



REPORT OF THE CHAIR OF THE HEALTH & WELLBEING BOARD

CHAIR'S REPORT

Purpose of the Report

1. An update by Councillor Kevin Rostance on local and national issues for consideration by Health & Wellbeing Board members to determine implications for Board matters.

Information

[A look back at 2020: An extraordinary year in NHS and Nottinghamshire's history](#)

2. Partners in Nottingham and Nottinghamshire have looked back on the challenges faced and key achievements of 2020.
3. This year at Nottingham University Hospitals 6,500 patients were recruited to Covid trials supporting the world-leading work to develop a vaccine and 11,182 staff members had their flu vaccine, protecting them and their patients against flu.
4. At both Queen's Medical Centre and Nottingham City Hospital there were 3,337 cancer surgeries from 18 March to 29 December, only slightly down on the same period last year; 18,856 planned operations; 304,066 virtual appointments and 8,332 births.
5. At Sherwood Forest Hospitals 86.4% of front line workers were vaccinated with the Flu Jab this year – the highest rated year to date. The Trust was also rated as one of the cleanest in the country scoring 100% for cleanliness at King's Mill Hospital, 99.35% for Newark Hospital and 99.86% for Mansfield Community Hospital against the national average of 98.06%. In May 2020, England's Chief Inspector of Hospitals, on behalf of the Care Quality Commission (CQC), improved the rating of King's Mill Hospital (KMH) to Outstanding.
6. At Sherwood Forest Hospitals since April 2020: 13,500 patients have had a day case procedure or treatment; 2,200 patients have had an elective inpatient procedure and 210,000 outpatient appointments have taken place. In 2020 approximately a third of their outpatient appointments were managed remotely through virtual and telephone appointments, helping to keep patients, colleagues and visitors safe.
7. From January to October 2020 there have been more than 4.5 million GP appointments in Nottingham and Nottinghamshire with 52% being the same day or next. The number of

appointments which were booked on the same day or the following day is higher this year than last year by around 6%.

8. Nottinghamshire Healthcare has set up a new Mental Health Crisis Line for local people in crisis and needing immediate help. Since it was set up in April 2020 it has received 7,000 calls – around 30-40 a day. They also launched a Mental Health Helpline to provide emotional support and more information about help available locally for anyone struggling, and this has received around 250 calls a month.
9. Nottinghamshire County Council set up a Coronavirus Community Support Hub in March which is accessible by phone, the Council website or the My Notts app. Nottinghamshire County Council's Customer Services Centre has handled 23,219 incoming calls about Covid-19 and made 26,975 outgoing calls relating to emergency food support.
10. There are currently 284 voluntary groups, 120 individual volunteers, 87 charity organisations, 20 online community groups and 241 businesses offering support across the county following the pandemic.
11. Nottingham City Council mobilised 200 council workers to frontline operations and recruited 400 new workers into social care during the pandemic.
12. East Midlands Ambulance Service has seen a new rota of doctors join their 999 control room Clinical Assessment Team, working alongside our nurses and paramedics to provide advanced medical advice to help patients get access to the right kind of care at the right time.

Update on the Covid-19 Vaccination Programme in Nottinghamshire

13. As of 19th February, [latest figures shared by NHS Nottingham and Nottinghamshire Clinical Commissioning Group \(CCG\)](#) show that 95% of care home residents, 92.3% of people aged 80+, 99% of people aged 75-79, 89.8% of people aged 70-74 have received the vaccine.
14. In total 227,184 vaccines have been administered across the city and the County since 8th December 2020.
15. The vaccine is administered by Nottingham and Nottinghamshire CCG across 12 sites in total. These include Hospital Hubs, Local Vaccination Services and Large vaccination Centres and are listed below;
 - **Hospital Hubs:** Queen's Medical Centre, King's Mill Hospital and Nottingham City Hospital.
 - **Local Vaccination Services:** Ashfield Health Village, Richard Herrod Leisure Centre, Gamston Community Centre, Cripps Medical Centre (University Park), King's Meadow Campus, Newark Showground, Forest Recreation Ground.
 - **Vaccination Centres:** Mansfield Vaccination Centre.
 - **Pharmacy-led site:** The Towers in Mansfield.
16. Vaccinations in Bassetlaw are covered by the [NHS Bassetlaw Clinical Commissioning Group](#) and is administered by local GP Primary Care networks across 3 Local Vaccinations Services in Bassetlaw that include;

- **Larwood and Bawtry** NHS Covid-19 Local Vaccination Service
- **Retford and Villages** NHS Covid-19 Local Vaccination Service
- **Newgate Medical Group** NHS Covid-19 Local Vaccination Service

17. The roll out of Covid-19 vaccines in Bassetlaw began in Larwood and Bawtry on 22nd December and was the first Primary Care led Vaccination Service to go live in Nottinghamshire.

18. Progress on the National Vaccination Programme and priority groups is published weekly and reported on the [NHS website](#). As of 14th February, the total number of people vaccinated in England, since vaccinations began on the 8th December, is 12,844,193 and the total vaccinations given is 13,331,890 – this includes 487,697 2nd vaccination doses.

[Community Champions to give COVID-19 vaccine advice and boost take up, Department of Health and Social Care \(Published 25th January 2021\)](#)

19. £23.75 million funding has been allocated to 60 councils and voluntary groups across England to support those most at risk from COVID-19 - older people, disabled people, and people from ethnic minority backgrounds - and boost vaccine take up. This is part of over £7.9 billion government funding provided to councils to help them support their communities during the pandemic.

[Bassetlaw District Council - Community Champions to offer COVID-19 advice with government award](#)

20. Bassetlaw District Council has been awarded £169,400, as part of the Community Champions initiative. It will work with partners to engage with local communities and spread key health messages, encourage vaccination and overcome any barriers.

21. Working with the Bassetlaw Community and Voluntary Service, the District Council has developed plans to use the funding to reach groups such as disabled people and people from ethnic minority backgrounds who, according to the latest evidence, are more likely to suffer long-term impacts and poor outcomes from COVID-19.

[Mansfield District Council - Community Champions to offer COVID-19 advice with government award](#)

22. Mansfield District Council has been awarded £187,929, as part of the Community Champions initiative. It aims to reach people via a network of recognised and trusted voices through a partnership with Mansfield CVS, business leaders and influencers.

23. The Community Champions will develop early discussions and communications with communities to understand appropriate ways to prevent and control COVID-19 including social isolation support, Test & Trace, social distancing, rumour dismantling and vaccine take up and transportation.

[Prevention Concordat for Better Mental Health](#)

24. The Nottinghamshire Health & Wellbeing Board hosted a workshop in February 2019 that considered what good mental health means across partnership organisations and identified

potential public mental health approaches which the Health & Wellbeing Board could take forward.

25. In March 2019, board members confirmed their support for the Prevention Concordat. As outlined in the [report](#), partner organisations agreed to:
- Develop an action plan to support practical measures which make a difference to mental wellbeing;
 - Sign up to the [Time to Change campaign](#) to end stigma and discrimination around mental health problems;
 - Identify mental health champions;
 - Increase the number of mental health first aiders within each partner organisation;
 - Utilise links with schools to encourage mental health resilience for children and young people and to consider potential to extend to parents, carers, grandparents etc.
 - Explore potential to offer mental health first aid training to elected members in Nottinghamshire to offer support to their local communities;
 - Support a one stop resource for mental health support e.g. Board to support the development of a mental health resilience app for children and young people in Nottinghamshire.
26. Over the past year, the COVID-19 pandemic and associated social distancing requirements have had a significant impact on the mental health and wellbeing of the population. Self-reported mental health and wellbeing declined during the pandemic and has exacerbated existing mental health inequalities.
27. Much work has been undertaken to support the mental wellbeing of Nottinghamshire residents during the pandemic, including the launch of the new 24/7 Crisis Line and the Mental Health Support Line, and the development of mental wellbeing and suicide prevention communication campaigns. Further cross organisational work focused on prevention, the wider determinants of mental health and promotion of good mental health would support improvements in mental wellbeing across the population.
28. In December 2020, [Public Health England relaunched the Prevention Concordat](#) with refreshed resources to encourage Local Authorities and NHS partnerships to include mental health prevention and promotion of mental health in emergency and recovery planning to 'help prevent a public mental health crisis'.
29. It is proposed that the Health and Wellbeing Board Workshop on Wednesday 7th July 2021 is dedicated to reconsidering partnership commitment to the Prevention Concordat and to inform development of an overarching local prevention action plan that will reflect the impact of the pandemic.
30. In advance of this workshop, **board members are asked to provide an update on their organisation's current or planned action on suicide prevention by Friday 2nd April** to briony.jones@nottscc.gov.uk, stating if members;
- have, or plan to, sign up to the Prevention Concordat.
 - have, or plan to, sign up to the Time to Change Campaign.

- Have an action plan, or strategy, for suicide prevention or mental wellbeing (if so, please provide details or copies).
- Have information or resources to share on the impact of the pandemic on mental health in the County.

31. For further information on the Prevention Concordat, please contact:

lucy.jones@nottsc.gov.uk

Update on Nottinghamshire County Council Dementia Friends

32. Since May 2018 the number of new or refreshed Dementia Friends in Nottinghamshire County Council includes 254 NCC employees, 8 Members, 86 members of the public/community and 50 Dementia Friends from other organisations (e.g. Notts Police).
33. A recent review of progress against the Dementia Friendly Nottinghamshire County Council (NCC) action plan shows that, despite the pandemic, there are a total of 94 new or refreshed Dementia Friends in 2020, of which 84 are NCC staff.
34. The increase in Dementia Friends is thanks to the efforts of NCC Dementia Champions and colleagues in the Communities Team in co-ordinating and delivering livestreamed virtual sessions since June 2020. The Dementia Friends information sessions help those that attend to increase their understanding of what it is like to live with dementia and the challenges it brings to individuals.
35. The programme of virtual Dementia Friends information sessions will continue throughout 2021. Staff and Members are encouraged to join the 30-minute sessions which are delivered via MS Teams and can be booked on the [NCC Learning Portal](#).
36. For further information, please contact jane.obrien@nottsc.gov.uk

Your Health, Your Way Syrian Pilot: 12-week intervention of Nutrition, Mental Wellbeing and Physical Activity

37. Since the initial mobilisation of the Integrated Wellbeing Service, Your Health, Your Way, ABL staff have developed and maintained a strong partnership with the District Councils across Nottinghamshire.
38. During a conversation with colleagues in Newark and Sherwood, it was identified that a group of Syrian Settlers were potentially missing out on community health services due to barriers such as language, cultural differences and generally lacking the confidence required to access support around lifestyle behaviours. ABL offered to undertake a pilot scheme to address these inequalities, allowing the families to access the service in a safe and supportive manner. Consultations were held to co-produce the sessions with the families from the outset.
39. The women identified strong concerns around a lack of knowledge around nutrition and how this translates into a healthy diet within their culture and a desire to undergo some women-only physical activity. Research into Syrian culture was undertaken and resulted in the development of a bespoke curriculum to suit their needs. Nine Syrian women decided to engage with the programme and first completed MyStory appointments to ensure a person-centred approach. During these it came to light that several women also have quite poor

mental wellbeing, a topic that remains somewhat taboo in Syrian culture and therefore often goes untreated.

40. To address this ABL staff reached out to Insight Healthcare to explore the possibility of collaboration to provide a more comprehensive intervention. A bespoke referral pathway was established between services to ensure quick, easy access to Mental Health support with Insight Healthcare to allow the women to refer themselves for confidential wellbeing support and a translator will be provided. Every Monday there is a 2-hour session (with an interpreter present) that consists of 1 hour of nutrition education that covers a range of topics and 45 minutes of physical activity. The physical activity sessions have been centred around aerobic exercise classes at varying intensity, all to up-beat music chosen by the women.
41. The pilot has received a great deal of positive feedback from the women and their liaison officer, who has also recommended the service to her counterpart in Mansfield & Ashfield district due to the significant positive benefit to the community and this is now in development.
42. During the consultations, the Syrian men identified a strong desire to exercise using sport, particularly football, ABL approached Notts YMCA who agreed to provide suitable facilities. The men also expressed considerable concerns with their mental health, with some displaying apparent symptoms of PTSD, severe anxiety, and depression.
43. Further conversations with Insight Healthcare led to an agreement that ABL would facilitate the 5-a-side football sessions and there would be a post-match 'safe space' for mental health to be addressed. This would be run by an Insight therapist. Unfortunately, due to the COVID induced restrictions on team sports and Insight not being able to run face to face sessions at that time, the start of the men's intervention has been delayed. This will resume as soon as it is safe to do so but, in the meantime, ABL have started to book the men in for their telephone MyStory assessments. The women have also been booked in for their post-intervention assessments.

44. Client Testimonies (translated by Mai):

Client A – *“We enjoyed a lot and learned a lot of new information. I liked it and enjoyed it very much even I came from another village with the baby, but it was a lovely time. I hope we can do it again soon, thank you so much”.*

Client B – *“The sessions were amazing and useful. I’ve learnt what is good and healthy such as protein and vitamins. I’ve learnt what is calories. It was wonderful. Lessons were fantastic. I would like to continue in the near future. We would like to thank you all and would like to thank Mai for interpreting”.*

45. For further information, please contact stephanie.morrissey@nottscg.gov.uk

[Nottinghamshire County Council's £2.3 million winter fund to support children, families and vulnerable people.](#)

46. Nottinghamshire County Council has approved details of a £2.3 million fund, to help people struggling with the financial impact of Covid-19 this winter.

47. The fund is to help people meet the costs of food, energy and water bills. The details were agreed at the [Children and Young People's Committee on Monday 18 January](#).

48. For further information, please visit the [coronavirus community support hub web page](#).

[Nottingham and Nottinghamshire partnership secures £500,000 investment to connect more people with nature to improve their mental health](#)

49. Nottingham and Nottinghamshire Integrated Care System (ICS) has been announced as one of seven ICS's in the country to secure £500,000 as part of a two-year national scheme aimed at helping the mental wellbeing of communities hardest hit by coronavirus.

50. Working with system partners and Nottingham City Integrated Care Partnership, the ICS will be delivering the project from April 2021 to encourage people to connect more with nature for the benefit of their mental health.

51. [Green social prescribing](#) is about connecting people with nature and their local environments. This could include a wide range of activities, such as walking or cycling groups, gardening or community allotments, conservation tasks, such as tree planting, and creative activities. Connecting with nature has a huge range of physical and mental health benefits. Evidence, including from Natural England, shows that the [NHS could save more than £2billion in treatment costs](#) if everyone in England had equal access to good quality green space.

[Every Mind Matters Campaign](#)

52. In January 2021, [PHE launched a new campaign to support the nation's mental health](#). The Better Health - Every Mind Matters campaign supports people to take action to look after their mental health and wellbeing and help support others such as family and friends.

53. The campaign encourages people to get a free [NHS-approved Mind Plan](#) from the [Every Mind Matters website](#). Adults will get a personalised action plan with practical tips to help them deal with stress and anxiety, boost their mood, sleep better and feel more in control. The [Every Mind Matters COVID-19 hub](#) also includes practical tips and support on how adults can deal with uncertainty. Other resources include;

- [Social media animations](#) including a [social toolkit](#)
- [Social statics](#)
- [Embedding instructions for the Mind Plan tool](#)
- [Web banners](#)
- [Radio](#)

[Work, Worklessness and Wellbeing – Covid-19 and beyond](#)

54. SOM (supporting occupational health and wellbeing professionals) and Public Health England have shared resources and information to support employers and employees to be covid secure and maintain health and wellbeing during and after the pandemic.

55. Existing resources can be found on PHE's website [Health and Work Health Matters](#). In collaboration with Business in the Community, PHE has also developed a suite of

[interconnected toolkits](#). These toolkits are to aid employees to take positive actions and build a working culture that champions good mental and physical health. Toolkits cover;

- Crisis management in the event of a suicide
- Domestic abuse
- Drugs, alcohol and tobacco
- Mental health in the workplace
- Sleep and recovery
- Musculoskeletal health for employers
- Physical activity, healthy eating and healthier weight
- Reducing the risk of suicide

56. There is also a [summary Health and Wellbeing at Work Summary Toolkit](#) that covers all the above topics.

57. Other useful resources include [Health and Work infographics](#), [Workplace Health Needs Assessment Tool](#), [Developing and evaluating workplace health interventions Toolkit](#) and [Local healthy workplace accreditation guidance](#).

[Delivering core NHS and care services during the pandemic and beyond: government response to the Committee's second report of session 201921 \(House of Commons Health and Social Care Committee\)](#)

58. This report finds that the Covid-19 response has greatly accelerated the use of digital technology, has mainstreamed remote consultations, and similar effects are being seen for remote monitoring. There has been greater flexibility and resilience in the workforce, as well as improved decision-making and access to information through the better use of data and simplified information governance guidance. It concludes that these changes should be embedded and extended to support the health and care system's recovery from the pandemic and ongoing resilience.

[Unequal impact? Coronavirus, disability and access to services: government response, \(Women and Equalities Committee\)](#)

59. This is the government's response to the Women and Equalities Committee's interim report on temporary provisions in the Coronavirus Act and the use of these for disabled people. The response states that it has taken several actions to achieve an appropriate balance between responding to the pandemic and ensuring that disabled people have access to the services they need.

[Destitution in the UK 2020 \(Joseph Rowntree Foundation\)](#)

60. This report is the third in a series of Destitution in the UK studies, published every two years by JRF and undertaken by the Heriot- Watt University. The report consists of a large-scale survey to generate an estimate of the scale of destitution at the end of 2019, together with interviews with 70 people in spring 2020 after the pandemic hit.

[Chief Medical Officer's annual report 2020: health trends and variation in England \(Department of Health and Social Care\)](#)

61. Chief Medical Officer Professor Chris Witty's first annual report which presents an overview of the health of England's population. After a brief section on the coronavirus (COVID-19) pandemic in England, the main report consists of a collection of charts that present a broad and high-level overview of the nation's health across a range of health outcomes and public health indicators.

62. A key theme is the variation in health that exists across different dimensions: over geographies, over time, and between groups of people.

[A glass half full: ten years on review \(Local Government Association\)](#)

63. The asset-based approach sees citizens and communities as co-producers of health and wellbeing; promotes community networks, relationships and friendships as a way of providing mutual help and support; and, most importantly, empowers communities to control their futures and create tangible resources for themselves.

64. This report examines progress in the use of an asset-based approach in local areas over the last decade.

[Ageing: Science, Technology and Healthy Living \(House of Commons Science and Technology Committee\)](#)

65. This report from the House of Lords Science and Technology Committee concludes that the UK government will miss key targets to improve healthy ageing unless it acts now to tackle "stark" inequalities in healthy life expectancy. The Committee sets out a range of recommendations, across science, technology and health services to improve health in old age

[Re-thinking homelessness prevention \(Local Government Association\)](#)

66. During the COVID-19 pandemic, thousands of people previously sleeping rough, have been given shelter to enable them to self-isolate. This document urges a renewed focus on homelessness prevention, arguing for a broad plan of action across the whole public sector.

[Get it off your chest: a report on men's mental health \(MIND\)](#)

67. This report brings together research from 2009 and 2019. It explores how men's mental health has changed over ten years and the challenges facing men and their mental health today. While some of the findings show positive increases in men's help seeking behaviours and their ability to speak openly about their mental health, there is still much more to be done to ensure that men are receiving the right support and feel able to reach out for help.

[Health on the high street: embedding healthy living into urban regeneration after the pandemic \(Social Market Foundation\)](#)

68. This report argues that town centres where shops and offices fall vacant should be used to establish new 'health hubs' combining GP surgeries, health and social care services and gyms. The report profiles examples where local authorities and health care bodies are already developing such hubs, which it suggests could be a model for other areas in the future.

Update to the Nottinghamshire Pharmaceutical Needs Assessment 2018 - 21

69. The Pharmaceutical Needs Assessment 2018-2021 (PNA) for Nottinghamshire was published in April 2018 following approval by the Health and Wellbeing Board in March 2018.
70. The PNA describes available pharmaceutical services across Nottinghamshire County and assesses whether these services meet the needs of the population. The PNA is a statutory responsibility of the Health and Wellbeing Board, governed by Regulations issued by the Department of Health. These Regulations require that periodic Supplementary Statements are prepared and published where there are changes to pharmaceutical services which do not warrant a complete review of the PNA.
71. It was approved by the Health and Wellbeing Board on 6 January 2021 that supplementary statements produced quarterly, are shared with the Health and Wellbeing Board in the form of an update in the Chairs Report and published on Nottinghamshire insight. This will enable supplementary statements to be published as soon as possible, at the end of each quarter.
72. The Supplementary Statement for the last quarter, summarising changes to pharmaceutical services from October 2020 to December 2020, is provided in **Appendix 1**. Most of the reported changes related to temporary reduction in supplementary hours during the Christmas holiday season. The PNA does not identify any significant gaps in pharmaceutical services for the Nottinghamshire County population.
73. At any point should it be felt that information within the supplementary statement identifies a significant gap in pharmaceutical services, it will be presented as a paper to Health and Wellbeing Board, instead of an update in the Chair's Report.
74. For further information, please contact Mina Fatemi at Mina.fatemi@nottscc.gov.uk

Papers to other local committees

75. [Your Health, Your Way – Integrated Wellbeing Service Update](#)
Adult Social Care & Public Health Committee
11 January 2021
76. [Adult Social Care and Public Health Service Improvement Plan for 2021/22 to 2023/24](#)
Adult Social Care & Public Health Committee
11 January 2021
77. [The Special Educational Needs and Disabilities Strategic Action Plan 2021 – 23 and Integrated SEND Commissioning Strategy.](#)
Children and Young People's Committee
18 January 2021
78. [Covid-19 Update Report](#)
COVID 19 Resilience, Recovery and Renewal Committee
25 January 2021
79. [Progress on the Covid-19 Crisis Economic Recovery Action Plan](#)

COVID 19 Resilience, Recovery and Renewal Committee
25 January 2021

80. [Development of Integrated Care Systems in Nottinghamshire and National Consultation Response](#)

Adult Social Care & Public Health Committee
8 February 2021

81. [Giving Children the Best Start – Nottinghamshire Best Start Strategy 2021 – 2025](#)

Policy Committee
10 February 2021

Integrated Care Systems / Integrated Care Partnerships

82. [Board papers](#)

Nottingham & Nottinghamshire Integrated Care System
21 January 2021

83. [Board papers](#)

Nottingham & Nottinghamshire Integrated Care System
18 February 2021

Other Options Considered

84. None

Reasons for Recommendations

85. To identify potential opportunities to improve health and wellbeing in Nottinghamshire.

Statutory and Policy Implications

86. This report has been compiled after consideration of implications in respect of crime and disorder, data protection and information governance, finance, human resources, human rights, the NHS Constitution (public health services), the public-sector equality duty, safeguarding of children and adults at risk, service users, smarter working, sustainability and the environment and where such implications are material they are described below. Appropriate consultation has been undertaken and advice sought on these issues as required.

Financial Implications

87. There are no financial implications arising from this report.

RECOMMENDATION

- 1) To consider whether there are any actions required by the Health & Wellbeing Board in relation to the issues raised.

Councillor Kevin Rostance
Chairman of the Health & Wellbeing Board

Nottinghamshire County Council

For any enquiries about this report please contact:

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Constitutional Comments (LW 18/02/2021)

88. The Health and Wellbeing Board is the appropriate body to consider the content of this report.

Financial Comments (OC20 19/02/2021)

89. There are no direct financial implications arising from this report.

Background Papers and Published Documents

Except for previously published documents, which will be available elsewhere, the documents listed here will be available for inspection in accordance with Section 100D of the Local Government Act 1972.

- [Approval of the Pharmaceutical Needs Assessment](#)
Report to the Health and Wellbeing Board
March 2018
- [Pharmaceutical Needs Assessments: Information Pack for Local Authority Health and Wellbeing Boards](#)
Department of Health and Social Care
May 2013
- [Update to the Nottinghamshire Pharmaceutical Needs Assessment 2018 – 21](#)
Health and Wellbeing Board Report
6 January 2021

Electoral Division(s) and Member(s) Affected

- All