

Health and Wellbeing Strategy 2014 – 17

Introduction

Welcome to the Health and Wellbeing Strategy for Nottinghamshire for 2014 to 2017 and thank you to everyone who has contributed to its development.

The Strategy sets out the priorities for the Health and Wellbeing Board for Nottinghamshire, which is clearly to improve the health and wellbeing of its residents. We have considered both the evidence which identifies the main local issues, and your feedback on the draft document in developing this final version. Responses to the consultation told us that you would like to see a short and clear Health and Wellbeing Strategy so we have prepared a concise Strategy document which will be supported by a more detailed Delivery Plan with clear actions and outcomes.

This document sets out our vision for improving health and wellbeing for everyone and at its heart is the belief that if we all work together to achieve our ambitions we *can* make a real difference. The members of the Health and Wellbeing Board know we have to make the best use of our valuable resources and this Strategy aims to focus efforts on the areas where we can have the biggest impact.

The response to the consultation was wonderful and the input from those people who took the time to contribute is much appreciated. We would like health and wellbeing to be everyone's business and as a Board we hope to continue the conversation the consultation began. We will continue to involve residents and partners as we implement and monitor the delivery of the Strategy.

The Board is committed to leading on the delivery of better health and wellbeing across Nottinghamshire and this Strategy sets the direction for everyone.

Councillor Joyce Bosnjak
Chair of the Health and Wellbeing Board for Nottinghamshire

Dr Steve Kell
Vice Chair

Our vision:

We want to work together to enable the people of Nottinghamshire to live longer, be healthier and have a better quality of life, especially in the communities with the poorest health.

We will do this by providing the most efficient and effective services.

Who are 'we'?

'We' are the Health and Wellbeing Board for Nottinghamshire.

The Health and Social Care Act 2012 changed the way that health and social care leadership in England was organised. The Act allowed us to set up a Health and Wellbeing Board to bring together politicians, doctors, councils and a representative of the local

people through Healthwatch. All of these people have the shared aim of working together to improve health and wellbeing.

A Board was set up in Nottinghamshire in May 2011, in shadow form to begin with but it took on its full responsibilities from April 2013 and its main focus is to improve the health and wellbeing of the people of Nottinghamshire.

The Board cannot achieve this alone so it is supported by working groups which bring together partners from health and social care, district and borough councils, representatives of service users, carers and the public, service providers and the community and voluntary sector.

Partners include:

Health & Wellbeing Board	Health service providers
Health & Wellbeing Implementation Group	Social care providers
Partnership Commissioning Groups	Carers
Clinical Commissioning Groups	Service users
Community & Voluntary organisations	Healthwatch
NHS England	Public Health England

A Stakeholder Network also meets three times each year to ensure that everyone has an opportunity to tell the Board what matters to them. This involves community and voluntary organisations, service providers and the public. Details of the Network are available on the Nottinghamshire County Council website.

What is health & wellbeing?

Health is often considered as being an absence of illness or disability. Health and wellbeing is much wider though and is a combination of physical, mental and social factors. In developing this Strategy we have looked beyond health and social care services to bring together other issues like housing and workplace health.

Why do we need a Strategy?

The main responsibility of the Health and Wellbeing Board is to identify current and future health and wellbeing needs and to develop a Health and Wellbeing Strategy which sets out how to deal with those issues.

The Strategy for Nottinghamshire has been developed to get the most from the whole system locally by focussing on the areas of highest need and where the Health and Wellbeing Board can have the biggest impact. With the Delivery Plan it also provides a framework to measure progress against our key ambitions.

The Health and Wellbeing Board in Nottinghamshire cannot deliver this Strategy alone – health and wellbeing has to be everyone's business. The Strategy gives partners and the public a clear idea about where they can help to improve health and wellbeing.

The Strategy sits alongside other plans and strategies to provide a focus on health and wellbeing and improve coordination. Partners reflect the Health and Wellbeing Strategy within their own plans to help join up everyone's efforts to improve outcomes.

How was the Strategy developed?

A draft Strategy was developed using information and evidence from the Joint Strategic Needs Assessment about current and future health and wellbeing needs in Nottinghamshire.

In 2013 we held a public consultation on the draft Strategy and responses were received from the public, partners, service providers, carers and community and voluntary organisations.

While there were a wide range of comments received about the priorities within the Strategy the core principles of the Strategy were well supported.

As a result we have developed this high level strategy document which sets out the vision of the Board, its key ambitions and the priorities to achieve the ambitions. Specific actions and plans are outlined in the Delivery Plan document.

What will the Strategy achieve?

The Board have identified four key ambitions for the people of Nottinghamshire:

- For everyone to have a good start in life: A GOOD START
- For people to live well, making healthier choices and living healthier lives: LIVING WELL
- That people cope well and that we help and support people to improve their own health and wellbeing, to be independent and reduce their need for traditional health and social care services where we can: COPING WELL
- To get everyone to work together: WORKING TOGETHER

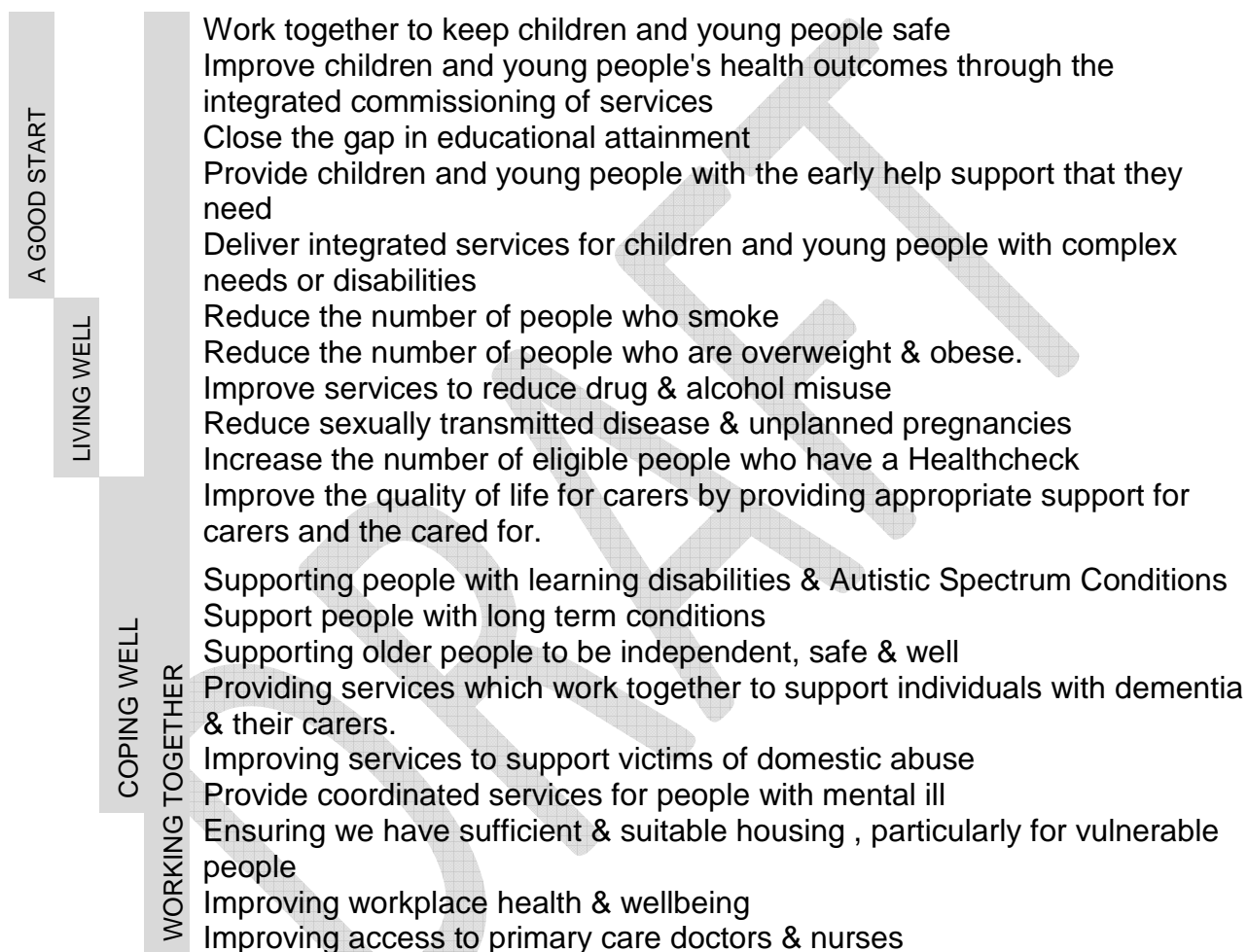
All of these ambitions support our overall vision to improve health and wellbeing in Nottinghamshire. Getting the best value for money in delivering this vision is fundamental to the Board and all of its partners. During these difficult times we must get the very best from the resources we have available.

At the heart of the Strategy for Nottinghamshire is the desire to reduce health inequalities. It is vital to the Board that unfair and avoidable differences in health which result from where people are born, live, work and age should be reduced and removed. We will work to identify where there are inequalities across the county and to help address them.

How will we do it?

To achieve the ambitions the Board has identified a number of priorities which represent important local needs described in the Joint Strategic Needs Assessment. We believe that these priorities are the areas where the Board can have the biggest impact to achieve its ambitions.

These priorities have actions which are shared by the Health and Wellbeing Board members and partner organisations, to support all four ambitions. In brief these priorities are:



More detail about actions to support these priorities are available in the Health and Wellbeing Strategy Delivery Plan.

How are we going to do it?

The Health and Wellbeing Strategy Delivery Plan sets out the actions which the Board agrees will achieve its ambitions for everyone in Nottinghamshire. The Board is supported by partnerships which will deliver these actions. All of the partners will work to achieve these actions and their plans and strategies will reflect their role in the delivery of the ambitions of the Health and Wellbeing Strategy.

How will we know if it's working?

The Health and Wellbeing Delivery Plan will monitor progress against the specific actions to deliver the Boards priorities. The Strategy and the Delivery Plan will be public documents which will be published by the Health and Wellbeing Board on the Nottinghamshire County Council website: www.nottinghamshire.gov.uk/caring/yourhealth/developing-health-services/health-and-wellbeing-board

Annual reports against the Delivery Plan will be made to the Board showing how we are achieving our actions and these reports will be published on the County Council's website.

We will also make the reports available to the Stakeholder Network and will continue our work to engage and consult through the working groups and networks which support the Board and via Healthwatch Nottinghamshire.

Useful websites:

JSNA

<http://www.nottinghamshire.gov.uk/caring/yourhealth/developing-health-services/health-and-wellbeing-board/>

Nottinghamshire Stakeholder Network

<http://www.nottinghamshire.gov.uk/caring/yourhealth/developing-health-services/health-and-wellbeing-board/stakeholdernetwork/>

NHS England - Call to Action

<http://www.england.nhs.uk/ourwork/qual-clin-lead/calltoaction/>

Health & Wellbeing Board

<http://www.nottinghamshire.gov.uk/caring/yourhealth/developing-health-services/health-and-wellbeing-board/>

Healthwatch Nottinghamshire

<http://www.healthwatchnottinghamshire.co.uk/>

The Department of Health – The new Health and Care System Explained

<https://www.gov.uk/government/publications/the-health-and-care-system-explained/the-health-and-care-system-explained>

What you said about the Strategy:

- I think that the core ambitions are spot on.
- Independence of the elderly who wish to remain at home is of prime importance.
- I am very pleased at the focus on joined-up working and the aspiration to connect at community level.
- The Strategy is good & sets out important ambitions – addressing health inequalities is vital.
- Early health education should be part of the school's curriculum and included targeted work with children and parents.
- We need to build self-esteem & resilience especially in young people.
- Working in partnership to maximise use of resources.
- Prevention, prevention, prevention.
- Helping people to take responsibility for their own health...