategy 2014-17 Priority actions

'bbc	HAIN			ingitation in a fred the area wellseling ethology 2014 17 1 fred to
				Work together to keep children and young people safe
				Improve children and young people's health outcomes
₹				through the integrated commissioning of services
A GOOD START				Close the gap in educational attainment
				Provide children and young people with the early help
Ŏ				support that they need
4				Deliver integrated services for children and young people
				with complex needs or disabilities
				Reduce the number of people who smoke
	ا ا			Reduce the number of people who are overweight and
	Œ			obese
			ER	Improve services to reduce drug and alcohol misuse
	9		ΙΞ	Reduce sexually transmitted disease and unplanned
	LIVING WELL		Щ	pregnancies
			00	Increase the number of eligible people who have a
			WORKING TOGETHER	Healthcheck
				Improve the quality of life for carers by providing appropriate
				support for carers and the cared for
		بـ		Supporting people with learning disabilities and Autistic
		□□	×	Spectrum Conditions
		≥		Support people with long term conditions
		9		Supporting older people to be independent, safe and well
				Providing services which work together to support
		COPING WELL		individuals with dementia and their carers
		0		Improving services to support victims of domestic abuse
				Provide coordinated services for people with mental ill
				health
				Ensuring we have sufficient and suitable housing, including
				housing related support, particularly for vulnerable people
				Improving workplace health and wellbeing
				Improving access to primary care doctors and nurses

Appendix 3: Policy and Strategy considered by the Health and Wellbeing Board

- Supporting the <u>Nottinghamshire and Nottingham City's Breastfeeding Framework for Action</u> 2015 to 2020
- Approving and adopting the <u>Young People's Health Strategy</u>
- Approval of the <u>Nottinghamshire Children and Young People's Mental Health and Wellbeing Transformation Plan</u>
- Signing up to the Nottinghamshire Tobacco Declaration
- Promotion of the <u>Wellbeing@work Scheme</u>
- Approval of the <u>Nottinghamshire Dementia Framework for Action 2016-2020</u>, including promoting <u>Dementia Friends</u> and Dementia Friendly Communities
- Agreed the Falls Pathway Thinking Falls: Taking Action
- Approval of the Spatial Planning for the Health and Wellbeing of Nottinghamshire document
- Support for the Local Digital Roadmap for Nottinghamshire
- Endorsement of the Nottinghamshire Housing Delivery plan
- Endorsement of the Nottinghamshire Transitions Protocol

Nottinghamshire Health and Wellbeing Board

What's happened?

A good start

A **Young People's Health Strategy** has been developed specifically for young people in Nottingham and has delivered a website offering tailored advice for young people as well as a number of texting and on-line counselling services.

To help the identification of **child sexual exploitation** and to help protect children and young people, on-line training has been made available. 4,000 taxi drivers had also been trained by January 2017. There is now a therapeutic support service for children who have been abused or sexually exploited.

The Board has agreed a Transformation Plan for Young People's mental health services and there are now integrated services for mental health and the Healthy Child Programme and Public Health Nursing are available in Nottinghamshire. CAMHS waits have improved and are now around 6 weeks for community CAMHS. There is also a crisis resolution and home treatment service available for young people in mental health crisis which is achieving its target of assessing young people in the community within 4 hours of referral.

Around 40% of women are breastfeeding at 6-8 weeks. 79 venues in Nottinghamshire were accredited as **breastfeeding** friendly by March 2017 and all HWB partners are committed to implement breastfeeding friendly strategies.

Living well

29 organisations are signed up to the **tobacco** declaration which means all of their employees and visitors benefit from a smoke free environment and smokers have support to help them quit. Children's play areas and a range of family events are smoke free like the Robin Hood Festival and Gedling Carnival.

15,692 people aged 40-74 in Nottinghamshire were offered an **NHS Health Check** in 2016/17 helping to spot early signs of stroke, kidney disease, heart disease, type 2 diabetes or dementia.

Nottinghamshire has agreed a ground breaking protocol for including health in **planning** decisions to make healthy takeaway food available as well as increasing opportunities for physical activity like walking and cycling.

Coping well

Dementia diagnosis rates between 67.4 and 78.3% (above target of 66%) and more than 80% of patients have had a care plan review in the last 12 months. Countywide framework for action has been agreed to help improve services for people in Nottinghamshire.

153 social care staff trained in **autism** awareness to help them make adjustments for people with the condition. A new protocol has been agreed to help young people with special educational needs and disabilities move between children's and adult services.

The Board agreed a new falls pathway in 2016 to support **older people** to be independent, safe and well. Rate of falls in Nottinghamshire is 2007 per 1000,000 population and is better than the England rate of 2125.

Working together

28 organisations signed up to the **Wellbeing@work** scheme with 2 achieving their platinum award in 2016. The Wellbeing@Work Scheme incorporates tobacco and alcohol use, emotional wellbeing, healthy weight, protecting health (domestic violence, sexual health, healthchecks and immunisations