

CONSENT

We need your consent to continue to be able to process your personal data and send you information about SPRING and other community projects.

I agree that the information on this form, including my personal information, may be used by Gedling Borough Council and Gedling Homes in connection with the SPRING project and in accordance with the provisions of the General Data Protection Regulation (GDPR) and the Data Protection Act 2018.

I accept that my information may be shared with the project's partners, in health, social care and community roles, specifically to support my health and wellbeing needs and to assist me in finding suitable and relevant activities.

By signing this form, I accept that I have understood the project's aims to provide me with social and healthy opportunities.

Signature

Date

Privacy Notice: You can find further information about our updated privacy notice www.gedling.gov.uk

ABOUT SPRING

This project is a one year pilot to address loneliness and isolation among older people living in the borough of Gedling.

It is a partnership between Gedling Borough Council and Gedling Homes and it is working with social and activity groups in the community.

We aim to explore the project's success through assessing participants' wellbeing during their engagement with us.

Ultimately, we will share the outcomes of this project with the aim of finding a sustainable way to continue the good practice established during the year.



Please return this form to:

Lorca Russell,
SPRING
Gedling Borough Council
Civic Centre
Arnold, Nottingham
NG5 6LU

*Mark your envelope 'Private and Confidential'.



A new project helping people to **overcome loneliness and isolation** in our community.

Contact us:

Community Health and Wellbeing

Gedling Borough Council
0115 901 3697
E: lorca.russell@gedling.gov.uk

Gedling Homes
0115 905 1519
E: karen.archer@jigsawhomes.org.uk



WHAT IS SPRIING?

This is a community project in Gedling borough to help people to find social activities to reduce their isolation.

SPRIING is working with activity and social groups across the borough to welcome and include new members and to help people to access their groups.



HOW DO YOU GET INVOLVED?

Call us on **0115 901 3697** or **0115 905 1519**. Or complete the enquiry form in this leaflet and return it to us at the address shown.

If you need help completing the form or would like more information, please call us.

The more information you give us about things you would like to do, the better we can match you with opportunities in the local area.

WHO CAN REFER PEOPLE?

Any frontline professional, like a GP, social worker or care worker, can refer people, as can friends and family members. People can also refer themselves.

We will contact each person who gets in touch or is referred and have a chat to find out how we can help.

WHAT HAPPENS NEXT?

With your permission, we will then search for relevant activities and groups and talk through the various options with you.

We can then put you in touch with a community navigator who can help you feel welcome and confident to attend the group. They will support you to attend and to meet new, friendly, like-minded people who share your interests.

We will check your wellbeing when you join us and regularly throughout your experience with the project.



ENQUIRY FORM

First Name:

Surname:

Date of Birth:

Gender:

Address:

Postcode:

Mobile:

Email:

Referred by:

Mobility Information:

Mobility Needs:

Interests:

Are you a Gedling Homes tenant?:

How many times have you visited your GP in the last three months?

Any other relevant information?

How did you hear about SPRIING?:

SPRIING ADMINISTRATION:. REFERENCE: