

Stroke and Long-term Neurological Conditions

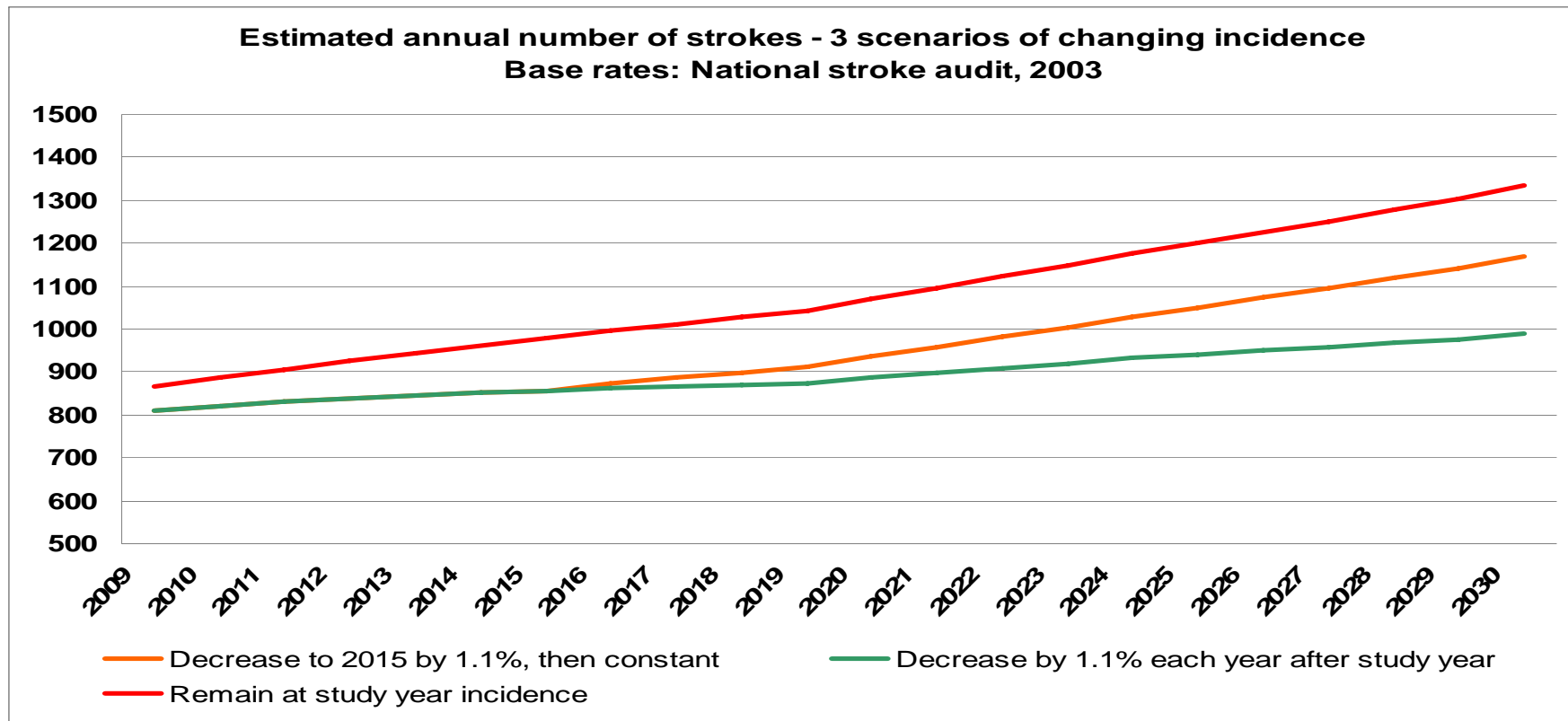
Dr Mary Corcoran
Penny Spice

Nottinghamshire CCGs have prioritised these areas

- Support and care for patients with a long term condition
- Preventing unnecessary hospital visits and admissions
- Tackling preventable ill health and disability and helping people to live independently
- End of Life care
- Support for Carers

Stroke

Increasing numbers of people will be having a stroke



Main Areas of Accelerated Work

Domains	Joining Up Prevention	Implementing Best Practice in Acute Care	Improving Post Hospital and Long Term Care
Key Areas of Focus	<ul style="list-style-type: none">• AF Detection and Treatment• Timely and effective management of TIA	<ul style="list-style-type: none">• Direct Admission to a Stroke Unit• Timely Brain Scan	<ul style="list-style-type: none">• Early Supported Discharge• Joint Care Plans using Single Assessment Process• 6/12 review• Psychological Support



Matt's story

- Mr P – stroke
- Matt, 18 year old son
- Mr P – Community Care Assessment
- Matt – Carer's Assessment
- Personal Budgets
- Motorbike training course



Maureen's Story

- Stroke Association Information & Advice worker
- Community Stroke Team
- StrokeAbility
- 'Regaining Confidence After Stroke'
- *"The most important thing is to educate people that are recovering from a stroke so that they can learn to help themselves. Without the visit from Lorna (Stroke Association), I would not have known about all the things available and I could still be sitting here now. It is really important that people that have had a stroke can talk to others about it, as they know what it is like."*



Long Term Neurological Conditions/Physical Disability

Long-term Neurological Conditions

LTNCs can be:

- **Sudden-onset, e.g.** brain injury
- **Intermittent and unpredictable e.g.** epilepsy, migraine
- **Progressive e.g.** Parkinson's disease.
- **Stable, with changing needs due to development or ageing e.g.** essential tremor.

Wayne's story

- Aged 28, 'night out with the lads'
- Traumatic brain injury
- Referred to Headway on discharge
- Received support:
 - Medically
 - Financially
 - Socially.



Michael's Story

- Lives in Bassetlaw with his wife
- Has Parkinson's Disease
- Referred to PD Nurse Specialist, who saw Michael and his wife
- Reviewed all his medications
- Agreed a programme of rehabilitation with the local Community Rehabilitation Team
- Michael's symptoms now much better controlled and both he and his wife feel supported.



Social Care Support

- Telecare
 - Sensors
 - Assistive technology for carers
 - Night Response service.
- Self Management Programmes
- Supporting People
- START.



Information Prescriptions

<http://nottsinfoscript.co.uk>

Other information:

- Notts 50+
 - www.notts50plus.co.uk
- Notts 4you
 - www.nottsinfo4u.co.uk

Nottingham Information Prescriptions - Windows Internet Explorer

http://www.nottsinfoscript.co.uk/

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NottsInfoScript.co.uk

NHS Nottinghamshire County Council

Welcome to the Nottingham Information Prescriptions Website

To help you find the information you are looking for we have created a number of specialist websites, please chose one from the right.



Nottingham Information Prescriptions for Long Term Conditions
Information Prescriptions for patients and carers seeking information about Long Term Conditions.
[Enter Website](#)

Nottingham 50 Plus
Information Prescriptions for people over the age of 50.
[Enter Website](#)

Nottingham Information Prescriptions for Asperger's
[Enter Website](#)

Nottingham Information Prescriptions for End of Life

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What have we achieved so far?

Stroke

- Stroke Units and pathway at Acute hospitals
- Full ESD in place or being piloted north of county; partial ESD in south
- TIA clinics at Acute trusts
- Access to thrombolysis across the county
- StrokeAbility sessions across the county except in Bassetlaw.

LTNCs

- Pilot for Personal Health Budgets
- START (Short Term Assessment and Reablement Team)
- Specialist Nurses
- Telecare.

Hopes for the future

Stroke

- Full ESD in south of county
- Integrated rehabilitation support after hospital discharge
- Improved support for patients with communication problems

LTNCs

- Personal Health Budgets in place - bid in
- Integrated Patient Pathway development

Thank you