

Report to: The Health And Wellbeing Board

5 September 2018

Agenda Item: 6

# REPORT OF THE CHAIR OF THE HEALTH AND WELLBEING BOARD HEALTHY AND SUSTAINABLE PLACES UPDATE

# **Purpose of the Report**

- 1. To provide the Board with an update on progress of three priorities within the Healthy and Sustainable Places ambition of the Joint Health and Wellbeing Strategy.
- 2. To highlight to members the need to continue to drive delivery of the Tobacco Declaration within their own organisation in preparation for a Board review in March 2019.
- 3. To provide recommendations to the Board on actions members can take to improve health outcomes through spatial planning and housing approaches.

# Information

- 4. The Healthy and Sustainable Places ambition within the Nottinghamshire Joint Health and Wellbeing Strategy 2018 2022 includes a number of priority areas for action.
- 5. Some of these areas are new to the Health and Wellbeing Board and will require full discussion and an in depth review to identify and agree potential actions on behalf of the Board partnership. The food environment and domestic violence have been considered in this way and have been the focus of Board workshops during 2018.
- There are a number of priorities within the ambition however which have been discussed and
  considered by the Health and Wellbeing Board previously and where work is being progressed
  through a partnership approach or where action by Board members has previously been
  agreed.
- 7. This paper gives an update on three of these priorities within the Healthy and Sustainable Places ambition:
  - Tobacco control
  - Warmer and safer homes
  - Spatial planning
- 8. This paper aims to give the Board assurance of progress and identify where support and action is required by Board members to make further progress.

# **Priority: tobacco control**

- 9. Tobacco was identified as a priority within the first Health and Wellbeing Strategy for Nottinghamshire and implementation of the Tobacco Declaration identified as a strategic priority for the Board following the LGA peer review in 2015. There has been much progress in Nottinghamshire but tobacco control remains a priority to improve health and wellbeing.
- 10. Smoking is harmful not only to smokers but also to the people around them. Estimates of youth smoking rates show smoking rates have fallen considerably since the 1960s but around 8 million people in England still smoke with 90% having started before the age of 19.
- 11. Tobacco use remains one of the biggest public health challenges. Statistics show that rates of smoking have declined over the past decades. However, in 2017 around 14.9% of adults in England and 15.1% of adults (around 97,000 adults) in Nottinghamshire still smoke. In 2016/17. The countywide figure also masks differences across the county with 9.7% of adults in Rushcliffe smoking while 19.6% in Bassetlaw smoke.
- 12. In April 2017 the Health and Wellbeing Board approved a new integrated prevention model which combined the Declaration on Tobacco Control, the Wellbeing@Work Scheme and Making Every Contact Count (MECC) into a co-ordinated approach: <a href="mailto:Approaches to disease">Approaches to disease</a> prevention putting the building blocks in place.
- 13. Streamlining these three areas of work reduced duplication for organisations and supported them in making the most of all these opportunities. As the core principles and actions for all of these are the same the model is supported by a single toolkit which identifies the key actions that will optimise the reach of the integrated model.
- 14. Organisational leadership at all levels is vital to successfully integrate the Declaration on Tobacco Control into the systems, policies and processes of organisations. This ensures an approach which is both systematic and sustainable. The toolkit provides advice and support at both organisational and individual level as illustrated in Figure 1 below.

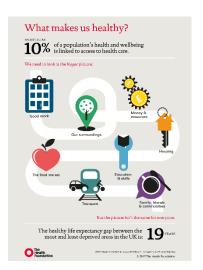


Figure 1: Illustration of The organisational assessment tool

- 15.All members of the Health and Wellbeing Board have signed up to the <u>Nottinghamshire</u> <u>Tobacco Declaration</u> and are at different stages of developing and implementing an action plan. It is proposed that:
  - members continue the work already started to continue to deliver on their action plans within the agreed integrated approach to maximise the reach to local communities
  - progress by partners is reviewed and reported back to the Board in March 2019
- 16. These core principles and shared action plan are also incorporated into the prevention work stream of the Nottingham and Nottinghamshire Integrated Care System (ICS). The Workforce Work Stream of the ICS is developing a core training package to support staff in gaining the skills to deliver the integrated model.

# **Priority: Spatial planning**

- 17. The Health Foundation estimates that as little as 10% of a population's health and wellbeing is linked to access to health care.
- 18. Health and wellbeing is mainly influenced by our relationships, employment, where we live, our finances and resources, housing, food, transport and education and skills.
- 19. The Board has recognised the impact that the environment we live in has on health and wellbeing and has supported the innovative "Nottinghamshire Spatial Planning for Health & Wellbeing" work which was initiated in 2015.



- 20. This work started with a document which set principles for how the local system should work, followed by the "Planning and Health: Engagement protocol" in 2017. The protocol ensures that the potential positive and negative impacts on health and wellbeing of planning proposals are considered in a consistent, systematic and objective way. It identifies opportunities to maximise potential health gains and minimise harms.
- 21. Nottinghamshire County Council Planning and Public Health officers are integrating and refreshing these documents based on a recent discussion with planning colleagues to make them as current and useful as possible. Partners will be given the opportunity to comment on a draft version of this updated document in due course.
- 22. There are existing examples of the current protocol positively impacting on the planning process. Rushcliffe Borough Council has embedded and used the checklist for planning and health in the Local Plans Part 2 Land & Planning and a similar approach has been taken by Broxtowe Borough Council to assess the health impacts of housing developments.
- 23. Nottinghamshire County Council and Mansfield District Council were involved in a national initiative in 2017 run by Town and Country Planning Association (TCPA) <a href="Developers and Well-being project">Developers and Well-being project</a>: gaining a business perspective on building healthy places. The aim of the initiative was to better understand the developer perspective and help leverage a public-private sector consensus on achieving shared ambitions for healthy places. Learning from this is also being incorporated into the updated local documents.

- 24. The Healthy Urban Development Unit (HUDU) Planning Contributions Model is a toolkit that helps to assess the impact of new developments on healthcare infrastructure. Public Health is working with Planning Policy and CCGs in Mansfield and Bassetlaw to test if this is useful in planning NHS infrastructure requirements. The use of this tool is also being advocated to assist infrastructure planning as part of the Nottingham & Nottinghamshire STP. It is envisaged that the lessons learnt from its use will be feedback to Nottinghamshire Planning Policy Officers.
- 25. The Spatial Planning and Health work also cuts across other Health and Wellbeing Board priorities and issues. The updated local Planning and Health document will include reference to the Sport England and Public Health England <u>active design</u> guidance as part of the Health and Wellbeing Strategy Plan to address Physical Inactivity.
- 26. Through the spatial planning and health work Public Health is able to give advice to inform local policy development. For example, as a result of this collaborative working, several of the county's planning authorities have reviewed or are considering reviewing their planning policies relating to hot food takeaways. This also impacts on the Food Environment priority of the Health & Wellbeing Strategy, for which proposals are presented in a separate paper, for approval by the Board.
- 27. Air quality is an important public health protection issue. Ways in which spatial planning can help address this problem are set out in new guidance developed for the East Midlands which is being considered locally.
- 28. Board members are asked to review the use of the existing spatial planning document within their own organisations. The updated spatial planning document is expected to be available before the end of 2018 and Board members will be notified when the document is available. It will also be presented for consideration by the Healthy and Sustainable Places Coordination Group.

## **Priority: Warmer and safer homes**

- 29. Housing has been a consistent priority for the Health and Wellbeing Board. The Board recognised that a warm, dry and secure house is associated with better mental and physical health. It was identified within the first Health and Wellbeing Strategy for Nottinghamshire, as a strategic action following the LGA peer challenge in 2015 and remains an identified priority within the refreshed Joint Health and Wellbeing Strategy 2018 2022.
- 30.A Housing and Health Commissioning Group was established to discuss, identify and take forward opportunities to better support issues around the integration of health and housing in Nottinghamshire. The Group has established an action plan which is based on four key themes:
  - **1. Poor housing conditions** particularly the impact of falls in the home, cold and damp homes and fuel poverty, fire in the home and inadequate home security.
  - **2.** Insufficient suitable housing including the impact of overcrowding and lack of housing that enables people e.g. older or disabled people, to live independently.
  - **3. Homelessness and housing support** including the impact of homelessness on families and other crisis that may result in the loss of a home and an individual's ability to live independently.

- **4. Children and young people** ensuring they have the best home in which to start and develop well. This is an emerging housing priority.
- 31. The full Nottinghamshire Health and Wellbeing Strategy Housing & Health Commissioning Group Housing Delivery Plan can be accessed via the County Council's meeting diary (meeting documents).
- 32. The group, which is Chaired by Rob Main (Newark and Sherwood District Council) comprises a range of stakeholders including from District/ Borough Councils; CCG; Public Health; Adult Social Care and Social Landlords and meets approximately twice per year. In addition, a group has been established to take forward STP priorities on housing, social care and health integration.
- 33. The Housing and Health Commissioning Group is currently reviewing the action plan to ensure that the priorities are ambitious, appropriate and achievable. A key priority for the group is to improve uptake of the Warm Homes on Prescription Service. This service aims to prevent excess winter deaths in the 65+ years population by offering heating, boiler and insulation instalments.

### 34. It is proposed that:

- The Housing and Health Commissioning Group continue to report on an exception basis and welcomes the ongoing support of the Board to take priorities forward.
- Board members are asked to support the improvement in the uptake of the Warm Homes on Prescription scheme, by promoting this service.

## **Other Options Considered**

35. This is an update on progress on issues which have previously been considered by the Health and Wellbeing Board.

#### Reason/s for Recommendation/s

36. To maintain progress in delivery of the Joint Health and Wellbeing Strategy for Nottinghamshire.

# **Statutory and Policy Implications**

37. This report has been compiled after consideration of implications in respect of crime and disorder, data protection and information governance finance, human resources, human rights, the NHS Constitution (public health services), the public sector equality duty, safeguarding of children and adults at risk, service users, smarter working, sustainability and the environment and where such implications are material they are described below. Appropriate consultation has been undertaken and advice sought on these issues as required.

## **Financial Implications**

38. All activity outlined within this report is being carried out within existing resources so there are no financial implications.

# **RECOMMENDATION/S**

- 1) That Board members continue to drive the commitment of their own organisation to deliver the Tobacco Declaration in preparation for an assessment of progress in March 2019.
- That Board members promote the use of the "Nottinghamshire Spatial Planning for Health 2) & Wellbeing" and the "Planning and Health: Engagement protocol" within their own organisations.
- That the Board note the progress of the Health and Housing Commissioning Group and 3) receive an update on completion of the refresh of the delivery plan.
- That Board members support the improvement in the uptake of the Warm Homes on 4) Prescription Service by promoting it within their local area.

**Councillor John Doddy** Chair of Nottinghamshire Health and Wellbeing Board

For any enquiries about this report please contact: Dawn Jenkin

**Consultant in Public Health** 

e: dawn1.jenkin@nottscc.gov.uk

Nicola Lane, Acting Senior Public Health and Commissioning Manager e: nicola.lane@nottscc.gov.uk t: 0115 977 2130

Constitutional Comments (LMcC 09/08/2018)

39. The Health and Wellbeing Board I the appropriate body to consider the contents of the report

# Financial Comments (DG 09/08/2018)

40. The financial implications are contained within paragraph 38 of this report.

## **Background Papers and Published Documents**

Except for previously published documents, which will be available elsewhere, the documents listed here will be available for inspection in accordance with Section 100D of the Local Government Act 1972.

Previous reports to the Health and Wellbeing Board:

Approaches to disease prevention - putting the building blocks in place

26 April 2017

Tobacco Control declaration update

8 June 2016

Tobacco control declaration update

December 2015

Tobacco control

1 April 2015

# Tobacco control

October 2014

<u>Update on the work of the Nottinghamshire Housing and Health Commissioning Group</u>
December 2016

<u>Update on Nottinghamshire Housing & Health Commissioning Group Delivery Plan and recommendations for Next Steps</u>

June 2016

<u>Update on the Nottinghamshire Integrated Housing and Health Commissioning Group</u>
<u>Delivery Plan and Housing and Environment Theme of the STP</u>

October 2017

<u>Tackling excess weight, poor diets & physical inactivity in Nottinghamshire</u>
Report to Health and Wellbeing Board 04 January 2017

<u>Planning and Health a Protocol for Healthier Environments in Nottinghamshire</u>
Report to Health and Wellbeing Board 29th March 2017

## JSNA chapters:

An assessment of the impact of housing on health and wellbeing (2013)

Tobacco (2014)

Excess weight in children, young people and adults (2016)

Physical activity (2015)

Air quality (2015)

# Electoral Division(s) and Member(s) Affected

All

### See also Chairs report items:

- 9. Healthy weight, healthy futures: local government action to tackle childhood obesity
- 43. The Role of Cities in Improving Population Health: International Insights
- 55. Making Every Contact Count (MECC): practical resources
- 57. Less help to quit
- 58. Developing healthier places
- 59. Better health and care for all: A 10-point plan for the 2020s
- 64. A recipe for action: using wider evidence for a healthier UK
- 70. The Montefiore Health System in New York: a case study