

7 November 2018**Agenda Item: 4****REPORT OF THE CHAIR OF THE HEALTH AND WELLBEING BOARD****CHAIR'S REPORT****Purpose of the Report**

1. An update by Councillor John Doddy on local and national updates for consideration by Board members to determine implications for Board matters.

Information**2. Healthwatch Nottingham and Nottinghamshire**

Healthwatch was created in 2013 under the Health and Social Care Act 2012 to ensure that service users are at the heart of health and social care delivery. The Act stipulates that a local Healthwatch must be an independent organisation that is not-for-profit and run for community benefit only. Local Healthwatch organisations are commissioned by Local Authorities who receive funding from the NHS. Locally, this led to the creation of Healthwatch Nottingham to serve the City and Healthwatch Nottinghamshire to serve the County. Healthwatch provides an effective, powerful, representative and independent local public and patient voice for all aspects of health and social care services within the community, including sitting on the Health and Wellbeing Board.

During 2017 Nottingham City Council and Nottinghamshire County Council agreed that Healthwatch Nottingham and Healthwatch Nottinghamshire should be combined into one body and this merger took place on 31st May 2018. The new organisation is called Healthwatch Nottingham and Nottinghamshire (HWNN). The advantages of merger are that it better reflects the future organisation of NHS services around the Sustainability and Transformation Plans across Nottingham and Nottinghamshire, it enables the Healthwatch function to continue despite reduced funding levels and it enables the improved use of shared information, data collection and adoption of standard approaches and frameworks.

The Boards of the two former local Healthwatch organisations have come together to form the new HWNN Board. Both former Chairs have stepped down and a new Chair has been appointed – Sarah Collis took up her position as Chair of HWNN on 1st October 2018. Jane Laughton has been acting as Interim Chief Executive of HWNN since April 2018, and a process to appoint to this role substantively will start in the near future.

For more information contact Jane Laughton t: 0115 956 5313 or e: jane.laughton@hwnn.co.uk

3. Fire and Rescue Prevention team project

Nottinghamshire Fire and Rescue Service (NFRS) has for many years undertaken home safety checks, which form part of the fire prevention strategy of the fire and rescue service. For many years the Prevention Team has worked in partnership with Occupational Therapists (OT's),

recognising that both agencies were working with similar groups of individuals and there was much we could learn to improve practice by working in partnership.

In 2017 an Occupational Therapist was seconded to NFRS from Nottinghamshire Healthcare NHS Foundation Trust. The OT builds upon the work of fire officers by following up on visits, and evaluating the impact of the way the individual is choosing to live their life and how this affects their fire safety. They might suggest practical behavioural changes, refer for specialist equipment or support or continue working with them over the course of a few weeks. This work has been proven successful through a reduction in emergency calls to the homes of the individuals the OT is or has worked with, as well as improved outcomes for the individual being supported to live safely at home for as long as possible .

In addition to a clinical workload, the OT has also embarked on development activities including teaching sessions with NHS and social care staff, acting as a resource for these teams and developing clinical fire safety champions. A cost benefit analysis of the secondment was recently completed by a Masters student from the University of Nottingham who concluded a conservative estimate of savings to the public purse of “£2.51 for every £1 spent” as well as an upper estimate of “£7.16 for every £1 spent”.

For more information contact Emma Darby Nottinghamshire Fire and Rescue Service T: 0115 8388769 or E: emma.darby@notts-fire.gov.uk

4. Oral health promotion service is in the finals!

Nottinghamshire’s oral health promotion service has made it to the finals of the Oral Health Awards 2018 in the Best Community Initiative category for their innovative educational resource called “Teeth Tools for Schools”. This resource is full of lesson plans, information and whole school approaches to motivate and educate local primary schools to embrace health and make it integral to the school day. The resource can be accessed for free from their website (www.nottinghamoralhealth.com). Last year saw 94% of primary schools actively utilising the resource in Nottinghamshire.

The oral health promotion service runs a variety of initiatives across the county, including Brushing Buddies (a supervised tooth-brushing programme in 20 targeted primary schools), Healthy Beginnings (one year olds in Nottinghamshire receive an oral health pack and information at their developmental review), 12 oral health courses for frontline staff in children’s and adults’ services, resource kits and story books for stakeholders and campaigns such as World Smile Day. In addition, in May 2019 the team will co-ordinate a high profile “Brush-A-Long” as part of National Smile Month, where East Midland teams will work in partnership to raise awareness of good oral hygiene.

For more information on the Oral Health Promotion Service, please contact geoff.hamilton@nottscs.gov.uk or julia.wilkinson@nottshc.nhs.uk

5. Local alcohol partnership

Tackling underage drinking and anti-social behaviour in the district is the focus of a new initiative in Newark and Sherwood, a Community Alcohol Partnership (CAP) has been launched in Ollerton, Boughton and Edwinstowe to tackle alcohol-related harm to young people and improve the safety and quality of life for residents.

The partnership will aim to reduce the sale of alcohol to young people, advise them on the dangers of drinking and provide alcohol-free activities through youth services and local charities. CAPs, which have been established in other parts of the UK, are made up of retailers, local authorities, police, schools, neighbourhood groups and health providers that work together with the aim of educating young people, adults, licensees and retailers.

The Ollerton, Boughton and Edwinstowe CAP will bring together a wide range of stakeholders, including Newark and Sherwood District Council, Ollerton & Boughton Town Council, Police and Fire Services, Youth Service, Newark and Sherwood Homes, Notts Community Housing, Edwinstowe Parish Council plus local supermarkets and retailers.

Across the country, CAPs have had an outstanding impact on local crime, anti-social behaviour, litter, feelings of safety and reductions in underage purchasing of alcohol.

For more information contact Helen Ellison, Newark & Sherwood District Council t: 01636 655990 or e: Helen.ellison@nsc.info

6. Dementia Friendly Borough

In Rushcliffe both the CCG and Borough Council have signed up to the Dementia Action Alliance and have identified the disease as a key priority for the borough in order to become dementia friendly. A memory walk will be delivered at Rushcliffe Country Park on the 20th October to raise money for Alzheimer's society and awareness of local support services and activities. Dementia friend sessions are being delivered to GP practice staff, council officers, elected members and senior leadership teams and dementia friendly swimming will be starting in November at Cotgrave Leisure Centre.

7. Cotgrave Super Kitchen

Following the success and sustainability of the Bingham Super Kitchen, we are looking to launch another in Cotgrave this December. The initiative is supported by a partnership between Rushcliffe Borough Council and Metropolitan housing association and sees communities come together utilising surplus food from FairShare to create a local social eating space. An affordable, healthy, two course meal is freshly made whilst tackling food waste, food poverty and social isolation.

Volunteers are provided with a Level 2 food safety qualification and gain valuable experience, skills and confidence with one of the volunteers progressing into part time work from unemployment. Additionally, Ash Lea Special School's Post 16 students will be supporting the project providing them with work experience and the softer skills required for future employment. <http://superkitchen.org/>

8. British Gypsum Health Event

British Gypsum are one of the largest employers in Rushcliffe, based close to the Leicestershire / Nottinghamshire border with a predominant manual labour workforce. On the 9th October they held a Health event for all employees supported by Rushcliffe CCG and Borough Council. The event ran during the Stoptober (smoking cessation) campaign and was also attended by the smoking cessation services from both Leicestershire and Nottinghamshire ensuring those wishing to quit had equitable access to support. The event saw 15 employees pledge to quit smoking and sign up to their respective smoking cessation service.

For more information on dementia activities in Rushcliffe, Cotgrave Super Kitchen or the British Gypsum Health Event contact Alex Julian T: 0115 9148 233 or
E: AJulian@rushcliffe.gov.uk

9. Public Health Commissioning Intentions 2020

Public Health are commissioning an integrated wellbeing service to support residents to address risk factors relating to overweight, poor diet, physical inactivity, smoking, alcohol and improve mental wellbeing. The procurement of the service will begin in November 2018 and the service will launch in April 2020. The new service model will apply its resources universally and in proportion to need and will cover all age groups. The service will be contracted for 5 years with extensions which allow delivery up to 2029.

Public Health are also commissioning an all age Substance Misuse treatment and recovery services based on evidence and recommendations made within the proposed refreshed JSNA chapter. This will launch in 2020 and is contracted for 4 years with extensions up to 2028.

For more information contact Rebecca Atchison, Senior Public Health and Commissioning Manager e: rebecca.atchinson@nottscg.gov.uk

PROGRESS FROM PREVIOUS MEETINGS

10. Mental Health Services and Schools Link Programme:

Nottinghamshire was successful in being selected to take part in the Mental Health Services and Schools Link Programme facilitated by the Anna Freud National Centre for Children and Families. This programme is a ground-breaking initiative to help Clinical Commissioning Groups (CCGs), other service providers and Local Authorities work together with schools and colleges to provide timely mental health support to children and young people. It works to empower professionals and support staff by brokering contact, sharing expertise and developing a joint vision for children and young peoples' mental health and emotional wellbeing in each locality.

The programme has already been successfully piloted in 255 schools across England (2015-2016), and has been independently evaluated. The pilot was developed in response to recommendations set out in 'Future in Mind' (DH 2015), to improve access to mental health support for children and young people, by bringing together schools and mental health professionals to two free, joint workshops.

Across Nottinghamshire 107 schools signed up to the programme, with 177 colleagues working within schools and colleagues taking part along with 48 professional from a range of services including CAMHS, Health Families Team, Tackling Emerging Threats to Children, Family Service and Youth Justice. The first workshop took place in September 2018 with the second scheduled for November 2018. We have received some very positive feedback from the first workshops and everyone is looking forward to workshop 2.

For more information contact Nichola Reed Children's Integrated Commissioning Hub t: 0115 993 9383 or e: nichola.reed@nottscg.gov.uk

11. Autism Self Assessment

The annual Self Assessment Framework (SAF) return for Autism is due to be submitted on 10th December 2018. This is an annual survey carried out by Public Health England to assess progress and delivery against the Autism Act and accompanying national Statutory Guidance. Unlike previous returns this year's questions have undergone little alteration thereby enabling a comparison with the previous submission both against Nottinghamshire's delivery and those of other authorities. The Autism self-assessment is broken into 7 themes which are subdivided into more detailed questions. The themes are:

- Planning
- Training
- Diagnosis led by the local Health commissioner
- Care and Support
- Housing and Accommodation
- Employment
- Criminal Justice System

The questions require Nottinghamshire partners to rate how well they are meeting key areas of service provision as identified within the statutory guidance using a combination of yes/no answers and rating against a red (falling short of statutory requirements), amber (room for improvement) or green (meeting statutory requirements) rating scale. Carers and service users have been asked for their input into the return along with partners within the Council, CCG's, District and Borough Councils, the police, advocacy services, transport and leisure services and higher education institutions.

Further details of the return will be available at the January meeting along with the Autism JSNA which is being updated in line with the findings from the SAF.

For more information contact Anna Oliver Commissioning Officer Tel: 0115 977 2535 or Email: anna.oliver@nottscc.gov.uk

PAPERS TO OTHER LOCAL COMMITTEES

12. [Local Enterprise Partnerships Geographies](#)
13. [Local Government Reorganisation - Development of the Case for Change](#)
Report to Policy Committee
12 September 2018
14. [Child Sexual Exploitation and Children Missing from Home and Care – annual report 2018](#)
Report to Children and Young People's Committee
17 September 2018
15. [Progress with Public Health Commissioned Services - Obesity Prevention and Weight Management Service](#)
16. [Public Health Performance and Quality Report for Contracts Funded with Ring-Fenced Public Health Grant April to July 2018](#)
17. [Integrated Wellbeing Service](#)
18. [Substance Misuse Service](#)
19. [Nottinghamshire Integrated Accelerator Pilot and Integrated Care Teams Project](#)
20. [Nottinghamshire Carers Strategy and Revised Carers Support Offer](#)

A GOOD START IN LIFE

21. [The good childhood report 2018](#)

The Children's Society

This report examines the state of children's wellbeing in the UK. It finds that one in six (16 per cent) of more than 11,000 children aged 14 surveyed reported self-harming. It looks at the reasons behind the unhappiness that increases the risk of children self-harming. The report urges the government to make sure that every child can talk to a counsellor in their school.

22. [Social media, young people and mental health](#)

The Centre for Mental Health

This briefing paper is based on a brief scan of evidence from a range of sources to identify key themes in what is known about the impact social media (and their use) can have on young people's wellbeing, and the ways in which they can be harnessed positively.

23. [Adolescent alcohol-related behaviours: trends and inequalities in the WHO European Region, 2002-2014](#)

The World Health Organisation European

The report reveals that alcohol use has declined among adolescents in Europe. However, despite the reductions, levels of consumption remain dangerously high and this continues to be a major public health concern.

24. [Mental wellbeing, reading and writing: how children and young people's mental wellbeing is related to their reading and writing experiences](#)

This report explores the relationship between children's mental wellbeing and their attitudes and behaviours towards reading and writing. It is based on findings from the National Literacy Trust's eighth Annual Literacy Survey of 49,047 children and young people aged 8 to 18 in the UK.

25. **Children and young people's mental health**

The House of Commons Library has published a Research Briefing [Children and young people's mental health – policy, CAMHS services, funding and education](#).

26. **Early year's profile: 2018 update**

The [Early year's profiles](#) bring together a range of indicators on the health of children 0-5 years by local area. They have been developed by PHE's National child and Maternal Health Intelligence Network with NHS England; the indicators provide information on public health outcomes for children in their early years.

27. **Support to local authorities to innovate against childhood obesity**

In September the government [announced](#) a new programme to develop local solutions to childhood obesity that can be shared across the country. The government is asking local authorities to apply to its Trailblazer programme, in partnership with the Local Government Association (LGA). Councils are invited to submit proposals for tackling childhood obesity in their area when the programme launches in October. The three year programme forms part of the [second chapter of the childhood obesity plan](#), which included the aim to halve childhood obesity by 2030.

HEALTHY & SUSTAINABLE PLACES

28. [Affordability of the UK's Eatwell Guide](#)

The Food Foundation

This report finds that around 3.7 million children in the UK are part of families who earn less than £15,860. It goes on to claim that to meet the costs of the government's nutrition guidelines, such households would have to spend 42 per cent of their after-housing income on food, making a healthy diet unaffordable.

29. [Healthy places](#)

Public Health England

The Healthy Places programme was set up by Public Health England to support the development of healthy places and homes. It aims to ensure that health inequalities are considered and addressed when planning, developing and improving the built environment and in enabling people to have a place they can call 'home'. This document provides an overview of the work completed by the programme from 2013 to date.

Public Health England has launched the [Healthy Places](#) webpage.

30. **Healthy New Towns programme**

NHS England Healthy New Towns programme has released a leaflet introducing the [10 Healthy New Town Principles: Putting Health into Place](#). These principles will support partners in housebuilding, local government, healthcare and local communities to demonstrate how to create new places that offer people improved choices and chances for a healthier life.

31. [Healthy New Towns programme- interim report](#)

The Kings Fund, NHS England and other partners are working together to support the Healthy New Towns programme which brings together the health sector, housing developers and local authority planning teams to design and build healthier communities.

The report explores emerging lessons from the programme so far. It highlights the importance of involving and empowering communities as one of the first steps to creating a healthy place, as well as the key role that NHS professionals have to play.

32. [E-cigarettes](#)

House of Commons, Science & technology committee

This report reviews the current evidence base on the harmfulness of e-cigarettes compared to conventional cigarettes and looks at the current policies on e-cigarettes, including in NHS mental health units and in prisons. The Committee concludes that e-cigarettes should not be treated in the same way as conventional cigarettes.

33. [Statistics on NHS Stop Smoking Services in England: April 2017 to March 2018](#)

This annual report presents results from the monitoring of the NHS Stop Smoking Services in England. NHS Stop Smoking Services support people to quit smoking. This can include intensive support through group therapy or one-to-one support. The support is designed to be widely accessible and is provided by trained personnel, such as specialist smoking cessation advisers and trained nurses and pharmacists. The results include information on the number of people setting a quit date and the number who have successfully quit at the four week follow-up. The results are provided at national, regional and local authority levels.

34. Stopping smoking – what works?

Public Health England has published [Health matters: stopping smoking – what works?](#) This document focuses on the range of smoking quitting routes that are available and the evidence for their effectiveness. Smokers who get the right support are up to 4 times as likely to quit successfully.

35. Stoptober campaign evaluation 2017

The annual Stoptober campaign aims to encourage smokers to quit for 28 days in October, with the aim of stopping smoking permanently. This is a summary [evaluation](#) of the Stoptober 2017 quit smoking health marketing campaign activity.

36. [Alcohol outlet density and alcohol-related hospital admissions in England: a geographical analysis](#)

Alcohol Research UK

This report outlines the findings of a study that aimed to investigate if alcohol outlet density was associated with hospital admissions for alcohol-related conditions in England.

37. Drink Free Days

Public Health England and Drinkaware have launched a new campaign '[Drink Free Days](#)' to help people cut down on the amount of alcohol they are regularly drinking. The campaign will be encouraging middle-aged drinkers to use the tactic of taking more days off from drinking as a way of reducing their health risks from alcohol.

38. [Helping to support and transform the lives of people affected by drug and alcohol problems.](#)

Local Government Association

The causes of substance misuse and the solutions for tackling it are multi-factorial. It requires close working with partners, imagination and hard work but when right it can have a tremendous impact. As the case studies in this report show, lives are being turned around.

39. Patient experience of mental health care

Healthwatch has published [What people have told us about mental health](#). This report forms part of a multi-year project to understand people's experiences of mental health care. It sets out what people have told Healthwatch about their experiences of accessing mental health services and the wider support available. The report is accompanied by a literature review.

40. Coping through football

The Centre for Mental Health has published [Coping through Football: evaluation report 2018](#). This report provides an economic analysis of the Coping through Football programme which aimed to deliver benefits to people living with mental health difficulties. The findings included a 12% reduction in the number of overnight hospital stays for participants.

41. Severe mental illness: physical health inequalities

Public Health England has published [Severe mental illness \(SMI\) and physical health inequalities: briefing](#). This analysis compares the prevalence of physical health conditions in patients with SMI and all patients (England May 2018) using data from the Health Improvement Network's general practice database. The briefing is accompanied by a technical supplement.

42. Arts for health and wellbeing

The Welsh NHS Confederation has published [Arts for health and wellbeing](#). This briefing provides an overview of the ways that NHS Wales is realising this opportunity and improving outcomes for patients.

43. Mental health at work

Mind has launched a new online 'gateway' to help workplaces improve staff wellbeing. [Mental Health at Work](#) brings together information, advice, resources and training that workplaces can use to improve wellbeing and give employees the mental health support they need.

44. Physical activity in Europe

The World Health Organisation has published a set of [physical activity factsheets](#) providing an updated overview of the epidemiology of physical inactivity, national policy responses and current monitoring and surveillance systems across the WHO European Region.

Additional link: [WHO press release](#)

45. Keeping healthy and active in later life

By 2030 the number of people in the UK aged 60 or over is estimated to increase to 20 million. [Older People's Day](#), celebrated on 1 October each year celebrates the achievements and contributions that older people make to our society and aims to tackle negative attitudes and stereotypes.

The [Guide to Healthy Ageing](#) developed by NHS England, in partnership with Age UK, Public Health England, and the Chief Fire Officer's Association with [older people](#) themselves, is designed to help people stay well for longer, by providing hints and tips on how to keep fit and independent.

46. Physical activity in Europe

The results in a [World Health Organisation \(WHO\) study on physical activity](#) in European member states show an increase in national policy actions to promote physical activity between 2015 and 2018. The findings have been collected in a set of [physical activity factsheets](#) published by WHO/Europe in collaboration with the European Commission. The factsheets provide an updated overview of the epidemiology of physical inactivity, national policy responses and current monitoring and surveillance systems across the WHO European region.

47. Experiences of being a carer

Healthwatch has published [What's it like being a carer? Healthwatch England policy briefing](#). This briefing brings together the views and experiences of 5,447 carers from over 27 communities across England. It summarises Healthwatch research into the support available for carers, and their experiences, to shape the social care green paper process and to improve the accessibility and quality of support for carers.

48. [Carer's action plan 2018 – 2020: supporting carers today](#)

This plan looks at how the government will improve support for carers in England over the next two years. It aims to ensure that services work for carers and to build research and evidence to improve outcomes for carers.

49. [Community Life Survey 2017 – 2018](#)

The Community Life survey is commissioned by the Department for Digital, Culture, Media and Sport. The survey is held annually to track trends and developments in areas that encourage

social action and empower communities. It provides official statistics on issues that are important to encouraging social action and empowering communities, including volunteering, giving, community engagement, well-being and loneliness.

50. **[A calorie labelling consultation](#)**

The government is seeking views on its plans to make places serving food and drink outside of the home display calorie information. For example, this could be on menus in restaurants, cafes, pubs, coffee shops and takeaways. The consultation closes on 7th December 2018.

51. **Commissioning alcohol, drugs and tobacco**

This is the [annual guidance](#) on smoking, drinking and drug misuse for commissioners of tobacco control, drug and alcohol services for adults and young people. This support guidance will help local commissioners and local authorities develop joint strategic needs assessment and health and wellbeing strategies to reduce the harm caused by smoking, drinking, substance use and misuse in both adults and children.

52. **Health and well-being of men**

The World Health Organisation European Region has published: [The health and well-being of men in the WHO European Region: better health through a gender approach](#). This report provides an overview of men's health in Europe, identifying non-communicable diseases and their risk factors as the leading cause of mortality for men. The report emphasises that improving the health and well-being of men is best addressed within a gender equality framework.

53. **[Heart Age Test](#)**

Public Health England (PHE) is calling for adults across the country to take a free online Heart Age test, which will provide an estimation of their "heart age". If someone's heart age is higher than their actual age, they are at an increased risk of having a heart attack or stroke.

54. **[Improving people's health: applying behavioural and social sciences](#)**

Public Health England

It is a comprehensive and collaborative strategy to enable Public Health professionals to use behavioural and social science to improve health and wellbeing.

55. **[Loneliness in later life](#)**

Age UK have published a report, All the lonely people: loneliness in later life. This report looks at new evidence about what Age UK knows about loneliness among people aged 50 and over, what increases the chances of people experiencing loneliness and how best to help those older people who are persistently lonely.

56. **[The "So what, what next?" project](#)**

This project was designed by the Transforming Care empowerment steering group to look at ways of supporting people with a learning disability or autism who have recently been discharged from hospital to explore their skills and passions and to find ways to contribute these to local own communities.

57. **Home alteration project between the NHS and the Council**

This case study is about a [pioneering home alteration project between NHS and Mansfield District Council](#). The Nottinghamshire's Integrated Care System (ICS) is showing that savings can be made when councils and the health service work together. ASSIST runs at King's Mill

Hospital, Sutton-in-Ashfield in conjunction with Mansfield District Council, Nottinghamshire County Council and is funded by mid Nottinghamshire CCG. Mansfield District Council's ASSIST scheme means that homes are made safe and accessible for a patient's return from hospital. This could include fitting a ramp, grab rails and key safes, making sure their heating works, or moving furniture to make space for a hospital bed.

58. Rough sleeping strategy

The [rough sleeping strategy](#) sets out the government's vision to halving rough sleeping by 2022 and ending it by 2027. This document sets out the government's plans to help people who are sleeping rough now and to put into place the structures to end rough sleeping for good.

WORKING TOGETHER TO IMPROVE HEALTH & CARE SERVICES

59. [Government response to the recommendations of the Health and Social Care Committee's inquiry into 'Integrated care: organisations, partnerships and systems'](#).

This is a joint response reflecting the views of the Department of Health and Social Care, NHS England, NHS Improvement, the Care Quality Commission and Health Education England. The response sets out how the government intends to address the committee's recommendations as part of the long-term plan for the NHS.

60. The journey to integrated care systems

NHS Providers has published [Provider voices: the journey to integrated care systems](#). This third report in the series explores the challenges and opportunities presented by STPs and ICSs. It summarises common themes raised in a series of eleven interviews – including trust chairs and chief executives, leaders from commissioning and local government, national policy makers and thought leaders – and looks to what the future holds for collaborative working and integration.

61. NICE resources for STPs and integrated care systems

NICE has created a number of [resources to support STPs and integrated care systems](#). The resources include guidance, quality standards, advice and practical tools which are designed to help systems tackle the priorities they've identified and work in partnership to provide consistent, high-quality care, based on the best evidence.

62. [Community pharmacies: promoting health and wellbeing](#)

NICE

This guidance covers how community pharmacies can help maintain and improve people's physical and mental health and wellbeing, including those with a long-term condition. It aims to encourage more people to use community pharmacies by integrating them within existing health and care pathways, and by ensuring they offer standard services and a consistent approach. This new approach will require a collaborative approach from individual pharmacies and their representatives, local authorities and other commissioners.

63. [A year of integrated care systems: reviewing the journey so far](#)

The King's Fund

This report explores progress in eight out of the 10 first-wave ICS areas and identifies emerging lessons for local systems and national policy-makers. Progress is being made in most ICSs in improving health and care and developing the capability to work as a system. The challenge now is to build on the foundations that have been laid by removing the barriers identified and providing time and support to ICS leaders to take their work to the next stage of development.

64. Integrated care teams: impact on hospital use

The Health Foundation has published [The impact of integrated care teams on hospital use in North East Hampshire and Farnham](#). This briefing examines the early effects on hospital use of introducing multidisciplinary integrated care teams (ICTs) in North East Hampshire and Farnham. There is evidence to suggest that the value of ICTs might lie in their potential to improve patients' health, health confidence, experience of care and quality of life rather than reducing emergency hospital use.

65. [Adult social care funding and integration strategy](#)

Local Government Association's Research and Information Team

The survey aimed to capture and represent the views of council leaders and portfolio holders for adult social care on the future of funding for adult social care, the future of the national initiatives for integration and the progress made on integration.

66. Integrated care and patient insight

In an article from the King's Fund: [Joined up listening: integrated care and patient insight](#) highlights the opportunity that integrated care presents for using insight from people and populations to design services that meet their needs and reflect their priorities. This includes breaking down siloes within and between organisations to listen to what patients are saying across their entire pathway of care.

67. [Key questions for the future of STPs and ICSs](#)

This is the second in a series of briefings on sustainability and transformation partnerships (STPs), published by NHS providers. It summarises recent developments relevant to system working, sets out the state of play for STPs and integrated care systems (ICSs) and seeks to offer answers to a number of questions arising from the national policy focus on collaboration and integration.

68. [Seamless services to improve outcomes for people](#)

The NHS Confederation has published this briefing; it gives an insight into the aims of seamless services and showcases the different ways health and care are now delivered.

69. [The state of health care and adult social care in England 2017/18.](#)

The Care Quality Commission

This annual assessment of health and social care in England looks at the trends, shares examples of good and outstanding care, and highlights where care needs to improve. It finds that most people in England receive a good quality of care and that quality overall has been largely maintained from last year, and in some cases improved. The CQC finds that people's experiences of care often depend on how well local systems work together.

Additional links: [CQC news report](#) | [CQC press release](#)

GENERAL

70. [Local action on health inequalities: understanding and reducing ethnic inequalities in health](#)

Public Health England

This guidance aims to support local and national action on ethnic inequalities in health. It provides: a summary of information and data by ethnic group in England; examples of practical approaches to address ethnic inequalities in health; case studies of local action to address ethnic health inequalities.

71. **[What is happening to life expectancy in the UK?](#)**

Kings Fund

2010 marked a turning point in long-term mortality trends in the UK, with increases in life expectancy tailing off after decades of steady improvement. This article examines the data and explores the possible factors behind this.

72. **Health profile for England: 2018**

This is the second [annual report](#) combining data and knowledge with information from other sources to give a broad picture of the health of people in England in 2018. It provides an update to the first Health Profile for England (published 2017). A new edition to this year's report is the inclusion of forecast data for several key indicators, for the 5 years up to 2023 and a separate chapter on the health of children in the early years.

CONSULTATIONS

73. **Calorie labelling consultation**

The Department of Health and Social Care has launched a [consultation seeking views on its plans to make places serving food and drink outside of the home display calorie information](#). The consultation closes on 7 December 2018.

74. **Energy drinks consultation**

The Department of Health and Social Care has launched a [consultation on ending the sale of energy drinks to children and young people](#) in England as part of its plans to reduce childhood obesity and other health problems in children. The consultation closes on 21 November 2018.

See also: [DHSC press release](#)

Other Options Considered

75. This report is for information. Options will be considered should any local action be required.

Reason/s for Recommendation/s

76. This information is for information and consideration.

Statutory and Policy Implications

77. This report has been compiled after consideration of implications in respect of crime and disorder, data protection and information governance, finance, human resources, human rights, the NHS Constitution (public health services), the public sector equality duty, safeguarding of children and adults at risk, service users, smarter working, sustainability and the environment and where such implications are material they are described below. Appropriate consultation has been undertaken and advice sought on these issues as required.

Financial Implications

78. There are no financial implications arising from this report.

RECOMMENDATION/S

- 1) To note the contents of this report and consider whether there are any actions required by the Board in relation to the issues raised.

Councillor John Doddy
Chairman of Health and Wellbeing Board

For any enquiries about this report please contact:

Nicola Lane
Public Health and Commissioning Manager
t: 0115 977 2130
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Constitutional Comments (LM 26/10/2018)

79. The Health and Wellbeing Board is the appropriate body to consider the contents of the report. Members will also need to consider whether there are any actions required in relation to the issues raised within the report

Financial Comments (DG 18/10/18)]

80. The financial implications are contained within paragraph 76 of this report.

HR Comments ([initials and date xx/xx/xx])

81.

Background Papers and Published Documents

Except for previously published documents, which will be available elsewhere, the documents listed here will be available for inspection in accordance with Section 100D of the Local Government Act 1972.

- None

Electoral Division(s) and Member(s) Affected

- All