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# Healthcare in Newark

WELCOME TO NHS NOTTINGHAMSHIRE COUNTY'S NEWSLETTER TO UPDATE YOU ON THE PROPOSED NEWARK HEALTH REVIEW

# Newark: Have your say on healthcare

Welcome to the third edition of the newsletter produced by NHS Nottinghamshire County. This newsletter is designed to update you on the Healthcare Review that is currently taking place in Newark.

All of the services provided by the NHS in Newark are being reviewed to ensure that the health needs of the community, both now and in the future are fit for purpose and the best possible. The national bar is being raised on service quality, and we need to respond locally. Linked to this the projected population growth in Newark will increase demand, offering the opportunity to deliver services in new ways.

# **Growing demand**

Newark has been identified by the Government as a growth point, with the construction of 5-8,000 new homes from 2014 onwards. As a result, the town's population is projected to increase by around 50 percent by 2030. The number of over 65s is expected to double. This will create pressures. But more importantly, it is an opportunity to:

- Plan ahead and anticipate need
- Reinforce Newark Hospital's role as a provider of health services
- Consult the people of Newark about what they want
- Bring more services closer to home and community-based
- Address health inequalities

### Next Stage Review

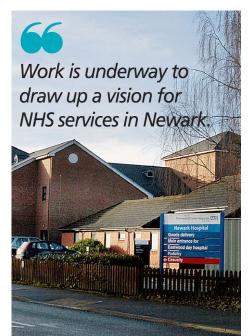
Linked to the Newark Review is the Next Stage Review (NSR). This is a national NHS programme, re-designing major services to improve quality and safety. For example, in emergency care in Nottinghamshire, the aim is to ensure that stroke and heart attack victims go straight to specialist centres for their treatment.

Maternity services are also being reviewed, to take account of new standards for pregnant mothers and newborn children. The aim is to provide more choice for mums-to-be, improve access to midwives, and ensure that different parts of the service work together smoothly. This is a chance to build on existing achievements – for example, the higher-than-average home birth rate in Newark and Sherwood.

# What is the future for Newark Hospital?

# Newark Hospital is safe

It is impossible to imagine the NHS operating in a place the size of Newark without a major site providing a wide range of services. Some services may change. This is about enhancing provision to meet current needs of the Newark population.



# What's happening now?

Work is underway to draw up a vision for NHS services in Newark. This involves using sophisticated computer modelling to predict future needs. The modelling has been divided into three areas, all led by clinicians:

- Unplanned care (this includes urgent care)
- Planned care
- Long term conditions
- End of life

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Mental health (dementia)

The project will also consider the future shape of primary care (eg GPs and dentists), maternity and children's services, mental health services and the impact on social care.

# 'Right place, right time'

All work is based on the 'right place, right time' principle – getting the balance right between keeping services local, and providing the right quality of care. For example, help for certain conditions (such as stroke and heart attacks) will be delivered in specialist centres. These will not be in Newark. However, there are some opportunities to avoid Newark patients having to travel further afield. More work needs to be done to test the viability of various options. But examples of possible changes include:

- More outpatient clinics, so fewer patients need to travel
- Better access to mental health services
- Care closer to home either in the community, or recuperating in Newark
- Hospital following more specialised care elsewhere
- Increased use of telemedicine. Newark patients' diagnostic tests, such as X-rays and CT scans, digitally viewed by specialists at King's Mill Hospital
- Hospital, supporting more innovative ways to provide care locally
- More care and support for patients with long term conditions like diabetesor heart failure

This information is available in different languages & formats. For more information please contact (01623) 673131

# What happens next?

# Sep-Oct

Work continues to refine care models. GPs and other doctors are involved in all aspects of this, as are partner organisations

# Nov 26

PCT board considers outline proposals

**Nov 30** Public consultation starts

**Mid-March** Consultation ends

March 25 Preliminary report to PCT Board

#### May 27 Final report to PCT Board with recommendations

# Partnerships

The review is being lead by clinicians; doctors and nurses that fully understand what services are needed and why. Linked to this we are asking members of the public and patients to have their say. This is a fully inclusive process and will by finalised by a three month formal consultation, which runs from 30 November until February 2010.

The primary care trust is leading this work, but the review is a partnership involving: Sherwood Forest Hospitals, GPs, Nottinghamshire Community Health, Nottinghamshire Healthcare, East Midlands Ambulance Service, Central Notts Clinical Services (out of hours GP cover), Notts County Council, Newark and Sherwood District Council, and Newark and Sherwood Community Voluntary Services.

# For more information:

Contact the Communications Team at: NHS Nottinghamshire County, Birch House, Ransom Wood Business Park, Southwell Road West, Mansfield, Nottinghamshire. NG21 OHJ Telephone: 0300 300 1234

Call the Patient Advice and Liaison Service (PALS) on: 0800 028 3693 (ask for PALS officer)

E-mail PALS at: pals@nottspct.nhs.uk

# NHS Nottinghamshire County is a Primary Care Trust. Our job is to ensure that the NHS meets the needs of local people. Our main roles are to:

- Plan and pay for the entire range of health services, from routine check-ups to complex operations
- Tackle health inequalities, so that everyone can have the same length of life and level of well being
- Help people to live healthily
- Police the local NHS to secure the highest-possible standards of care
- Deliver the best possible value for money
- Give local people a say, so we are addressing the issues they see as important

Put simply, our aim is to improve the health and well being of people in Nottinghamshire