

Appendix 1

2021 revision of Nottingham and Nottinghamshire Suicide Prevention Action Plans - high level actions

Table of abbreviations and terms					
BTP	British Transport Police	LTC	Long term condition	PHE	Public Health England
CCG	Clinical Commissioning Group	NHFT	Nottinghamshire Healthcare NHS Foundation Trust	RTS	Real Time Surveillance
DV	Domestic violence	NHSE/I	NHS England/Improvement	SPSG	Suicide Prevention Steering Group
EIA	Equality Impact Assessment	NICE	National Institute of Health and Care Excellence	ToR	Terms of Reference
FE	Further Education	Op Courage	Op Courage is part of a nine-point NHS plan to support the Armed Forces.		
HE	Higher Education	PH	Public Health		

Ref	Action	Owner	Timescale	Status
Nottingham and Nottinghamshire Suicide Prevention Core Plan				
Governance and Equality				
1	Review and update the governance structure for suicide prevention, including refresh of Suicide Prevention Steering Group (SPSG) Terms of Reference (ToR), establishing a new Suicide Prevention (SP) Stakeholder Network and a Further and Higher Education Network	PH and partners	2021/22	New. In progress
2	Undertake an Equality Impact Assessment (EIA) of the Suicide Prevention Action Plan	PH and partners	2021/22	New
3	Undertake a Health Equity Audit (in relation to protected characteristics, other inequalities and wider determinants, including specific groups e.g. veterans) that can inform future service developments	PH and partners	2021/22	New
Real Time Surveillance				
4	Undertake an evidence review (including learning from other areas) on reducing access to means for the most common methods of suicide identified locally and review recommendations for local action	RTS	2022	New
5	Agree revised minimum data set for RTS in line with PHE minimum dataset (including antecedents such as domestic violence, substance misuse, long term conditions etc) and commence reporting into the national Public Health England Real Time Surveillance System.	RTS	2022	New

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6	Move to weekly reporting of potential suicide deaths by Nottinghamshire Police reporting and expand data to include mention of potential COVID impact included within narrative, location and some limited identifiable information.	RTS	2021	Carried forward from existing plan. In Progress.
7	Network Rail and British Transport Police establish an alert system when high incidence locations are identified.	RTS	2022	Carried forward from existing plan. In Progress.
8	Develop a 'lessons learnt' process as part of Real Time Surveillance (RTS) to capture and share system wide learning from suicide deaths (to include learning relevant to the wider system such as DV, substance misuse, learning disability and other services)	PH/RTS	2023	Carried forward from existing plan. Not due to start yet.
9	Develop process and data sources for reporting 'near misses' to the RTS Working Group	PH/RTS	2021/22	Carried forward from existing plan. In Progress.
10	Undertake a review of RTS data (every two years)	PH/RTS	2023	Ongoing action. First review undertaken 2021
Service Delivery				
11	Replicate the Nottingham University Hospitals self-harm audit in Sherwood Forest Hospitals	PH	2022	Carried forward from existing plan. Not due to start yet
12	Improve suicide prevention training for Nottinghamshire Healthcare NHS Foundation Trust (NHFT) inpatient services	NHFT	2021	Carried forward from existing plan. In Progress.
13	Gain assurance from system providers that adults are asked about family/carer involvement in line with National Institute of Health and Care Excellence (NICE) Quality Standard	SPSG/Stakeholder Network	2022	New
14	Develop crisis alternatives models to provide a broader package alongside mental health crisis teams and core mental health services: Y1: Sanctuaries, St Triage multi-agency role, integration of crisis and help lines and develop post crisis support	CCG	2021/22	New. In progress

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15	Undertake an evaluation of postvention suicide bereavement support and pathways, review recommendations and implement agreed actions	PH/CCG	2021/22	Carried forward from existing plan. In progress (evaluation completed).
16	Develop a referral pathway between British Transport Police (BTP) and postvention suicide bereavement support and monitor through RTS and contract review meetings	PH/BTP/ Tomorrow Project/CCG	2021	Carried forward from existing plan. In progress
17	It's safe/okay to talk about suicide/self-harm leaflets available to primary care through F12 function	PH/CCG	2022	Carried forward from existing plan. Not due to start yet
18	Develop a local version of the Derby and Derbyshire Suicide Prevention Support Pack for General Practice	PH/CCG	2022	New
Populations				
19	Economically vulnerable: Identify organisations that support people who are economically vulnerable so that they can be included in the SP Stakeholder Network and linked into the Wave 4 programme. Share information on services and support for people who are economically vulnerable with mental health and crisis services (including promotion of the breathing space scheme)	PH and partners	2022	New
20	Workforce: Identify mechanisms for engaging with private sector workplaces on suicide prevention (focus on at risk occupations and high male workforce)	PH and partners	2022	New
21	Children and Young People: Review the extent to which our local action plan addresses suicide prevention for Children and Young People (CYP) against the National Health Service England (NHSE) Midlands Suicide Prevention Children and Young People Rapid Evidence Review. Identified areas for action to be incorporated into the action plan	PH/CYP Integrated Children's Commissioning Hub	2021/22	New
22	Older adults: Undertake an evidence review relating to suicide prevention and older adults and explore options as part of Crisis Transformation Programme	PH/CCG	2022	New. In progress (evidence review completed).

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23	<p>Veterans: undertake evidence review on the needs of veterans in relation to mental health and suicide, to inform future developments.</p> <p>Promote and raise awareness of the Op Courage MH Pathway and Armed Forces Health eLearning (commissioned by NHSE/Improvement Armed Forces Health).</p> <p>Ensure an ongoing dialogue with NHSE/Improvement around provision of mental health, suicide prevention and postvention. bereavement support to veterans and engage in any NHSE Midlands masterclass with Integrated Care Boards (ICBs) - date to be agreed.</p> <p>Identify veterans within the local Suicide Cluster Response Plan Guidance in the first annual refresh</p> <p>Review learning from the NHSE/Improvement review/investigation of Serious Incidents within the Op Courage Pathway and implement any relevant learning locally</p>	PH and partners	2023	New
24	<p>Autism and Learning Disability. Establish links between the SPSG and the Autism Strategy Group and the Learning Disability/Autism three year transformation programme</p>	PH/CCG	2022	New
25	<p>Undertake an evidence review in relation to autism/learning disabilities/neurodiversity and suicide prevention and consider recommendations within the SPSG, Autism Strategy Group and Autism transformation programme</p>	PH/SPSG/ Autism Strategy Group/CCG	2022	New. In progress
26	<p>Develop guidance and training relating to autism and suicide prevention with training focussed initially toward urgent care</p>	NHFT	2022 (tbc)	New
27	<p>Domestic Violence. Review learning from Domestic Homicide Reviews relevant to suicide prevention and incorporate actions into future updates of the action plan</p>	tbc	tbc	New
28	<p>Higher Education Students. Review learning from the Improving Mental Health Provision for Students in Higher Education NHS National Learning Event and identify local actions to take forward in a work plan for the FE and HE Suicide Prevention Network</p>	FE & HE SP Network	2022	New
Media				

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29	Undertake an annual audit of local print media reporting (period of 1 month) to review adherence to best practice (NICE/Samaritans) Incorporate learning from The Tomorrow Project's monitoring of social media	RTS/ Tomorrow Project	2022 (and annually)	New
30	Review learning from the Integrated Care System South Yorkshire and Bassetlaw Media workshop and review what could be implemented locally	PH and partners	2023	Carried forward from existing plan
31	Develop a co-ordinated plan to respond to the media in cases of suicide inappropriate reporting	PH and partners	2022	Carried forward from existing plan
Wave 4 Suicide Prevention Programme				
Co-production/engagement				
32	Develop and agree co-production/engagement structure and process and establish safeguarding support	PH	2021	In progress
33	Establish engagement group and recruit members	PH	2021	In progress
34	Engage with group on key developments within Wave 4 programme	PH	2021 onwards	Not due to start yet
Competency, compassion, knowledge and skills				
35	Procure a provider to undertake analysis of training needs in relation to suicide and mental health across the system and in communities	PH	2021/22	In progress
36	Procure a training and targeted support provider/s Framework	PH	2021/22	In progress
37	Training provider/s develop and deliver training packages in line with findings of the training needs analysis	PH and partners	2022/23 ongoing	Not due to start yet
38	Develop mechanisms for Suicide Prevention Champions across the system and in communities	PH and partners	2022/23 ongoing	Not due to start yet
Communications and public awareness				
39	Develop a brand identity for the suicide prevention programme, with engagement with people with lived experience	PH and partners	2021	In progress
40	Launch and roll out campaign with branded promotional materials	PH and partners	2021/22	Not due to start yet
41	Roll out resources and messages more widely and targeted to specific high need/risk groups	PH and partners	2022	Not due to start yet
42	Engage all partners in targeted suicide prevention campaign	PH and partners	2022	Not due to start yet
Prevention support for high risk groups				

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43	Self-harm: Map an all-age self-harm pathway, identify gaps and areas for improvement	CCG	2021	In progress
44	Produce and agree self-harm pathway improvement plan, including identifying best use of additional wave 4 resources allocated to self-harm	PH/CCG	2022	Not due to start yet
45	Enhanced delivery of support to people at risk of suicide experiencing challenges that are known risk factors/triggers/antecedents to suicide e.g. relationships, finances/debt, housing, employment and at-risk groups e.g. farming communities Model/s for new ways of working together co-produced with partners, stakeholders and people with lived experience and most appropriate mechanism for procurement identified	PH and partners	2022	Not due to start yet
46	Develop and implement a small grants process to support small scale developments for suicide prevention within communities	PH	2021/22	In progress
Real time Surveillance				
47	Identify and procure a dedicated RTS data system	PH/RTS	2021	In progress
48	Implement the new RTS system	PH/RTS	2021	Not due to start yet