

Planning Healthier Environments

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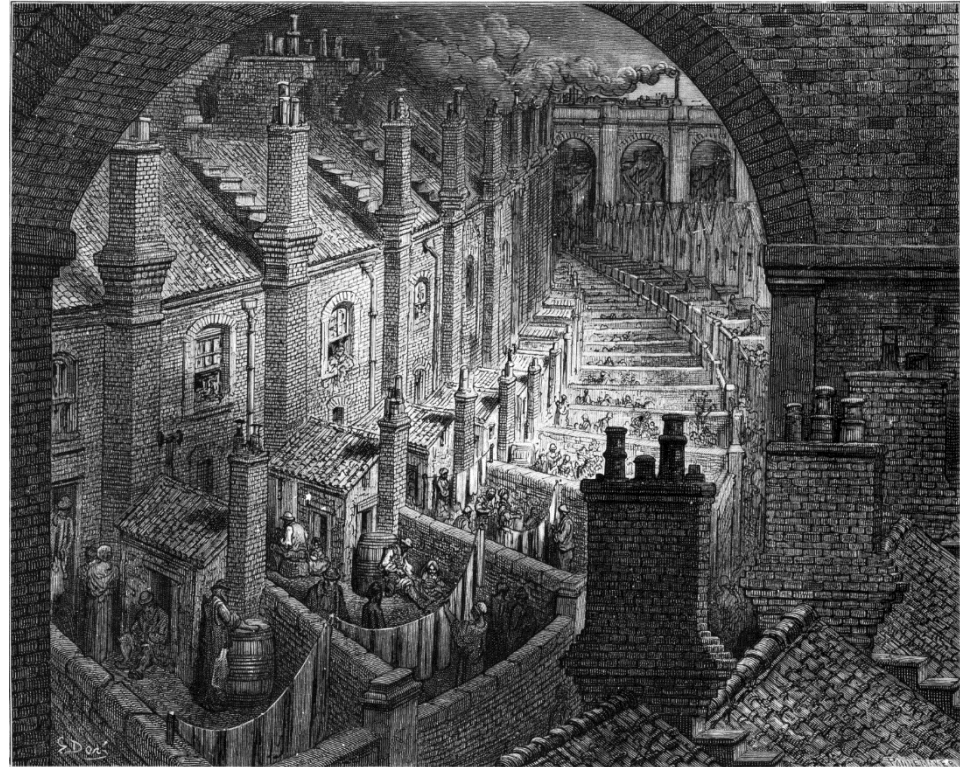
Health and Wellbeing Board – 4th May
2016



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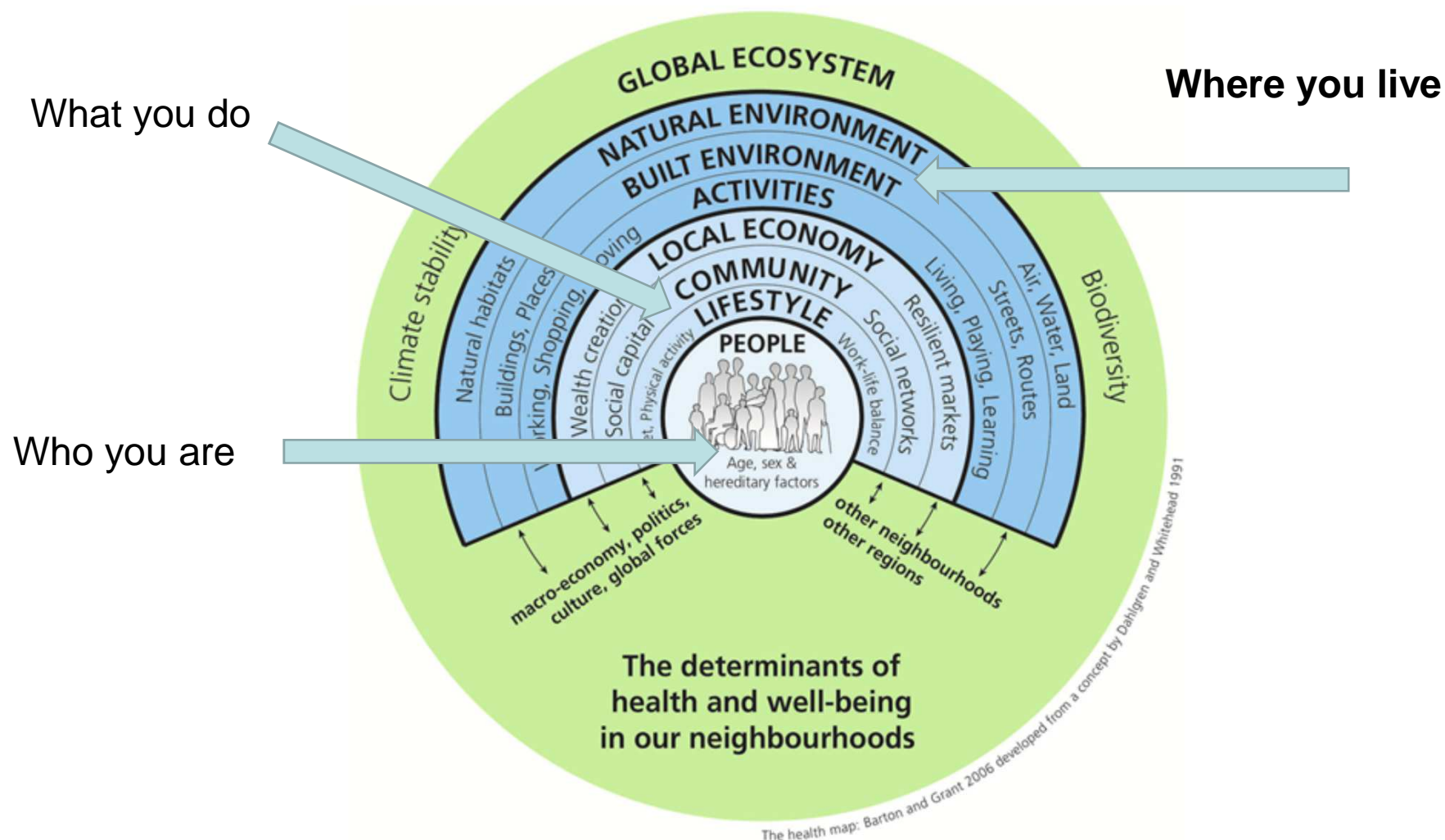
Place and health

- Concept that place influences health is an ancient one – e.g. Epidaurus
- In 19th Century – firmly established that where you lived could be injurious to health



‘Over London –by Rail’ – engraving, London, England 1872
Gustav Doré (1832-1883)

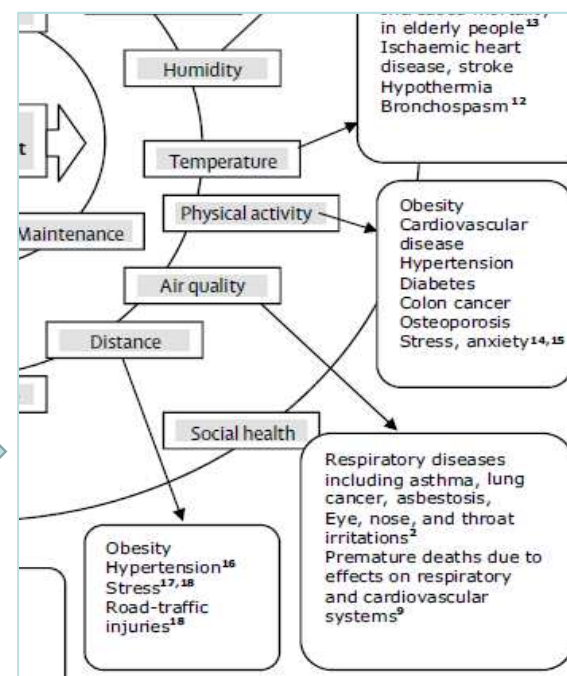
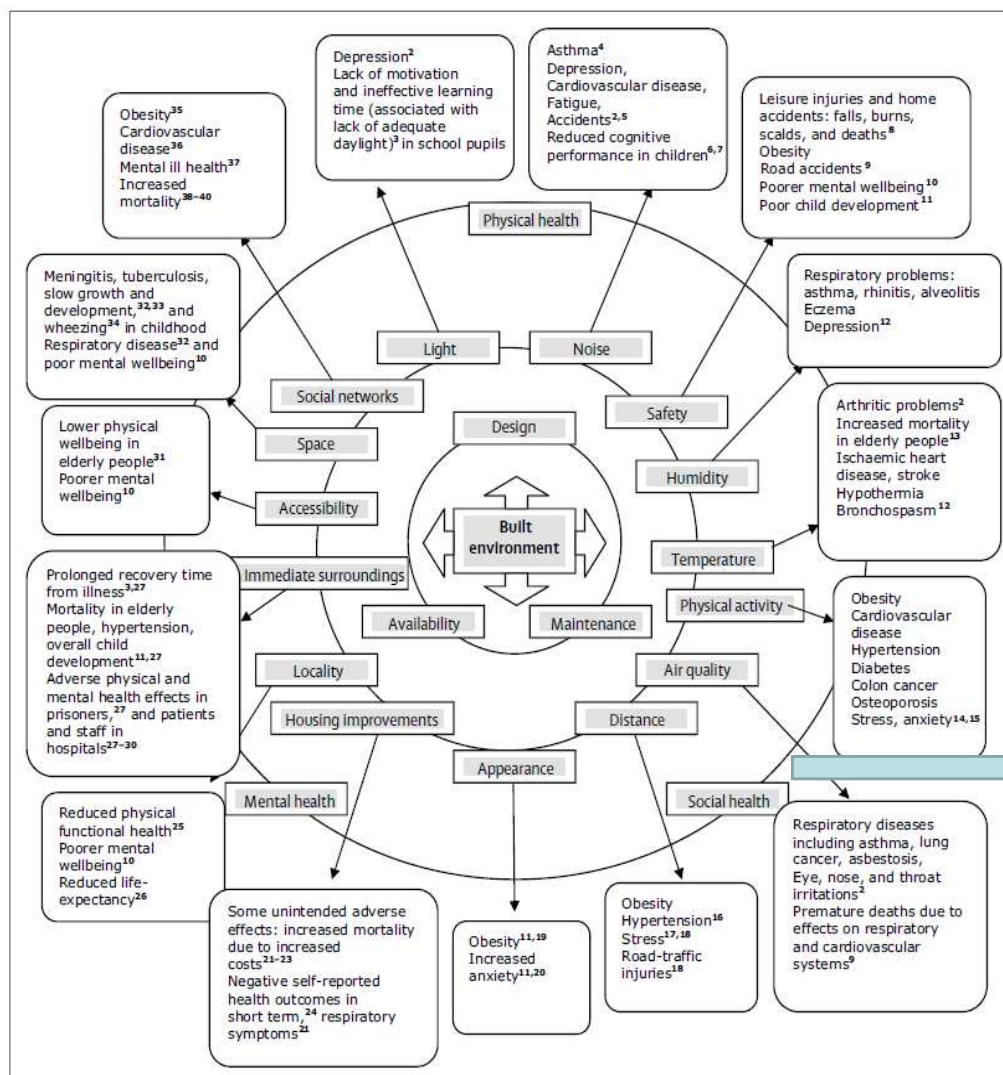
Your health is determined by:



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The impacts of the built environment on health

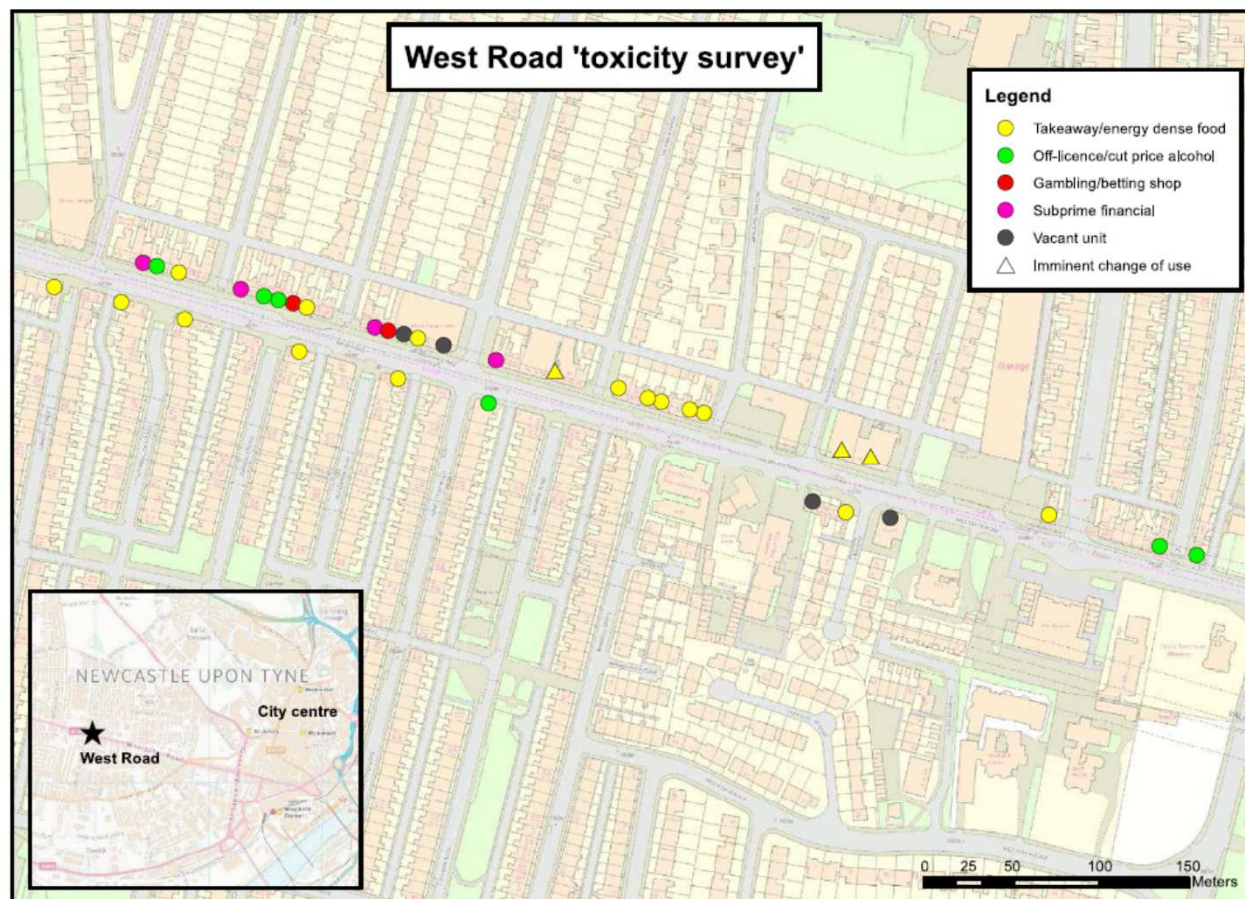
(Taken from Rao M et al
(2007) The Built Environment
and Health. The Lancet 370
(9593) 1111-1113)



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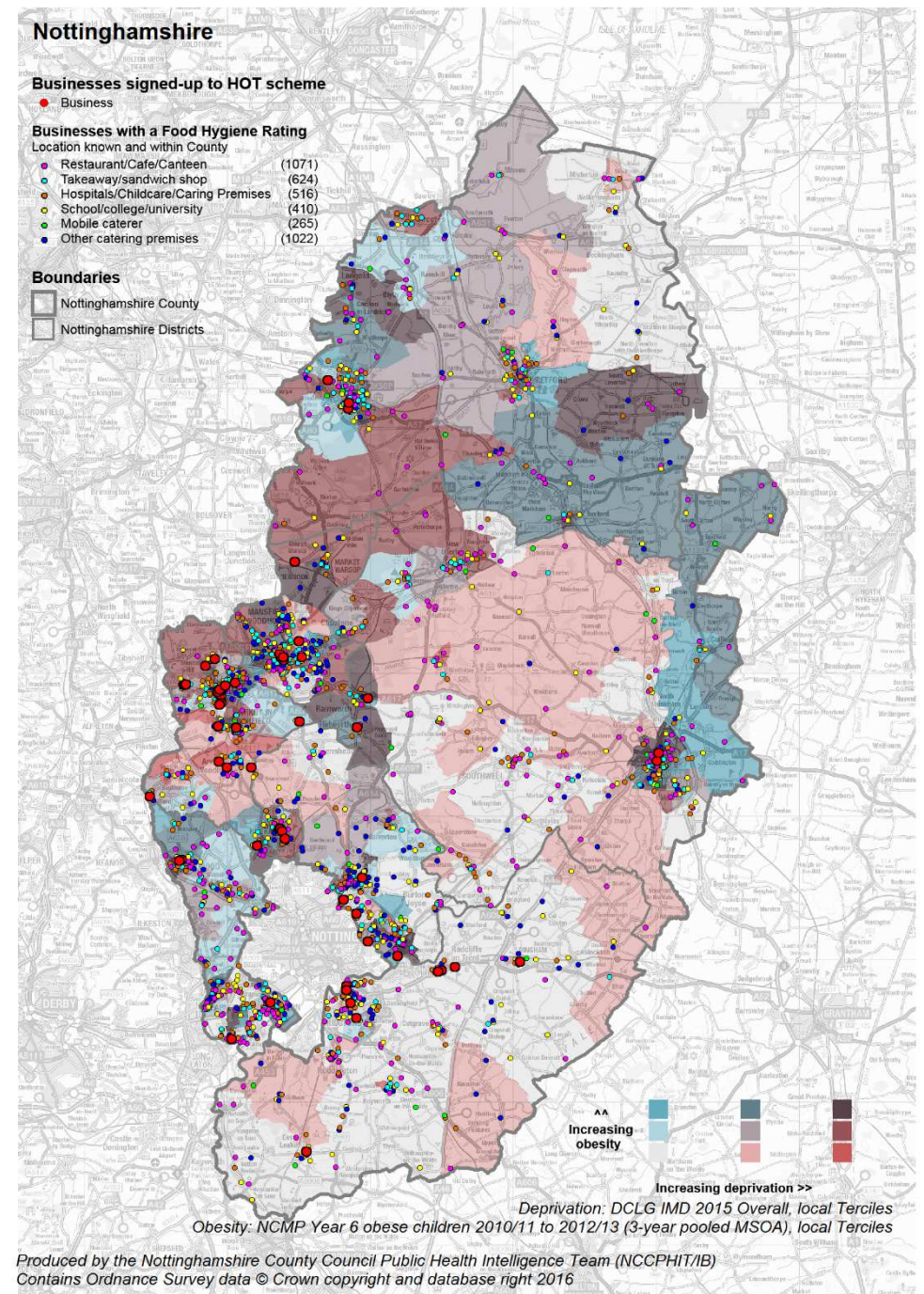
‘Toxic high streets’

- Toxic mix of:
 - Betting shops
 - Money lenders
 - Fast food takeaways
 - Cheap alcohol suppliers



Source: Townsend T (2016) Toxic High Streets

Fast food takeaways in Nottinghamshire mapped against Year 6 obesity levels and deprivation



Physical activity ...



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Planning

- Chapter 8 of the National Planning Policy Framework (2012) requires planners to work in partnership with public health and other organisations in the promotion of healthy communities and creation of healthy living environments.
- Strategic planning/planning policy
 - Develop planning policies for the Local Plan and produce other planning documents, such as Supplementary Planning Documents
- Development management
 - Use Local Plan Policies to determine planning applications whilst directly engaging with applicants/developers

Closer working between planning and health

- NHS England, Five Year Forward View (2014): improve population health within context of 200,000 new homes every year

Healthy planning goals

- Avoiding adverse health impacts from development
- Providing a healthy living environment
- Promoting and facilitating healthy lifestyles as the norm
- Providing good access to health facilities and services
- Responding to global environmental issues

Building the foundations

- Priority for the Board
- October 2015 – stakeholder event
- Referenced in national document



Building the foundations:
Tackling obesity through
planning and development



Lessons from the Town and Country Planning Association
'Planning healthy weight environments' workshops

Work to date

- Spatial planning for Health and Wellbeing in Nottinghamshire

Next

- Planning and health engagement protocol

Recommendations

- Note contents of report
- Approve the 'Spatial Planning for the Health and Wellbeing of Nottinghamshire'
- Request all districts to endorse the 'Spatial Planning for the Health and Wellbeing of Nottinghamshire' as part of Local Plans
- Agree to the development of a Planning and Health Engagement Protocol