

2 March 2016**Agenda Item: 8****REPORT OF THE CHAIR OF THE HEALTH AND WELLBEING BOARD****CHAIR'S REPORT****Purpose of the Report**

1. To provide members of the Health and Wellbeing Board with information on relevant local and national issues.

Information and Advice**2. Appointment of new 'Seldom Heard' Carers Commissioning Officer**

Nottinghamshire County Council has appointed Dan Godley as the new Commissioning Officer to focus on 'Seldom Heard' Carer groups.

Over the next 12 months, Dan will be working closely with key stakeholders and voluntary sector organisations (including Notts CCG's and Carers Hub). He is tasked to identify what issues and barriers which prevent 'seldom heard' carers coming forward to access information and support from both the Council and local NHS. This will inform the Council what the issues and barriers are, so that 'seldom heard' groups are able to gain better access to existing information or services, or identify any gaps and make recommendations for potential new support services for these groups of carers.

The new post has been created as a result of the Care Act, and is a 12 month fixed term post, funded by both NCC and Nottinghamshire CCG's from the Better Care Fund.

Dan is happy to support any specific carer groups or speak to individual carers who are willing to provide feedback about their issues and experiences.

For more information contact Dan Godley via e-mail: dan.godley@nottscg.gov.uk or 0115 977 4596.

3. Housing & health

There was an excellent workshop in January which looked at integrating housing into health & social care in Nottinghamshire. The Health & Housing Integrated Commissioning Group are now looking at the feedback from the workshop & preparing a plan to achieve integration locally.

They're working to have a draft plan ready to present to the Health & Wellbeing Board meeting in May & this has been included in the work programme.

If you have any queries in the meantime please contact Rob Main, Business Manager - Strategic Housing, Newark & Sherwood District Council rob.main@newark-sherwooddc.gov.uk or (01636) 655930

PROGRESS FROM PREVIOUS MEETINGS

4. Wellbeing@Work Scheme

Following a request at the January 2016 meeting a one page summary of the Wellbeing@Work Scheme has been prepared to use when promoting the scheme to other colleagues. It has been circulated to Board members and is attached as Appendix 1 for reference.

As you heard in the meeting this is an excellent scheme, please encourage your organisations to sign up to it.

Please contact Cheryl George, Senior Public Health Manager for more information t: 07584 011613 or email cheryl.george@nottsc.gov.uk

PAPERS TO OTHER LOCAL COMMITTEES

5. [Proposed re-modelling of the Nottinghamshire School Health Service](#)
[Child sexual exploitation \(CSE\) and children missing from home and care: six-monthly update 2015/16](#)
Reports to the Children and Young People's Committee
18 January 2016
6. [The work of the Health & Wellbeing Board & actions to reduce health inequalities](#)
[Sherwood Forest Hospitals – quality improvement plan \(focus on Kings Mill\)](#)
Reports to Health Scrutiny Committee
18 January 2016
7. [Carers hub information and advice service](#)
[Performance update for Adult Social Care and Health](#)
Reports to Adult Social Care and Health Committee
8 February 2016
8. [Transforming care for people with learning disabilities and/or autism spectrum disorders](#)
Report to Joint Health Scrutiny Committee
9 February 2016
9. [Integrating social care and health in Nottinghamshire](#)
Report to Policy Committee
10 February 2016

A GOOD START

10. Childhood obesity

The Commission on Ending Childhood Obesity (ECHO) has presented its final report to the WHO Director-General, culminating a two-year process to address the levels of childhood obesity and overweight globally. The report [Ending Childhood Obesity](#) proposes a range of recommendations for governments aimed at reversing the rising trend of children aged under 5 years becoming overweight and obese.

LIVING WELL

11. [The Big Challenge](#)

National Institute for Health Research Clinical Research Network (NIHR CRN)

The Big Challenge has been launched to coincide with National Obesity Awareness Week's Do Something Good for U in January.

With over 60 percent of the adult population either overweight or obese and more than 2.7 million people diagnosed with type 2 diabetes, the health burden and economic impact of obesity in the UK are increasing.

The [National Institute for Health Research \(NIHR\) is currently supporting research](#) into the condition across 43 obesity-related studies.

The Big Challenge will feature four of these studies that highlight:

- the experiences of patients, researchers and health professionals
- that clinical research will help the NHS address the “obesity epidemic”
- that clinical research is the source of new and better treatments in the NHS

12. [Introducing “activity equivalent” calorie labelling to tackle obesity](#)

Royal Society for Public Health

This paper is calling for the introduction of ‘activity equivalent’ calorie labelling on food and drink, which show how much activity would be required to burn off the calories contained in the food and drink. It proposes these labels take the form of prominent pictorial icons alongside existing front-of-pack information.

13. [Weight management case study](#)

NHS Employers has published details of a case study which demonstrates the work of Cambridge University Hospitals NHS Foundation Trust and their aim to improve staff health and wellbeing, by promoting and encouraging staff to sign up to a healthy lifestyle and weight management programme. The programme was designed as an interactive and flexible skills-based group workshop available to staff that had expressed an interest in health and fitness assessments.

14. [Health matters: harmful drinking and alcohol dependence](#)

Public Health England

This resource provides information on the harmful impact of alcohol dependency. It supports the commissioning and delivery of evidence based treatment interventions to address harmful drinking and alcohol dependence in adults.

Additional link: [PHE press release](#)

15. [Reading between the lines: results of a survey of tobacco control leads of local authorities in England](#)

Action on Smoking and Health

Commissioned by Cancer Research UK, this report asked tobacco control leads from 126 local authorities across England about their stop smoking services, their budgets and how well their services were integrating since moving to local government in 2013. The report finds that in two out of five areas funding is being cut back. In addition half of all services are being reconfigured or recommissioned indicating a high level of change across the country.

16. [The NHS Health Check in England: an evaluation of the first 4 years](#)

The first major evaluation of the NHS Health Check in England has been published in BMJ Open and finds that the Health Check is effectively identifying and supporting people at risk of developing cardiovascular disease. In addition, a conservative estimate based solely on medical treatment received by those at highest risk suggests that over the first five years of the programme, at least 2,500 people would have avoided a heart attack or stroke.

17. [Delivering a healthier future: How CCGs are leading the way on prevention and early diagnosis](#)

NHS Clinical Commissioners

The report showcases a range of innovative case studies from across the country which demonstrate the difference that clinically led commissioning is making. The projects focus on prevention and early diagnosis.

COPING WELL

18. A new [Dementia Profile](#),

Public Health England's [National Dementia Intelligence Network \(DIN\)](#),

The profile will provide access to local authority and CCG level data across the whole dementia care pathway & presents a major change in the way dementia data will be used locally. For the first time, the profile will enable bespoke comparison between local authorities and CCG's in England in one, interactive online platform.

19. [Improving the mental and social wellbeing of the elderly in residential care : a case study from Mellifont Abbey Residential Care Home](#)

NICE

The case study highlights the role of Activities Manager at Mellifont Abbey Residential Care Home who researched residents' hobbies and interests with the aim of improve residents' social and mental wellbeing. This case study relates to NICE Quality Standard 50: Mental wellbeing of older people in care homes.

20. [Think Autism: examples of how local councils support people with autistic spectrum conditions to live fulfilling lives within their local communities](#)

The Local Government Association

This report contains series of case studies that illustrate the positive work councils are undertaking with their local partners to support people living with autistic spectrum conditions (ASC) in their communities. The aim of the report is to ensure services and support are developed with people with autism, and not just delivered to them.

21. [Progress Report on Think Autism: the updated strategy for adults with autism in England.](#)

The Department of Health

This report shows what has been achieved since the publication of 'Think Autism', which updated the cross-government autism strategy in April 2014. It also sets 31 new actions to continue to help local areas implement the autism strategy. The report also outlines work to help people with autism live as full and independent lives as possible.

22. Improving social work across the mental health sector

The Department of Health has published [three guidance documents](#) as part of the 'Social Work for Better Mental Health' initiative. Details of the documents are as follows:

- Social work for better mental health: A strategic statement – provides an overview of the strategy and importance of social work in mental health services
- How are we doing? A self-assessment and improvement resource to help social care and health organisations develop the role and practice of social workers in mental health
- Making the difference together - Guidance on gathering and using feedback about the experience of social work from people who use services and their carers.

WORKING TOGETHER

23. [2016/17 Better Care Fund: Policy Framework](#)

The Department of Health

This document sets out the agreed way in which the Better Care Fund will be implemented in financial year 2016 to 2017. It covers such issues as: the legal and financial basis of the fund; conditions of access to the fund; national performance metrics; and the assurance and approval process. The document should be read alongside the NHS Mandate.

24. [People helping people: year two of the pioneer programme](#)

NHS England

This report describes the journey taken over the last year by the integrated care pioneers. The report describes the progress, challenges and lessons learnt across the pioneers. Also included within the report are pioneers' stories which describe the core elements of their care models and showcase how these are impacting real people.

25. [Community Pharmacy in 2016/17 and beyond proposals](#)

The Department of Health

This document adds to the letter in December 2015 from DH and NHS England to the Pharmaceutical Services Negotiating Committee and the pharmacy sector marking the start of the consultation process on community pharmacy in 2016 to 2017. This document provides further details on the ongoing consultation process and set out the proposals information on better integration of community pharmacy into primary care.

26. Sheltered housing in Windsor, Maidenhead and Ascot: a case study of a joint project led by WAM CCG.

The Housing Learning and Improvement Network

This case study describes how Windsor, Ascot & Maidenhead CCG are working with sheltered accommodation providers to identify common problems. It gives personal insight into managing the project and the outcomes achieved that have both improved the experiences of sheltered housing residents and led to service improvements in the delivery of care following a hospital admission.

GENERAL

27. Health profiles updates

Public Health England has updated the following health profiles:

[Local Tobacco Control Profiles data update for February 2016](#) - provide a snapshot of the extent of tobacco use, tobacco related harm, and measures being taken to reduce this harm at a local level. They are designed to help local government and health services to assess the effect of tobacco use on their local populations.

[Health Profiles- February 2016 data update](#) - these profiles provide a snapshot overview of health for each local authority in England. They aim to help local government and health services make plans to improve local people's health and reduce health inequalities.

Other Options Considered

To note only

Reason for Recommendation

N/A

Statutory and Policy Implications

28. This report has been compiled after consideration of implications in respect of crime and disorder, finance, human resources, human rights, the NHS Constitution (Public Health only), the public sector equality duty, safeguarding of children and vulnerable adults, service users, sustainability and the environment and ways of working and where such implications are material they are described below. Appropriate consultation has been undertaken and advice sought on these issues as required.

RECOMMENDATION/S

To note the contents of this report.

Councillor Joyce Bosnjak
Chair of Health and Wellbeing Board

For any enquiries about this report please contact:

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Constitutional Comments

29. Because the report is for noting only, no constitutional comments are required.

Financial Comments (KAS 23/02/2016)

30. There are no financial implications contained within the report.

Background Papers and Published Documents

Except for previously published documents, which will be available elsewhere, the documents listed here will be available for inspection in accordance with Section 100D of the Local Government Act 1972.

None

Electoral Division(s) and Member(s) Affected

All.

BRIEF ON THE NOTTINGHAMSHIRE 'WELLBEING@WORK' WORKPLACE HEALTH AWARD SCHEME

Purpose of the brief:

To provide evidence of the benefits of having a workplace health scheme in place and an overview to enable HWB board members to support and promote the scheme across their respective networks.

Aims of the scheme

The scheme aims to work in partnership with local organisations to improve workplace culture and employee health and wellbeing, thereby reducing absenteeism and presenteeism.

Evidence of effectiveness

There is good evidence for the effectiveness of workplace health schemes, supported nationally through Public Health England, with the introduction in 2014 of the Workplace Wellbeing Charter and the 2015 NICE Guidance for Workplace Health (NG13).

'The Collaboration for Health (C3)' highlight that the rationale offered for workplace health programmes is that they improve employees' health and increase productivity. Numerous studies and systematic literature reviews have assessed their impact, and a meta-analysis of findings from 56 global peer reviewed studies found evidence of the benefits that workplace-health schemes can have, including:

- 27% reduction in sick-leave absenteeism;
- 26% reduction in health-care costs;
- 32% reduction in workers' compensation and disability-management cost claims; and
- 6 to 1 return on investment ratio.

About the scheme

- It provides an 'umbrella' for a range of public health and wider health determinant related priorities to be implemented across our adult working age population and their wider families and peers.
- The scheme aims to encourage people to take more responsibility for their own health and well-being; making health '**everybody's business**'.
- There is a standardised **toolkit** to guide the organisations through five levels in order to attain: bronze, silver, gold, platinum and maintenance levels of award.
- There are two overarching aspects of the scheme: to promote a healthier **workplace culture** and to promote **individual lifestyle improvement** of employees.
- **Good use of resources:** Utilising existing commissioned healthy lifestyle related services and resources to support workplaces to 'grow' into healthy status,
- **Large network:** that shares resources and promotes good practise.
- **Training offered:** workplace champions are trained in the nationally accredited RSPH (Royal Society of Public Health) level 2 health trainer training, and offered mental health and brief advice training.

For any enquiries about this report please contact: Cheryl George; Senior Public Health Manager. 07584011613. cheryl.george@nottscg.gov.uk

References

i. C3 Collaboration for Health 2011. Review of Workplace Health Initiatives; Evidence of Effectiveness: <http://www.c3health.org/wp-content/uploads/2009/09/Workplace-health-initiatives-review-of-the-evidence-v-1-20111205.pdf>