



## **REPORT OF THE CHAIR OF THE HEALTH AND WELLBEING BOARD**

### **CHAIR'S REPORT**

#### **Purpose of the Report**

1. The report provides an update by the Chair on local and national issues for consideration by Health & Wellbeing Board members to determine implications for Board matters.

#### **Information**

##### **Bassetlaw**

##### [Bassetlaw to become a part of Nottingham and Nottinghamshire Integrated Care System](#)

2. Integrated Care Systems (ICS) were established in 2019 to bring together all the organisations that work in health and wellbeing, for example the local NHS, Local Authorities and the voluntary sector. ICSs are responsible for strategic commissioning and direction, managing resources, workforce planning, coordinating health and care partnerships and defining expected health outcomes.
3. In Nottinghamshire, the area was previously covered by two ICS – Nottingham and Nottinghamshire ICS and South Yorkshire and Bassetlaw ICS.
4. In July 2021, it was announced by National Government that Bassetlaw will move from the remit of the South Yorkshire and Bassetlaw ICS into Nottingham and Nottinghamshire ICS, as part of the Health and Care Bill. All changes within the Bill will be formally implemented on 1 April 2022.

##### **Bassetlaw Transition Quality Improvement Collaborative**

5. In March 2020, the Bassetlaw Transition Group were successful in becoming a part of the NHSE/I Quality Improvement collaborative programme (QI) and created a Bassetlaw multi-disciplinary and agency Quality Improvement transition group. The aim was to improve communication for children and young people transitioning from children's health service to adult health services, as part of Bassetlaw CCG's [Transition Strategy](#)<sup>1</sup>, and to do as seamlessly as possible in preparation for them managing and taking control of their own health and wellbeing in adulthood.

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<sup>1</sup> Transition refers to the period before, during and after a young person moves from children to adults' services. The Strategy aims to help young people and their carers to have a better experience of transition by improving the way it is planned and carried out.

6. The group has engaged with the local Bassetlaw Youth Council and worked together with children and young people approaching, or going through, health transitions to co-produce a personalised booklet to support them with this process. Following this, the group successfully applied for NHSE/I funding to specifically develop a Bassetlaw Transition film for children and young people and their parents and carers.
7. The booklet can be accessed online: [Health advice for young people moving to adult services in Bassetlaw leaflet](#). The group also offers hard copies of the booklets across South Yorkshire, Bassetlaw and Nottinghamshire footprints.
8. The film can be accessed online: [Health advice for Young People moving to Adult Services in Bassetlaw - Transition and Preparing for Adulthood](#).
9. As part of the next and final steps for the programme, the communications developed are being shared with all stakeholder networks and groups, in order to promote the information widely across Bassetlaw and Nottinghamshire. This hopes to ensure that children and young people, and their parents and carers, are provided with the health advice and support they need and improve their experiences of transitioning from children to adult services.

## **Vaccinations**

### [1.2 million vaccines delivered in Nottinghamshire](#)

10. More than 1.2 million vaccines have been delivered across Nottingham and Nottinghamshire, with latest figures showing that more than 84 per cent of the population have had one dose and 67 per cent have now had two doses of the vaccine (as of 16<sup>th</sup> August). The focus has recently moved to finalising second doses and increasing uptake among 18-30 year olds.
11. As the programme now moves into its next stage, detailed planning work is underway to deliver the immunisation programme for Winter and protect as many people as possible with Covid-19 booster jabs as well as flu jabs.

### [2021 Flu Campaign](#)

12. With Covid-19 still in circulation and restrictions being lifted the flu vaccination programme is more important than ever this year as vaccination against flu will reduce the number of people who are ill and will help to relieve pressure on NHS services.
13. Nottinghamshire County Council is working with partners to increase the uptake of the flu vaccination amongst frontline staff and vulnerable residents. Health and social care workers care for some of the most vulnerable people in our communities, so it is important that they help protect themselves and those receiving care against flu. The County Council will again be offering on-site vaccinations and pharmacy vouchers to make it as easy as possible for frontline staff who work with vulnerable service users to get a free flu vaccination.
14. Arrangements are also in place with partner organisations to support the uptake of the NHS flu vaccination, particularly in key groups such as young children, people over 65, pregnant women and people with underlying health conditions like heart disease and diabetes.

15. Board members and partners are asked to promote the flu vaccination programme to residents, patients, carers and service users and to encourage those people who are eligible to get themselves vaccinated. The programme will start in late September 2021.
16. More information about the NHS flu programme, including the extended groups for 2021/22 is available at: <https://www.nhs.uk/conditions/vaccinations/who-should-have-flu-vaccine/>.

## **Autism**

### [The national strategy for autistic children, young people and adults: 2021 to 2026](#)

17. This national strategy published by the Department of Health and Social Care aims to improve the lives of autistic people and their families and carers in England. It builds on and replaces the preceding adult autism strategy, Think Autism, which was published in April 2014 and extends the scope of the strategy to children and young people for the first time.

### Joint working on Autism in Nottinghamshire

18. Following the recent release of the [national Autism Strategy 2021-2026](#) colleagues across Adult Social Care, Children and Family Services and Public Health, along with the two local CCGs and representatives from user-led organisations, have begun work on developing a local all age autism strategy. The local strategy will be coproduced and will incorporate needs as identified in the relevant JSNAs.
19. A three year roadmap for community transformation for people with autism and/or learning disabilities has been approved by NHS England and monies have been awarded to the local partnership including Nottinghamshire County Council, Nottingham City Council and Nottingham and Nottinghamshire and Bassetlaw CCGs to deliver this. The programme will focus on supporting people in community settings either by avoiding hospital admission or supporting people to leave hospital at the earliest opportunity. The focus will be on ensuring that community provision is right to enable people to be supported in this way.
20. Additional monies have been awarded following an expression of interest to NHS England for pre-diagnostic autism support. Nottinghamshire Adult Social Care led on the bid and have worked closely with CCG colleagues, as well as Derby and Derbyshire CCG and Councils, to develop an information, advice and guidance service for those awaiting diagnosis including face to face provision, web-based information and digital support to promote coping strategies. The aim of the service is to support people with their presenting needs and to support them with these in order to prevent a crisis from occurring whilst they are awaiting their autism diagnosis which can take between 18 and 24 months. The service will be available from March 2022.
21. For further information, please contact [anna.oliver@nottscc.gov.uk](mailto:anna.oliver@nottscc.gov.uk)

## **Substance Misuse**

### [Report: Monitoring Alcohol Consumption and Harm During the Covid-19 Pandemic.](#)

22. Public Health England has collated data on alcohol consumption and alcohol-related harm in England during the Covid-19 Pandemic, compared to data from previous years. The findings

show, despite hospitality venues closing for approximately 8 months due to a series of national lockdowns, the total amount of alcohol released for sale during the pandemic was similar to before the pandemic, with data showing an 24.4% increase in alcohol sold in shops and supermarkets in 2020/2021, compared to 2019/2020. This suggests people have been drinking more at home and when comparing March 2020 and March 2021, data shows an 58.6% increase of people reporting that they are drinking at increasing and higher-risk levels (50 units a week for men, 35 units a week for women).

23. The report highlights that, alongside the increased consumption of alcohol during the pandemic, there has been an increase in total alcohol-specific deaths, driven by an unprecedented annual increase in alcoholic liver disease deaths - above levels seen before the pandemic. Key findings include:

- Alcohol-specific deaths increased by 20.0% in 2020 (from 5,819 in 2019 to 6,983) and alcoholic liver disease accounted for just over 80.3% of alcohol specific deaths in 2020.
- There was a rapid increase in the number of alcoholic liver deaths, rising by 20.8% between 2019 and 2020, compared to a rise of 2.9% between 2018 and 2019.
- Deaths from mental and behavioural disorders due to alcohol increased by 10.8% between 2019 and 2020 (compared to a 1.1% increase between 2018 and 2019), but hospital admissions were down.
- Deaths from alcohol poisoning increased by 15.4% between 2019 and 2020 (compared to a decrease of 4.5% between 2018 and 2019), but hospital admissions were down.
- In 2020, 33.0% of the total 6,983 alcohol-specific deaths occurred in the most deprived quintile, and 10.7% in the least deprived quintile.

24. Before the pandemic, there was already an increase in alcohol-related hospital admissions and deaths and this report evidences that the pandemic seems to have accelerated this trend. Liver disease is currently the second leading cause of premature death in people of working age and is likely to increase as a result of the pandemic. Therefore, tackling harmful drinking needs to be a key priority for recovery planning for the Covid-19 pandemic and the future health needs of our population.

#### Funding for substance misuse interventions in Nottinghamshire

25. As outlined in [June's Chair's Report](#), Nottinghamshire County Council has been awarded £810,472 over a 12 month period to fund substance misuse interventions. This is split between an 'universal' allocation (£549K) and in patient detoxification allocation from drugs and alcohol (£358,532) for medically managed interventions which is based on a Nottinghamshire County and Nottingham City consortium.

26. Public Health England has provided additional money for medically managed in patient detoxification for drugs and alcohol and this allocation will provide additional capacity (1.5 additional beds) over this financial year to support those with both complex drug and alcohol issues. [Change Grow Live](#) (CGL), the all age substance misuse treatment and recover service provider, are also providing additional support with community alcohol detox's through the recruitment of specific detox recovery workers and peer support workers.

#### [New Cross Government Unit to tackle Drug Misuse](#)

27. The Government has announced plans to set up a new drugs unit to help end illegal drug-related illness and deaths. Drug misuse poisoning deaths are at a record high and have increased by nearly 80% since 2012. The Joint Combating Drugs Unit will take a cross government approach including the Department of Health and Social Care, Home Office, Ministry of Housing, Communities and Local Government, Department for Work and Pensions, Department for Education and Ministry of Justice.
28. It follows the release of Dame Carol Black's Independent Review of Drugs, which sets out 30 recommendations to the government to overcome the harm drugs has done to individuals, families and communities. [Part 1](#) of her review (published in 2020) details how the illicit drugs market is estimated to be worth £9.4 billion a year and when including the harm to health, cost of crime and wider impacts on society, estimates that the total cost of drugs to society is over £19 billion.<sup>2</sup> Key findings include;
- An ageing population of heroin users with severe health needs, with a new population of younger crack cocaine users that do not use heroin.
  - Young people and children have been pulled into drugs supply on an alarming scale, especially at the most violent end of the market. There are strong associations between young people being drawn into county lines and increases in child poverty, the numbers of children in care and school exclusions.
  - Considerable increase in children using drugs, after a long period of a downward trend. Those seeking treatment have a number of complex needs, including mental health needs, that can only be met through a combination of specialist treatment and wider social and health care.
  - Use of new psychoactive substances among the general population has fallen, but has increased in vulnerable populations such as those sleeping rough and those in prison.
  - Drugs market is driving most of the nation's crimes: half of all homicides and half of acquisitive crimes are linked to drugs, with people with serious drug addiction occupy 1 in 3 prison places.
  - Drug use and premature deaths occur disproportionately more in deprived areas and the north of the country.
29. [Part 2](#) of her review published in July 2021, sets out a path for drug treatment and recovery, with housing and employment highlighted as key factors of equal importance. It makes clear that the drug treatment and recovery system in England is not able to operate to the standard needed to address current challenges and recommends that drug addiction be recognised as a chronic health condition, requiring long term follow up.
30. It states that a whole-system approach is needed and greater co-ordination and accountability at national level, with local authorities working with wider health, employment support, housing and criminal justice partners to develop joint commissioning plans.

### Nottinghamshire's Substance Misuse Strategy Group

31. The Nottinghamshire Substance Misuse Strategy Group co-ordinates all aspects of the strategic approach to substance misuse (drugs and alcohol) and covers children, young people

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<sup>2</sup> The Review estimates that for each £1 spent on treatment, will save £4 from reduced demands on health, prison, law enforcement and emergency services.

and adults, and is also responsible for the development and implementation of an overall Framework for Action and Delivery Plan(s) on behalf of all responsible authorities in Nottinghamshire County.

32. The group has been on pause throughout the pandemic; however, the group will re-convene in the Autumn where the main focus will be on consulting on the development of a new Substance Misuse Framework for Action - which is the local system wide approach to tackling substance misuse. Previous to the pandemic, the substance misuse strategy group moved to a theme based approach to meetings where a deep dive was undertaken related to a specific substance misuse topic, for example prison to community pathways into treatment and drug related deaths.
33. Data from 2017-2019 shows deaths from Drug Misuse in Nottinghamshire (2.7 per 100,000) are significantly better than the England average (4.7 per 100,000). This rate is also better than CIPFA neighbours, for example Lancashire (5.7 per 100,000) and Northamptonshire (4.2 per 100,000).
34. The local Partnership response (county and city) to tackling drug related deaths includes:
- Confidential Inquiry Review Group (identifying and implementing lessons learnt)
  - Drugs Monitoring Group (Police-led intelligence sharing on drug markets - seizures, purity and price, Police Operations, drug of choice and supply and demand trends)
  - Reducing Harm Group – local intelligence to inform harm reduction activities e.g. outreach to the most vulnerable, safe and well checks, drugs of choice and trends, Drug Alerts, etc
35. For more information, please contact [Sarah.quilty@nottsc.gov.uk](mailto:Sarah.quilty@nottsc.gov.uk)

## **Food Environment**

### [National Food Strategy. The Plan](#)

36. This report follows on from initial findings, published in July 2020. It looks at how the food system works and the impact on public health and finds that the government has implemented four out of seven of the initial recommendations, including increasing the value of Healthy Start vouchers and agreeing to continue collecting, assessing and monitoring data on the number of people suffering from food insecurity. However, there are further recommendations contained in this report including the introduction of a sugar and salt reformulation tax, the launch of an Eat and Learn initiative for schools and the strengthening of government procurement rules.

### [Tackling Food Insecurity for Families in Nottinghamshire](#)

37. The latest available data from 2018-19, showed that 15% of children in Nottinghamshire were living in relative low-income families, compared with an average of 18.4% across England, and 15.3% in the East Midlands. National child poverty levels have increased since the pandemic began in March 2020, and this is reflected in the number of children and young people claiming free school meals.
38. Nottinghamshire County Council and its partners have done a lot to tackle food insecurity for families in the county over the last year:



39. **Food Clubs:** Working with the national charity Family Action, the County Council and district councils, are launching FOOD (Food On Our Doorstep) Clubs. Currently more than 150 families in the county benefit from a weekly food parcel worth £15-20, costing them just £3.50, made possible by Nottinghamshire successfully achieving the Childhood Obesity Trailblazer Programme, one of just five local authorities in the country to do so. By March 2022 there will be 30 FOOD clubs in Nottinghamshire supporting local residents (the largest number of FOOD Clubs in England). Currently there are 6 FOOD clubs in Children's Centres and 5 FOOD clubs in other community settings.
40. **Free School Meals:** Over the Easter period this year, 4,184 children and young people eligible for Free School Meals got free food and activity packs as part of the Holiday Activities and Food (HAF) programme. The HAF programme has run again over the school summer holiday period.
41. From December 2020 to April 2021, 87,357 supermarket vouchers were provided to vulnerable families through the Covid Winter Grant Scheme during both term time and the school holidays. This scheme was replaced by the Covid Local Support Grant, which gave free school meals to children during the May school half term. This scheme, run by the Department for Work and Pensions, was extended into the school summer holiday period.
42. **Increasing Healthy Start uptake:** A promotional campaign has been delivered on the national [Healthy Start scheme](#), expanding the scheme is a key recommendation of the [National Food Strategy](#). Families are made aware of Healthy Start at the start of pregnancy and [Healthy Family Teams](#) follow up with information at the birth visit. The continuation of this scheme has been costed and approved and will be delivered until the end of March 2023.
43. **Promoting consistent healthy eating messages:** 200 Child feeding guide training licences were disseminated to local Early Years settings including Children's Centre staff, day care practitioners and childminders. The aim of the training is to increase consistent healthy eating messages within the sector and the need had been identified through the [Early Years survey](#) where settings expressed a need for training around 'fussy feeding'.
44. **A virtual Community of Practice has been piloted in Ashfield** working with a wide range of partners involved in the early year's food environment. The Community of Practice aims to provide a forum for interested partners to come together and share experiences, information, good practice and to work together to improve the food environment through sustainable change.
45. **Development of family meal kit concept – Healthier @ Home meal kit:** Over the last 10-weeks, this pilot has tested out the school meal supply chain in delivering meal kit to families who attend the Butlers Hill Children's Centre. 10 families collected the kit every Wednesday afternoon, with all ingredients pre-weighed and measured along with a recipe card and instructions on how to prepare the meal.
46. **Crop Drop Schemes:** Crop Drop is a new scheme based on improving a strong community connection and providing families that have required food support previously with healthier options of fresh food. These schemes are established in Mansfield and Newark and Sherwood and are linked into existing FOOD clubs to connect the wider system of food growing into providing healthier foods to vulnerable families and compliment the foods from FareShare.

47. The Crop Drop scheme in Newark and Sherwood has made links with local growers and the team worked to plot local allotments, with the help of Newark Town Council and various Parish Council partners. A number local growers have also agreed to plant extra crops and volunteer to transport the crops to the families in the district via food banks, food clubs, school support and other settings.
48. Weekly the excess crops go to Newark Food Bank, Ollerton Food Club, emergency food provision at Bilsthorpe and Clipstone and has also been supporting Beaumont House Hospice, the produce used to create hot nutritious meals for patients using the hospice as respite. There has been work with primary schools to provide food parcels for families, and with students and their families at Newark College who have a year round food bank running at their campus and have offered kitchen facilities over the summer holidays.
49. The distribution of the crops is running self-sufficiently with the kind help of volunteers and crops are received from over 20 allotment holders across the district and Brackenhurst (Nottingham Trent University) in Southwell are researching hydroponic growing (to grow crops from seed to full grown plant within 6 weeks). Crop Drop Recipes have also been produced which gives simple recipes to follow and learn to cook with the array of fresh produce (Recipe cards are also being translated to Russian, Polish and Lithuanian). The Crop Drop has been extremely successful in the Newark and Sherwood area due to good organisation, communication and the hard work and good will of local growers.

## Local Health and Wellbeing Updates

### Rushcliffe Borough Council

50. Rushcliffe Borough Council have recently funded several projects as part of the Reach Rushcliffe fund which will tackle key areas including mental health, physical activity and food insecurity in Rushcliffe:
51. **Paradise Allotments Social Prescribing Group in Rushcliffe** have also received REACH funding which will see the project look to use gardening and social interaction in a green outdoor space to improve physical and mental wellbeing, reduce obesity and educate about gardening/food growing.
52. Meet, Greet and Eat, based in West Bridgford have begun **Project Believe!**, a specialised physical activity programme for adults with additional need over the next 12 weeks including activities such as walking jogging, cycling as well as advice regarding weight management and nutrition.
53. Trent Bridge Community Trust will be beginning their **Notts in Mind** programme. Notts in Mind is a mental health project targeting men hoping to create a positive, welcoming environment. Sessions will involve physical activities, mental health related workshops as well as opportunities to socialise, helping to tackle loneliness and the stigma around mental health in men.
54. During August and September Rushcliffe Borough Council, alongside partners including ABL Health, Partners Health, and the Nottingham and Nottinghamshire Clinical Commissioning Group have supported numerous **health and wellbeing campaigns** including [Cycle to Work](#)



[Day](#), [Know Your Numbers Week](#), [Breastfeeding Awareness week](#), [Stoptober](#) and [Suicide Prevention Day](#) and will look to continue this throughout the year.

55. For further information, please contact Lewis Parker [LParker@rushcliffe.gov.uk](mailto:LParker@rushcliffe.gov.uk)

#### Bassetlaw District Council

56. **Bassetlaw's Holiday Activities and Food Programme (HAF):** Bassetlaw District Council (BDC) have provided 400 free physical activity places and meals for children in need and for those who are eligible for Free School Meals over the summer period as part of the [Department of Education's HAF programme](#). First class provision was provided by partners at [Get out Get Active](#) and [The Retford Tennis Club](#). Activities including archery, escape rooms, multi-sports and theatre were accessible to children in Bassetlaw.

57. **Cycling UK and Bassetlaw District Council Partnership Working:** BDC are working with [Cycling UK](#) and [Bridgegate Cycles Retford](#) to provide free Dr Bike sessions at workplaces around Bassetlaw as part of the [Big Bike Revival Programme](#). 2 sessions have been funded again for hardworking NHS staff in Bassetlaw and Bassetlaw District Council's Community Safety Coordinator kindly donated safety bike locks for these events to reduce the number of bike thefts. The feedback from Bassetlaw residents has been fantastic and BDC's theme for 2021 is to provide Dr Bike sessions at more workplaces in Bassetlaw to encourage more people to commute by bicycle, and for employers to support their staff in the maintenance of their bikes (Dr Bike pop up sessions carry out free maintenance checks and minor repairs).

58. For further information, please contact [katie.brown@bassetlaw.gov.uk](mailto:katie.brown@bassetlaw.gov.uk)

#### Gedling Borough Council

59. **NHS GoodSam Integration and Learning Pilot:** The Council has continued working alongside Nottinghamshire County Council and Nottingham CVS to undertake local integration and learning of the national NHS Volunteer Responders scheme. A joint allocation of £30,000 from NHS England has been received for this pilot. This has allowed for discussions at Local Resilience Forum level with health, local authority and voluntary sector partners about coordinating volunteering opportunities in Nottinghamshire, particularly as part of an emergency response, even if the continuation of NHS Volunteer Responders scheme is not confirmed.

60. **Community Hubs and Partners 'Next Steps on the Road to Recovery':** Building on the Giving For Gedling Church and Food Bank Leaders group, a network of over 200 Community Hubs, Churches, Covid -19 response providers and other community based partners has been mapped and collated by ward, and filterable by genre to allow updates on services to be better promoted and groups better supported by the Council and partners. Over 30 representatives joined a meeting to review the successful collaboration during the pandemic and share plans, aspirations and resource needs emerging from the pandemic.

61. **Gedling Young People's Consultation:** Cabinet considered the findings of the winter Gedling Borough Young People's Survey, in which a total 236 young people responded to. Key issues were identified included bullying, COVID-19, getting a job, mental health, people being treated fairly and the environment/climate change. In addition, 80% of respondents thought it would

be useful for the Council to create a social media platform dedicated to promoting Young People's services and opportunities.

62. **Jigsaw Homes Funded Swimming Lessons:** The leisure centres have been awarded £26,970 from Jigsaw Foundation (part of the Jigsaw Homes Group) over a 3 year period to get disadvantaged children across Gedling Borough learning to swim. The initiative, expected to start in September, will provide those taking part with a lifelong skill and take them from a non-swimmer to a capable Stage 3 swimmer; achieving their 25m badge by swimming unaided in both front crawl and backstroke and will be taught by experienced teachers who are fully qualified by the Institute of Swimming.
63. **Covid Winter Grant Scheme: The Ark Community Hub:** During January to March, the Council coordinated the distribution of the Covid Winter Grant Scheme within the Borough to support in financial need and hardship during lockdown. The Ark Advice Centre in Gedling was one of the community organisations that received funding in support of local residents and assisting those facing poverty or undergoing hardship.
64. **Carlton Insight Physical Activity Project:** Physical Activity data has identified the Carlton/Carlton Hill area as a location where there are high levels of physical inactivity in the older population. This data has therefore provided a geographically focused area for a local partnership project involving the Council, Active Notts and other partners, with initial conversations starting with local stakeholders in the Carlton area, to try and build an understanding of the local area, assets and the people that live there.
65. **South Nottinghamshire Community Development Worker:** This Social Prescribing Community Development Worker post, hosted by the Council has been successfully extended for a further year to Feb 2022. The post funded by NHS Primary care Networks (PCNs) has developed a new Community Engagement Forum for Gedling and Hucknall that meets monthly to share community service updates and advise on gaps that need to be addressed.
66. **Gedling Health and Wellbeing Coproduction Partnership:** This operational partnership comprising of over 25 representatives of commissioned partners operating in Gedling now meets on a quarterly basis to join up work and collaborate on key opportunities, with recent work including the Let's Talk Wellbeing Service, The Council's Health and Housing Coordinator/Covid Compliance Coordinator, Holiday Activities and Food programme and Family Food Clubs development.
67. **South Nottinghamshire NHS Integrated Care Partnership (ICP) District Council Partners Group:** The Council hosts a quarterly meeting of ICP Officer leads and District partners Ashfield, Rushcliffe and Broxtowe. As a result of the Council's leadership of the group, the districts have established greater embedding of NHS primary care and district based work, information sharing on best practice across the Districts, links to local funding and resources and extended mapping of community services to enable greater numbers and better quality of referrals by social prescribing link workers and increased scope for building community resilience across South Nottinghamshire.
68. **'One Step At A Time' Project Addressing Isolation:** voluntary and statutory sectors have reported that the numbers of people now feeling isolated and lonely has increased, as their normal networks of support have decreased or have gone digital. Due to shielding and increased risk factors older and vulnerable members of communities have been

disproportionally affected by the pandemic resulting in increased social isolation and reduced opportunities for physical activity. The One Step at a Time concept matches volunteers with identified individuals that need some support to re-engage into community based activities. Many of the volunteers have been recruited through the Giving for Gedling volunteer database, established by the Council as part of the Covid-19 Response.

69. For further information, please contact [Lance.Juby@gedling.gov.uk](mailto:Lance.Juby@gedling.gov.uk)

#### [Congratulations to Equation for receiving the Queen's Award for Voluntary Service 2021](#)

70. The County Council commissions Equation to deliver domestic abuse prevention, promotion and training and they are also sub-contracted to deliver the male support services, supporting over 600 men in Nottinghamshire.

71. Equation were nominated for the award by the 2020 High Sheriff of Nottinghamshire, Dame Elizabeth Fradd. Equation won the Queen's Award for Voluntary Service in 2021, which is the highest award for voluntary organisations and is the equivalent of the MBE. It is awarded to outstanding groups of volunteers whose level of initiative and impact are exceptional.

#### [£1.3m to be spent on a Rough Sleeper Initiative in Nottinghamshire](#)

72. £1.3m will be spent on a range of intensive wrap-around services aimed at preventing rough sleeping and supporting those affected by homelessness in Nottinghamshire.

73. The money, which was announced by Ministry of Housing and Local Government in March, is a continuation of annual funding. The funds will be managed by Gedling Borough Council on behalf of the seven district and borough councils, but the services and support will cover the whole of Nottinghamshire.

#### [Waterways Wellbeing Project – Canal & River Trust](#)

74. As part of the Waterways & Wellbeing social prescribing project, people in Nottinghamshire can attend free paddle boarding and canoeing sessions at Castle Wharf or guided Wellbeing Walks along the towpath. Since starting this project in May 2021, 81 people have participated in the Waterways & Wellbeing sessions and analysis of initial data sees people on average reporting 15 points increase on their Wellbeing scores after participating in these sessions.

75. In September the project will be starting Wellbeing Walks and other on land-based activities. As part of the ICP's Nottinghamshire GreenSpace green social prescribing pilot, the team are also building an up-to-date map of green and blue spaces/organisations across the county with the aim to support networking, shared learning and better communications around Nottingham's and Nottinghamshire's blue/green social prescribing offer. The team are keen to hear from partners across Nottinghamshire that would like to link into this network and help expand the GreenSpace and Waterway & Wellbeing offer across the county.

76. For more information, please contact the Community Wellbeing Coordinator Carol: [carol.burrell@canalrivertrust.org.uk](mailto:carol.burrell@canalrivertrust.org.uk)

#### [Update to the Nottinghamshire Pharmaceutical Needs Assessment 2018 – 21](#)

77. The PNA describes available pharmaceutical services across Nottinghamshire County and assesses whether these services meet the needs of the population. The PNA is a statutory responsibility of the Health and Wellbeing Board, governed by Regulations issued by the Department of Health. These Regulations require that periodic Supplementary Statements are prepared and published where there are changes to pharmaceutical services which do not warrant a complete review of the PNA.
78. As approved by the Health and Wellbeing Board on 6 January 2021, supplementary statements produced quarterly, are shared with the Health and Wellbeing Board in the form of an update in the Chairs Report and published on Nottinghamshire insight. The Supplementary Statement for the last quarter, summarising changes to pharmaceutical services from March 2021 to June 2021, is provided in **Appendix 1**.
79. Permanent closure of a pharmacy was reported during this quarter. The PNA does not identify any significant gaps in pharmaceutical services for the Nottinghamshire County population.
80. For further information, please contact [Mina.fatemi@nottscc.gov.uk](mailto:Mina.fatemi@nottscc.gov.uk)

## **National Health and Wellbeing Updates**

### [Health matters: Midlife approaches to reduce dementia risk](#)

81. This resource, published by Public Health England, provides information on approaches to reducing the prevalence and incidence of dementia.

### [National representative data on the health of lesbian, gay and bisexual adults in England](#)

82. A first of its kind report has been published by NHS Digital on the health outcomes and health behaviours of lesbian, gay and bisexual (LGB) adults.

### [New research improves understanding of the higher death rate involving coronavirus among disabled people in England.](#)

83. Research from the Office for National Statistics (ONS) and London School of Hygiene and Tropical Medicine finds that disabled people in England are at increased risk of death involving coronavirus (COVID-19) than non-disabled people. Using the ONS Public Health Data Asset, the study estimates the association between self-reported disability and deaths involving COVID-19 are among more than 29 million adults in England.

### [Tackling obesity: The role of the NHS in a whole system approach](#)

84. This briefing published by The King's Fund, explores the role of the NHS in tackling obesity, focusing on how the NHS can work with local partners and engage with communities to deliver targeted interventions to treat and prevent obesity.

## **Papers to other local committees**

85. [Establishment of the Covid 19 Partnership Social Recovery Fund](#)  
Communities Committee  
10 June 2021

86. [Update on Child Poverty](#)  
Children and Young People's Committee  
21 June 2021
87. [Covid-19 Recovery Framework](#)  
Policy Committee  
15 July 2021
88. [Corporate Environment Strategy and the Climate Emergency](#)  
Transport and Environment Committee  
19 July 2021
89. [Improving Outcomes for Survivors of Domestic Abuse](#)  
Adult Social Care and Public Health Committee  
26 July 2021
90. [Adult Social Care Strategy Development](#)  
Adult Social Care and Public Health Committee  
26 July 2021
91. [Adults and Health Recovery From Covid](#)  
Adult Social Care and Public Health Committee  
26 July 2021
92. [Child Sexual Exploitation and Children Missing From Home and Care Annual Report 2020 – 2021](#)  
Children and Young People's Committee  
26 July 2021
93. [Nottinghamshire Early Help Strategy 2021 – 2025](#)  
Children and Young People's Committee  
26 July 2021

### **Integrated Care Systems / Integrated Care Partnerships**

94. [Board papers](#)  
Nottingham & Nottinghamshire Integrated Care System  
1 July 2021

### **Other Options Considered**

95. None

### **Reasons for Recommendation**

96. To identify potential opportunities to improve health and wellbeing in Nottinghamshire.

### **Statutory and Policy Implications**

97. This report has been compiled after consideration of implications in respect of crime and disorder, data protection and information governance, finance, human resources, human rights, the NHS Constitution (public health services), the public-sector equality duty, safeguarding of children and adults at risk, service users, smarter working, sustainability and the environment and where such implications are material they are described below. Appropriate consultation has been undertaken and advice sought on these issues as required.

### **Financial Implications**

98. There are no financial implications arising from this report.

## **RECOMMENDATION**

The Health and Wellbeing Board is asked-

- 1) To consider the update, determine implications for Board matters and consider whether there are any actions required by the Health & Wellbeing Board in relation to various the issues outlined.

**Councillor Dr John Doddy**  
**Chairman of the Health & Wellbeing Board**  
**Nottinghamshire County Council**

**For any enquiries about this report please contact:**

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### **Constitutional Comments (LW 09/08/2021)**

99. The Health and Wellbeing Board is the appropriate body to consider the content of the report.

### **Financial Comments (DG 12/08/2021)**

100. There are no direct financial implications arising from this report.

### **Background Papers and Published Documents**

Except for previously published documents, which will be available elsewhere, the documents listed here will be available for inspection in accordance with Section 100D of the Local Government Act 1972.

- None

### **Electoral Division(s) and Member(s) Affected**

- All