

NOTTINGHAMSHIRE INTEGRATED HEALTHY CHILD AND PUBLIC HEALTH NURSING PROGRAMME (0-19 YEAR OLDS)

The contract to provide an integrated Healthy Child and Public Health Nursing Programme for 0-19 year olds from 1st April 2017 has been awarded to Nottinghamshire Healthcare NHS Foundation Trust. This new service will bring together care provided from Health Visitors and School Nurses as well as the Family Nurse Partnership Programme (for first time teenage mums) and the National Childhood Measurement Programme (which measures and weighs children at Reception and in Year 6). Over the next few months Nottinghamshire County Council and Nottinghamshire Healthcare NHS Foundation Trust will be working together with all staff to ensure smooth transition of the service.

Healthy Families teams

Public health practitioners will support all children, young people and families. They will work in locally based Healthy Families teams which means they can better know and support families. Healthy Families teams will have the knowledge and skills to work with all children and young people from the age of 0 to 19. Children, young people and families will receive care from this service from before birth to their late teens and will receive the support they need, when they need it, regardless of where they live in Nottinghamshire.

Universal checkpoint reviews

Checkpoints reviews will be delivered to all families:

- Antenatal contact (in pregnancy)
- New baby review
- 6 to 8 week review
- 1 year review
- 2 to 2.5 year review (joint with early years education settings)
- School entrant health check (parent questionnaire)
- Year 7 health check (parent/child questionnaire)
- Teenage health check (young persons questionnaire)
- Transition to adulthood (health and wellbeing information pack)

Targeted support

Where children, young people and families need additional support this will either be delivered by the service, or children, young people and families will be supported to access other health and wellbeing services that can meet their needs. Where targeted support is provided by the service directly, this is likely to be a time-limited intervention, delivered in line with the best available evidence of what works.

Access to advice and support

Children, young people and families will be able to access advice and support from:

- Child health clinics for parents and carers of babies, infants and primary school age children
- Drop-ins in or near secondary schools for young people aged 11-19 years

There will be easy access to health professionals by phone and a text messaging service for young people. Each family will have a named contact within the service.

Healthy lifestyles

There will be a focus on the health and wellbeing of all children, young people and families, empowering them to make healthy choices and reduce any risk taking behaviour.

Core offer

A 'core offer' will be developed and widely promoted so that parents, carers, children and young people know what level of support to expect and how to get in touch with the new service.

The new service was shaped by everything we heard from children, young people, parents, carers and a wide range of stakeholders...

You said ...	We did ...
Parents/carers weren't always sure what to expect from health visiting or school nursing services and how to use them.	There will be a 'core offer'. Once produced this will be widely promoted to all children, young people and families.
Parents/carers reported that being able to see the Health Visitors whilst attending the children's centre was important.	There will be widely promoted child health clinics for parents and carers of babies and children up to 11 years old.
Parents/carers were unsure where to get support from when their child was in primary school.	There will be widely promoted child health clinics for parents and carers of babies and children up to 11 years old.
Parents/carers reported that support around breastfeeding and bottle feeding was important.	Infant feeding support is a key theme in the new service.
Stakeholders and parents/carers advised there was little visible support between the age of 2 years and school entry.	Child health clinics will be clearly advertised as a point of ongoing universal support for all families. There will be a targeted checkpoint review at age 3-3.5 years for families who require additional support from the service. This will support readiness for school.
There were concerns about whether the most vulnerable families would access free-of-charge high street vision tests.	At each contact with the service, families will be advised to ensure that children receive a vision test from a highly trained optician before starting school.
Stakeholders repeatedly described the importance of partnership working.	Partnership working will be key to the delivery of the new service.
Stakeholders advised it can be difficult to access the correct contact within universal services.	There will be named links with key partners, a single phone number for each team and named links for families.
Emotional health and wellbeing, eating well and staying active are priorities for young people.	These have been built in as key priorities for the new service.