



REPORT OF THE CHAIR OF THE HEALTH AND WELLBEING BOARD

CHAIR'S REPORT

Purpose of the Report

1. The report provides an update by the Chair on local and national issues for consideration by Health and Wellbeing Board members to determine implications for the Joint Health and Wellbeing Strategy for 2022 – 2026.

Information

LOCAL

Access Right Support to Improve Health

Measles

2. Measles is a viral infection that affects the respiratory system, spreads very easily and usually starts with cold-like symptoms followed by a rash. It can cause serious and potentially life-threatening complications. Anyone at any age can be infected by the measles virus if they have not been vaccinated or had measles before. Rates of measles infections have been increasing in the Midlands.
3. The key to preventing measles is to have the measles, mumps and rubella (MMR) vaccine which is given as two doses at age one and at three years and four months – but you can be vaccinated at any age if you missed it. The MMR vaccine is safe, effective and can give lifelong protection, but vaccination rates have decreased nationally in recent years. A porcine-free version of the vaccine is also available if required.
4. Parents/carers are encouraged to check the MMR status of their child by checking their red book or contacting their GP surgery, where one or both MMR doses can be given if not fully vaccinated. Board members are asked to promote messages about MMR to staff, residents and across networks.

Encouraging Weight Loss – Adult Weight Management

5. Working in collaboration with Your Health Notts to offer adults with a BMI of 30-49.9 and living in socioeconomic decile one, a project in Mid Nottinghamshire aims to give patients who meet the criteria a referral to a free weekly exercise class. There is also an offer from the provider to fund gym membership for patients who are engaging with the class and want to continue exercising.

6. Between January and December 2023, 1,822 patients were referred into Adult Weight Management and 28% of those started a class. For further information please contact Victoria Pickering, PCN Development Manager, Mid Nottinghamshire Locality Team, NHS Nottingham and Nottinghamshire ICB at victoria.pickering8@nhs.net or Mark Yates, PCN Development Manager, Mid Nottinghamshire Locality Team, NHS Nottingham and Nottinghamshire ICB at myates@nhs.net

Safe Hearts in Sport

7. Rushcliffe Borough Council have secured funding to improve access to defibrillators at sports venues, making users more equipped with tools and resources if faced with cardiac arrest situation. The project supports venues to have accessible defibrillators and staff and sports clubs coaches and volunteers trained to use equipment and build confidence. The funding primarily is to buy defibrillators for venues who do not currently have access and encourage those who already have to make them accessible to the public 24/7. So far, training has been delivered to 45 staff members and volunteers from different sports clubs.

Hypertension Case Finding

8. A hypertension case finding project in Mid Nottinghamshire is aiming to identify patients who:
- Have a blood pressure reading 160/100 (clinic) or 155/95 (home) without a diagnosis of hypertension, and
 - Patients with a last BP reading of 140/90 (clinic) or 135/85 (home) who are living in the 20% most deprived areas.
9. Patients will be contacted by the Primary Integrated Community Services (PICS) Hypertension Team and offered home blood pressure monitoring. Once readings have been reviewed by the team, these will be recorded and acted upon accordingly depending on the result. If hypertension isn't treated, it can cause other health conditions like kidney disease, heart disease and stroke.
10. For further information please contact Victoria Pickering, PCN Development Manager, Mid Nottinghamshire Locality Team, NHS Nottingham and Nottinghamshire ICB at: victoria.pickering8@nhs.net or Mark Yates, PCN Development Manager, Mid Nottinghamshire Locality Team, NHS Nottingham and Nottinghamshire ICB at: myates@nhs.net

Creating a smokefree generation in Nottinghamshire

11. In October 2023, the Government announced its plans to achieve a smokefree generation. As part of this announcement, the government confirmed an additional £70 million investment in England for local authority-led stop smoking services and support. For Nottinghamshire, the additional resources have been identified as £1,039,463 in 2024/25.
12. This additional investment will be used to:
- invest in enhancing local authority commissioned stop smoking services and support,
 - building capacity to deliver expanded local stop smoking services and support,

- building demand for local stop smoking services and support and
- deliver increases in the number of people setting a quit date and an increase in the number of people who successfully quit smoking (measured as 4 week quits).

Smoking and vaping behavioural insights

13. In 2023, Nottingham and Nottinghamshire Smoking and Tobacco Control Alliance commissioned Bluegrass Research Ltd to undertake a programme of research on behavioural insights around smoking and vaping as part of the Nottingham and Nottinghamshire's Smoking and Tobacco Alliance delivery plan.
14. The work included carrying out quantitative and qualitative research with local communities to understand about smoking and vaping behaviour and perceptions, as well as engaging with communities regarding the social impacts of smoking within the community and smokefree spaces. A total of 1034 residents (417 Nottingham City and 617 Nottinghamshire County) took part in the research. Some key findings across the system were:
 - Amongst smokers, there are certain demographics who are more likely to smoke. These include men, under 45's, those living in social housing and those with an existing health condition (physical and/or mental).
 - 44% of the respondents who currently smoke, want to quit.
 - 80% of those who use a nicotine vape say they did so to try and quit/cut down; almost half have remained smoke free.
 - Most residents support smoke free spaces.
15. Work is now being undertaken to help the Alliance and its partners to further explore some of the detail behind why people smoke and vape and to understand the local culture. The findings will be fed into the Alliance and ongoing delivery plans to support work towards creating a smokefree generation for Nottinghamshire.

Inspiring event in Broxtowe on the health and wellbeing of people with a learning disability

16. Nearly 50 people attended a sharing event in Broxtowe focused on the health and wellbeing of people with a learning disability, which was described as 'inspiring', 'positive' and 'informative'. The aim of the event was to share the learning from a year of prolonged listening at a series of health and wellbeing roadshows, to share actions already taken based on what has been heard and to agree on ways to build on this work collectively.
17. The roadshows were funded by a grant of £2,000 from Health Innovation East Midlands to Nottingham West PCN to engage with people living locally who have learning disabilities – to see how local services could better support them to live more healthily.
18. General feedback from the roadshows was that people with learning disabilities want to be known, they want to be spoken to directly and involved in decision making that directly affects them, and that language is important – for example, one attendee said that people were 'talking upside down language' – where a negative result in health isn't usually a bad thing but a positive result may be.

19. The attendees did some group work on the topics of health, education and training and physical activity, discussing the issues, barriers, solutions and who was best placed to lead on implementing specific changes.

Create Healthy and Sustainable Places

[Carlton awarded up to £20 million from Long-Term Plan for Towns fund](#)

20. Gedling Borough Council has been awarded funding for Carlton following an announcement by the government in the spring budget. The Department for Levelling Up & Communities has written to the council to inform them that they are one of 55 towns to receive funding as part of the Long-Term Plan for Towns announced in yesterday's spring budget. The council could get up to £20 million over a 10-year period to use on community projects to regenerate the area and reduce anti-social behaviour.
21. The council will receive 'endowment-style' funding to give them the certainty to deliver projects over the 10-year lifespan of the programme and flexibility to invest in interventions based on local needs and priorities. In order to receive the funding, a Town Board needs to be created and long-term plan produced. The board needs to be made up of members of the community, local businesses, councillors and the local Member of Parliament. A key element of the programme is engagement with the community to ensure their voices are heard when it comes to where the funding will be invested.

[£9.2million secured for Hucknall Town centre Regeneration](#)

22. Ashfield District Council has secured £9.2million for Hucknall Town Centre regeneration through round two of the Levelling Up Fund. The council has an ambitious plan to drive economic regeneration in Hucknall with a focus on three main themes - skills and economic regeneration, cultural and heritage gateway, and access to Hucknall town centre.

[New Social Housing in Ashfield](#)

23. Ashfield District Council has worked with The Lindum Group Ltd to deliver 34 new affordable family homes, to help ease the social housing demand in the area. In total 18 two-bedroom and 16 three-bedroom family homes have been built. The homes will be let to applicants on the Council's housing register, and have been designed to reduce carbon output, running costs, and will reach EPC A rating. Two of the three-bedroom houses have a ground floor bedroom, making them suitable for a family with accessibility challenges.

[Community Gardens in Newark and Sherwood](#)

24. Community gardens are being created in a number of communities in Newark and Sherwood, supported by cost-of-living funding from Newark and Sherwood District Council. A garden is being created alongside a food club in Bilsthorpe and will be directly linked to the link worker in the area, instigated by the green social prescriber.
25. A Community Interest Company (CIC) has been set up by a local Crop Drop grower 'Grow Incredible' who will help set up a number of these community gardens. A number of these community gardens will be utilising the green space within social housing areas, encouraging tenants to get involved. For further information please contact Helen Ellison, Senior Health

Improvement Officer, Newark and Sherwood District Council at: Helen.ellison@nsdc.info

£13,000 to support Broxtowe Food Banks

26. Food banks in Broxtowe will be able to provide more support to local people, thanks to a £13,000 donation from Broxtowe Borough Council, part of its UK Shared Prosperity Funding. 11 food banks and two food clubs across the breadth of the borough received £1,000 each. More information regarding cost-of-living support in Broxtowe can be found here: <https://www.broxtowe.gov.uk/costofliving>

Holiday Activities and Food Fund (HAF)

27. Lex Leisure have successfully applied to the Holiday Activity and Food Fund (HAF) and will receive funding to deliver two programmes in Rushcliffe at Bingham Arena during the Easter and Summer school holidays. The programmes are Girls Powerlifting and Generic Gym, both will include introduction and instructor led sessions during the Easter holidays, followed by 3 months gym membership, with additional instructor led sessions in the summer. Additional funding will be applied for a further 9 months gym membership in the next round of applications over the summer.

Gedling Welcome and Warm Spaces

28. 35 venues and partners have signed up to the welcome and warm spaces initiative to offer services in various settings across Gedling, including venues such as the Richard Herrod Centre and the Bonington Theatre. Several other community groups have also offered out their spaces such as Men in Sheds in Carlton, Netherfield Forum and the Salvation Army.
29. All of the partners signed up to the initiative have the opportunity to be part of the Community Hubs and Partners Network, where appropriate. The network meets virtually on a quarterly basis and whilst the network isn't specifically about welcome and warm spaces it offers hubs and organisations the chance to share experiences, find out about funding opportunities and to connect with other local organisations.

Extra Funding for Warm Packs in Bassetlaw

30. Bassetlaw District Council and a number of its partners have donated almost £24,000 of funding to help residents access warm packs over the colder winter months. The Council has provided £20,000 of funding as part of its commitment to support vulnerable residents in the district, in addition to almost £4,000 from contractors and partners who work with the Council's Housing Team. This includes United Living, Savills, Westville, Fortem, and Focus Consultants.
31. The funding has been handed over to Bassetlaw Action Centre, who allocate and distribute the warm packs, which are made up of two oil filled radiators, an electric blanket, a thermos flask, and a thermometer. So far this year, 23 warm packs have been distributed across the district.

Give every child the best chance of maximising their potential

Learn to Swim Scheme in Gedling

32. Gedling District Council have now reached 57 of 62 learners on their Jigsaw swim scheme. In this scheme £2 swim lessons are offered for any junior aged over 4 years who is living in a Jigsaw home to take them to the completion of 25m which is the minimum standard for school curriculum. This scheme started in 2021 as a result of highlighted short falls in provision of swimming lessons for disadvantaged children.
33. Ability to swim 25 metres is affected by both family affluence and location (looking at school years 1-11) and only 42% of children and young people from lower socio-economic groups can swim 25 metres unaided, compared to 86% of those from higher socio-economic groups. Only 45% of children and young people going to school in the most deprived areas of the country can swim 25 metres, compared to 76% in the least deprived areas.

Keep our Communities Safe & Healthy

LGBT+ History Month in Bassetlaw

34. Since 2004 LGBT+ History Month has been celebrated every February across the UK. The national month-long campaign focuses on LGBT+ history and heritage, how much progression has been made, and challenges that LGBT+ communities still face today. Every year there is a different theme of LGBT+ history, the theme for LGBT+ 2024 History Month is 'Representation in Medicine' linking well to the importance of good health and wellbeing.
35. To raise awareness of LGBT+ History Month and encourage workforces across health, education, the voluntary community and social enterprise (VCSE) or business sector to support and celebrate this, Bassetlaw partners worked with local LGBT+ communities to co-produce an LGBT+ History Month resource pack to share across the district. This pack included LGBT+ History Month activity resources and displays, online graphics and social media assets and can be accessed here: [Mental Health Bassetlaw/LGBT+-resources](#)

Gedling Borough Council supports national No More Week to prevent domestic abuse

36. Gedling Borough Council has been actively supporting national No More Week, a campaign aimed at raising awareness of domestic abuse and sexual violence while inspiring individuals, organisations, and communities to instigate change. The council has collaborated closely with partners Nottinghamshire Police as part of its ongoing safeguarding efforts, advocating for programmes designed to assist individuals experiencing domestic violence.
37. As part of a week-long initiative, the council showcased its collaborative efforts through the unveiling of a permanent stand at the council's civic centre. This stand aims to raise awareness of the support available to those in need. The stand will feature information and links to support services provided by Juno Women's Aid, Arnold Jobcentre DWP, ManKind and others.

Unanimous support for Rushcliffe motion to further reduce violence against women and girls

38. At a Full Council meeting of Rushcliffe Borough Council in March, in line with the re-launch of a programme by the Office of the Police and Crime Commissioner for Nottinghamshire, there

was full support to review where the council could support the Nottinghamshire Violence Against Women and Girls (VAWG) Strategy and Action Plan. The Plan has been developed by a range of partner organisations including all local authorities across the County and includes five pillars (preventing, responding, supporting, including and strengthening), with the aim of reducing cases of violence and providing wider support for victims of abuse.

[New Temporary Accommodation Set to Open in March after £4.1m Investment](#)

39. Newark and Sherwood District Council's new temporary accommodation, Alexander Lodge, is set to welcome residents as early as March 2024. The District Council will temporarily house those experiencing homelessness at the new facility.
40. The Council is committed to providing homelessness assistance, and tenancy support services in the district and has invested £4.1 million in constructing Alexander Lodge. Upon arrival, the tenancy support team will welcome residents, help them settle in and support them to access the immediate services and provisions they and their families need.
41. The team will also be working with residents to identify individual support needs, such as education, health, and employment, in anticipation of accessing more permanent accommodation. Additionally, by the autumn, Alexander Lodge will offer a wider support package to meet key skills such as budgeting, health and well-being, home safety, and practical skills in partnership with local colleges.

[Newark District Council reaffirms its commitment to supporting homeless people and preventing rough sleeping](#)

42. The district council have introduced a new Homelessness Prevention and Rough Sleeper Strategy, which will see a person-centred approach to creating sustainable solutions based on individuals' needs and aspirations. At the core of the strategy are six priorities which will underpin the district council's approach to the development and delivery of homelessness services in Newark and Sherwood:
- Early intervention through effective partnership working.
 - The provision of an accessible, agile, and responsive homelessness service.
 - Access to affordable and quality accommodation across all sectors.
 - Tackle rough sleeping by developing and improving pathways.
 - Linking homelessness, health, wellbeing, and housing together to improve the life chances and aspirations of those affected.
 - Delivering holistic support solutions to sustain long-term tenancies and prevent homelessness and rough sleeping.
43. To ensure the six priorities are delivered, the district council will develop a delivery plan with key stakeholders, carry out annual reviews, monitor the local, regional, and national context, and ensure robust data analysis frameworks are in place.

[New funding to enhance safety in Mansfield's night-time economy](#)

44. Improved guardianship will be implemented to keep people even safer on a night out in Mansfield. 'Street guardians' will be given training to spot the signs and prevent violence against women and girls in the town centre thanks to the Safer Streets initiative. The scheme will be delivered in partnership with St John Ambulance to set up a project similar to 'Operation Vigilant', which began in Dorset.
45. The guardians will also have First Aid training, high-visibility uniform, and will hand out water. The scheme would also look to reinvigorate the 'Ask For Angela' campaign with renewed advertising and promotional materials. The scheme allows women who feel unsafe to discretely approach venue staff and 'Ask For Angela' to be given help.
46. The initiative is among several schemes coming to the town as a result of more than £133,000 of investment in the town centre. This has been made possible after the Office of the Police and Crime Commissioner secured £1 million of Home Office funding through the Safer Streets fund, aimed at tackling antisocial behaviour, neighbourhood crime, and violence against women and girls across the county.
47. In total more than £333,000 will be spent across the North Nottinghamshire Community Safety Partnership area, which also includes Sutton-in-Ashfield. Mansfield District Council is due begin delivering the interventions within the next few months.

NATIONAL

Good food and nutrition for all

[Calorie reduction programme: industry progress 2017 to 2021](#)

48. This report published by Office for Health Improvement and Disparities, is the first assessment of progress by all sectors of the food industry towards delivering the ambitions and guidelines set for the calorie reduction programme between 2017 and 2021. It assesses progress made by retailers, manufacturers and businesses in the eating out of home sector. The report also provides updated estimates of excess calorie consumption for children and adults.

Mental health

[Mental Health 360 | Review Of Mental Health Care | The King's Fund \(kingsfund.org.uk\)](#)

49. The King's Fund have undertaken a '360-review' of mental health care in England. The review focuses on nine core areas, bringing together data available at the time of publication with expert insights to support understanding of what is happening in relation to mental health and the wider context.

[£10 million to support suicide prevention](#)

50. People struggling with their mental health will be better supported thanks to a £10 million funding boost for organisations working to prevent suicides. A total of 79 organisations, including a suicide prevention helpline, will receive funding through the government's Suicide Prevention VCSE Grant Fund. This will expand access to support services covering every region in the country, including the areas with the highest rates of suicide.

51. Both national charities and small community-led charities, which provide tailored support for local areas, will receive new funding to support people with their mental health. Many charities will deliver services through partnerships and alliances, to help ensure joined-up support for individuals seeking help.

Tobacco

[Vaping products duty consultation](#)

52. The government announced at Budget 2024 that it would introduce a new Vaping Products Duty from October 2026. A consultation has been launched, which sets out the proposals for how the duty will be designed and implemented. This duty will be accompanied by a one-off increase in tobacco duties.
53. [In January 2024](#), the Department of Health & Social Care (DHSC) announced a range of restrictions it will introduce on vaping products, including on the supply and sale of disposable vapes. This consultation led by HM Treasury and HM Revenue and Customs builds on these measures, with proposals for how a vaping duty would further tackle the harms of vaping.
54. The duty is intended to discourage young people and non-smokers from vaping, while maintaining the current financial incentive to choose vaping over smoking. The consultation closes on 29 May 2024.

Physical activity

[Stride and ride: England's path from laggard to leader in walking, wheeling and cycling](#)

55. This report published by the Institute for Public Policy Research (IPPR), makes the case that investing in active travel to increase journeys made by walking, wheeling and cycling has health, climate and wellbeing benefits and also offers a way to create green jobs, boost the economy and create safer streets.

Papers to other local committees

56. [Lung Health in Nottinghamshire](#)
Health Scrutiny Committee
19 March 2024

Nottingham and Nottinghamshire Integrated Care Board

57. [Board Papers](#)
Nottingham & Nottinghamshire Integrated Care Board
14 March 2024

Nottinghamshire Police and Crime Commissioner

58. [Newsletter](#)
March 2024

Other Options Considered

59. There was the option to not provide the Chair's Report, however this option was discounted as the Chair's Report provides important updates relating to the delivery of the Joint Health and Wellbeing Strategy for Nottinghamshire.

Reason for Recommendations

60. To identify potential opportunities to improve health and wellbeing in Nottinghamshire.

Statutory and Policy Implications

61. This report has been compiled after consideration of implications in respect of crime and disorder, data protection and information governance, finance, human resources, human rights, the NHS Constitution (public health services), the public-sector equality duty, safeguarding of children and adults at risk, service users, smarter working, sustainability and the environment and where such implications are material they are described below. Appropriate consultation has been undertaken and advice sought on these issues as required.

Financial Implications

62. There are no direct financial implications arising from this report.

RECOMMENDATIONS

The Health and Wellbeing Board is asked:

- 1) To consider the Chair's Report and its implications for the Joint Health and Wellbeing Strategy 2022 – 2026.
- 2) To establish any actions required by the Health and Wellbeing Board in relation to the various issues outlined in the Chair's Report.

Councillor Dr John Doddy
Chairman of the Health & Wellbeing Board
Nottinghamshire County Council

For any enquiries about this report please contact:

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Constitutional Comments (SF 02/04/24)

63. The Health and Wellbeing Board is the appropriate body to consider the content of this report.

Financial Comments (MM 02/04/24)

64. There are no direct financial implications arising from this report.

Background Papers and Published Documents

Except for previously published documents, which will be available elsewhere, the documents listed here will be available for inspection in accordance with Section 100D of the Local Government Act 1972.

- None

Electoral Division(s) and Member(s) Affected

- All